

APRIL 2024 MENU



ONLY
\$6.00
per day

DID YOU KNOW...

The Lunchsmart™ program provides safe, healthy food at school. The Vancouver School Board believes that sound nutritional practices help children be successful at school. A hot lunch is served most days. All menus are prepared following the Ministry of Education nutritional guidelines for healthy eating at school. The Lunchsmart™ program does not provide special diets. The only food available is what is on the daily menu. Please report any specific food allergies to the school office. Parents should review menu choices specific to their child's dietary restrictions and ensure their child is aware of any food items he/she should not be eating.

Monday

Tuesday

Wednesday

Thursday

Friday

Easter Monday 1	Fish Sticks Potato Wedges & Corn Fruit or Veggie Milk 2	Beef Meatball Sub WW Bun Fruit or Veggie Milk 3	Hunter Chicken Crispy Potato Fruit or Veggie Milk 4	Macaroni & Cheese Fruit or Veggie Milk 5
Chicken Nuggets Mashed Potato Fruit or Veggie Milk 8	Baked Pasta with Cheese & Tomato Sauce Fruit or Veggie Milk 9	Pork Ribs (boneless) Roasted Potato Fruit or Veggie Milk 10	Chicken Fried Rice Fruit or Veggie Milk 11	Cheese Perogies Sour Cream Fruit or Veggie Milk 12
Hamburger (beef) WW Bun Fruit or Veggie Milk 15	Teriyaki Chicken Stir fry Vegetable & Rice Fruit or Veggie Milk 16	Veggie-Pepperoni Pizza (meat free) Fruit or Veggie Milk 17	Turkey Sausages Mashed Potato Gravy Fruit or Veggie Milk 18	Cheese Tortellini & Rose Sauce Fruit or Veggie Milk 19
District Wide Pro D Day 22	Sweet & Sour Meatballs (beef) & Rice Fruit or Veggie Milk 23	Pork Chow Mein Fruit or Veggie Milk 24	Chicken Burger WW Bun Fruit or Veggie Milk 25	Ground Beef Stew & Mashed Potatoes Fruit or Veggie Milk 26
Butter Chicken & Rice Fruit or Veggie Milk 29	Teriyaki Salmon & Rice Pilaf Fruit or Veggie Milk 30			

MONTHLY PROGRAM COST:

\$120.00

I can contribute this month.

COMPLETE THE LUNCHSMART™ REGISTRATION ENVELOPE.

PAY BY CHEQUE* OR CASH.

*Please make cheques payable to the Vancouver School Board.

RETURN THE SEALED ENVELOPE TO THE OFFICE BY:

Wednesday, March 13, 2024