



HealthLinkBC

Home / Mental Health & Substance Use / Resources / Alcohol & Drug Information Referral Service

Alcohol & Drug Information Referral Service

Alcohol & Drug Information Referral Service (ADIRS) provides free, confidential information and referral services to British Columbians in need of support with any kind of substance use issue (alcohol or other drugs). Referral to community substance use treatment services is available for all ages. Information available from ADIRS includes prevention resources, support groups, and addiction related topics such as fetal alcohol syndrome.

Contact ADIRS toll-free at 1 800 663-1441, or in the lower mainland at 604 660-9382. Free, multilingual telephone assistance is available 24 hours a day, 7 days a week.

Funded by the Ministry of Health, and provided by BC **2-1-1**.

⚠ Is it an emergency?

If you or someone in your care has chest pains, difficulty breathing, or severe bleeding, it could be a **life-threatening emergency**. Call **9-1-1** or the local emergency number immediately.

If you are concerned about a possible poisoning or exposure to a toxic substance, call **Poison Control** now at **1-800-567-8911**.