

Collingwood Neighbourhood School
Cross Country Permission Form 2023

September 13th, 2023

Dear Collingwood Families,

Students in grades 1 to 3 are invited to join Collingwood Cross Country Team. Cross Country is a running program that students can join. Being part of the cross country team will involve:

- Attending all practices (once a week at 8:20 am at Collingwood)
- Attending all mini-meets. See schedule below.
- Submitting all permission forms for meets by the due date. If permission forms are not received, students will not be able to attend mini-meets.
- At mini meets, students must be accompanied by their parents/guardians. If this is not possible, please make arrangements with other parents or let us know.
- We don't expect students to be professional runners, but we do expect them to show up at practices and mini meets and try their best!

Our schedule for this season is as follows:

WHAT	WHEN	WHERE
Mini-Meet	September 28 th at 3:30 pm	Trout Lake Park
Mini-Meet	October 5 th at 3:30 pm	Trout Lake Park
Mini-Meet	October 12 th at 3:30 pm	Trout Lake Park
District-Meet	October 19 th at 1:00 pm	Trout Lake Park

Every meet begins with grade 7 (1900 m), followed by K/1 (1000 m), grade 2 (1000 m), grade 3 (1000 m) and so on. Boys run first, then girls run second. Distances are approximate.

Information about the training schedule, transportation, and what to wear and bring will be provided to team members before our first practice.

Please fill out and return this form if you want your child to participate in cross country training and meets. **The form must be returned to your child's teacher no later than Friday, September 15th.**

Student's Full Name: _____

Grade: _____

Parent/Guardian Full Name: _____

Phone Number: _____

Email Address: _____

If you know your plan with transportation, please fill out this section:

- I am able to transport my child/children from Collingwood to Trout Lake Park for the mini-meets and district-meet.
- I will need help with transportation to and from mini meets

Thank you for your support!

- Collingwood Coaches