

DECEMBER 2025 MENU



ONLY
\$6.60
per day

DID YOU KNOW...

VSB OFFERS 'LUNCHSMART'
A HEALTHY EATING PROGRAM 2025/26

The Vancouver School Board believes that school food programs support the consumption of nutritious foods helping children to learn, while promoting health equity, and establishing lifelong healthy eating behaviors.

The Lunchsmart program provides nutritious hot lunches daily in school. All meals are prepared following the BC School Food Tool Kit
<https://healthyschoolsbc.ca/bc-school-food-toolkit/>

The Lunchsmart program cannot accommodate special diets. Any specific food allergies need to be reported to the school office. Parents must review menu choices specific to their child's dietary restrictions and ensure their child is aware of any food items they should not be eating.

MONTHLY PROGRAM COST:

\$99.00

☐

I can contribute this month.

☐

SCHOOLCASH ONLINE

☐

COMPLETE THE LUNCHSMART™
REGISTRATION ENVELOPE.

☐

PAY BY CHEQUE* OR CASH.

☐

RETURN THE SEALED ENVELOPE
TO THE OFFICE BY:

Thursday, Nov. 20, 2025

Monday

Gnocchi with Tomato
Sauce
Fruit or Veggie
Milk

1

Tuesday

Beef Burger
WW Bun
Fruit or Veggie
Milk

2

Wednesday

Lunch Lab

3

Thursday

Chicken Fried Rice
Fruit or Veggie
Milk

4

Friday

Lunch Lab

5

Shepherd's Pie (beef)
Fruit or Veggie
Milk

8

Macaroni & Cheese
Fruit or Veggie
Milk

9

Lunch Lab

10

Fish Sticks
Potato Wedges
Fruit or Veggie
Milk

11

Lunch Lab

12

Chicken Burger
WW Bun
Fruit or Veggie
Milk

15

Teriyaki Salmon &
Rice
Fruit or Veggie
Milk

16

Cheese Omelet
Crispy Potato
Fruit or Veggie
Milk

17

Turkey, Mashed
Potatoes, Vegetables &
Gravy
Fruit or Veggie
Milk

18

Cheese Pizza
Fruit or Veggie
Milk

19

Winter Break

December 22 - January 02