

Thursday November 23, 2023.

Good afternoon Osler Community,

Indigenous Focus Day tomorrow- No school for Students

Volleyball
Digital Literacy
OPG/PAC

Volleyball

Our Volleyball teams have been hard a work practicing and participating in games with other schools among the area. Thank you to Mr. O'Hara for dedicating many hours of after school to provide this opportunity for Osler children





Digital Literacy

Parents, technology can be one of those areas that our kids know better than us. I have attached a tips sheet to this email filled with valuable information for parents of any age. The earlier we connect with our children the more comfortable we and they become having conversations around online presence. Here are a few examples from one of the links:

General Digital Parenting Tips:

- Keep phones and devices out of their bedroom. Sleep is important for growth! If possible, have a central charging station for all portable household digital devices (e.g. our master room, kitchen table)
- Know their passwords – it's our parental right. You paid for the devices and should be able to randomly spot-check them at any point in time
- Do your homework! Download the app first and try it out, play around with it and do your research. If your child already has the app or the game, ask them to teach you about it!
- Put tape or a sticky over the laptop or iPad camera when not in use.



It's that time again! 📱 Time for the **Purdy's Holiday Fundraiser!**

Support our students and school while enjoying some of your favourite goodies. The perfect items to gift or keep for yourselves! Be sure to use the following link as each purchase gives funds back to the school to be used directly in our classrooms.

Order Deadline: Sunday, December 3 midnight (order and pay online please!)

<https://fundraising.purdys.com/1848921-113072>

Link to the online catalogue: <https://www.purdys.com/media/wysiwyg/GnF/xmas2023/SF-Xmas-Catalogue-2023-v7.pdf>



The Osler Parent Group / Parent Advisory Council would like to invite all students, parents, care-givers, teachers, faculty and staff to our annual **Free Pancake Breakfast** community event. We will be hosting breakfast in the Osler Utility room (also known as the lunch room) before school on Friday December 8th, from 8 AM to 9 AM.

Through generous donations from Starbucks at 39th and Cambie, and Stong's Market on Dunbar, we are happy to bring in the holiday season with pancakes, syrup, fruit and juice boxes. Free coffee will also be available for all adults.

We ask that everyone eating have their own reusable cutlery from home (forks and knives) to minimize the impact on the environment. The provided juice boxes will be collected to benefit the graduating 7th graders in their bottle drive effort for 7th grade camp.

Also we would like to collect canned goods for charity. The Richmond Food Bank Society at #100 – 5800 Cedarbridge Way, Richmond BC, Canada V6X 2A7 has given us the following guidelines for food donation:

Canned protein – like chicken, turkey, meat, fish (ex: sardines, mackerel, salmon, tuna), and vegetarian protein (ex: beans, peas, lentils)

Peanut Butter (especially with little or no added sugar or salt)

Canned tomatoes, vegetables, and fruits (especially with little or no added sugar or salt)

Rice, pasta (including whole grain pasta), whole grains (ex: basmati rice, barley) and lentils

Soup and healthy tinned meals (ex: chunky soup/stew, chili, cream of mushroom soup, tomato soup, etc.)

Canned Milk (especially unsweetened)

If you have any questions, please reach out to John Young (sdsurf2020 @ yahoo . com) or Zufina Ali (zufina_ali @ hotmail . com), by contacting the Osler Office, or posting on the Sir William Osler Elementary Community Facebook page:

<https://www.facebook.com/groups/1047120252757793>

If you would like to volunteer to help put on this event, please see the signup doc here:

<https://docs.google.com/spreadsheets/d/1etgiboyXOSGTa3III1GKxQULuzR5AK4YweGNbkITynw/edit?usp=sharing>

Thank you and see you there



***FINAL 4 DAYS! FEAST FOR FUNDS**

Plan ahead for your holiday parties AND support the Grade 7 class!

We have partnered with Neufeld Farms to offer a variety of frozen gourmet entrées, delicious appetizers, and mouth-watering desserts. It's a great time to stock up your freezers for the upcoming holiday season. Invite your family and friends to order too.

Order online until **November 27**

<https://app.neufeldfarms.ca/fundraising/2023-osler-elementary-grade-7-camp/ref/em>

Pick up on **December 5 at 2:30 PM at Osler Basketball Court**
Please be prompt picking up your order

Thank you for your support! Please email questions to
Oslergrade7@gmail.com.

***倒數最後4天!**

7年級籌款大行動!

大家是否正在籌備節日聯歡聚餐呢?這正是讓我們一起來支持7年級畢業活動的好時機!

今個冬日,我們聯合了Neufeld Farms 冷凍食品公司,為大家帶來既健康又簡易烹調的佳餚,計有美味的餐前小食、精心泡製的主菜,以及精美的甜點等等,正是親人良朋歡聚一堂的派對美食。現在就立即行動,開始訂購吧!推介親朋惠顧更是無任歡迎!

即時行動!請按以下連結!**訂購限期為2023年11月27日!**

<https://app.neufeldfarms.ca/fundraising/2023-osler-elementary-grade-7-camp/ref/em>

備註:所有訂購的食物將於12月5日下午2:30送抵Osler,務請當日按時前來到取,學校或活動負責人不會代為保存任何訂購的食物。

如有任何疑問,請電郵到Oslergrade7@gmail.com查詢



Free Winter Program for Families!

Learn about healthy eating, physical activity, and building long-lasting habits as a family in Generation Health. This 10-week program for families with children ages 8 to 12 is FUN and interactive!

Delivered through YMCA BC starting February 2024 on Monday, Tuesday, Wednesday, Thursday, and Friday evenings.

Families who join this program will receive a complimentary YMCA membership.

Register today!



gv.ymca.ca/generation-health
generationhealth@bc.ymca.ca



SCHOOL AGE K-7

3-5 JANUARY WINTER CAMP

7:30 AM - 6 PM

4020 TRAFALGAR STREET

PRICE \$75/DAY

ACTIVITIES
FIELD TRIPS
WINTER FESTIVE CRAFTS
and more!

REGISTRATION
SIGN UP USING THE QR CODE
BEFORE DECEMBER 8, 2023

CANCELLATION
UNTIL DECEMBER 15, 2023
TOOCS IS CLOSED ON TUESDAY, JANUARY 2, 2024

DIRECTOR@TOOCS.ORG
WWW.TOOCS.ORG

Trafalgar
Out of School Care Society

Enjoy your weekend,

Rosemary Thomas
Principal at Osler