

DR. ANNIE B. JAMIESON ELEMENTARY

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JAMIESON NEWSLETTER

With deep gratitude and respect, we are honoured to be learning and unlearning on the ancestral and unceded lands of the xʷməðkʷəÿəm (Musqueam), Sk̞wxwú7mesh Úxwumixw (Squamish Nation) & səlilwətaɬ (Tsleil-Waututh Nation).

"Cultivate your minds as definitely as you do your muscles. Cultivate kindly feelings and do kindly acts and kindness will become the law of your being."

- Dr. Annie B. Jamieson

NEWSLETTER NUMBER 5

Feb. 27, 2025
Ms. Cathy Thomas - Principal
Ms. Davita Marsden - Vice Principal
Ms. Julie Szeto - Administrative Assistant
Ms. Hayley Kellow - Extra Clerical
Mr. Justin Leung - PAC Chair
Joshua Zhang- VSB School Trustee

MESSAGE

"In a world where you can be anything, be kind." Clare Pooley



Dear Families

February is always an exciting month in Elementary schools. We celebrated Black History Month, Valentine's Day, the 100th day of school and on Wednesday we wore pink to share the message of kindness and anti- bullying. During the our assembly this week, we learned about Black Canadians Elijah McCoy, Harry Jerome and Viola Desmond. We learned about the origins of Pink Shirt Day from some Grade one and two students, watched the video <u>I Dare 2 Bee Presents: What is Kindness? - YouTube</u> and Division Two read the poem, "Still I Rise," by Maya Angelou. Finally, we all sang "Count on Me," by Bruno Mars.

Acknowledging and promoting kindness and gratitude cultivates shared happiness, builds relationships and gives people a sense of connectedness to their classroom, family and community. In this environment, research has found that students are more likely to have improved academic outcomes and positive mental health as adults http://www.casel.org/wp-content/uploads/2017/07/2017-META-ANALYSIS-SUMMARY-final2.pdf Division Six has some beautiful examples of gratitude to friends, family and the community in the heart photos later in the newsletter.

Thank you to PAC for the funding of the iPads for the library and classes. The iPads are now set up and are being used. Next week, we are looking forward to the Bollywood dance workshops with Karima Essa. There will not be a

performance for parents, but a whole school celebratory dance on the Friday afternoon. Again, thank you PAC for funding this opportunity for all of our students.

Each morning from 9:00am- 12:00pm from March 10-14, in the undercover area at the back of the school, Indigenous carver Gerry Sheena will be carving a salmon design into a red cedar plank panel to hang the Reconciliation Blanket gifted to the school by Debra Sparrow. Families are welcome to watch and visit with Gerry. During the week, all classes will have the opportunity to watch him work and to meet with him.

Congratulations to our Junior and Senior Boys basketball teams. They have shown great improvement this term and have trained and played hard. Thank you to the Coaches, sponsor teachers and volunteer drivers who have given their time to support them this season.

Regards,

C.A.Turmay

Principal

UPCOMING DATES

- Monday 3rd March- Friday 7th March- Bollywood Dancing workshops- paid for by PAC
- Monday 10th March- Friday 14th March- Indigenous Carver Gerry Sheena in school 9:00am- 12:00pm
- Wednesday 12th March- PAC Meeting (online) 7pm-8pm
- Friday 14th March- Last day of school before Spring Break
- Monday 17th March- Friday 28th March- Spring Break
- Friday 18th April- Good Friday- no school
- Monday 21st April- Easter Monday- no school
- Wednesday 23rd April- Parent- Teacher conferences- early dismissal at 2:00pm
- Thursday 24th April- Parent- Teacher conferences- early dismissal at 2:00pm

VSB- ONLINE LEARNING SERIES FOR FAMILIES

VSB After the Bell: Live, a new series of information sessions designed to provide families with direct access to educators and experts on key topics affecting student learning and well-being.

As an extension of our <u>podcast</u>, <u>After the Bell</u>, the learning series is designed to be accessible and informative, featuring education subject matter experts, live Q&A and practical takeaways for families. For March, we will be exploring how to navigate social media, Al and online safety.

VSB After the Bell: Live

Topic: Helping kids navigate social media, AI and online safety

Date: March 11, 2025 from 6:00 - 7:00 p.m.

Who: Jeff Spence, VSB District Principal of Information technology and Christina Walker, VSB Digital Literacy Mentor

Teacher

In an increasingly digital world, understanding how to be a responsible and informed online citizen is more important than ever. Join VSB After the Bell: Live for an engaging session on digital literacy, where we'll explore how students can safely and responsibly navigate the online space.

Join experts in the field to discuss key topics including navigating social media platforms (Snapchat, Discord, Instagram, TikTok), the impact of Generative AI (Copilot, ChatGPT) and essential student online safety strategies. Learn how VSB is supporting both students and educators on this journey and gain practical insights to help your child thrive in the digital age.

Have questions? Ask ahead of time to get them answered live. Submit questions here.

A link to the information will be sent a day before the event.

ONLINE GAMING SAFETY WORKSHOP FOR FAMILIES

Parent/Caregiver/Educator Info Session: Understanding and Guiding Youth in Online Gaming

A free workshop learning opportunity from Public Safety Canada: This session will explore strategies to protect children from sexual exploitation and abuse within online gaming environments, providing practical guidance and expert perspectives. The webinar is facilitated by GamerSafer, a safety tech company focused on protecting players and gaming communities from digital risks and harms.

This session will be hosted on Zoom. To register, please click on the link below. You will then receive a confirmation email with login details.

Understanding and Guiding Youth in Online Gaming, March 5, 2025 from 10:30 am − 12:00 pm PST.

CLICK HERE TO REGISTER

Targeted participants: Parents, caregivers, educators and civil society organizations.

Please feel free to share this information with your colleagues and parent/caregiver networks. Participants will be able to ask questions during the event. Please be advised that this event may be recorded.

For any questions about the event, please do not hesitate to email Public Safety Canada at: onlinecseeseenligne@ps-sp.gc.ca.

RECOMMENDED RESOURCE

Our Area Counsellor, Maria-Teresa Foster recommends this website as a resource and support for families who have a child that is experiencing mental health challenges: https://familysmart.ca

"We help children and young people by helping their family and other caring adults.

We know children and young people do better when the adults who care about them are supported."

WRITING AT JAMIESON

We have many talented writers at our school, and we would like to share some of their work with you.

Blue jays

by Denzel (Grade 3)

Blue jays are oviparous birds. That means they are birds that lay eggs. But how did they do that? Let's find out! First, the female lays 4 to 6 eggs shaped like golf balls in a nest. The nest is made of sticks and twigs with beautiful grass lining the nest. It might be in a tree as tall as a skyscraper or a shrub as short as a teacher's desk. Second, when the eggs hatch the parents take care of them like doctors treating a sick patient. Now you know how blue jays reproduce!

Pink Shirt Day Speech for assembly by Emma- Grade 1

Hello, students and staff at Jamieson Elementary School. My name is Emma.

Today is Pink Shirt Day. We wear pink to remind everyone to be kind and to stand up against bullying.

Why do we wear pink? Pink Shirt Day started a long time ago, when a boy was being teased for wearing a pink shirt. Two other students, Travis Price and David Shepherd, wanted to help, so they wore pink shirts, and asked others to wear pink shirts too! Soon, a lot of people at school wore pink shirts to show that they did not like bullying. Now, every year, on Pink Shirt Day, people wear pink shirts to stop bullying and be friendly to everyone!

When we wear our pink shirts today, we are saying: "We lift each other up! Be a buddy, not a bully". We are telling everyone that no one should ever feel left out, hurt, or sad.

What can we do to show kindness?

- 1) You can say a compliment to your friend.
- 2) If someone is sad, you can ask him or her what's wrong and try to help.
- 3) You can also hold the door for someone, if he or she needs help.
- 4) If you see someone left out, you can include him or her into your game.
- 5) You can smile and say "thank you" to show you appreciate them.

Every little act of kindness counts! Let's use our words and actions to help everyone feel safe, happy and included! Let's all work together and spread kindness!

Thank you very much for listening!

ROAD SAFETY

KEEP ALL CHILDREN SAFEOBEY TRAFFIC LAWS!

SPARE CLOTHES

Now that the weather has changed and it is wet outside, a lot of students are calling home for a change of clothes after slipping on the grass or playing in puddles while playing outside. All students should keep a spare pair of socks and pants to change into just in case.......



SAFE ARRIVAL & STUDENT SIGN IN/OUT PROCEDURE

The Vancouver School Board has a safe arrival protocol district wide. If your child will be absent or late from school, please phone the school to report this absence as early as possible. Parents should leave a message on the dedicated answering service by calling 604-713-5367 and when prompted enter school code 1, prior to 9 am on the first day of the absence. Upon calling the Safe Arrival/Absence reporting phone line, you will be asked to leave a message and will require the following information:

- First & last name of your child (please spell the last name)
- Grade
- Division
- Reason for absence
- Date & length of absence



Late students:

If your child is late to school (arriving past 9am), they will need to be signed in on the student sign-in sheets on the table located near the cupboard of trophies.

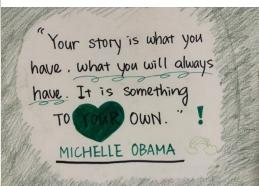
Student Sign-Out Procedure:

When you pick up your child during the school day, please visit or call the office upon arrival at the school. The office staff will then ask you to complete the student sign out sheet. If your child returns throughout the day, please follow the same procedure to sign them back in.

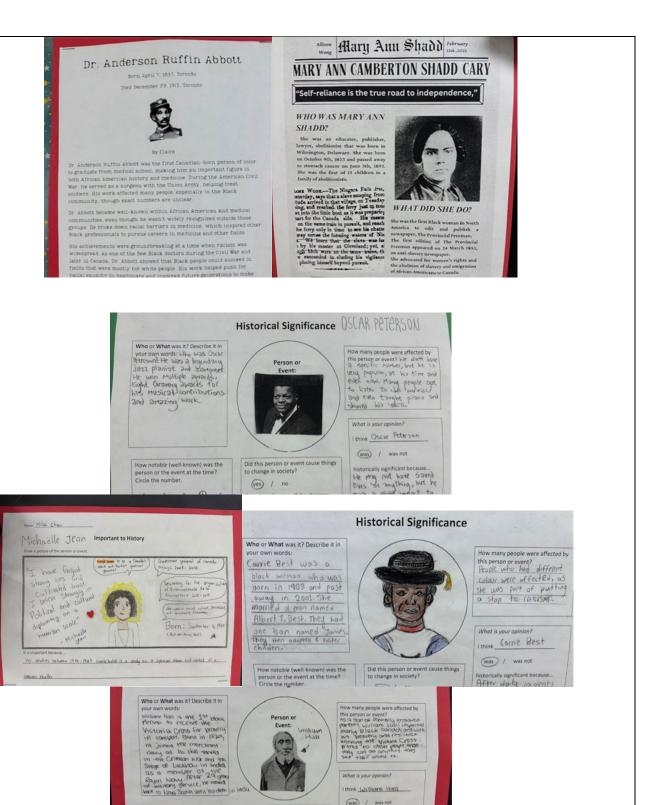
FEBRUARY DISPLAYS









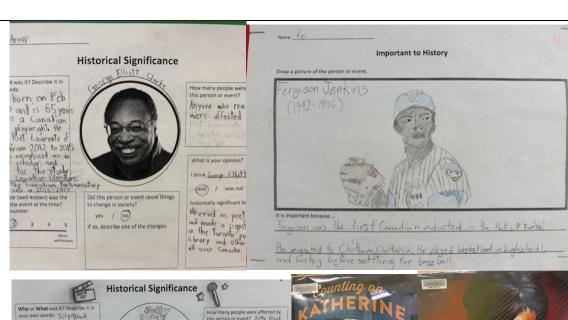


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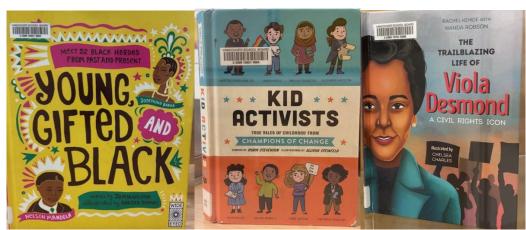
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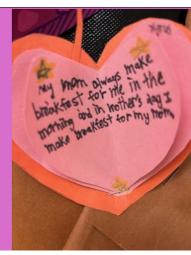








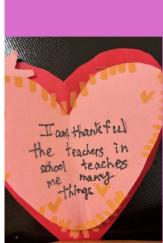






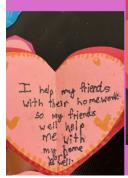






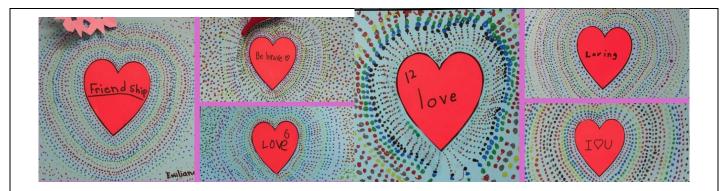








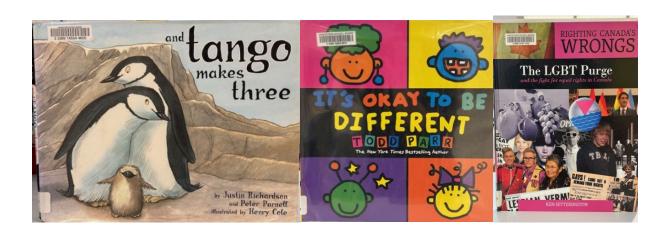




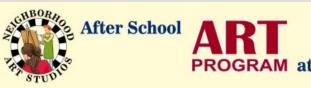








AFTER SCHOOL ART PROGRAM



DR. ANNIE B JAMIESON ELEMENTARY



Join us for an exciting after-school Art Program, conveniently held right after school at your child's school! Students will explore Drawing, Watercolors, Acrylic Painting, Clay Modelling, Shading and various techniques to unleash their creativity.

Sign up today & let your imagiantion soar!





Day: Monday 3:00 to 4:30 PM (Grade 1 to Grade 6)

Date: Apr. 07 - Jun. 16 / 2025 (No Class on Apr. 21, Apr. 28 & May. 19) Fee: \$160.00 (Art Supplies included) + GST

Location: Classroom 138



 Drawing • Watercolour • Oil Pastels • Clay Modelling • Acrylic Painting Spaces are limited, so register soon!

REGISTER ONLINE

www.neighborhoodartstudios.com

MANDARIN CAMPS

2025 Mandarin Immersion Camps – Registration Now Open | 2025中文沉浸营 报名开始

Vancouver Mandarin School is excited to offer 2025 Mandarin Immersion Camps (中文沉浸营), providing students with engaging language and cultural experiences both locally and in China.

Vancouver Camps (温哥华本地营) - February - August

- Pro-D Day Camp (一日营): February 14 & April 28
- Spring Camp (春令营): March 17-28 (Weekly Camp 周营)
- Summer Camp (夏令营): July 7 August 15 (Weekly Camp 周营)

China Study Tours (中国游学营): https://www.vancouvermandarinschool.com/2025-trip-to-china

- Spring Camp (春季营) March 18-27: Registration Now Save Up to \$450 Per Person!
- Summer Camp (夏季营) August 4-18: Choose from two routes (两条线路可选)

For more details and to register, please visit our website (了解更多详情并报名,请访问官网)

: https://www.vancouvermandarinschool.com/mandarin-immersion-camps

AFTER SCHOOL TENNIS PROGRAM



JR Tennis Academy Presents: After-School Tennis at Jamieson 🕠

JR Tennis offers after-school tennis program on Friday 3:05 to 4:35 pm (April 4 to June 13: no class on April 18) for beginners aged 6-9. Total of 10 sessions.

Our coach-to-student ratio is carefully maintained at 1:6 to ensure the highest quality of lessons and to provide each student with personalized attention. This ratio allows our coaches to dedicate ample time to each student, fostering a more focused and effective learning environment. By keeping the group sizes smaller, we prioritize individualized support, enabling

Note: Once class is full, please email us(rilanjrtennis@gmail.com) to be added to waitlist, we will form another group once 6 more registrations has been reached.

each student to progress at their own pace and receive the guidance they need to succeed.

Program Details:

- · Location: Gym
- Day/Date: Fridays- April 4 to June 13 (No class on April 18)
 - Group Lesson (12 spots)
 - a. 3:05-4:35pm
 - b. Age: 6-9
 - c. 10 Sessions
 - d. \$393.75 (GST included)
 - 2) Private/Semi/Custom Group
 - a. Age: 6-12
 - b. 4:45-5:45pm
 - c. Please Email for more details

o Gym opens at 3:00pm.

Join the Fun Today!

- · Register Now: www.jrtennis.ca
- Contact Us: Rilan (778-227-7727 or rilanjrtennis@gmail.com)

JR Tennis Academy – Where Young Champions Begin!

PAC NEWS

Upload Yearbook Photos by May 15th!

Reminder all parents who want to submit photos to the yearbook. Last day to submit is May 15th.Link to upload the photos is in the division chats on WhatsApp with each division's user name and password. If there are common photos (not specific to a division), they can still be uploaded

to the division folder your child is in. Note that only good quality school related photos will be included in the yearbook.

Open Roles for PAC Exec! - Need Parent Volunteers!

Many PAC Executives have students entering their final year at Jamieson - We're looking for Parent Volunteers to fill certain roles of the PAC Exec team or start transitioning roles over the next school year. PAC Would not be possible without the support of all parents at Jamieson. Activities such as Talent Show, Yearbook, Movie Night, Carnival are run and organized by the PAC. Fundraising and Hot Lunch Program are also run by parent volunteers. Without a strong PAC Community and PAC Execs to lead these initiatives, Jamieson would not be able to subsidize Field Trips or purchase technology such as Laptops and iPads for the children. Extra-curricular events this year such as Curling, Parent's Internet Safety, Bollywood Dancing, UBC Geering Up are all funded by the PAC. If you are interested in contributing or leading the following roles, please reach-out via info@jamiesonpac.com or through WhatsApp to any of the executives. All executives roles for the next school year will be voted on at the Annual General Meeting.

Roles:

- Chair
- Vice-Chair
- Treasurer
- Secretary
- Hot Lunch Coordinator
- Coordinators for individual events (ie. Spring Carnival, Movie Night, Yearbook, Talent Show, etc...)
- Website/Tech
- District PAC (DPAC) Representative
- School Planning Council (SPC) Representative.

The current PAC Executives and Committees can be found: https://jamiesonpac.com/pac-executives-and-committees/

More Detailed Role & Description can be found: https://jamiesonpac.com/pac-executive-role-descriptions/

Hot Lunch & Snack Shop

Hot Lunch & Snack Shop are not possible without parent volunteers. In 2025, we have had challenges with enough parent volunteers to help support and distribute hot lunches. As a result, Hot Lunch may be cancelled without 2 parent volunteers signed up 1 week before. Snack Shop on Friday may be cancelled without 5 parents signed up by Thursday night. If we are consistently unable to have enough parent support, then the number of Hot Lunch days may need to be reduced.

Jamieson Volunteers: https://chat.whatsapp.com/BNwlawIJjuy6FWvAU2Be3S

Hot Lunch Sign-Ups: https://www.signupgenius.com/go/10C0E44AEAD2AA6FAC43-54046989-jamieson

We would really appreciate it if you could take a few minutes to complete this short survey to share your valuable feedback on the hot lunch program and how we can improve. Please submit your response by Feb 28. Thank you

again! https://docs.google.com/forms/d/e/1FAIpQLSf9JUpEdwhA47YKgIXS2yXpV7U7JySMFwXwhYX70 fFoHP-YTw/viewform

Save The Date !!! May 14th, 2025 - Spring Carnival.

Spring Carnival is returning to Jamieson!! Entrance will be FREE. There will be games, food trucks, face painting, snack shop, and a silent auction with donations from the community! The details are still in planning but if you're interested in volunteering and helping out, please sign up https://forms.gle/fC2czJTSSTqiasfA7





Keep up to date with the <u>Jamieson PAC Community on WhatsApp</u> for latest announcements, events, and network with parents in your child's Division.

Snack shop every Friday



For more information, check out the Jamieson PAC <u>Website | 網站 | 웹사이트 | ウェブサイト | trang web | sitio web | site | פַּיִי שוֹיִי | websayt | פַּיִי שוֹיִי | веб-сайт | web sitesi | वेबसाइट | เว็บไซต์ @ https://jamiesonpac.com</u>

Canada's Anti-Spam Legislation (CASL) came into effect on July 1st, 2014. By joining the Jamieson PAC Community on WhatsApp, you are providing express consent through an opt-in mechanism to receive commercial electronic messages (CEM) from the PAC Executive. This may include announcements, event invitations, newsletters, and other electronic messages which may contain advertising or promotions regarding the school and school district fundraisers, field trips, the sale of yearbooks, student pictures, books, canteen/cafeteria sales, grad or dance tickets or similar events and offers. You may unsubscribe at any time by leaving the WhatsApp Community.