

SQ3R – Survey! Question! Read! Recite! Review!

Before you read.

Survey the chapter:

- the title, headings, and subheadings
- captions under pictures, charts, graphs or maps
- review questions or teacher-made study guides
- introductory and concluding paragraphs
- summary

Question while you are reading:

- Turn the title, headings and/or subheadings into questions
- Read questions at the end of the chapter or after each subheading
- Ask yourself, "What did my teacher say about this chapter or subject when it was assigned?"
- Ask yourself, "What do I already know about this subject?"
- Ask yourself, "Am I getting this?"

When you begin to Read:

- Look for answers to the questions you first raised
- Answer questions at the beginning & end of chapters or study guides
- Reread captions under pictures, graphs, etc.
- Note all the underlined, italicized, bold printed words or phrases
- Slow down to make sure you are getting it
- Stop and reread parts which are not clear

Recite after you've read a section:

- Ask yourself questions out loud about what you have just read
- Summarized, in your own words, what you read
- Take notes from the text, writing the information in your own words
- Underline or highlight important points you've just read
- The more senses you use the more likely you are to remember the materials
e.g. Walking around while saying the material out loud makes it 3 times more likely that you will remember that information.

Review: an ongoing process

- Page through the text or notebook for important points.
- Cover one side of the page of your text/notebook and orally ask yourself questions about that material.
- Make "flash cards" for those questions which give you difficulty.
- Develop mnemonic devices or acronyms for material which needs to be memorized.
e.g. HOMES for the Great Lakes = Huron, Ontario, Michigan, Erie, Superior