

JQ eNews - 2025.09.11

JQ eNews, including information about school procedures, activities and events is emailed to families every week. Please also visit the VSB website¹ and the JQ school website² for information regarding district and school events.

¹<https://www.vsb.bc.ca>

²<https://www.vsb.bc.ca/jules-quesnel>

Safe Arrival and Reporting Student Absences



To report your child's absence, please call **604-713-5159, Ext. 39**, prior to 9:00 am on the first day of the absence. If your child arrives late to school, they should report to the office and sign-in.

School Phone - currently out of service

Our school phone is currently out of service, and we are unable to receive incoming calls at this time. We apologize for any inconvenience this may cause and appreciate your understanding. Please email Liz in the office with any urgent requests: etoone@vsb.bc.ca³.

Respectful Workplace

The Vancouver School District is committed to providing a respectful work and learning environment in which all individuals who work for the District, are treated with respect and in a manner which is free from discriminatory harassment, bullying and harassment, and retaliation.

³<mailto:etoone@vsb.bc.ca>



Jules Quesnel Cross-Country Running Program

Monsieur Sankey is excited to kick off this year's Cross-Country program at Jules Quesnel! Practices will take place on **Tuesday and Thursday mornings from 8:00–8:45 am** at **Camosun Park** (next to Queen Elizabeth Elementary, at West 16th & Camosun) beginning next week (stay tuned).

The program will be led by parent and volunteer coaches, with a staff supervisor present at each session. After practice, students will be accompanied back to school by adults.

Permission forms are available from your child's classroom teacher or on the school office window.

Mini-Meets at Camosun Park (3:15–4:45 pm):

- **Tuesday, Sept. 23:** Kindergarten – Grade 3
- **Monday, Sept. 29:** Grades 4 – 7

- **Thursday, Oct. 9:** All Grades

District Final Meet:

- **Tuesday, Oct. 21 at 1:00 PM at Trout Lake**

Let's cheer on our young runners as they build endurance, teamwork, and school spirit!

The Importance of being on time



Punctuality is an essential part of setting students up for success. Being on time ensures that your child—and their classmates—can begin the day without unnecessary disruptions. Many learning activities begin promptly at **9:00 a.m.**, so arriving on time allows your child to fully participate right from the start.

A **welcome bell rings at 8:55 a.m.**, signaling students to line up and be greeted by their teacher. The **instructional day begins at 9:00 a.m.**, and we aim for all students to be present, settled, and ready to learn.

Dismissal Reminder

Our school day ends at **2:58 p.m.** We kindly ask that all students are picked up on time. This is especially important for our younger students, who can become anxious or upset if a parent or caregiver is late.

Your efforts to support punctuality show respect for your child's learning, their teachers, and the school community.

Thank you for your cooperation and commitment to a successful school year!

2025-2026 School Organization

Please find below a list of Divisions and teachers.

Div 1 Monsieur D Gr 6/7

Div 2 Monsieur Sankey Gr 6/7

Div 3 Mme Sabrina Gr 5/6

Div 4 Mme Alexis Gr 5

Div 5 Mme Camille Gr 4/5

Div 6 Mme Halena Gr 4

Div 7 Mme Lauren Gr 3/4

Div 8 Mme Elisabeth Gr 3

Div 9 Mme Sevie Gr 2/3

Div 10 Mme Emily Gr 2

Div 11 Mme Chen Gr 1

Div 12 Mme S Gr 1

Div 13 Mme Dana K

Div 14 Mme Campbell K

Primary & Intermediate Resource - Mme Erica

Teacher Librarian - Mme Brigitte

Music Teacher - Mme Young

Area Counsellor - Mme Jackie

Meet the Teacher Night - Thursday, Sept. 18th



We invite all families to **hold the date for our upcoming Meet the Teacher evening on Thursday, September 18th between 5 and 6 pm.** This is a great opportunity to connect with your child's educators and learn more about the year ahead.

Please note:

- Some teachers may schedule alternative times or formats for their introductions. Watch for communication directly from your child's teacher.
- **Kindergarten families** will not have a Meet the Teacher session on this date, as their meeting took place on **September 3rd.**

The evening will be followed by a **PAC "Welcome Back" event** — see details below under the PAC Section.

We look forward to seeing you there!

Hello from Mme Jackie - Counselling support at JQ

Dear Jules Quesnel Families,

Welcome back to a new school year! I hope your summer was restful and that your family is settling smoothly into the rhythm of September.

My name is Jackie Ellis, and I'm the Area Counsellor here at Jules Quesnel. I'll be in the building every Thursday and Friday, and alternating Wednesdays. I'm here to support your children in a variety of ways. My role includes:

As a VSB Area Counsellor, I also work collaboratively with students, staff, families, and community agencies to support students' educational, personal, and emotional development.

A few resources that are offered are Family Smart and Kelty Mental Health Resource Centre. Below is a quick summary of their services being offered.

FamilySmart (www.familysmart.ca⁴) offers free support to parents and caregivers of children and youth (ages 0–24) who may be struggling with mental health or substance use. Highlights include:

- **Free September Events on Emotional Regulation**
- **One-on-One Support** via self-referral or professional referral
- **Workshops & Presentations** for school staff and parent groups

Kelty Mental Health Resource Centre (keltycentre@cw.bc.ca⁵) **located at BC Children's Hospital.** This provincial resource centre supports families across BC with children and youth up to age 24.

Services include:

- **Peer Support** from trained family support workers
- **Help Navigating the Mental Health System**
- **Resources** on topics like anxiety, ADHD, eating disorders, and emotional regulation
- **Podcasts, Webinars, and Guides** for parents and caregivers
- **Support for School Communities** and professionals

If you have any questions or if you'd like to discuss how I can support your child this year please feel free to reach out to me at my email jellis@vsb.bc.ca. I look forward to working together to make this a positive and successful school year for all our students.

Warm regards,

Ms. Jackie Ellis (MC, RCC-ACS, CAC)

Area Counsellor

⁴<https://www.familysmart.ca/>

⁵<mailto:keltycentre@cw.bc.ca>

Lord Kitchener - M, T, Alt W (Ph: 604-713-5454)

Ecole Jules Quesnel - Th, F, Alt W (Ph: 604-713-4577)

jellis@vsb.bc.ca⁶

With deep gratitude and respect, I am honoured to be learning and unlearning on the ancestral and unceded lands of the xʷməθkʷəy̓əm (Musqueam), Skwxwú7mesh Úxwumixw (Squamish Nation) & səlilwətał (Tsleil-Waututh Nation).

Student Photo Day - Thursday, September 18



All students will have an individual photo taken on **Thursday, September 18th** beginning with primary grades in the morning and intermediate grades, late morning to early afternoon. Edge Photography is our school photographer. Parents will be able to see and purchase their child's photo with Edge in due course.

Photo Retake Day is scheduled for **Wednesday, October 22nd**. Students who were absent on the original photo day (**September 18th**) will have the opportunity to have their photo taken. Parents who are not satisfied with their child's original photo may also request a retake on this date.

⁶<mailto:jellis@vsb.bc.ca>

School Forms



Parents/Guardians are required to complete the following forms during the first few weeks of the school year online at the following link: My Forms at VSB⁷ (<https://myforms.vsb.bc.ca/>)

1. **Adobe CC Acknowledgement of Use (for students)**
2. **Adobe CC Consent Form (for parents/guardians)**
3. **Canada Anti-Spam Legislation Consent**
4. **External Media Consent Form**
5. **KF-12 Student AUP (Acceptable Use of Technology)**
6. **Neighbourhood Class Walk Consent**
7. **VSB Media Consent**

The PEN (Personal Education No.) and your child's date of birth are required. A student's PEN can be retrieved at the following: <https://kchoice.vsb.bc.ca/penrequest.aspx>

⁷<https://myforms.vsb.bc.ca/>

If possible, we kindly ask parents to complete the **Neighbourhood Class Walk Consent Form** (Consent No. 6 on the list) **as soon as possible**, with the exception of new Kindergarten families.

This consent allows teachers to take students on local walks within the neighbourhood or to nearby areas such as **Pacific Spirit Park** as part of their learning activities. Thank you.

For more information and/or help with MyForms, please click [HERE](#)⁸.

In addition, a paper copy of the following forms will be sent home soon:

- 1. Personal Information Verification Form** (*Will be distributed to students - individualized*) – *Required*
- 2. Emergency Reunification Form** – *Required*
- 3. Medical Information Sheet** (*Copy will be sent to students with known medical conditions.*) *Please ask the office for the form if your child has a medical condition and the school has not yet been informed.*

School Fees 2025-2026



⁸<https://www.vsb.bc.ca/jules-quesnel/page/67413/myforms>

School fees for all students have now been posted on **School Cash Online**: <https://vsb.schoolcashonline.com/>. While the school continues to accept cheques and/or cash, **online payment is preferred** for convenience and efficiency.

Posted optional fees include:

- **Annual Basic School Supplies:** \$35.00 (all students)
- **Student Agendas** (Divisions 2, 3, 4, 5, 6, 7 and 11): \$6.00
- **Communication Pouches** (Divisions 2–12): \$7.00
- **Visual Journal** (Division F13K only): \$10.00
- **Library Book Bags** (Divisions F13K and F14K): \$10.00

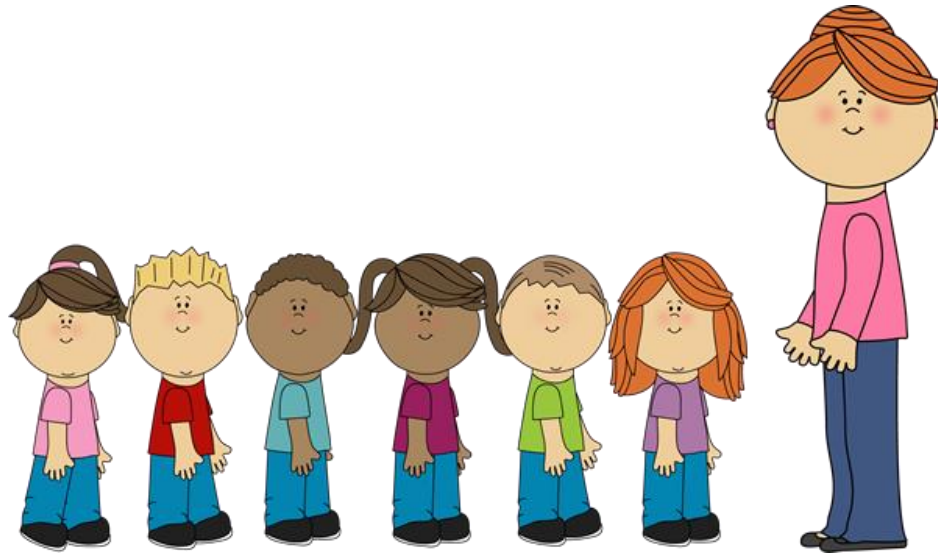
In addition to the above fees:

- The school will be participating in **swimming sessions at Lord Byng Pool**, for which a separate fee may be charged. Details will be shared closer to the swim dates.
- **Additional field trip fees** may also be posted throughout the school year, depending on class activities and excursions.

If your family is experiencing financial hardship, you may request that these fees be waived. Please contact the school principal, Vital Peeters, at vpeeters@vsb.bc.ca. All requests will be handled confidentially.

Thank you for your continued support!

Before and After School Playground Supervision

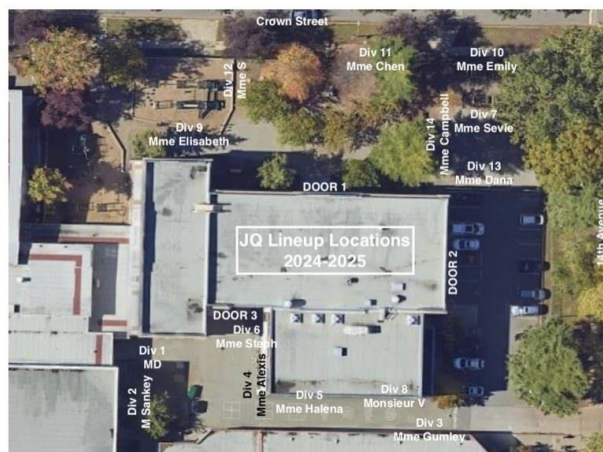


Please note that the front playground is supervised from **8:40 to 8:55 a.m.** and again from **2:58 to 3:13 p.m.**

At the start of the school day (**9:00 a.m.**), classroom teachers will meet students at their designated meeting spots and escort them into the school. At dismissal (**2:58 p.m.**), students will return to the same locations for parent pick-up.

For safety reasons, students not picked up by 3:13 p.m. will be brought to the office, and a parent or guardian will be contacted.

Thank you for ensuring your child is picked up promptly at the end of the day.



Appointment for students during the school day

If your child has an appointment during school hours, please notify both the classroom teacher and the school office at least one day in advance, if possible. This helps us plan accordingly, especially if a neighbourhood walk or other off-site activity is scheduled.

When picking up your child, please come to the school office to sign them out.

Personal Digital Devices during school hours



In accordance with the school and District Codes of Conduct, personal digital devices in elementary schools are restricted for the instructional day. This includes class time, recess and lunch during school hours of 9:00am to 3:00pm. Personal digital devices must be turned off or placed on silent mode and out of sight for the entire school day.

For more information, please visit the Digital Citizenship⁹ page on the JQ website.

Allergy Aware



The Vancouver School District and École Jules Quesnel are committed to providing as safe a learning and teaching environment as is practicable for anaphylactic students. In addition to the precautions taken by school staff and the families of allergic children, all JQ families are asked to be 'allergy-aware' and to consider the following strategies to minimize the risk of exposure for allergic children.

- Try to avoid sending your child to school with allergenic foods.
- Encourage your child to wash their hands regularly, especially before and after eating.
- Discourage sharing of food at school.

⁹<https://www.vsb.bc.ca/jules-quesnel/page/2250/digital-citizenship>

All VSB schools are also 'air aware', meaning students, staff and visitors are encouraged to use fragrance free and unscented shampoos, hairsprays, deodorants, lotions, and other products, and avoiding application of perfume and cologne. If your child has an appointment during the school day, please give both the teacher and school office sufficient notice of the pick-up time, at least a day, if possible, in case the teacher has a neighbourhood walk planned. Parents may come to the school office to collect and sign-out their child.

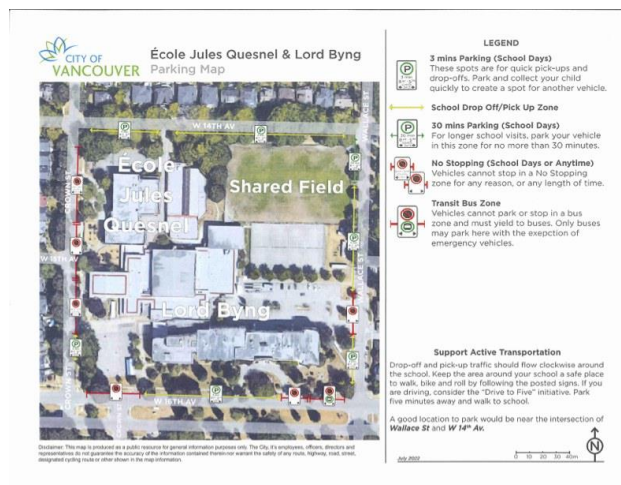
Active travel to and from school



Walk+Bike+Roll Getting Around the Vancouver Way

Students, families and staff are encouraged to consider active modes of transportation for getting to and from school. There is only limited parking around JQ. Please refer to the image below for information regarding parking and traffic flow around JQ.

Go By Bike Week is Monday, September 29 to Friday, October 3rd and students are encouraged to walk, ride or wheel to school.



Orange Shirt Day



Staff and students will be invited to wear orange shirts to remember survivors of residential schools on **Monday, September 29th**.

Voluntary Student Accident Insurance



The VSB is once again offering parents the ability to purchase voluntary student accident insurance plans if they choose. These plans offer coverage for students and their families against accidental injury, unexpected medical expenses and critical illness. The two companies offering this coverage are Insuremykids and Industrial Alliance (The Family Accident Reimbursement Plan). These plans are ideal for supplementing costs not covered by provincial health insurance or existing employer extended health and dental plans.

Families can find more information and register online to purchase and participate in any of these insurance plans by using the URL provided here:

<https://insuremykids.com/schoolresources/>

<https://www.solutionsinsurance.com>

If families have questions about either one of these programs, they can contact the company directly through the contact information on their website.

District Programs (Mini Schools) Sept 2025



District Programs Information for Grade 7 students

Grade 7 students and families,

For those beginning to wonder about options for their Grade 8 year, click on the link below for information regarding 2025 District Programs (Mini Schools).

VSB Mini School Brochure.pdf¹⁰

School Calendar & Upcoming Dates



The 2023-2024 School Calendar and other information is available on our school website¹¹.

¹⁰<https://media.vsb.bc.ca/media/Default/medialib/vsb-mini-school-brochure-2023.b0616d60919.pdf>

¹¹<https://www.vsb.bc.ca/jules-quesnel>

Please visit the school website regularly for the most up to date information regarding JQ activities and events.

Upcoming events are listed on the school website homepage and on the Calendar¹² page. Click the List View tab on the Calendar page for list of upcoming events.

Dates to Note in September



Thursday, September 18th: Individual Photo Day (there will be a retake on October 22nd for students absent on Sept. 18).

Thursday, September 18th: Meet the Teacher Night / PAC Welcome Back Pizza Social from 5 - 7 pm.

Friday, September 19th: Professional Development Day - no school for students.

Friday, September 26th: Terry Fox Run - tentative (weather dependent).

Tuesday, September 30th: National Day of Truth and Reconciliation - school closed.

¹²<https://www.vsb.bc.ca/jules-quesnel/page/2257/calendar?tab=monthview>

Help to reduce waste and remember to pack cutlery



As part of our ongoing efforts to minimize waste and promote sustainability, we kindly remind families to send reusable cutlery with students' lunches. Your support helps us create a greener school environment. Thank you!

JQ PAC Updates



Meet the Teacher and Pizza Social - Thursday, September 18, 5 - 7 pm

See Poster for details.

- **Pizza Orders:** Ordering will open soon at www.munchalunch.com¹³. Once available, go to *Fundraisers > Welcome back pizza*. Please place orders no later than **12:00 pm (noon)** on September 18.

¹³<http://www.munchalunch.com>

- **Bring Your Own Plate and Bottle:** Help us keep the event sustainable by bringing your own plate and drink/water bottle.
- **JQ Jerseys and Clothing:** Available for purchase at the event (e-transfer and credit card accepted).
- **All proceeds** go toward JQ PAC, funding field trips and immersion programs.

☀ **Volunteers Needed:** Events like this are only possible with the support of our wonderful JQ community. If you can lend a hand during the pizza social, please email jqpacexec@gmail.com¹⁴. Every bit of help makes a difference!



Hot Lunch Program begins next week!

Hello JQ families,

¹⁴<mailto:jqpacexec@gmail.com>

Welcome back to a new school year of hot lunch at JQ! As many of you know, hot lunch is a fundraiser for the Jules Quesnel PAC, which benefits the school's student population.

For the 2025-2026 school year, hot lunch will be on Tuesdays and Thursdays. Please note that the first hot lunch day will be on **Tuesday, September 16th**. Ordering is now open at munchalunch.com¹⁵. If you don't have an account set up, you will need to create one to order food for your student. **Orders must be in by 9 am for the following day's hot lunch meal.**

If you have any questions, please direct them to the hot lunch coordinators (Kate & Helene) at jqhotlunchpizza@gmail.com¹⁶

PAC Extra-Curricular Programs

JQ PAC has organized the following after-school, onsite activities. There's no need to pick up students until after the program ends, so you can extend your workday, do a workout, or grab that afternoon coffee!

REGISTRATION OPENS AUGUST 29th

Mondays - LightsUp Musical Theatre¹⁷ - Grades K to 7 - Sep 22 to Nov 24 - 3 pm to 5:15 pm - \$365

Students will sing, dance, and act in this fall's production of **Beauty and the Beast**. Register early^{18 19} as this program fills up fast!

Tuesdays - Petit Architect²⁰ - Grades 1 to 5 - Sep 23 to Dec 16 - 3 pm to 4:30 pm - \$385

Every week, young architects will explore the incredible worlds of famous architects and design concepts, growing their creativity through the creation of 2D drawings and 3D models. Register here²¹

¹⁵<https://julesquesnelpac.us3.list-manage.com/track/click?u=a8e7c9494cc165c2c2cca7d75&id=4cf65b4a26&e=afa53965a6>

¹⁶<mailto:jqhotlunchpizza@gmail.com>

¹⁷<https://lightsuptheatre.ca/afterschool/jq/>

¹⁸<https://lightsuptheatre.ca/afterschool/jq/>

¹⁹<https://lightsuptheatre.ca/afterschool/jq/>

²⁰<https://petitarchitect.com/>

²¹<https://campscui.active.com/orgs/PetitArchitectDesignforKids#/selectSessions/3673833>

Wednesdays - Young Rembrandts^{22 23} - Grades 1 to 6 - Sep 24 to Dec 10 - 3 pm to 4:10 pm - \$282

Students can decompress in these calm drawing lessons immediately after dismissal. Sharpen artistic skills with new projects weekly. Register here²⁴.

Thursdays - more information to come...

Fridays - Pedalheads Soccer²⁵ - Grades K to 7 - Sep 12 to Dec 12 - 3 to 4 pm - \$215

Pedalheads Soccer is a foundational soccer skills program. Through energetic storytelling and interactive games, they teach essential skills while ensuring maximum ball time and fast, effective learning, in the shelter of the gym! Register here²⁶

Please send any questions to jgexcurricular@gmail.com²⁷ (Talía, parent coordinator) or the program company directly.

Thanks,

Talía

JQ Extracurricular Activities Coordinator + parent

Please contact jgexcurricular@gmail.com²⁸ with any questions related to the above programs.

PAC Newsletter

If you are not receiving the PAC Newsletter and you would like to:

Add us to your address book²⁹

²²<https://www.youngrembrandts.com/>

²³<https://www.youngrembrandts.com/>

²⁴<https://campscui.active.com/orgs/YoungRembrandtsMetroVancouver#/selectSessions/3687135/filter/session=68021940>

²⁵<https://pedalheads.com/en/soccer>

²⁶[https://pedalheads.com/en/camp?region=1&cities=3&locationName=\[{"name"%3A"Point+Grey+-+Jules+Quesnel+Elementary"%2C"locationIds"%3A\["1723"\]}\]\]&programs=1012&ph_search=true#camp-list](https://pedalheads.com/en/camp?region=1&cities=3&locationName=[{)

²⁷<mailto:jgexcurricular@gmail.com>

²⁸<mailto:jgexcurricular@gmail.com>

²⁹<https://julesquesnelpac.us3.list-manage.com/vcard?u=a8e7c9494cc165c2cca7d75&id=cf68741d5b>

Want to change how you receive these emails?

You can update your preferences³⁰ or unsubscribe³¹

JQ Parent Advisory Council

3050 Crown Street, Vancouver, BC, Canada

Vancouver, BC V6R4K9

Canada

Thank you for reading!

Community Links

See below for information regarding community activities, events and programs.

RBL Basketball

Here is the link to RBL Basketball Fall season: RBL Basketball – Youth Basketball in Vancouver since 1997³²

Contact Us



École Jules Quesnel Elementary School

³⁰<https://julesquesnelpac.us3.list-manage.com/profile?u=a8e7c9494cc165c2c2cca7d75&id=cf68741d5b&e=afa53965a6&c=a3093351af>

³¹<https://julesquesnelpac.us3.list-manage.com/unsubscribe?u=a8e7c9494cc165c2c2cca7d75&id=cf68741d5b&t=b&e=afa53965a6&c=a3093351af>

³²<https://rblbasketball.com/>

3050 Crown Street

Vancouver, BC, V6R 4K9

604-713-4577

studentrecordsquesnel@vsb.bc.ca³³

Visit us on the web at <https://www.vsb.bc.ca/jules-quesnel>.

³³<mailto:studentrecordsquesnel@vsb.bc.ca>