

A partnership
initiative of the

VSBC Vancouver
School District

Vancouver
CoastalHealth

CAPACITY CAFE

A WORKSHOP FOR PARENTS & CAREGIVERS

Capacity Café is a unique opportunity for caregivers, parents, and guardians to hear about and learn from the lived experience of youth.

In a Capacity Café, adults sit around a circle with youth where a moderated discussion unfolds. When sitting around the Capacity Café circle, youth are given the opportunity to share their thoughts, views, and observations on various topics, speaking to youth lived experience. Some of the topics include stress management, substance use, and relationships.

The Capacity Café is intended to be a youth-friendly environment where youth are invited to talk openly about the issues they consider to be important to them and their peers. Through Capacity Cafes, SACY aims to forge intergenerational connections by helping caregivers, parents and guardians understand and appreciate life from a youth's perspective and be better equipped as youth-allies.

DATE: Wednesday May 7

TIME: 5:30-7:30pm

LOCATION: Library at KITSILANO Secondary School

Join SACY for a light dinner and a presentation by Vancouver secondary school students

Orientation and light dinner will be served from 5:30-6:00PM

Circle Workshop from 6:00pm to 7:15pm

Please note *attendance to the 5:30PM orientation is Mandatory in order to attend the 6:00PM presentation with students

Registration is limited

This is an adult only event/childcare will not be available.

For Registration, Please Click the QR code below:

