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With deep gratitude and respect, we are honoured to be learning and unlearning on the ancestral and unceded lands of the xʷməθkʷəy̓əm (Musqueam), Skwxwú7mesh | (Squamish) and səliłwətał (Tsleil-Waututh)

May 2026 Newsletter

Principal: Sharon Vieira
Trustee: Preeti Faridkot

Director of Instruction: Amy Van Vliet
Superintendent: Helen McGregor

PAC Chair, Caroline Provost PAC & Vice Chair, Sheila Louis

David Livingstone school
community is proud to
celebrate



PAC Walk a Thon – Friday May 22th at 1:00pm at Prince Edward Park

Packages will be sent home with students to start getting pledges in advance of this fun PAC sponsored fundraiser for our school. Please remind students to return their forms and pledges to the school.

Sports Day: Friday May 29th

Will be on Friday May 30 at Livingstone school and next door at Prince Edward Park. We will be holding the events in the morning and afternoon. Families are welcome to come and watch us. This is a regular full day for students as well. We will try to start at 9:10am and classroom teachers will give you a hint of where their class is starting the day. We will also continue after lunch on the Prince Edward park field for a rope tug challenge between grade groups, that will begin with our Kindergartens and proceed to grade 7s finally challenging the school staff! Thank you to PAC who are providing a granola bar recess snack for all students and a popsicle treat at the end of the day!

Track and Field:

Permission notices with requests for volunteers to support practices and driving have been sent home to grade 4-7 students. Practices are on Monday and Wednesday Mornings at 8:00am. Our staff sponsors are Ms. Wendy Sam, Ms. Emilie Royle and Ms. Vieira. A special thank you to our parent volunteer coaches Thomas Tran, Simon Clayton and all the parent volunteer drivers.

Bike To School Week June 1 to 5

Stay tuned we will be celebrating bike to school week during the first week in June.

Join us by Wearing Red on Tuesday May 5, to Honour Red Dress Day.



May 5, 2026

May 5, 2026, marks the National Day of Awareness and Action for Missing and Murdered Indigenous Women, Girls, and Two-Spirit people (MMIWG2S+). On this day, we honour and remember those who have lost their lives due to colonial and gender-based violence. We also recognize the families and communities who continue to carry the profound grief of losing loved ones, while calling for justice, accountability, and meaningful change.

About Red Dress Day

Red Dress Day is a day of remembrance and honouring for missing and murdered Indigenous people. It was inspired by Anishinaabe and Finnish artist Jaime Black and her REDress Project—a series of powerful art installations created as a visual response to this ongoing national crisis.

The day serves to raise awareness and deepen public understanding of the disproportionate levels of violence faced by Indigenous women, girls, and Two-Spirit people, and to encourage action toward safety, equity, and reconciliation.

In Elementary Schools we share stories that highlight the strength of Indigenous women across generations to honour this time.

Books for Elementary Schools.



A day with Yayah - Nicola Campbell & Juliet Flett

The connection from mother to child is an important role for women and to see these Indigenous women and how their connection to their children is so important, tells us the stories of how we honour women as mothers.



I'm finding my talk - by Rebecca Thomas and Pauline Young

Finding the strength of Indigenous women. If you are wanting to bring in strong women's voices, this is the book for you. Rebecca Thomas is also a poet and has other books out that could be used in the higher grades.



Be a Good Ancestor - Leona Prince & Gabrielle Prince & Carla Joseph

This book can help us understand the connections Indigenous people have with the generations before and how this is passed down to the next generation.



I hope - Monique Grey Smith & Gabrielle Grimard

This book has poignant words about all the hopes adults have for the young people in their lives.



Missing Nimamā— Melanie Florence

Told in alternating voices of child and mother, *Missing Nimamā* is a story of love, loss, and acceptance, showing the human side of a national tragedy.

LIFT UP THEIR VOICES

Red dresses sway where the wind runs thin,
Empty sleeves reaching for who should be within.

Sisters, aunts, cousins, and wives—
Along the highway, their stories die.

Footsteps cut short, hope turned to embers.
Names like quiet stars—too many to number.

We lift drums, lift prayers, each song a token
Of love that refuses to live unspoken.

For those who are missing, for the ones we still hold,
We walk, we resist, we refuse to grow cold.

—David Delorme

RED DRESS DAY

Why the Colour Red?

The colour red was chosen after artist Jaime Black spoke with an Indigenous friend who shared that red is the only colour spirits can see. Black explains that red acts as a calling back of the spirits of the missing and murdered, allowing them to be present among us and to have their voices heard through their families and communities.

The dresses are intentionally left empty to represent the absence of the people who should be wearing them, powerfully symbolizing lives taken and the spaces left behind.

YEAR-END TALENT SHOW

On Friday, June 19th there will be a talent show in the Livingstone gym. **This show will be for students, staff and families of talent show performers only.** Interested students have been signing up to audition. Auditions will take place at lunch in the music room during the weeks of May 25th and June 1st.

Performers will be assigned an audition date during which, a team of staff members will check that each act is well-prepared and ready to present their talents to the whole school.

Students who are auditioning need to come prepared on their audition date with their equipment, music, and instruments, etc. A sound system, microphones and a piano will be available, but all other items are the responsibility of the performers.

Students who have talents they want to share but just aren't ready for the whole-school talent show, will have an opportunity to informally perform for their division during a music class later in June.

Like last year, if there are several acts that make it through, we will have a morning PRIMARY talent show beginning at 9:15 and a separate INTERMEDIATE talent show beginning at 1:15. At this time, it's too early to say if there will be two portions. You will be informed in early June of the final schedule.

We look forward to seeing what kinds of talents Livingstone kids have to share.

-Ms. Monica Presley

Hello fellow parents and caregivers! Here's your monthly PAC update:

WANT TO JOIN THE PAC EXEC TEAM?

Would you like to be on next year's PAC Executive team? This amazing opportunity lets you become more innately involved at your child's school, become the voice of the school parents, and help to build up our community.

This May 20 @ 630pm, at our PAC AGM, we will vote to fill the following roles:

PAC Chair
PAC Secretary
PAC Vice-Chair (optional)

Learn more about [what's involved](#), and feel free to reach out to us if you have any questions!

At our May PAC meeting, we will also vote to amend our Bylaws and Constitution; please see the bottom of this message for further details.

FREE AFTER SCHOOL YOGA Thursday MAY 7

May 7th is [National Child & Youth Mental Health Day](#). In recognition of this day, your PAC has organized for a **free after school yoga session in our gym**. Much like movie nights, we require a caregiver or supervisor for every child in attendance. You are welcome to supervise other people's children as well, but we need to ensure that everyone has a responsible adult there for them since this is not a school sanctioned event and children will be released from the gym afterward.

A special thank you to [Uphoria Yoga](#) for helping us fill our last-minute request to have this session! Additional details will be sent out early next week via your class reps.

Please note: this session is being held on the same day as the earthquake drill, so if you pick up your child early, you'll want to circle back for the session after 3pm!

PAC News Continued...

SILENT AUCTION: CAN YOU CONTRIBUTE?

Our third annual silent auction is coming up soon—watch for details—but in the meantime please let us know if you have items or services to donate.

Have extra gift cards in your drawer that you know you won't end up using? Own a business you can gift from, or vacation property you can offer up? Let us know by connecting with Sheila (sheila.a.louis@gmail.com).

VOLUNTEERS NEEDED FOR SCHOOL BBQ, June 16

Last year we had an amazing time at our school barbecue, which we organized as a carnival-style celebration. This year we'd love to make it even better, but we need your help!

Join our barbecue volunteer group to help plan and execute this fun, family-friendly event, scheduled for the evening of June 16. The Lions Club will be flipping burgers, Mount Pleasant BIA will provide cotton candy, and the rest is TBD. Can you help us? Email livingstonepac@gmail.com, subject line: BBQ volunteer, or sign up on the [volunteer spreadsheet](#).

PS if you own or have an “in” with a butcher or grocer, we're hoping to partner with someone to get barbecue supplies for the event. Let us know if you have a connection we should chat to!

WALKATHON UPDATE, Friday May 22nd, Volunteers Needed

Our annual walkathon is taking place May 22nd. Our students will walk laps around our school, raising funds and building community. As a special community-building initiative, each child will receive a pink Livingstone t-shirt; these shirts can also be worn for pink shirt day, pride day, or any day that they feel moved to do so. We hope your child will rock their new shirt during the walkathon—the shirts feature kindness art from fellow students, and we're hopeful that the matching shirts will remind everyone that we are all part of the same community!

We are still looking for a few more parent volunteers for the walkathon. If you are available after lunch on May 22, [please sign up](#) today.

PAC AGM, Plus SPECIAL AMENDMENT VOTE (May 20)

Please join us at our PAC AGM on May 20, 630pm in the school gym. We will vote on next year's PAC exec team, review the proposed budget for next year, vote on a bylaw and constitution amendment, and more. Join us in person (pizza and childcare provided) or via Zoom:

<https://us06web.zoom.us/j/9286084267?pwd=TxBpBjEXOMH5pzOynZ3eSTsmHab4Bh.1#success>

Meeting ID: 928 608 4267 Passcode: 794915

We will also raise a motion to update our [PAC Bylaws and Constitution](#) with the following changes:

Term of Office

Current:

4. The term of office shall commence immediately following election at the AGM and shall continue until the next AGM.

Proposed Update:

4. The term of office shall commence September 1 of the following school year, and shall continue for two school years (ending August 31).

Current:

5. No person may hold the same executive position for more than two (2) consecutive years except by special resolution.

5. PAC Executive roles are to be held for two (2) consecutive years; however, an extension of one year may be approved via vote at AGM, up to two times per role, for a total of up to four (4) years per executive position.

We strongly encourage interested parties to reach out with any questions about joining the PAC Executive team and are proposing an option to ensure uninterrupted PAC existence when new members can not be found.

Connect with PAC

Email: livingstonepac@gmail.com

Facebook community page: <https://www.facebook.com/groups/davidlivingstone>

Google calendar: [public calendar](#)

Website: <https://www.livingstonepac.org/>

Volunteer spreadsheet:

https://docs.google.com/spreadsheets/d/1LLfe9eG1dAeE34_yUCPT5KXWFizktwyYAbgQ8o8XG1A/edit?usp=drive_sdk

May 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 	5 Red dress Day	6	7 PAC Free Yoga in gym afterschool	8	9
10	11	12	13	14	15	16
17	18 Victoria Day School Closed	19	20 PAC AGM 6:30pm	21	22 PAC Walka thon 1:15pm-2:15pm	23
24	25	26	27 9:30 to 11:00 On our way to Kindergarten by invitation only	28	29 Sports Day 9-3pm	30
31						

June 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Bike to School Week	2	3	4	5	6
7	8 Grade 7 Camp	9 Grade 7 Camp	10 Grade 7 Camp	11	12	13
14	15	16	17	18	19 Talent Show For performers families only	20
21	22 Set up day for Grade 7 event	23 Grade 7 moving forward ceremony 10:00am-12:00pm	24	25 Last day for students	26 Administrative day	27
28	29	30	School Office Closed for the summer			