

JANUARY 2026 MENU



ONLY
\$6.60
per day

DID YOU KNOW...

VSB OFFERS 'LUNCHSMART'
A HEALTHY EATING PROGRAM 2025/26

The Vancouver School Board believes that school food programs support the consumption of nutritious foods helping children to learn, while promoting health equity, and establishing lifelong healthy eating behaviors.

The Lunchsmart program provides nutritious hot lunches daily in school. All meals are prepared following the BC School Food Tool Kit
<https://healthyschoolsbc.ca/bc-school-food-toolkit/>

The Lunchsmart program cannot accommodate special diets. Any specific food allergies need to be reported to the school office. Parents must review menu choices specific to their child's dietary restrictions and ensure their child is aware of any food items they should not be eating.

MONTHLY PROGRAM COST:

\$132.00

☐

I can contribute this month.

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SCHOOLCASH ONLINE

☐

COMPLETE THE LUNCHSMART™
REGISTRATION ENVELOPE.

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PAY BY CHEQUE* OR CASH.

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RETURN THE SEALED ENVELOPE
TO THE OFFICE BY:

Wednesday, January 7, 2026

Monday

Tuesday

Wednesday

Thursday

Friday

			Winter Break 1	Winter Break 2
Chicken Nuggets Potato Wedges & Corn Fruit or Veggie Milk 5	Gnocchi with Tomato Sauce Fruit or Veggie Milk 6	Beef Burger WW Bun Fruit or Veggie Milk 7	Chicken Fried Rice Fruit or Veggie Milk 8	Turkey Sausage Mashed Potato & Gravy Fruit or Veggie Milk 9
Pro D Day 12	Fish Sticks Potato Wedges Fruit or Veggie Milk 13	Macaroni & Cheese with Butternut Squash Fruit or Veggie Milk 14	Greek Chicken & Rice Fruit or Veggie Milk 15	Cheese Perogies Sour Cream Fruit or Veggie Milk 16
Pork Rib (boneless) Roast Potato Fruit or Veggie Milk 19	Baked Pasta with Tomato Sauce Fruit or Veggie Milk 20	Chicken Burger WW Bun Fruit or Veggie Milk 21	Teriyaki Salmon & Rice Fruit or Veggie Milk 22	Cheese Omelet Crispy Potato Fruit or Veggie Milk 23
Chicken Gyoza Edamame & Cabbage Fruit or Veggie Milk 26	Vegetarian Pepperoni (meat-free) Pizza Fruit or Veggie Milk 27	Pork Fried Rice Fruit or Veggie Milk 28	Samosa with Chickpea Curry Sauce Fruit or Veggie Milk 29	BBQ Chicken Potato Wedges Fruit or Veggie Milk 30