

October Newsletter

(Friday September 27, 2024)

Moberly Elementary School

1000 East 59th Avenue - Vancouver, BC V5X 1H7 (604 713-4784)

<https://www.vsb.bc.ca/schools/walter-moberly/Pages/default.aspx>

Principal's Message:

Hello Moberly School Community! September is nearing its close, and you are hopefully seeing and feeling school routines settling into place. The hot summer weather is a distant memory, and our thoughts move to Thanksgiving, Halloween costumes and all things related to fall. As always, I am truly amazed by all our school staff for their dedication and commitment to our students and honored to be working alongside them.

It was lovely to see our staff, students, and some parents on The Terry Fox Run yesterday, and to meet so many parents at the open house evening last week. On September 6th we had our school wide assemblies where we continue to remind our students how important it is to follow our school rules and to...

Be kind, courteous, and respectful all the time!"

We also hope that everyone will find time to reflect and learn on Truth and Reconciliation Day this September 30th. Having a vision that truly respects and acknowledges the history of Indigenous peoples is at the core of our educational goals. This means making truth and reconciliation a part of our daily work.

Have a Great October,

Mike Vulgaris, Principal

Kamala Coughlan, Vice Principal



Important Dates

September 30

National Day of Truth and Reconciliation

October 9

TELUS Wise Presentations:

1pm Grades 2 – 5
2pm Grades 6 – 7
3:30 pm – 4:30 pm
(Parents in library)

October 11

Photo Day

October 14

Thanksgiving Day

October 16

Immunization Day

October 22 and 23

Parent Teacher Conferences
and early dismissal times

October 25

Professional Development
Day

October 31 Halloween

More Important News

Parents Visiting the School

All school visitors must report to the office and sign in for a visitor's identification badge.

Please do not "drop in" to visit classrooms or meet with teachers without making an appointment.

School Fees (payable online)

General School Fees (\$35.00)
Agenda Book (\$10.00)
Jump Math Workbook (\$15.00)
School-Wide Performances (\$20.00)

Student Drop Off and Pick-Up:

Thank you for **not** using the staff parking lot to pick up and drop off your children as this can be very dangerous. Remember to always choose safety over convenience. Also, you might want to consider parking far from the school and walking to and from the car; the extra walk for you and your children can be a nice opportunity to catch up on the school day. It's healthier too!

Reminder: your child needs to be picked up from school on time. Dismissal is 3:03pm. Anyone who remains on school grounds after dismissal must be *actively supervised* by a family member. Thank you.

Absence From School



The banner features a blue header with the text "SAFE ARRIVAL" in white. Below the header is a graphic of a laptop with a clock icon on the screen. To the right of the graphic, the text reads: "Please report your child's absence PRIOR to 9:00 am: CALL: (604) 713-5159 Extension: 56". At the bottom left, the Vancouver School Board logo is displayed, consisting of the letters "VSB" in a stylized font and the words "Vancouver School Board" next to it. The banner has a decorative border with colored segments at the bottom.

Parents Advisory Council

Hello Moberly families!

Hot Lunch Dates:
Oct 11 – Boston Pizza
Oct 24 – Yummy Slice

Clothing Room - Do you have clean, gently used shoes, boots, warm winter clothes and winter/rain jackets that you are looking to give away? For any questions, please email Jocelyn at vicechairmoberly@gmail.com.

Halloween - We are in the middle of planning our community Halloween event. Date is yet to be determined.

pac_mob@vsb.bc.ca

Please keep a look out for another email next week regarding more details about this event and how you can help!

News From the Community

Several Flyers are attached in the email with this newsletter

VCH When Should I Keep My Sick Child Home from School

Things to consider if your child feels unwell:

- The wellbeing of your child. Without proper rest, a child may have a hard time fighting illness or be at risk for other illnesses.
- The ability of your child to actively take part and learn at school.
- The school staff cannot care for a sick child and give them the support that they may need.
- The protection of other children

Please keep your child home if they:

- Have a fever.
- Are too sick to take part in normal school activities.
- Have a suspected or known communicable disease (i.e., strep throat, chicken pox, measles).
- Is vomiting or has diarrhea. It is recommended that students be symptom free at least 24 hours before returning to school.

Keep your child home until they can participate fully in normal school activities or as told by a health care provider.

Please let the school know your child's symptoms as per the school's callback procedures.

If the school finds it necessary to send your child home because of illness, please make sure you have arranged an emergency contact if you're not available. Inform your school of these arrangements.

Highlights of the Past Month

National Day for Truth and Reconciliation

Each year, September 30 marks the National Day for Truth and Reconciliation.

The day honors the children who never returned home and Survivors of residential schools, as well as their families and communities. Public commemoration of the tragic and painful history and ongoing impacts of residential schools is a vital component of the reconciliation process.

This federal statutory holiday was created through [legislative amendments](#) made by Parliament.

Wear orange

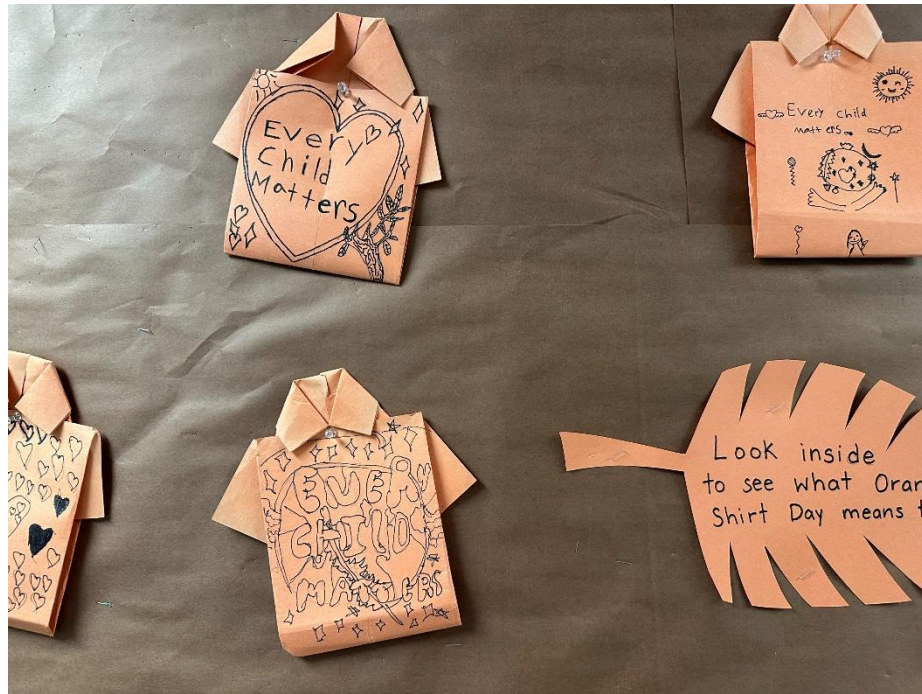
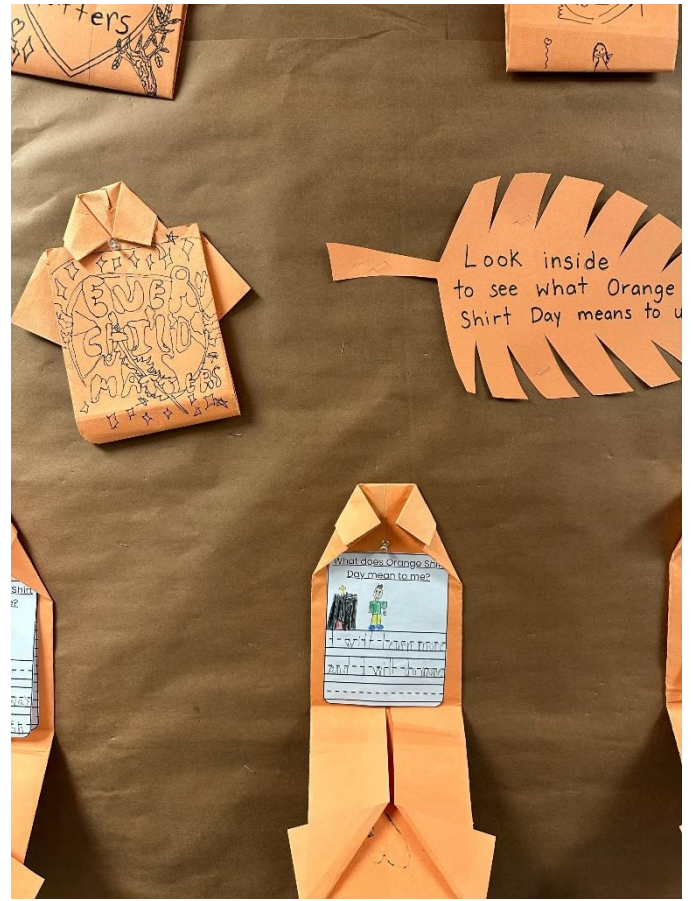


Orange Shirt Day is an Indigenous-led grassroots commemorative day intended to raise awareness of the individual, family and community inter-generational impacts of residential schools, and to promote the concept of "Every Child Matters". The orange shirt is a symbol of the stripping away of culture, freedom and self-esteem experienced by Indigenous children over generations.

On September 29, at Moberly we encouraged all students to wear orange to honour the thousands of Survivors of residential schools.

On the LEFT is Land acknowledgment and gratitude art from Ms. McIvor's Division 7 class.

Division 12 made their own orange shirts and wrote about what Orange Shirt Day means to them... (thank you Ms. Richardson)



The Moberly Intermediate boys 1st Soccer Game @ Grenfell Field (photo by Arati K)

A huge shout out to Mr. Nolan Webb Division 8 and all the parent volunteer drivers who are volunteering their time to support extra-curricular activities at Moberly. We have soccer in full swing right now and Cross Country, Volleyball, and Basketball are coming soon. Moberly Athletics are thriving. Thank you also to Ms. Pocrnic, and Mr. Matthews for their tireless efforts to promote physical activity at Moberly.



The Terry Fox Run – September 26th @ Moberly

Eighteen-year-old Terry Fox of Port Coquitlam, BC never saw himself as remarkable. Granted, he displayed an unusual determination to achieve the goals he set for himself but his orbit was local – family, school, sports and friends. But Terry's cancer diagnosis of osteogenic sarcoma just above the knee, the subsequent amputation of his leg and experience in the children's cancer wards changed all that. A newly nurtured reservoir of compassion, combined with a fierce determination to bring an end to the suffering cancer causes, set Terry on a path that, quite simply, changed the world.

“Anything's possible if you try.”



On Thursday September 26, 2024 Walter Moberly Elementary School students all met in the school gym at 1:30 pm for a quick assembly to learn about Terry Fox's Journey and Marathon of Hope to raise money and awareness for Cancer Research. After the assembly we all did several laps running/walking around the school. Some parents even joined us! Students brought a toonie for Terry to continue the fundraising. If you would like to make an additional contribution, please contact the school office. Our goal is raising \$1000.

WE CAN DO IT IF WE TRY

Every Friday is Multi-Sport Day at Moberly AGAIN THIS YEAR

Moberly is very fortunate this year to be hosting a FREE multi sports program every Friday for ALL Moberly students. The BC Professional Football Association has graciously created this opportunity for our school community. Students will be learning how to play tennis, soccer, flag football, and some other new sports throughout the year (mostly outdoors but also in the small gym when the weather gets bad).

Parents are welcome to come and check out the activities anytime on Fridays.



Teachers Professional Development: Healthy Brain Resilient Mind – 5 Steps to a Calmer, Happier, Sharper you!

On September 20th Teachers Participated in the session outlined below:

We've all felt anxious and stressed at some point in our lives. Especially these days. Brain science underscores how important mindset, resilience, and a healthy life style is in dealing with change and disruption at work, and in life.

This session will give you the tools, and strategies to respond to current life challenges, and prepare for an ever changing future.

Based on the latest cutting-edge neuroscience research, you will learn:

- the #1 job of your brain.
- how to take optimal care of what's between your ears.
- how to eat right to think right, and age better.
- the top 7 super-smart foods.
- how to prevent brain shrinkage.
- 2 superstar beverages for your brain.
- how to get rid of negative thoughts to experience more joy, energy & resilience.
- why mental health matters a lot more than we think.
- 6 smart facts you must know!
- how to make your "brain garden" flourish.
- the 5 things every brain must have, and much more!

What makes Terry's sessions different?

They offer science, wisdom, and practical strategies. Things you can use right away! His presentations are humorous, engaging and all based on the latest brain science. They are packed with tips and strategies to improve your greatest asset.....your brain!

<https://www.terrysmall.com/>

IMPORTANT WORKSHOPS FOR STUDENTS ON OCTOBER 9TH 2024

GRADES 2-6

TELUS Wise footprint

TELUS Wise footprint is designed to help elementary school students learn how to be good digital citizens and keep their digital footprint clean.

Duration: 30-45 minutes

GRADES 6-9

TELUS Wise in control

TELUS Wise in control engages middle school, junior high and high school students in a discussion about cyberbullying, identity theft, protecting and positively growing their online reputation and more.

Duration: 60 minutes

CHECK THE EMAIL FOR A DESCRIPTION OF THE PARENT SESSION ON OCTOBER 9TH AT 3:30 PM