

School Food Garden Resources



Local (Lower Mainland):

Agriculture in the Classroom- www.aitc.ca/bc/

-resources and lesson ideas

-“Spuds in Tubs” program-kit to grow potatoes in schools

-Grow BC- everything you ever wanted to know about agriculture, with factsheets about every commodity + the Agriculture, Fish and Food map of BC

Environmental Youth Alliance- <http://www.eya.ca/planet-changing-projects.html>

-Lists of easy-to-use activities from container planting to sheet mulching to plants as medicine and school-year planting schedules

Evergreen- www.evergreen.ca

-Lesson plans according to grade level as well other food/garden related activities/lessons-See the “resources” and “lessons” areas. Garden grants.

-**Patterns through the Seasons**, 2003-A year of school garden activities for grades 4-7

Get Growing! Activities for Food and Garden Learning-available for purchase at

<http://m2.edcp.educ.ubc.ca/llp2012>

School Year Gardens: A Toolkit For High Schools to Grow Food From Sept. to June-Richmond Fruit Tree Sharing Project Society, 2008. Available from <http://healthyeatingatschool.ca/in-the-garden>

SPEC- Guide to starting a school garden www.spec.bc.ca/school-gardens

Turning the Earth, A Month by Month guide to your school Garden

Accessible in most VSB school libraries and available online to VSB teachers at

<http://webcat.vsb.bc.ca>

Vancouver School Board Garden Policy and Process Document- www.vsb.bc.ca

West Coast Seeds-seed catalogue as well as Winter gardening guide.

www.westcoastseeds.com

More Resources:

Bee Keeping Forum- www.beemaster.com

Eat Think Grow- K-5 lessons during each season <http://eatthinkgrow.org>

Edible Schoolyard-Searchable database and videos www.edibleschoolyard.org

Food Share- <http://www.foodshare.net/Program-Resources>

French fries and the food system-year round curriculum connections; manuals and resources, activities for youth <http://Thefoodproject.org>

Lifecycles-Great resources and lesson plans including **Where in The World does Your Food Come From**
http://lifecyclesproject.ca/resources/where_in_the_world.php

Natural Curiosity- Building Children's Understanding of the World through Environmental Inquiry www.naturalcuriosity.ca

Resources, Kits, Activities for purchase at www.gardeningwithkids.org

Other Books of Interest

Food Plants of Coastal First Peoples UBC press 1995

Food Plants of the World: An Illustrated Guide 2005

Garden Eats and Treats \$15-Recipe book <http://m2.edcp.educ.ubc.ca/llp2012>

Grow Lab- A complete guide to gardening in the classroom 2006

How to Grow a Garden-A complete Guide for Parents and Teachers 2010

Roots, Shoots, Buckets and Boots-Activities to do in the Garden 1999

Spring Gardening in the Pacific Northwest Schoolyard

Up we Grow- A Year in Life by Deborah Hodge 2010

Year-Around Harvest: Winter Gardening on the Coast 2010

Videos

-Every Lawn a Garden- www.youtube.com/watch?v=LEUv2-zwXQY

-Future of Food 2-8 min, documentaries about social, political, environmental impacts of our food system www.mediathatmattersfest.org/watch/goodfood/

-Learning Through Gardens- www.youtube.com/watch?v=stRnVU4uE1c

-What's on Your Plate- a documentary by youth for youth all about food
<http://www.whatsonyourplateproject.org/>