

Friday March 15, 2024.

Good afternoon Osler community,

Spring Break: March 18 - April 3
BC Lion Energy Champions
Cedar Weaving
Measles information from Vancouver Coastal Health

BC Lions Energy Champions

#11 Stefan Flintoft, Punter, and #54 Andrew Peirson, Offensive Lineman of the BC Lions came to Osler to champion energy usage. The students enjoyed movement and games while learning more about saving energy. What is a reasonable amount of time to have a shower? Answer 5 minutes!



Cedar Weaving

Divisions 7 and 8 have been learning about and practicing weaving. On Thursday Leonard Tiger Williams visited, teaching them about weaving with cedar. Here are some of those photos!





Measles

Please open this link [Public Health information regarding Measles](#) to review the current Measles information in British Columbia.



Kilometer Club

There is an exciting opportunity for the Osler Kilometer Club to participate as a team in The Longest Day Race. **The race will be held in the evening at UBC on Friday, June 14.** You must arrange your own transportation and meet us there.

Students can enter as a runner in the Kid's Mile (1.6 km) or the 5 km Road Race. You can also donate to the Greater Food Bank.

Please register using this link. Students who do not run in Kilometer Club are more than welcome to join us:

- <https://www.thunderbirdstrack.org/longest-day-2024/registration/longest-day-road-race-2024-race-entry>

Early bird pricing is until April 14. When asked for a team/club name, please list **Osler Running Club** on your registration.

We loved attending the event last year and are looking forward to growing our team this year. Students can borrow an Osler jersey for the race. Go, Osler!

-- Ms. Tayler & Ms. Shirai

Community News



Free Spring Program for Families!

Learn about healthy eating, physical activity, and building long-lasting habits as a family in Generation Health. This 10-week program for families with children ages 8 to 12 is FUN and interactive!

Delivered through YMCA BC starting April 2024 on Tuesday and Wednesday evenings.

Families who join this program will receive a complimentary YMCA membership.

Register today!



gv.ymca.ca/generation-health
generationhealth@bc.ymca.ca



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* July & August weeks * morning & full day sessions
 * all kids aged 5 to 13 * before & after care available

Morning sessions from \$154*
 Full day sessions from \$229*
*limited time offer, see website for details

royalsoccerclub.com
800-427-0536

For location & registration details, visit our website.

The Royal Soccer Club, a registered non-profit community organization, is proud to host their 32nd annual grassroots summer day camps. The program is designed to promote personal development, team building and of course, FUN! Uniquely designed to offer a more soccer focused morning with a leisure swim with other organized activities in the afternoon. The program operates during all weeks in July and August for children aged 5 to 13. For more information or to register, visit royalsoccerclub.com or call 1-800-427-0536.

As we begin to move into longer days and warmer temperatures, I would like to take this opportunity to wish you all a well-earned break from school! We look forward to seeing you back in April.

Rosemary Thomas
 Principal at Osler