

We respectfully acknowledge that the land on which we gather is the unceded, traditional, and ancestral territory of the Coast Salish Peoples, including the territories of the xʷməθkʷəy̓əm (Musqueam), Skwxwú7mesh (Squamish), and Səlilwətaʔ/Selilwitulh (Tsleil-Waututh) Nations.

CONSTRUCTIVE PLAY

Constructive play involves building structures or other creations with various materials such as blocks, cardboard boxes or tubes. The complexity of constructive play is related to the availability of materials and access to tools to build with. Both factors stimulate creativity and inspire ideas. Children can transform open-ended materials such as plastic cups into innovative structures.

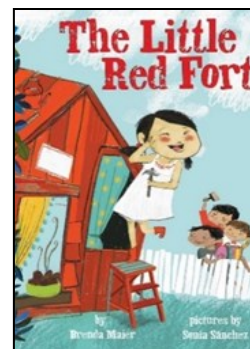
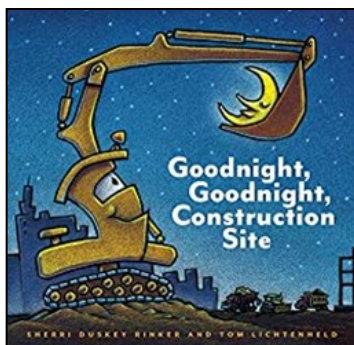


Activity — Build a Fort

- Gather cushions, pillows, blankets, sheets, chairs and/or boxes.
- Work with the children to build a fort using available materials.
- Take turns playing and climbing through the form.
- Take it down and rebuild it another day.
- Take it outdoors by using tarps and ropes.
- Add physical challenges like crawling under a chair or slithering through a tunnel.

Books

- Goodnight, Goodnight, Construction Site by Sherri Duskey Rinker
- The Little Red Fort by Brenda Maier
- My Colors, My World by Maya



Song

Elevator Song (to the tune “Do Your Ears Hang Low)

Oh, the city is great and the city is grand.
There are lots of tall buildings (*raise hands up*)
on a tiny piece of land.

We live way up on the fifty seventh floor,
And this is what we do, when we go out the
door.

We take the elevator up, we take the elevator
down (*repeat three times, bringing whole body
up and down*).

And we spin around (*spin*).

References

Play Today! A Guide for Families. https://www2.gov.bc.ca/assets/gov/education/early-learning/teach/earlylearning/play_today_family_guide.pdf

Appetite to Play. <https://www.appetitetoplay.com/>

Early Learning Framework British Columbia, 2019. <https://www2.gov.bc.ca/gov/content/education-training/early-learning/teach/early-learning-framework>

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