



Gladstone News

Phone: 604 713 8288 Website: gladstone.vsb.bc.ca Attendance: gladstone@vsb.bc.ca

Dear Gladstone Students and Families,

IMPORTANT DATES

Thursday, May 14th: Collab PM. Students dismissed at 1:45 PM.

Friday, May 15th: Professional Day. No school for students.

Monday, May 18th: Victoria Day. School closed.

To keep up with important dates at Gladstone, please check our calendar at:

<https://www.vsb.bc.ca/gladstone/page/1889/calendar?tab=monthview>

LUNCH MENU

Please note that menu items are subject to change

Monday, May 11 th	Tuesday, May 12 th	Wednesday, May 13 th	Thursday, May 14 th	Friday, May 15 th
Perogies, smokies	Curried chickpea and cauliflower with rice and naan.	Sausages and mash with onion gravy and vegetables	Chicken pot pie and Caesar salad	Professional Day No school for students
Monday, May 18 th	Tuesday, May 19 th	Wednesday, May 20 th	Thursday, May 21 st	Friday, May 22 nd
Victoria Day School closed	Fried rice and spring rolls	Cheeseburger and wedges	Shepherd's pie and green salad	Chef's choice

NEUFELD FARMS FROZEN FOOD SALE

Gladstone's Grad Committee is organizing the Neufeld Farms Frozen Food Sale again this spring. The profits will go towards making prom and other grad events more affordable for all our grads. Please, check out the catalogue on the fundraiser page – it is, amazing and any busy family that would love to have a stash of ready-to-prep meals in their freezer will find something to please their palates! There are several gluten-free products as well. Please share as widely as possible to support this year's graduating class – our grad committee members are also competing to see who can be the top seller, with the top seller having their prom ticket this year for free. We have also invited the grad committee for 2027 to compete in the sales competition, so if you're supporting a grad of 2027 you have the opportunity to support them as well.

Ordering is open now and will close on Wednesday, May 13, at midnight, and will be delivered on Tuesday, May 19th at 4:00 PM at Gladstone. Pick up on the same day is essential as we have very limited space where we can store items overnight.

- Here is the link to our fundraising page: [HTTPS://APP.NEUFELDFARMS.CA/FUNDRAISING/2026-GADSTONE-GRAD-COMMITTEE/REF/EM](https://app.neufeldfarms.ca/fundraising/2026-gladstone-grad-committee/ref/em)

*All order payments are via credit card only

PARENTS AND GUARDIANS OF GRADES 8-11

Students' Council is excited to announce that from Monday, May 4th TO Friday, May 15th, application packages will be open for the Student Council of 2026-2027. This is a great opportunity for our students to unlock and enhance their skills of being a leader. Student Council is essential for providing an unforgettable experience for the student body.

About Student's Council

We plan and host events for grade specific events AND the whole school

We offer a chance to help guide you to understanding event planning, unlock leadership skills, and make crucial decisions with other leaders

We allow you to connect with others (like organizations, staff and faculty, administration, PAC, and many more)

We voice the whole student body's opinions and feedback

Physical application packages can be found in the office at the Student Council mailbox OR online packages are on our Instagram (@gladssc) in our linktree.

Please note that applications MUST be handed in by FRIDAY, May 15th 3:30 PM for physical copies and 8:00 PM for online copies.

We encourage everyone to apply, and good luck to all candidates!

THE SUPPORTING AND CONNECTING YOUTH TEAM invites parents and caregivers to come to King George Secondary (1755 Barclay St, Vancouver, BC V6G 1K6) on May 27th from 5:30 PM to 7:30 PM to participate in a Capacity Café!

Capacity Café is a unique opportunity for caregivers, parents, and guardians to hear about and learn from the lived experience of VSB secondary students. In a Capacity Café, adults sit in a circle with youth where a moderated discussion unfolds. When sitting around the Capacity Café circle, youth are given the opportunity to share their thoughts, views, and observations on various topics, speaking to youth lived experience. Some of the topics include stress management, substance use, and relationships.

Capacity Café aims to forge intergenerational connections by helping caregivers, parents and guardians understand and appreciate life from a youth perspective and be better equipped as youth-allies.

If this sounds interesting to you, please click the link below to register:

<https://linktr.ee/sacyresourcelist>

CELEBRATE CULTURE • BUILD CONNECTIONS • HAVE FUN!

You're invited to Palarong Pinoy 2026, a fun and exciting event that celebrates Filipino culture while bringing together students from across the Vancouver School Board (VSB). Come meet new people, enjoy traditional Filipino games, and be part of a day full of energy, teamwork, and community spirit.

Location: Killarney Secondary School

Date: May 15, 2026

Registration: 11:00 AM

End Time: 6:30 PM

Reminder: All students must submit a signed consent form to attend.

Deadline: May 13, 2026

Please return forms to your school before the deadline.

Don't miss out - join us for a memorable day of fun and connection!

SNACK PROGRAM (SECONDARY SCHOOLS)

The BC Government and the Government of Canada signed an agreement in March 2025 to provide access to the National School Food Program (NSFP) by BC School Districts to expand and enhance their food programs. An engagement workshop was held on November 12, 2025, with the trustees and stakeholders following the Finance and Personnel Committee to hear the priorities for the use of the NSFP funds.

At the January 28th, 2026, Board Meeting, the Board approved the 2025-2026 spending plan that was developed based on priorities articulated during the engagement workshop. One of the initiatives included in the spending plan is the pilot snack program for secondary schools.

The pilot introduces an accessible snack fridge and pantry in secondary schools, offering fruit, vegetables, and healthy snacks available throughout the school day.

The program is designed with an “access for all” approach, aiming to normalize access to nutritious food and reduce stigma. By making healthy snacks readily available, the program supports students in maintaining energy, focus, and readiness to learn throughout the day.

Key Features

- Accessibility: All students may access the snack fridge and pantry.
- All-day availability: Snacks are available beyond scheduled meals or nutrition break times.
- Barrier-free design: Students can grab a snack without needing to ask an adult, reducing social or emotional barriers.
- Nutritious offerings: Focus on fruit, vegetables, and other healthy snack options.

The district will work closely with the Greater Vancouver Food Bank (GVFB) and other community donors to support sustainable sourcing of food for the program.

This pilot will inform future planning for secondary school nutrition programs by:

- Assessing student usage and access patterns
- Evaluating operational needs of all-day snack availability
- Exploring long-term partnerships and funding sustainability

FAMILY SESSION WORKSHOP OPPORTUNITY: WEDNESDAY, MAY 13, 2026

ERASE: Establishing Safe, Caring, & Respectful Digital Communities

Recommended for Parents/Caregivers/Grandparents and youth aged 10 and up to facilitate the conversation of safe and caring use of technology at home and in the community. (60-minute session)

This session covers all things digital, from how to be a good digital citizen, the criminal consequences of cyberbullying, and how to report and receive support in cases of sexting/sextortion.

Some of the most prominent concerns currently surrounding use of social media platforms, smartphones, and artificial intelligence will be discussed.

Families will learn:

- Digital media habits, oversharing, and digital addiction
- The permanence of online posts/activity
- The significance of your digital tattoo in how others perceive you (e.g., sports teams, college admissions, and potential employers)
- The importance of caring for peers both online and offline
- Geo-locational settings and the dangers of social media and cell phone misuse
- The social and legal consequences of cyberbullying behaviour as well as possession and distribution of intimate images (sexting and sextortion)
- An anonymous student reporting tool that can help you and your friends stay safe both online and offline

To enroll in the session, click the link below.

[HTTPS://WWW.EVENTBRITE.CA/E/FAMILY-SESSION-MAY-13-2026-REMOTE-VIA-ZOOM-TICKETS-1407874122399?AFF=ODDTDCREATOR](https://www.eventbrite.ca/e/family-session-may-13-2026-remote-via-zoom-tickets-1407874122399?aff=ODDTDCREATOR)

MOBI BIKE YOUTH COMMUNITY PASSES

The VSB is pleased to share a positive opportunity for students. Vancouver's Mobi Bike Share program is offering a limited number of Youth Community Passes at a significantly reduced cost. The pass is available to students aged 12–18 for \$20, equivalent to \$5 per month and capped at \$20 for the full season. This pass provides unlimited 60-minute rides from now until September 30th, 2026.

Passes are limited and available on a first-come, first-served basis. Students are encouraged to apply as early as possible. A valid student ID is required to register. If the \$20 fee presents a barrier, students may request a fee waiver; a limited number of free passes are available.

This initiative aligns with the District's recently adopted Sustainability Plan and supports active travel and equitable access to transportation for students.

Link to apply: <https://www.mobibikes.ca/en/community-pass>

2026 SUMMER LEARNING REGISTRATION

Elementary program registration begins April 30th

Secondary program registration begins May 7th

Click on the link below to learn more.

<https://www.vsb.bc.ca/summer-learning>

Best,

Gladstone Office