

We respectfully acknowledge that the land on which we gather is the unceded, traditional, and ancestral territory of the Coast Salish Peoples, including the territories of the xʷməθkʷəy̓əm (Musqueam), Skwxwú7mesh (Squamish), and Səlilwətaʔ/Selilwitulh (Tsleil-Waututh) Nations.

Free Play

Inquiry Play

Collaborative
Play

Playful
Learning

Learning
Games

PLAYFUL LEARNING



- Playful learning play experiences are planned by adults and relevant to the child's interests with specific learning goals in mind.
- Children engage in the play and can have an active role in how the play unfolds within the structure adults have set up.
- Playful learning is the combination of a child's natural sense of curiosity with thoughtfully planned learning opportunities. (Play Today! BC Handbook, p. 56)

Books

- Pancakes! Pancakes! By Eric Carle
- Mrs. Peanuckle's Vegetable Alphabet by Jessie Ford



Activity—Baking Together

- Baking builds math skills, vocabulary, fine motor skills and social skills.
- Find a recipe with ingredients that appeal to your child. Talk through the recipe and discuss how they can participate.
- Talk about the ingredients and utensils used as well as kitchen safety.
- Encourage children to help measure, count, mix, mash, wash and clean.
- Try this Banana Apple Sauce Muffin—<https://www.appetitetoplay.com/healthy-eating/recipes/banana-applesauce-muffins>

Song

Knife, Fork, Spoon, Spatula (to the tune If You're Happy and You Know It)

I'm a knife (*arms straight above head*), fork (*arms up beside head*), spoon (*arms rounded above head*), spatula (*hands beside head*), cha-cha-cha (*shake hips*)!

I'm a knife, fork, spoon, spatula, cha-cha-cha!

I'm a knife, fork, spoon. I'm a knife, fork, spoon.

I'm a knife, fork, spoon, spatula, cha-cha-cha!

References

Play Today! B.C. Handbook. <https://www2.gov.bc.ca/gov/content/education-training/early-learning/teach/play-today>

Appetite to Play. <https://www.appetitetoplay.com/>

VSB