

MARCH 2025 MENU



ONLY
\$6.30
per day

DID YOU KNOW...

The Lunchsmart™ program provides safe, healthy food at school. The Vancouver School Board believes that sound nutritional practices help children be successful at school. A hot lunch is served most days. All menus are prepared following the Ministry of Education nutritional guidelines for healthy eating at school. The Lunchsmart™ program does not provide special diets. The only food available is what is on the daily menu. Please report any specific food allergies to the school office. Parents should review menu choices specific to their child's dietary restrictions and ensure their child is aware of any food items he/she should not be eating.

Monday

Beef Sausage Roll
Nugget Potato
Fruit or Veggie
Milk

3

Tuesday

Pork Fried Rice
Fruit or Veggie
Milk

4

Wednesday

Lunch Lab

5

Thursday

Baked Pasta with
Cheese
Fruit or Veggie
Milk

6

Friday

Lunch Lab

7

BBQ Chicken
Potato Wedges
Fruit or Veggie
Milk

10

Cheese Tortellini with
Rose Sauce
Fruit or Veggie
Milk

11

Lunch Lab

12

Fish Sticks
Potato Wedges
Fruit or Veggie
Milk

13

Lunch Lab

14

Spring Break
March 17-28

Chicken Nuggets
Potato Wedges & Corn
Fruit or Veggie
Milk

31

MONTHLY

PROGRAM COST:

\$44.10

☐

I can contribute this month.

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COMPLETE THE LUNCHSMART™
REGISTRATION ENVELOPE.

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PAY BY CHEQUE* OR CASH.

*Please make cheques payable to the Vancouver School Board.

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RETURN THE SEALED ENVELOPE
TO THE OFFICE BY:

Thursday, February 20