

We respectfully acknowledge that the land on which we gather is the unceded, traditional, and ancestral territory of the Coast Salish Peoples, including the territories of the x^wməθkwəy̓əm (Musqueam), Skwxwú7mesh (Squamish), and Səlilwətaʔ/Selilwitulh (Tsleil-Waututh) Nations.

Free Play

Inquiry Play

Collaborative
Play

Playful
Learning

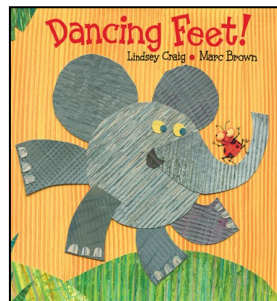
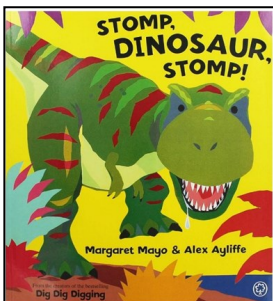
Learning
Games

LEARNING GAMES

- Learning games are prescribed learning experiences with specific rules.
- These games introduce children to literacy and numeracy skills as well as general knowledge and specific physical skills.
- Children learn how to take turns, share and resolve differences when they participate in games with rules.
- Depending on the nature of the game being played, it may require cooperation, collaboration and empathy.
- Learning games can be designed to promote social-emotional learning and build self-regulation skills (Play Today! A Guide for Families, p. 22).

Books

- Dancing Feet! by Lindsey Craig and Marc Brown
- Stomp, Dinosaur, Stomp! by Margaret Mayo and Alex Ayliffe



Activity—Simon Says

- Gather three or more people with one person as “Simon”. If Simon says “Simon says touch your nose”, children must follow the action. If Simon gives the action without “Simon says”, children must remain in the previous action.
- You can try different movements or with props.
- Another learning game is Freeze Dance. For more information, see <https://www.appetitetoplay.com/physical-activity/games-activities-3-5-yrs/freeze-dance>

Song

Shake Our Sillies Out

*We're gonna shake, shake, shake our sillies out,
Shake, shake, shake our sillies out,
Shake, shake, shake our sillies out,
And wiggle our waggles away.*

Repeat with different actions like jump our jiggles out, jog our jitters out or yawn our sleepies out.

References

Play Today! B.C. Handbook. <https://www2.gov.bc.ca/gov/content/education-training/early-learning/teach/play-today>

Appetite to Play. <https://www.appetitetoplay.com/>

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