



DR. ANNIE B. JAMIESON ELEMENTARY

6350 TISDALL STREET

VANCOUVER, BC V5Z 3N4 | 604-713-5367

WEB: JAMIESON.VSB.BC.CA | E: jamieson@vsb.bc.ca

JAMIESON NEWSLETTER

With deep gratitude and respect, we are honoured to be learning and unlearning on the ancestral and unceded lands of the xʷməθkʷəy̓əm (Musqueam), Skwxwú7mesh Úxwumixw (Squamish Nation) & səlilwətaɬ (Tsleil-Waututh Nation).

“Cultivate your minds as definitely as you do your muscles. Cultivate kindly feelings and do kindly acts and kindness will become the law of your being.”

- Dr. Annie B. Jamieson

NEWSLETTER NUMBER 4

Jan. 30, 2026

Ms. Cathy Thomas - Principal

Ms. Davita Marsden - Vice Principal

Ms. Julie Szeto - Administrative Assistant

Ms. Hayley Kellow - Extra Clerical

Mr. Justin Leung - PAC Chair

Mr. Joshua Zhang- VSB School Trustee

MESSAGE



Dear Families

February is a month full of celebrations and learning opportunities. We will have our last day of curling on Monday. We have had the popular [Rocks & Rings program](#) for the past three years. The instructor reports that he enjoys coming to our school; the students are respectful, show sporting behaviour and they are getting pretty good too! Thank you, PAC, for funding this opportunity.

February sees the start of the Lunar New Year, Ramadan, Valentines Day and Pink Shirt Day. These are all opportunities to come together as a community- to celebrate, to share and to show our appreciation for each other. Don't forget, it is also the month in which we celebrate 100 days of school!

February is also Black History Month. As we honour Black History Month at our school, we are reminded of the ongoing responsibility we all share in creating a community where every student feels respected, valued, and safe. This month invites us not only to celebrate the achievements, leadership, and contributions of Black Canadians, but also to reflect on the ways we can stand up against racism in all its forms. Recently, we have been addressing incidents involving racist language, and we want to be clear that such language has no place in our school. These moments become important learning opportunities; helping students understand the impact of their words, build empathy, and learn how to speak up for one another. Together, we will continue nurturing a culture of kindness, inclusion, and respect where all learners can thrive. While some of our students are confident in standing up for others and reporting such behaviour, we are working with all students to become, “helpful bystanders” in situations where they witness behaviour or hear language that isn’t right. Information about how parents can support their child to become a helpful bystander is in a later section in the newsletter.

Thank you, families, as always, for your continued support.

Regards,



Principal

UPCOMING DATES

February is Black History Month

Thursday 12th February, 2026- Krystle Dos Santos performance 9:30am- BLAK | Canadian Women in Music

Friday 13th February, 2026- Professional Development Day- no school for students

Monday 16th February, 2026- Family Day- school closed

Tuesday 17th February, 2026- Lunar New Year starts

Tuesday 17th / Wednesday 18th February- Likely start of Ramadan

Wednesday 25th February, 2026- Pink Shirt Day

Wednesday 25th February, 2026- PAC meeting 7:00pm

Monday 9th March, 2026- Saleema Noon, parent workshop on Zoom- 6:30pm

Wednesday 11th March, Thursday 12th March, Friday 13th March, 2026- Saleema Noon, student workshops

Friday 13th March, 2026- Last day of school before Spring Break

ARE YOU RETURNING TO JAMIESON?

We are currently working to confirm our registration numbers for 2026-2027. Please go to: <https://forms.office.com/r/z6NJ16Si3e> to complete the form no later than Thursday, February 12th, 2026.

If you have more than one child attending Jamieson, please fill out one form for each child. Once confirmed, students who will be returning to Jamieson are automatically registered for the upcoming school year.

Grade 7 students moving to high school do not need to complete this form.

We understand that situations may change, so please let the Office know if there are any changes in the future.

BEING A HELPFUL BYSTANDER

At Jamieson Elementary, we are committed to creating a safe, caring, and inclusive learning environment for **every** child. One important part of this work is helping students learn how to be *helpful bystanders*. When children understand how to recognize unkind or unsafe behaviour—and how to respond safely and kindly—they play an essential role in creating a positive school climate where everyone feels they belong.

Teaching helpful bystander skills gives students concrete, age-appropriate strategies they can use in real-life situations. Research shows that when bystanders step in appropriately—by getting adult help, offering support to a peer, or choosing not to join in—the likelihood of ongoing unkind behaviour decreases, and students feel more protected and connected at school. These skills also build empathy, confidence, and social responsibility, which align with BC's Core Competencies and our Jamieson Code of Conduct.

At school, students learn that helpful bystanders:

- Notice when something isn't right
- Choose a safe, caring action
- Support peers who may be hurt or left out
- Seek help from adults when needed

We teach simple, effective strategies such as using calm words (“Please stop”), inviting someone to join a game, checking in with a classmate after a difficult moment, or going directly to a trusted adult. Students are reminded that they are never responsible for handling serious or unsafe situations on their own—getting help is always the responsible choice.

Teachers reinforce these skills through role-playing, class discussions, social-emotional learning routines, and daily reminders that kindness and inclusion are part of who we are as a school community. Together, these practices help students understand that everyone has a role in keeping our school safe and welcoming.

Parent Tips: How You Can Support Helpful Bystander Skills at Home

Here are simple ways families can reinforce these important messages:

Talk through real-life scenarios

Ask questions like:

- “What would you do if you noticed someone being left out?”
- “What could you say if you saw something unkind?”
- “What would you do if you heard a classmate using racist or homophobic language?”

These conversations help children feel more prepared and confident.

Encourage empathy and perspective-taking

Model noticing others' feelings:

- “How do you think they felt?”
- “What could make them feel better?”

Children who practice empathy are more likely to offer support in tough moments.

Reinforce the message that getting help is responsible, not tattling

Explain that telling an adult is about *keeping everyone safe*, not getting someone in trouble. This reduces hesitation when children witness concerning behaviour.

Celebrate small acts of kindness

Notice when your child includes others, speaks kindly, or checks on someone who's upset. Recognition strengthens these habits.

Help your child build inclusive play habits

Encourage inviting others to join games, welcoming new classmates, and being aware of children who may feel alone.

Stay connected with the school

Reach out if your child shares concerns about unsafe or unkind behaviour. Working together helps us support students quickly and effectively.

AFTER- SCHOOL PROGRAMS

We are pleased to be able to offer a range of programs after school. If you pay for your child to attend an after-school program, understand that school staff are not responsible for your child after the bell at 2:58pm; they are the responsibility of the program provider. If you have an issue with a program provider, then please raise your concerns with them directly.

If you sign your child up to an after-school program that is not run by school staff:

- Please ensure that your child knows they are attending the program. This will mean that they do not come to the office when you do not arrive to collect them and program staff are not looking for them. Writing it in their agenda is a good way to remind them.
- Confirm with the service provider whether your child will be collected from their classroom at the end of school or whether your child needs to find their way to the program by themselves.
- Please note that school staff are not responsible for your child after school when you have paid for a program. We are responsible for students attending school sponsored activities such as sports teams.
- Teachers are not informed when your child is attending a program- we do not have registration lists. For younger students it may help to let the teacher know if you are not collecting them after school
- Please inform the program if your child is not attending as the school office does not have access to that information.
- Please wait for your child outside when it is time to collect them. For the safety and security of staff and students, doors are locked at 3:30pm.
- Remind your child that the Jamieson Code of Conduct – Respect- for yourself, others and our community applies after school too. They are asked to respect the property of other students and the teacher in the classroom in which they are learning.

Thank you for your help in ensuring we can continue to have a range of after school programs offered at Jamieson.

VSB BUDGET SURVEY

Your voice matters: Share your ideas for VSB's 2026-2027 budget

The Vancouver School Board (VSB) is preparing its budget for next school year. Your input will help trustees make the best decisions about how to use funding to support students.

Complete the survey and share your ideas!

Survey link: <https://ca.research.net/r/FMG857B>

Learn about other ways to share your thoughts. See our [website](#) for more details.

GRADE ONE PARENT READING MORNING



On Friday 23rd January, parents & caregivers of students in Grade One were invited to attend a reading workshop hosted by ONE TO ONE Literacy Society. They spent an hour in an interactive workshop learning positive reading strategies to support their young readers at home. After the workshop, they had the chance to read and practice some of the strategies with their child.

Thank you to all of the Grade one families who attended the One to One Reading workshop. After such a successful turn-out, we will look for more opportunities to bring in community supports and programming.

VSB EDUCATIONAL ASSISTANT DIPLOMA PROGRAM

A message from the Vancouver School District:

Are you looking for a rewarding job working in a school setting supporting children and youth with special needs? There is an ongoing need for qualified Educational Assistants in B.C. schools. The VSB EA Program, operating through Burnaby Community and Continuing Education is a reputable 6-month program designed to prepare you for the role and provide you with the needed diploma.

Our next program opens for applications on January 12, 2026, for classes that begin March 30, 2026.

To register for a free online **Information Session, from 7-8:30 PM**, go to www.burnabycce.ca. Scroll to EA Programs and select VSB EA Information Sessions. We use the ZOOM platform to deliver the session. Sign up for one of the following dates and bring your questions.

- Wednesday, February 11, 2026

LOST AND FOUND

Be sure to check out the Lost and Found items by the gym

There are winter jackets, sweaters, shoes, hats, lunch kits and water bottles. If your child has lost anything this term it will probably be there! When clothing is labeled with student names, it is returned to its owner within a couple of days.

HARDSHIP POLICY

The Board of Education is committed to ensuring that no school-age student will be denied an opportunity to participate in a course, class or program because of an inability to pay fees. Parents and guardians unable to pay some or all school fees and costs for school time programs, are invited to speak to their child's teacher, school counsellor, and/or the school Principal.

WINTER IS COMING!



Follow VSB on social media to stay updated about school closures due to severe weather.

During extreme weather conditions (heavy snowfall, extreme cold, freezing rain, extreme heat, etc.) VSB schools will remain open if possible. **If a District-wide closure is necessary, it will be announced by 6:30 a.m.**

Stay updated:

Facebook: [Vancouver School Board](#)

Instagram: [@vsb39](#)

X: [@VSB39](#)

VSB website: [vsb.bc.ca](#)

SPARE CLOTHES

Students will go outside at recess and lunch in all weather except thunderstorms. They have the option of using the undercover area if they do not want to be in the rain. All students should keep a spare pair of socks and pants to change into just in case.....



SAFE ARRIVAL & STUDENT SIGN IN/OUT PROCEDURE

The Vancouver School Board has a safe arrival protocol district wide. **If your child will be absent or late from school, please phone the school to report this absence as early as possible.** Parents should leave a message on the dedicated answering service by calling 604-713-5367 and when prompted enter school code 1, followed by the two digit extension 38# to 9 am on the first day of the absence. Upon calling the Safe Arrival/Absence reporting phone line, you will be asked to leave a message and will require the following information:

- First & last name of your child (please spell the last name)
- Grade
- Division
- Reason for absence
- Date & length of absence



Late students:

If your child is late to school (arriving past 9am), they will need to be signed in on the student sign-in sheets on the table located near the cupboard of trophies.

Student Sign-Out Procedure:

When you pick up your child during the school day, please visit or call the office upon arrival at the school. The office staff will then ask you to complete the student sign out sheet. If your child returns throughout the day, please follow the same procedure to sign them back in.

LUNCHES AND UTENSILS

We kindly ask for your cooperation in ensuring that your child's lunch is packed in their backpack before school.

If you plan to drop off lunch for your child, we request that you communicate this with them beforehand. Please label the lunch with your child's name and division and leave it on the bench across from the office. Additionally, we encourage the use of eco-friendly utensils with lunches.

Please ensure your child has the utensils that they need to eat their lunch. The hot lunch program does not provide utensils.



Thank you for your consideration on this matter.

ROAD SAFETY

DID YOU KNOW THAT PARKING ON TISDALL STREET IN FRONT OF THE SCHOOL IS ONLY FOR THREE MINUTES FROM 8AM- 5PM?



CITY BYLAW OFFICERS HAVE BEEN NOTIFIED THAT IT IS DANGEROUS OUTSIDE OUR SCHOOL AT PICK UP AND DROP OFF TIMES.

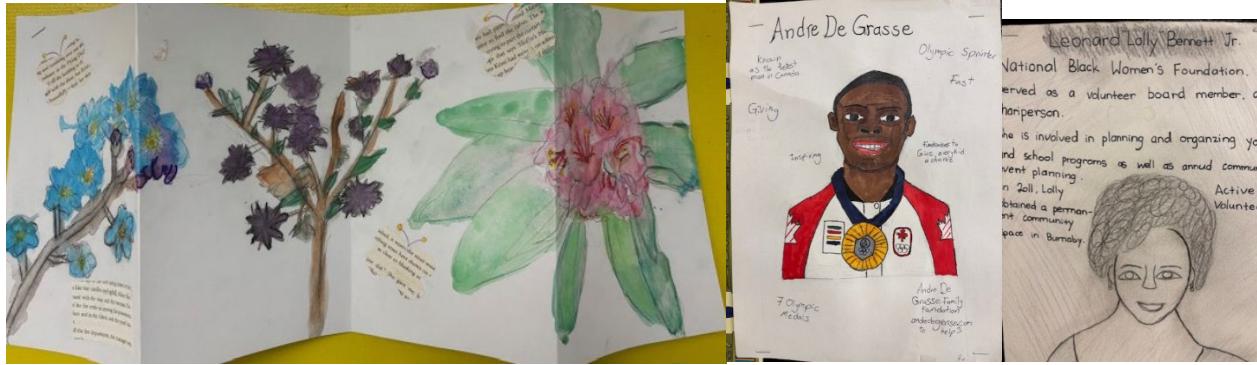
PLEASE BE A SAFE DRIVER AND FOLLOW THE CITY BYLAWS FOR PARKING AND STOPPING IN THE STREET- KEEP OUR STUDENTS SAFE.

To report parking violations, call the City of Vancouver at 311, or use the City311 app- you will need the registration of the vehicle. This is the link to the City of Vancouver bylaws for school zones:

[School zones | City of Vancouver](#)

LEARNING IN JANUARY





Look Ahead
Alphonso Davies

A new life.
He opened his eyes to see the light.
Barely surviving, struggling for basic needs,
And was at a refugee camp, indeed.
Years passing by, dusty paths,
lead to a field of praying eyes.
Tears will fall, questions stay the same.
"Will I be the same? Will I play?"
A popular loser in the quiet hour,
alone a peek at fortune and power.
"I heard three clicks, my leg was like paralyzed"
A star who runs, forever fast,
building a fortune, forgetting the past.

Wayde Compton
Niola Desmond

About him
Wayde Compton has published six books, essays, poems, and has edited two literary anthologies. He also edited the first comprehensive anthology of Black writing from BC. Compton co-founded Commodore Books with Paul Charland and Karina Vernon.

Wayde Compton
What often went unnoticed
• Writing for the media
• Writing for books
• Storytelling in the home
• Storytelling in the past
• Storytelling in the world
• Storytelling in the classroom
• Storytelling in the community
• Storytelling in the workplace

Niola Desmond
She worked in
She was in a storm, entered a room
quiet at first
Then she saw an unexpected changing person
A ticket in her hand
At first, she pointed for
She was a woman who sat somewhere else
But she thought
Not because she deserved to be a symbol
but because she deserved to be a symbol
because she was a symbol
Then dropped her coat
but they didn't drag her out, the coat
and the coat of a continuing place
They dropped her coat
but they didn't drag her out, the coat
and the coat of a continuing place
Yet her name rose
From the depths of racism
The name of Niola Desmond rose to the top.
Some individuals change the world by standing up
but she changed it by sitting down,
from the place she belonged.

Know what you want, go out there, and get it!

CECIL FOSTER

He is a brilliant graduate from the University of Western Ontario. He is a poet, teacher, writer, and researcher. His work explores the potential of Black Canadian literature. Cecil Foster is well known for his work on the Black Canadian literary scene. He has written many books and articles through "Black in Motion".

The Trailblazer of Canada

From being a nanny, Jean Augustine! To Ontario's first female commissioner, She sped through her challenges as a winner. The queen of black rights, "We must speak up for us!" There stood her powerful voice. Grenada born Canadian, Born black and born proud. Declaring woman suffrage Is just a speck of dust for her. First black woman elected To Canada's Parliament, Jean Augustine, The Trailblazer of Canada.

Lincoln Alexander

Lincoln was born in 1912, Truro, to a nice, kindly family. He was a welder operator in WW2. And was discharged from war unfortunately. Then he made a friend, Tomie Harris. That woman really cared for him. They had one child who was named Keith. Lincoln was a lawyer and earned his \$100000. But then he began losing his family. His mother died. And his father committed suicide through his wife he wanted to become a doctor. His wife died. He didn't make it in law and moved to Canada. Finally, he got the job. Doing what he did for a good hate doing a whole one for a good hate. His great returned. His big wife died from a disease. Then Lincoln married Edna a few years later. His wife celebrated Jan 22. To reflect on how he changed Canada. He understood boundaries. He spoke out against hate speech. He voted against capital punishment. And said "Through the responsibility of speaking for all... in this great nation who feel that they are subjects of discrimination, because of race, creed or color?" His life at Lincoln Alexander shows how discrimination did not stop him. And how people could be the same and never stop believing.

ONE WORLD

"If you know whence you came, there is really no limit to where you can go."
JAMES BALDWIN

Inspired by Martin Luther King Jr.'s iconic "I Have a Dream" speech, Division 15 shared their own dreams for a better world.



JANUARY PAC NEWS

Thank you to all the parents that attended the last PAC meeting. Minutes and agendas are posted on the Jamieson PAC website [Agenda and Minutes – Jamieson PAC](#)

Talent Show

We are delighted to announce that this school year's talent show will be showcased on the evening of Tuesday, April 14, 2026. If your child is proficient in talent and interested in auditioning, please see attached application form. Note that this year, our goal is to allow more student involvement, so we are looking for all GROUP performances. **Please ensure to read all rules and details carefully before applying** (last day is Thursday Feb 5, 2026 11:59pm PT). More details can be found at <https://jamiesonpac.com/talent-show/>



Please see the attachment to the email for rules and details.

Pedal Heads offer to families

We have partnered up with Pedal Heads again this year to offer families \$25 off Pedal Head Camps & \$25 gets donated back to the school! Last year, this helped generate \$750 for the school! If you're thinking of signing up for Pedal Head camps - Please use **CODE: JAMIESON26** <https://jamiesonpac.com/pedalheads/>

Registration Dates:

Spring Break = January 20, 2026

Summer = April 7, 2026

Please see the poster attached to this email.

Carnival

Jamieson's Carnival will be held on May 20, 2026! We are looking for help with organizing silent auction, booking of community vendors like VPL, community center, and first aid and gathering volunteers.

We're starting to collect items for the school carnival silent auction and would really appreciate your help. We're looking for new items that families will be excited to bid on, such as gift cards, fun experiences or activities, themed baskets, or other quality items. To keep the auction appealing, we're avoiding used, old, or general household items. Thank you so much for supporting our school.

Please reach out info@jamiesonpac.com or to one of the PAC Execs if you have donations or would like to help out organizing the Carnival!

Hot Lunch

Please bring utensils as vendors do not provide any utensils.

You can order/update 7 days before the day of Hot Lunch.

Please send any questions/feedback to lunch@jamiesonpac.com

Grade 7 Grad fundraising

Return-It-Fundraiser: <https://jamiesonpac.com/grad-return-it-express-fundraiser/>

Discounts!

Save **25% off** Domino's Pizza **ONLINE** with coupon code "**ABJE**" at the following locations:

- 6469 Oak Street (49th)
- 1312 West Broadway (Birch)
- 728 West Broadway (Heather)



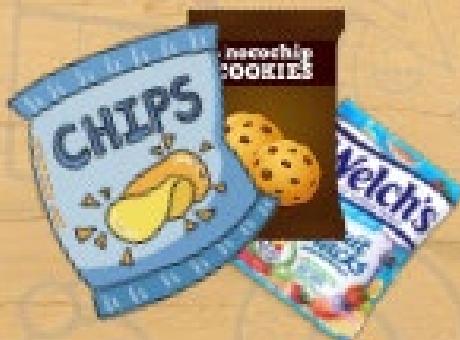
Valid ONLINE at 3 Dominos Stores:

- 6469 Oak Street (49th)
- 1312 West Broadway (Birch)
- 728 West Broadway (Heather)

Thanks for supporting your school! Any questions, please contact info@jamiesonpac.com.

Every Friday at Lunch

JAMIESON SNACK SHOP



SNACKS

CHIPS	\$1.50
CHOCOLATE CHIP COOKIES	\$1.00
WELCH'S	\$0.50

FROZEN YOGURT

COOKIES & CREAM	\$3.00
COTTON CANDY	\$3.00
MANGO	\$3.00
STRAWBERRY	\$3.00
PINK LEMONADE	\$3.00



**SPECIAL
FLAVOR**

