

## Sir Winston Churchill Secondary School

7055 Heather Street

Vancouver, BC V6P 3P7

School phone: 604-713-8189

June 15, 2023

Dear Parents/Guardians,

Our trip to Camp Squeah on Sto:lo Territory will take place from September 20 to September 22, 2023. This trip is for IB Grade 11 (Year 1) students. The purpose of the trip to Camp Squeah for Grade 11 IB students entering the IB Program at Churchill School to be introduced to the standards and practices of the program, including IB's:

- History
- Mission Statement
- Code of conduct including the IB Learner Profile and Academic Integrity
- Grading process (Criterion-referenced)
- Core components of CAS, the EE and TOK

Our second purpose is to develop a strong sense of IB community between our students and teachers. Students will be involved in low-risk activities such as: team building activities including low ropes, walks, and hikes around the camp with Squeah Camp guides, arts and crafts, improv, group activities run by the IB Grade 12 (Year 2) Directors, and formal sessions run by the IB Coordinators during their time on this trip.

**Departure:** September 20, 2023, 8:00am sharp, Churchill School in front of the flagpole on Heather Street

**Return Arrival:** September 22, 2023, approximately 5:00pm, Churchill School in front of the flagpole on Heather Street.

Transportation between Vancouver and Camp Squeah in Hope, BC will be by coach buses using the company Universal Coach Lines. Students must arrive at Churchill School at least 30 minutes before departure for attendance check and basic organization needs.

Accommodation and food will be provided by Camp Squeah, located at #4-27915 Trans Canada Hwy in Hope, BC. Students do not need to bring food or extra money for food. All information about food restrictions will be communicated to the director of Camp Squeah, Tim Larson. Students will be sitting together in the cafeteria for all their meals. Meals are served cafeteria-style. Students will be responsible for cleaning up after their meal by placing compost, garbage, dishes and cutlery in assigned places as instructed by the Tim Larson and the IB Directors, wiping down tables and benches, and sweeping the café floor.

Please see attached Itinerary for details about the activities your child will engage in each day of the trip. Please note that while on this trip, students will be supervised by VSB teachers and Squeah Camp Guides. It is expected that students follow the VSB's Code of Conduct and that students understand that they are representing both Churchill School and the IB Program. For details about the VSB Code of Conduct, please visit:

[https://media.vsb.bc.ca/media/Default/medialib/ap\\_350\\_district\\_student\\_code\\_of\\_conduct.693b6920650.pdf](https://media.vsb.bc.ca/media/Default/medialib/ap_350_district_student_code_of_conduct.693b6920650.pdf)

There are 10 IB Year One VSB Staff supervising this trip. Our daytime supervision plan includes:

- Staff will join Camp Guides on experiences such as walking around the campgrounds, low ropes activities, gym activities (e.g. basketball, mini-relay races, etc.)
- Supervise experiences organized by the IB Y2 Directors and IB Coordinators (e.g. formal sessions, games, etc.)
- Overall, supervision is a combination of direct and indirect, constant visual, on-site, and in the area. Night Supervision Plan follows

Our nighttime supervision plan includes:

- Students are organized into heated cabins
- Approximately 6-8 students per cabin; individual beds, bunk-style
- "Lights Out" is scheduled for 10:30pm

- o Staff will conduct direct and constant visual supervision between 10:30 and 11:45pm, which includes random cabin checks
- o After 11:45pm, staff are in the area distributed between three cabins amongst the student cabins
- o There will be another sweep/check for all cabins around 12:30am by the IB Coordinator

**Emergency Procedure:** In the event of emergency or injury, an injured student will receive first aid from a trained first aid responder, and/or be taken to the clinic or hospital as required. The local clinic is located at the Hope Medical Centre, 735 4<sup>th</sup> Ave, Hope BC V0X 1L0 and is about a 15-minute drive from the Camp. A teacher will be bringing up their car to be used in the event of an emergency and parents will be contacted immediately. Student Medical Forms will be accessible at all times. Should you need to reach us, the contact number is the camp's landline: 604-869-5353.

**Illness/Communicable Disease Procedure:**

If your child displays symptoms of respiratory distress or illness they will be asked not to participate and must isolate alone, with intermittent adult supervision. Emergency medical services may be called as required. If your child cannot continue to participate in the excursion and must isolate, parents are fully responsible to arrive at the destination, at their own cost, to take your child home, or identify a responsible adult that will pick up your child on your behalf within 4 hours of being contacted, unless the distance of the trip makes this impossible.

The cost for all transportation, accommodation, food, and instruction will be \$395.00. These fees have already been collected with the IB Program Costs – **no more payment is needed**. No student will be denied the opportunity to participate in this program because of an inability to pay this fee, as per VSB Financial Hardship Policy. Bursaries are available. Please contact Karen Puzio, IB DP Coordinator, kpuzio@vsb.bc.ca (in confidence).

Please return the Service Provider Consent Form, School Consent Form and Medical Form to Karen Puzio by **June 25, 2023**. Emails cannot be accepted, please submit forms to the **IB Office, room 202A**, located between Ms Holdaway and Ms Wakabayashi's room on the second floor of the old building.

If you have any questions regarding the trip please contact Karen Puzio, IB DP Coordinator, kpuzio@vsb.bc.ca

Sincerely,



Karen Puzio | Pronouns: she/her  
IB Diploma Coordinator | IB History and TOK Educator

*I am humbled and honoured to be working on the unceded territory of the x<sup>w</sup>məθk<sup>w</sup>əyəm (Musqueam) people.*

*No student will be denied access due to financial hardship and name and email of teacher/administrator to apply for financial assistance (see VSB Financial Hardship Policy: [https://sbvsbstorage.blob.core.windows.net/media/Default/medialib/ap\\_506\\_financial\\_hardship.62ee0e14555.pdf](https://sbvsbstorage.blob.core.windows.net/media/Default/medialib/ap_506_financial_hardship.62ee0e14555.pdf) )*

## Camp Squeah Packing List: Come Prepared to Camp & Be Outdoors

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### Clothing:

- Shirts (X4) at least one long-sleeved shirt (polyester recommended)
- Pants/short (X3) at least one long pair of pants (polyester recommended)
- Undergarments (X4)
- Warm socks (X5) wool recommended
- Mittens recommended, as well as a hat or toque
- Raincoat (mandatory, should have a hood) waterproof is different from resistant
- Warm and light jacket (bring both, or more than one because they are likely to get wet)

### Footwear:

- Sports shoes with good grip (X2) for walking/hiking and physical activities
- Flip flops or slippers for showers

### Toiletries:

- Toothbrush and toothpaste
- Shampoo/conditioner & soap
- Towels (X2)
- Multiple plastic bags for wet/dirty clothes

### Other Supplies:

- Day bag/regular backpack (mandatory): to hold extra set of clothes, water bottle, pen, & notebook
- Flashlight (not your cell phone)
- Labelled reusable plastic or metal mug – please note, we do not allow students to consume coffee at the camp; hot water will only be provided for snack time in the evening. A steady and free supply of cold fresh water will be available
- Sleeping bag & pillow: the camp only provides mattresses
- Any prescribed medication (please let us know of any prescription medication you are taking on the medical form)
- Stationary (pens/pencils, note paper, etc. for your day bag for sessions and activities throughout camp)

### × Forbidden Items at the Camp (bus rides are fine!):

- MP3/speakers and other electronic devices (for cell phones, see below) – we want you to connect with people and nature
- Playing cards and other card/board games – although it can be a great ice-breaker, the IB Directors have activities planned and we do not want these distractions at this time
- Snacks/food – you will be fed; the camp is in the wilderness and we don't want to attract wild animals
- Cell phones are only permitted to contact home and will not be permitted for use while other activities are taking place. This includes mealtimes and group activities. Again, we want you to connect with your peers and nature! A check-in home in the morning/evening is of course permitted, but done in the cabin and kept brief please.

### 🌀 Points to Note:

- 🌀 We recommend a duffle bag or a large hiking backpack for your belongings instead of a suitcase
- 🌀 Students are limited to one camping bag, one pillow, and one day bag – there is only so much storage on the bus
- 🌀 The packing list should be filled according to weather expectations, please pay careful attention to weather in Hope, BC as we near our camping dates in the third week of September. It's always better to overpack slightly and have warm dry clothes than to be underprepared. Set yourself up to be the best camper you can be!

# Camp Squeah Itinerary\*

*\*subject to change*

Day 1: September 20		Day 2: September 21		Day 3: September 22	
8:00am	Coaches Leave SWC	7:30am	Wake-up	7:30am	Wake-up
		8:00am	Breakfast	8:30am	Breakfast
10:00am	Arrival, orientation, introductions and activities	9:45am	Activities	9:45am	Activities
12:00pm	Lunch	12:00pm	Lunch	12:00pm	Lunch
1:30pm	Activities	1:30pm	Activities	1:30pm	Clean Up and Photos
5:30pm	Dinner	5:30pm	Dinner	2:00pm	Coaches arriving to Camp Squeah
7:00pm	Activities	7:00pm	Activities	5:30pm	Coaches arrive to Churchill
9:00pm	Snack & Prep for Lights Out	9:00pm	Snack & Prep for Lights Out		
10:30pm	Lights Out	10:30pm	Lights Out		

## Daily activities include:

### Guided by Camp Squeah Instructor

*Students will have the opportunity to complete 2-3 of these options*

- Low ropes
- Beginner hiking/walking trails
- Archery
- Wood burning/carving

### Guided by IB Directors

*All students will participate (except Project Runway will run alongside Guided by Camp Squeah Instruction activities)*

- Ice-breakers
- Field and gym sports (e.g. basketball, volleyball, ultimate frisbee, capture the flag, etc.)
- Project Runway Sustainability Edition
- Puzzle games (e.g. Night-game with riddles to solve and simple activities)
- Course-speed dating: getting to know your IB courses
- Honesty Hour: a Q&A with Directors about what it's like to be in IB/what to expect from a student-perspective
- Evening Skits

### Guided by Educators

*All students will participate: all sessions will take place on a carpeted floor, no chairs or tables.*

- "Me in a Bag" – TOK activity about Knowledge and the Knower (Puzio and Morton)
- Three information sessions: IB and International Mindedness (Puzio), IB and CAS (Waight), How to Thrive in IB (Puzio) – bring your notebook and pen/pencil.
- Contemporary Indigenous Studies via an IB lens: How we are meeting the UN Calls to Action (Morton)