

Community Partners

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Vancouver Public Library—virtual story times and other online programs at <http://www.vpl.ca/events>. Thousands of online books and other digital resources at <http://www.vpl.ca/digitalkids>. If you are a Vancouver resident and do not have a library card, you can currently register online. You can also sign up for email news. If you have any questions, email us at childrens.teens@vpl.ca or phone (604) 331-3603.



2

Vancouver Coastal Health—Public Health Nurses (PHNs) are continuing to support families with children up to age five. They are available seven days a week for new babies/moms discharged from hospital and Monday through Friday for all other clients. Nurses are predominantly doing phone and video communication with clients but home visits are an option and are assessed on a case-by-case basis.

The handful of licensed childcare facilities that are open are able to contact PHNs to consult. On-call PHNs at all six public health units are also available Monday through Friday. If you have a client that needs support, your best option is to call your local health unit and ask for the on-call PHN. Nurses are doing childhood immunizations with a current focus on the 0-2 year old population (VCH Handout, 2020).



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Westcoast Child Care Resource Centre—WCCRC provides resources, referrals and training to families, professionals and organizations who are seeking the best care and early learning for children. Visit <https://www.wstcoast.org/> for more information.

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Neighbourhood Houses—The Association of Neighbourhood Houses of B.C. (ANHBC) oversees eight neighbourhood houses and an outdoor centre, through which we operate more than 300 community-based programs and services for a diversity of participants. Visit <http://www.anhbc.org/> for more information.

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Vancouver Board of Parks and Recreation—The Vancouver Park Board is the only elected body of its kind in Canada. Formed in 1888 as a committee to manage the new Stanley Park, its history is as old as the city’s itself. For more information, visit <https://vancouver.ca/your-government/vancouver-board-of-parks-and-recreation.aspx>

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“ *Hello Parents and Kids,
We sure do miss you at our community centre programs, swimming pools, ice rinks, parent and tot gyms, playgrounds and at the Ready, Set, Learn events. Good thing this closure is only temporary. We hope to see you soon! In the meantime, stay active, keep moving and play to learn.* ”
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Related Links

Active for Life—Ways to play, move and practice sports at home for kids.

<https://activeforlife.com/activities/>

BC Athletics—Fun track & field inspired activities children know and love. It is modified so they can be done at home.

<https://bcathletics.org/TrackAndField/LTADPrograms/run-jump-throw-wheel/>

Canucks Autism Network—Beginning April 23, join us every Thursday afternoon on Facebook, Instagram and YouTube for an 8-week active program with Coach Neesh.

<https://canucksautism.ca/online-resources>

Cosmic Kids—Yoga and mindfulness for kids.

<https://www.cosmickids.com/>

ParticipACTION—Ways to keep your family healthy and active with little equipment while staying at home.

<https://participation.com/en-ca/blog/15-ways-for-you--your-family-to-stay-active-at-home>

Special Olympics—School of Strength. Workout routines with Special Olympic athletes and WWE Superstar Becky Lynch. For all abilities and fitness level.

<https://www.specialolympics.ca/news/special-olympics-school-strength-your-home-workout-routine>

Family Place—The BC Association of Family Resource Programs is linked to nearly 200 family resource programs located in cities and towns throughout the province. Programs such as: Drop-in for Parents, Caregivers and Children, Peer Counseling, Prenatal Programs, Clothing Exchanges, Community Kitchens and Nutrition Education. <https://www.frpbc.ca/>

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Eastside Family Place — <http://www.eastsidefamilyplace.org/>

South Vancouver Family Place— <http://www.southvancouverfamilyplace.org/>

Westside Family Place— <http://www.westsidefamilyplace.com/>

Marpole Oakridge Family Place— <https://www.mofp.org/>



Vancouver Aboriginal Child and Family Services—We support Indigenous children, youth and families in the Vancouver region by providing restorative, holistic and culturally-grounded family services. We walk alongside families in their journey of healing and resiliency. <https://www.vacfss.com/>

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