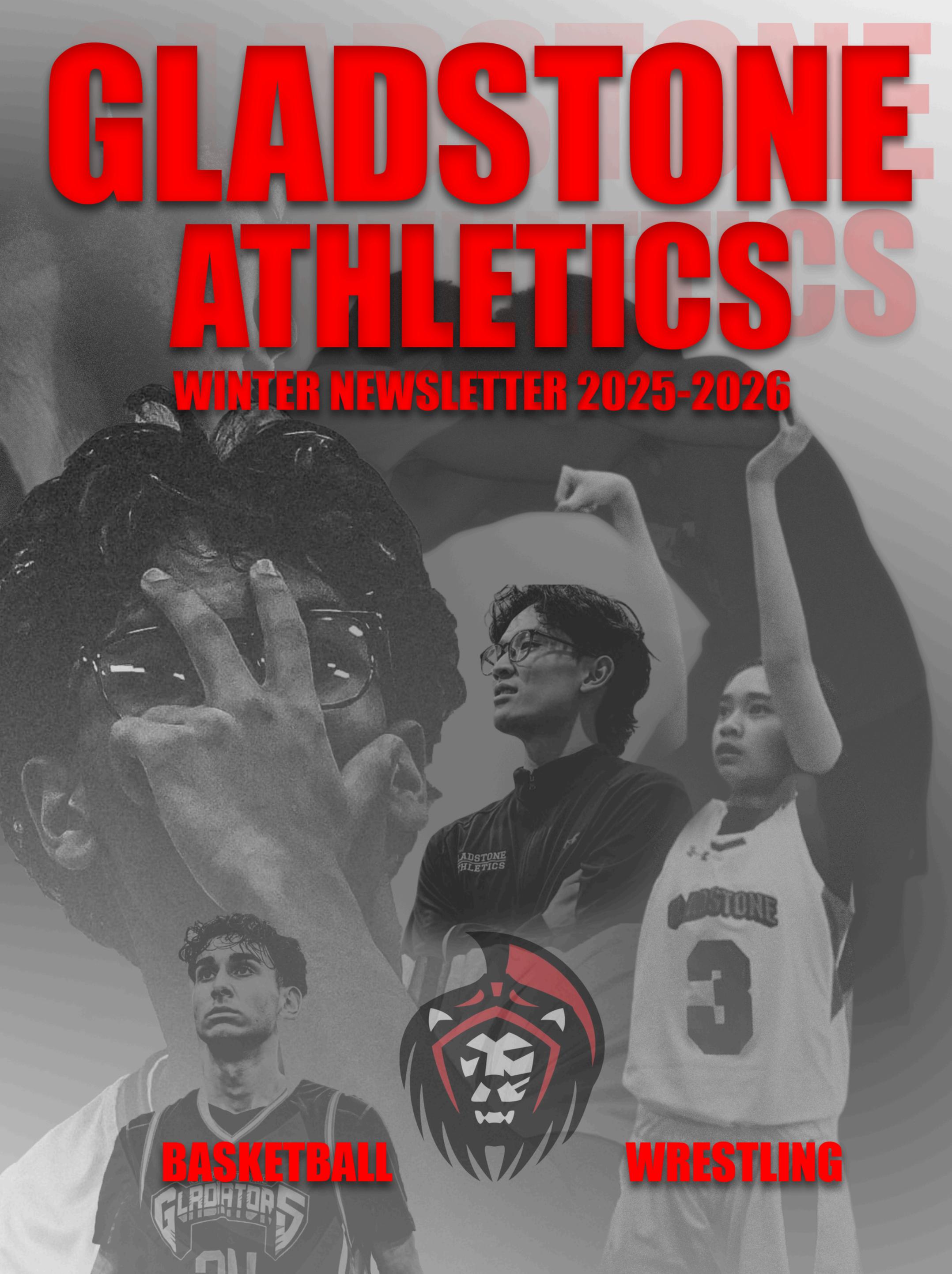


GLADSTONE ATHLETICS

WINTER NEWSLETTER 2025-2026



BASKETBALL

WRESTLING



ATHLETIC DIRECTOR'S MESSAGE



WINTER SEASON 2025-2026

The Winter sports season saw Gladstone field all 5 basketball teams on the boys side, 2 on the girls side, and a co-ed wrestling team. Once again, Gladstone athletes demonstrated their determination and talent by achieving exciting victories in league play, several tournament wins, including some notable achievements in post-season competition.

Some notable highlights include:

- Sr Boys Basketball - DT Trojan Invite Champions
- Sr Girls Basketball - Gold Tournament Champions and a berth in 3A Zones
- Juvenile Boys Basketball - Runner-up in City Championships and berth in Provincials
- Wrestling - Isaac C. and Clarence B. qualifying for Provincials

Good luck to our graduating athletes - thank you for the work you put in while representing our school with pride.

Finally, a big THANK YOU to our volunteer coaches, staff sponsors, Athletic Leadership students, Yearbook photographers, team managers, and administrators for your continued support of our student athletes!



GO GLADIATORS



SENIOR GIRLS BASKETBALL



SEASON SUMMARY

The Senior Girls' Basketball Team had a commendable season this year. Despite battling several key injuries, the team persevered and finished the regular season with a winning record. Their hard work and resilience were highlighted by capturing the Gold Division playoff championship and earning a berth at Zones.

COACH COMMENTS

“The coaches would like to extend special congratulations to Marchiela Besana for surpassing 500 points this season—an outstanding achievement. They would also like to recognize Praise Quidep, Olivia Dixon-O’Brien, and Jodee Gano for their exceptional leadership and commitment throughout the year. We wish all of our graduating seniors the very best as they move on to the next chapter of their lives.” -Coach Duy





SENIOR BOYS BASKETBALL

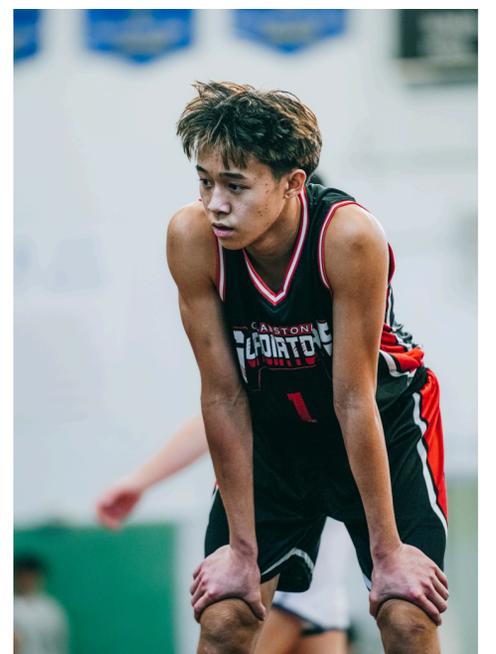


SEASON SUMMARY

This was a progressive and focused season for the senior boys. With a team of both younger and more experienced players they demonstrated strong chemistry. Individually, the athletes demonstrated progress in their confidence and skill. Although, the season didn't reflect their initial goals the team showed large improvement from last year.

COACH COMMENTS

“The Senior Boys Basketball team had an outstanding season of growth and development. Despite being a relatively young squad, they competed strongly against some of the top teams in the league and proved themselves to be formidable opponents. Their hard work and commitment were highlighted by capturing first place at the David Thompson Invitational. With the majority of the roster returning next year, the coaching staff is excited to build on this progress and make a deep playoff run.” -Coach Duy





JUNIOR BOYS BASKETBALL



COACH COMMENTS

“This season was Tough, but Fun. Even though the players that were at the games gave it their all, we lost every game we played, except one. Practice was fun, we had a lot of players from various grades come and practice with us. Players came with a good attitude, and the scrimmages at the end of practice were awesome. Coming back from being down by 15 to Point Grey in front of a packed auditorium, even if we lost by 3 I'm most proud of the Players who came to every practice and game, they worked hard and got better. Any day you have a chance to play basketball (or coach) with your team is a good day.”

Thank You Players,
Coach River

SEASON SUMMARY

The Junior Boys basketball team showed strong determination all season. They stayed disciplined and worked well together, even when things were tough. Although they didn't make playoffs, they continued to support each other and stayed positive.





JUVENILE BOYS BASKETBALL



SEASON SUMMARY

The juvenile boys basketball had an impressive season ending the regular season with a 5-2 record, finishing 3rd in the east division. They then had playoffs where they fought their way through as underdogs to the finals. They unfortunately lost in the city finals but still made provincials.

COACH COMMENTS

“After a first-round exit last season, we entered this year as underdogs determined to grow. Through the ups and downs of the regular season, we improved, and when playoffs arrived, we elevated our level of play-earning a spot in the finals and a berth to provincials.

Although the final result was not what we hoped for, the progress we made was undeniable. We are proud of our growth and look forward to making an even bigger leap next season.” - Coach Sohta





JUVENILE GIRLS BASKETBALL



SEASON SUMMARY

The Juvenile girls ended their season with two very close battles. Although they weren't able to win any of their games, they played with true grit and heart. The future is bright for girls' basketball at Gladstone.

COACH COMMENTS

“At the start of the Juvenile Girls season, many of the players were completely new to basketball. Despite this, they showed up with determination, worked hard at every practice, and supported one another through every high and low. Although the wins didn't come this year, the effort, growth, and heart they brought to the court made me incredibly proud. I wish each of them the very best in everything that comes their way.” - Coach Olivia





BANTAM BOYS BASKETBALL



SEASON SUMMARY

As many of their first season of basketball, these boys have shown great dedication and love for the sport! These past months have allowed new bonds and growth both individually and collectively. Although we didn't end the season how we wanted to, smiles were still plastered on everyone's faces; and that's all that mattered.

COACH COMMENTS

“A big thank you to not only the whole team, but Teo Godoy for leading this group of boys as team captain! We hope that their love of basketball drives them to do great things and play throughout the following years of high school!”

-Coach Mike and Coach K





WRESTLING



SEASON SUMMARY

This season has been a journey of hardship and new experiences! With a few returning wrestlers from last year and many new faces, lots of improvement was made throughout the season. Some notable highlights:

- Isaac qualifying for Zones in his first year
- Team-building with Van Tech's wrestlers
- Collaboration with the David Thompson team

COACH COMMENTS

“The 2025 season was a year of grit, growth, and relentless effort. From the first practice to the final match, this group showed what it truly means to compete with heart. Wrestling is one of the toughest sports in high school athletics—there are no timeouts, no substitutions, and nowhere to hide. It’s just you, your opponent, and the work you’ve put in. This year’s team embraced that challenge every single day. I can’t wait to see what the team brings to the mat next year.” - Coach Alyssa

