



# Gladstone News

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Dear Gladstone Students and Families,

## IMPORTANT DATES

To keep up with important dates at Gladstone, please check our calendar at: <https://www.vsb.bc.ca/gladstone/page/1889/calendar?tab=monthview>

## LUNCH MENU

Please note that menu items are subject to change

Monday, May 25 <sup>th</sup>	Tuesday, May 26 <sup>th</sup>	Wednesday, May 27 <sup>th</sup>	Thursday, May 28 <sup>th</sup>	Friday, May 29 <sup>th</sup>
Mac and cheese with garlic toast and spring mix.	Tofu chow mein	Beef burrito and greens	Chicken curry with rice and naan	Chef's choice
Monday, June 1 <sup>st</sup>	Tuesday, June 2 <sup>nd</sup>	Wednesday, June 3 <sup>rd</sup>	Thursday, June 4 <sup>th</sup>	Friday, June 5 <sup>th</sup>
Penne bolognese with salad	Fish taco with chipotle mayo, fresh slaw, and fries	Rosemary, garlic, and lemon roast pork loin with roast veg and gravy	Thai chicken curry with rice.	Chef's choice

## FUN IN THE FOYER

The SWIS Welcome Club invites you to celebrate Gladstone's multicultural community. On May 27<sup>th</sup> at lunch, please go to the foyer at the main entrance of the school for live music, games, dancing, snacks, and prizes. There will also be cultural booths and community resources available.

**THE SUPPORTING AND CONNECTING YOUTH TEAM** invites parents and caregivers to come to King George Secondary (1755 Barclay St, Vancouver) on May 27<sup>th</sup> from 5:30 PM to 7:30 PM to participate in a Capacity Café! Capacity Café is a unique opportunity for caregivers, parents, and guardians to hear about and learn from the lived experience of VSB secondary students. In a Capacity Café, adults sit in a circle with youth where a moderated discussion unfolds. When sitting around the Capacity Café circle, youth are given the opportunity to share their thoughts, views, and observations on various topics, speaking to youth lived experience. Some of the topics include stress management, substance use, and relationships. Capacity Café aims to forge intergenerational connections by helping caregivers, parents and guardians understand and appreciate life from a youth perspective and be better equipped as youth-allies.

If this sounds interesting to you, please click the link below to register:

<https://linktr.ee/sacyresourcelist>

## LET'S GO TO FRANCE! SPRING BREAK 2028

Do you love travel, culture, and unforgettable experiences? Do you want to build friendships and make memories that will stay with you forever? Why not come to France?!

After last year's epic adventure, the Modern Languages Department is heading back to France & Monaco, and you're invited!!!

Explore iconic neighbourhoods and landmarks in Paris, visit the historic battlefields of Vimy Ridge, and wind down in Nice before taking a quick jaunt to Monaco to watch the changing of the Royal Guard. Get your apron dirty at a cooking school, head to the perfumeries to create your own signature scent, then hop on a bike to cycle along the sunny coastline of southern France.

This is a once-in-a-lifetime, action-packed itinerary through some of the most iconic destinations in the world. Don't miss out on the trip of a lifetime!

Interested? Stay tuned for upcoming information meetings & pick up a flyer from room E102

Questions? Contact the organizer, Ms. Mohammed: [smohammed@vsb.bc.ca](mailto:smohammed@vsb.bc.ca)

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## NEW AFTER SCHOOL PROGRAM: MATH HOMEWORK CLUB IN B202 EVERY MONDAY 3:05 PM

Students can attend to work on math practice homework or prepare for tests or retests. Peer tutors and math teachers will be available to support students with their math. All grades are welcome. The math homework club will run every Monday after school in B202 until the end of the semester.

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## 2026/2027 SCHOOL YEAR CALENDAR

The 2026/2027 school year is now available. Please click the link below to view it.

<https://www.vsb.bc.ca/gladstone/2025-2026-gladstone-secondary-calendar-1>

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## CALLING ALL GLADSTONE PARENTS

The Gladstone PAC Annual General Meeting and Dessert Potluck on Tuesday, June 16<sup>th</sup> is your chance to get involved in the Gladstone Parents Advisory Council for the 2026-2027 school year.

Monthly PAC meetings are attended by the school principal and student council reps; it's your #1 opportunity to hear about events, fundraising, pressing issues, meet other parents, share concerns and to get your questions answered!

At the AGM we will be looking to fill a variety of PAC Executive positions. Being on the PAC Executive means participating in one meeting per month for approximately one hour, online or in person. December and March we do not have meetings. Come and see what it's all about.

All are welcome!

Tuesday, June 16<sup>th</sup> at 7:00 PM.

Gladstone School Library and online.

Any questions, don't hesitate to contact [gladstone.pac@gmail.com](mailto:gladstone.pac@gmail.com)

## SNACK PROGRAM (SECONDARY SCHOOLS)

The BC Government and the Government of Canada signed an agreement in March 2025 to provide access to the National School Food Program (NSFP) by BC School Districts to expand and enhance their food programs. An engagement workshop was held on November 12, 2025, with the trustees and stakeholders following the Finance and Personnel Committee to hear the priorities for the use of the NSFP funds.

At the January 28th, 2026, Board Meeting, the Board approved the 2025-2026 spending plan that was developed based on priorities articulated during the engagement workshop. One of the initiatives included in the spending plan is the pilot snack program for secondary schools.

The pilot introduces an accessible snack fridge and pantry in secondary schools, offering fruit, vegetables, and healthy snacks available throughout the school day.

The program is designed with an “access for all” approach, aiming to normalize access to nutritious food and reduce stigma. By making healthy snacks readily available, the program supports students in maintaining energy, focus, and readiness to learn throughout the day.

### Key Features

- Accessibility: All students may access the snack fridge and pantry.
- All-day availability: Snacks are available beyond scheduled meals or nutrition break times.
- Barrier-free design: Students can grab a snack without needing to ask an adult, reducing social or emotional barriers.
- Nutritious offerings: Focus on fruit, vegetables, and other healthy snack options.

The district will work closely with the Greater Vancouver Food Bank (GVFB) and other community donors to support sustainable sourcing of food for the program.

This pilot will inform future planning for secondary school nutrition programs by:

- Assessing student usage and access patterns
- Evaluating operational needs of all-day snack availability
- Exploring long-term partnerships and funding sustainability

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## MOBI BIKE YOUTH COMMUNITY PASSES

The VSB is pleased to share a positive opportunity for students. Vancouver’s Mobi Bike Share program is offering a limited number of Youth Community Passes at a significantly reduced cost. The pass is available to students aged 12–18 for \$20, equivalent to \$5 per month and capped at \$20 for the full season. This pass provides unlimited 60-minute rides from now until September 30<sup>th</sup>, 2026.

Passes are limited and available on a first-come, first-served basis. Students are encouraged to apply as early as possible. A valid student ID is required to register. If the \$20 fee presents a barrier, students may request a fee waiver; a limited number of free passes are available.

This initiative aligns with the District’s recently adopted Sustainability Plan and supports active travel and equitable access to transportation for students.

Link to apply: <https://www.mobibikes.ca/en/community-pass>

Best,

Gladstone Office