

Van Tech PAC Meeting Minutes

February 22, 2022, Via Zoom

Upcoming meeting dates on the [website](#).

PAC Executive: Amy Chuang (Chair), Shawna Deagle (Treasurer), Kyla Epstein (Secretary)

PAC Members: Van Tech Parents/Family Members; Amanda Hillis (Van Tech Rep to DPAC)

VT Staff: Robert Moro (Principal), Angela Bigioli (PAC Teacher Rep)

1. Welcome, Chair Remarks, General Announcements, & Acknowledgements (Amy Chuang)
 - Land acknowledgement to honour the territories of the Musqueam, Squamish, and Tsleil-Waututh
 - Welcome!

2. Guest Speakers: [SACY: Substance Use Health Promotion Initiative](#) (Natasha Gates, District Vice-Principal, Mental Health & SACY; Carmen Kaufmann, Parent and Family Engagement Coordinator, and Alexis Hemphill, Youth Engagement Worker)
 - Delivered in partnerships with VCH; piloted in 2006 and then expanded
 - Main focus - substance use health promotion education and support; prevention and intervention; evidence-based
 - Three streams: School Environment; Youth Engagement; Parent Engagement
 - School Environment
 - Collaborates with school-based staff; tailor needs to each school; support with activities and workshops
 - Youth Engagement (Alexis @ Van Tech)
 - Workers assigned to secondary schools; shared schedule between two sites
 - Build positive connections - classroom discussions, 1:1 and small group support, referrals, classroom discussions, support work and volunteer opportunities; coping skills
 - Working *with* students, not against them; students can also contact via text
 - Parent Engagement (Carmen for Sumeet: *Sumeet Ghuman: sumeet.ghuman@vch.ca*)
 - Two workers for district
 - Support caregivers and parents, connect with resources, offer workshops, relationship building
 - Make it easy for family members and adapt to needs and changing realities (and brain development) for teens
 - Tips: stay calm, be patient, listen (!) with an open mind and heart, be responsive rather than reactive, you don't have to have all the answers immediately (breathe!), provide appropriate limits, boundaries, and freedom depending on age and maturity of the child
 - Involve your teen as much as you can to create rules together; support their hobbies and passions; be affectionate when they want it (words & actions); get to know your child's friends (knowing not judging); connect with other parents;

look after your own stress and ask for help when you need it - role model self care!

- o Have fun with your teens, spend family time together, we learn with them
- Resources available!

Resources

[School counsellors](#)

FamilySmart

<https://familysmart.ca/>

CYMHSU - Child and Youth Mental Health Substance Use

<http://www.vch.ca/your-care/mental-health-substance-use/children-youth-mental-health-services>

Youth Substance Use Services

<http://www.vch.ca/public-health/children-youth-schools/youth-health/youth-addiction>

C.A.I.T. - Centralized Addictions Intake Team

http://www.vch.ca/Locations-Services/result?res_id=1483

Mental Health Literacy: Parenting your Teen- Adolescent Development: A Primer for Parents

<https://mentalhealthliteracy.org/parents/>

Kelty Mental Health

<https://keltymentalhealth.ca/>

Questions:

- How have things changed in talking to young people given the current drug poisoning crisis?
Mostly about encouraging young people to ask the questions and making sure the environment is open for them to ask - including anonymously.
3. Teacher Rep Report (Angela Bigioli)
 - Big thank you from all the teachers for funding that was awarded last month
 - Got information about [proposed track development](#)
 - o VSB & Park Board joint venture so our track would expand and would be one of the central tracks in the city in “category A” with furnishings and areas for track & field; was going to be about \$6-7M for this; [we were flagged as priority A for this](#)
 - o Just found out from district athletic coordinator; been put on hold; being moved to Killarney b/c Killarney is a Park Board site
 - o Trying to get more answers from VSB and Park Board; not sure where we stand
 - o Field/track needs a lot of work
 - o Rob - delay and trying to figure out what’s going on; waiting for meeting with district staff; will keep us posted if need parent support
 4. Treasurer’s Report
 - *Shared screen - Treasurer’s regular report (see below)*
 - Processing some cheques based on previously approved disbursements

- Need to consider if need to keep the “general bank account” - just open and charging fees

5. Principal’s Report (Rob Moro)

- Busy month - so many things going on:
 - Lunar New Year
 - Black History Month - social justice club leading this
 - Red dresses in hallways for MMIWG
 - Valentines Day celebrations
 - Random Acts of Kindness
 - Draw for students as well
- Course selection for next year; make sure your kids connect with counsellors if any changes
- Grad gown sizing happening now
- School was being used for filming - became Rydell High - prequel to Grease; they will come back for more filming later in year but key that they aren’t disruptive to the school
- Some changes to COVID guidelines - allowed to have assemblies and performances; seeking more information on guidelines; getting closer to have school running at normal pace/activities
- Parent bulletin went out recently

Questions:

- Question: Grade 12s - only literacy, no numeracy?
 - No. Numeracy only done in Gr. 10
 - And can take the test up to three times
 - Details in parent bulletin
- Question: Microwaves in the cafeteria...working? PAC funded a few three years ago; are they doing ok?
 - Have two right now; aren’t seeing line ups
 - Could have more if needed; will check to see if needed and if condition is ok
- Question: Outdoor event capacity? Any limits for watching outdoor events?
 - Good question; don’t know if have limits on this
- Question: [What happened at Britannia](#) with signage removal...can we avoid that happening?
 - Not sure details but very odd that this happened; as far as schools are concerned - permission is granted to put things up and then information would have to be requested to take something down
- Comment: Grade 12 dance prior to Spring Break would be awesome
- Question: How do parents get information from VT? Clear that low turnout tonight; worried parents aren’t getting the information about PAC meetings.
 - We can post anything you give us - social media, etc. Multi-prong approach.
 - Just give us content and we can push it out - feel free to chat with Sangeeta about ideas as she handles communication to parents.

6. DPAC Rep Report (Amanda Hillis, DPAC Rep for Van Tech)
 - Interested in attending? Register for all meetings here:
<http://vancouverdpac.org/2021-2022-school-year>
 - Special MACC-focused meeting because the program is being merged into a different one; effectively ending
 - [BCCPAC](#) looking for more executive members too
 - BC Budget announced today - some funding for increased enrollment but with inflation, net loss; Childcare moving into Ministry of Education; not looking like a lot of increased funding for K-12 education in the province

7. Open Discussion
 - *No discussion*

8. Wrap Up & Adjournment (Amy Chuang)
 - Please send us topics you'd like to discuss or presentations you'd be interested in:
chairvt@gmail.com

Next Meeting: April 26, 2022 - watch for agenda and Zoom details on the [website!](#)

Scroll down for Treasurer's Report

Van Tech PAC Meeting
February 22, 2022 @ 7:00 PM

2021-2022 School Year
February 22, 2022 Treasurer's Report
prepared by Shawna Deagle, Van Tech PAC Treasurer

1. Van Tech PAC BC Gaming Account:

Money available for 2021-2022 School Year

• Account balance (2020/21 Gaming Grant)	\$20,314.68
• 2021-2022 BC Gaming Grant - received	<u>\$31,900.00</u>
Total	\$52,214.68

Disbursements for 2021/22 Gaming Grant:

September 2021	\$ 0.00
October 2021	\$ 0.00
November 2021	\$ 0.00
December 2021	\$ 0.00
January 2022	\$ 0.00
February 2022	\$ 0.00
March 2022	\$ 0.00
April 2022	<u>\$ 0.00</u>

Money allocated for 2021-2022 School Year

Approved October 2021	\$ 18,255.00
Approved November 2021	\$ 4,500.00
Approved January 2022	\$ 24,262.41
Total allocated funds	\$ 47,017.41

Remaining unallocated Gaming funds **\$ 5,197.27**

Money allocated for 2021-2022 School Year

Description	21/22 PAC Allocation	Disbursed Dec 2021	Disbursed Jan 2022	Disbursed Apr 2022	unused
1. Base Space	\$1,800				
2. Aquatics Team	\$ 658				
3. Rugby Uniforms	\$1,141				
4. Chemistry Contests	\$ 675				
5. Indigenous Dinner	\$1,000				
6. Safe Teen	\$3,500				
7. Fort Langley	\$3,000				
8. Whistler Transportation	\$1,286				
9. Math Tutorials	\$ 120				
10. Guest Speakers	\$ 500				
11. Skateboard Program`	\$1,500				
12. Library	\$1,500				
13. Music Department	\$1,500				
14. BCCPAC	\$ 75				
15. First Aid	\$4,500				
16. Curling Sheet Rentals	\$ 704				
17. Indigenous Education	\$5,000				
18. Athletic Banquet	\$1,000				
19. Curling Uniforms	\$1,200				
20. Girls Hockey Uniforms	\$2,108				
21. Diversity Mural Project	\$5,200				
22. Diverse Learning	\$ 500				
23. E-Sports Club	\$1,200				
24. Library	\$2,500				
25. Lunar New Year	\$ 500				
26. Coding Club	\$ 100				
27. Drama Department	\$ 600				
28. Breakfast of Champion	\$ 600				
29. Music Department	\$1,500				
30. Golf Program	\$1,500				
31. Racism Workshop	\$ 50				

2. PAC General Account:

● Balance:		August 30, 2021	\$ 294.73
● Expenses		Bank fee	
i. Bank plan fee	Sept/21	\$ 4.95	
ii. Bank plan fee	Oct/21	\$ 4.95	
iii. Bank plan fee	Nov/21	\$ 4.95	
iv. Bank plan fee	Dec/21	\$ 4.95	
v. Bank plan fee	Jan/22	\$ 4.95	
vi. Bank plan fee	Feb/22	\$ 4.95	
vii. Bank plan fee	Mar/22	\$ 0.00	
● Balance:		February 22, 2022	\$ 265.03