## CAREGIVING

## AFTER A TRAUMATIC INCIDENT



Offered to you by VCH Child and Adolescent Response Team (CART) in partnership with the Vancouver School Board (VSB).

## JUNE 11, 2025 | 06:00 - 07:30 PM

DAVID THOMPSON SECONDARY SCHOOL 1755 E 55th Ave, Vancouver, BC V5P 1Z7

Come join us for the evening at David Thompson Secondary library for an information session and discussion around some of the challenges of parenting following the tragedy of April 26th. There will be coffee/tea, discussion, and resources available! We will explore and provide some support around questions you may have as caregivers. You may wonder...

How do I know if my child is impacted and struggling since this incident occurred?

Sometimes I don't know if I am helping my child or making things worse for them.

How do I know if my child needs more than my support/community support?

Bring your questions, as we will allow for ample time for Q & A.



