

MORE DETAILS:

- Full graduation program – individualized and flexible to maximize student success while supporting the demands of parenting
- Parenting classes and life skills support related to parenting – students are currently being offered a free 8-week parenting course called Circle of Security
- CPR for Infants training
- Red Cross Healthy Relationships youth facilitation training and certification
- Emma’s Daycare – babies are cared for throughout the school day through a licensed daycare that operates right next door (at no cost to Heron’s Nest students)
- Nutrition Program – including meal planning, budgeting, and preparation – Lunch provided daily
- Working with Career Programs to support ACE-IT and Career opportunities
- Support with building healthy living habits including unlimited membership to YWCA fitness facilities
- Scholarship application support
- Employment support
- Post-secondary support
- Subsidized baby care items such as formula
- Affordable housing access support through subsidized housing organizations
- Both parents can attend Heron’s Nest
- Working with the Sarah McLachlan School of Music–Supportive environment for artistic expression
- Support while on maternity leave
- Pre- and post-natal support and diapers for families needing support
- Support filing taxes and Canada child tax benefit
- Diaper support for families who need it

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Brochure Design by Tiffany Yau



Heron's Nest
Education Centre
for Young Parents



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HERON'S NEST STAFF
 Teacher (Full-time)
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 Youth and Family Worker
 Principal – VSB Alternate Education

PROGRAM OVERVIEW

Heron's Nest serves pregnant and parenting youth to aid them in meeting their academic, social and emotional goals while learning valuable parenting and life skills. Heron's Nest is a self-contained building across from the street from Sir Charles Tupper Secondary School. The YWCA provides daycare for the student's children through the YWCA Emma's Early Learning and Childcare centre, which is on the same lot as our portable. This gives the students proximity to their babies during all school hours. Everyone is enrolled in courses applicable toward receiving either the Regular Dogwood or Adult Dogwood diploma.



PROGRAM GOALS

Heron's Nest with the YWCA and the Vancouver School Board, endeavours to provide a healthy, mutually supportive program of acceptance, wherein each student is offered an environment that is emotionally, physically, culturally and spiritually safe in order to best promote and support the student's ability to reach their own potential.

A few courses specific to Heron's Nest are:

Child Development and Caregiving

Child Development and Caregiving is where students learn and share parenting skills and concerns. Indigenous perspectives are embedded throughout the program.

Food Studies

Food Studies includes Food Safe Certification as well as training in budgeting, shopping and cooking. Heron's Nest has its own kitchen for such training.



Interpersonal and Family Relationships

Interpersonal and Family Relationships provides training and experience that include: positive relationships; communication styles and feminism.