

JQ eNews - 2024-03-15

JQ eNews, including information about school procedures, activities and events is emailed to families every week. Please also visit the VSB website¹ and the JQ school website² for information regarding district and school events.

¹https://www.vsb.bc.ca/

²https://www.vsb.bc.ca/jules-quesnel

Safe Arrival and Reporting Student Absences



To report your child's absence, please call **604-713-5159**, **Ext. 39**, prior to 9:00 am on the first day of the absence. **Parents can also email JQUattendance@vsb.bc.ca**³ **to report student absences.**

If your child arrives late to school, they should report to the office and sign-in.

If you are picking up a student for an appointment during the day, please email jquattendance@vsb.bc.ca 24 hours in advance as well as emailing the classroom teacher. Please allow extra time for pick-up. If possible, we suggest picking up your child at the beginning or end of one of the breaks in order to minimize classroom disruptions.

Recess Break: 10:40 - 11:00 am

Lunch Break: 12:10 - 12:57 pm

³mailto:JQUattendance@vsb.bc.ca

Performance and Soccer



This week, students watched and participated in a performance with Karima Essa Body Positive Bollywood Show. Karima's Bollywood workshop inspires self-love with ancient ideologies, music, and dance for students of all sizes. **Karima Essa** is an incredibly charismatic and passionate performer as well as choreographer. Karima is also a three-time Canadian National Dance champion.

Also, this week, some students received soccer coaching from the Australian Football Canada organization.

Gymnastics program begins after Spring Break

Students will receive gymnastics instruction during regular PE sessions after the break from Kitsilano Gymnastics Club. Please dress your child in PE attire (shorts or sweatpants) or other loose clothing on their PE day. Thank you.

Spring Break



We would like to wish all of our families a good Spring Break. A reminder that school will reopen on **Tuesday, April 2nd.**

Will your child be returning to Jules Quesnel in September 2024?

In order for the VSB to plan staffing and class size organization for next year, could you kindly let us know as soon as possible if your child will **NOT** be returning to JQ in September 2024.

If your child will be returning, NO ACTION is required on your part and your child will automatically move to the next grade.

If you are unsure, any information you can provide the school would be most helpful. Thank you.

School Calendar & Upcoming Dates



Tuesday, April 2nd - School reopens after Spring Break and a Gymnastics Program begins during PE.

Monday, April 22nd - Professional Development Day (last one)

JQ PAC Updates



PAC Meeting Minutes and Next Meeting Date



Thank you to everyone who joined us for the February PAC meeting. We had an active discussion, that included many questions⁴ submitted by families. The draft minutes are here.⁵

The next PAC meeting is scheduled for **Wednesday, April 24 at 6:30 pm**. Building on the road safety discussions, we will host guests from The Society for Children and Youth of BC (SCY) for a presentation on their Walking School Program⁶

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⁴https://julesquesnelpac.us3.list-

⁵https://julesquesnelpac.us3.list-

Road Safety



A reminder about road safety around school that was sent in the last newsletter. The PAC would love to hear from you. We ask you to bring forward concerns, ideas, and suggestions on how to improve road safety and reduce congestion around JQ and the neighbouring schools. Please include your comments in this document here⁷, and thank you to everyone who has contributed.

JQ PAC has been in discussions with the PACs at Lord Byng, and Queen Elizabeth on collectively working to improve road safety, and support advocacy efforts.

Our April PAC meeting will host guests from The Society for Children and Youth of BC (SCY) for a presentation about Walking⁸ School Program⁹ they are running. We will keep you updated about the above.

https://docs.google.com/document/d/1fbxu 9M6PmsvVBkzV bQA3Vm9np040uXYRN-nPBIgfU/edit

⁸https://scyofbc.org/kid-commute/

⁹https://scyofbc.org/kid-commute/

JQ Class 2025



If your child will be entering Gr 7 in the next academic year (JQ class of 2025), could you please fill in the spreadsheet? Link.¹⁰ It will help connecting with the other Gr 7 families, and the PAC.

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Volunteers Needed



We have two important PAC volunteer positions and it is crucial that these two positions be filled, or our hot lunch and pizza days will not be able to operate as efficiently at all. We hope you will consider, and please respond to jqpacexec@gmail.com if you are interested or have questions.

Pizza Lunch Role:

- Completing your food safe course online (quick and easy).
- Arranging a local pizza vendor to supply pizza every Friday.
- A 30-minute commitment every Friday at lunchtime with lots of volunteers! Grade 7 parents at the school.

Hot Lunch Roles:

- Liaise with hot lunch vendor currently Calhoun's Catering to create hot lunch menus, make payments to vendor and troubleshoot any issues.
- Be willing to receive and respond to parent inquiries.
- Liaise with school administration regarding any issues with hot lunch at the school.
- Become the Master Admin for the online ordering program MunchaLunch.
- Send any relevant updates regarding hot lunch to school admin and PAC for distribution to the JQ parent population.
- Liaise with the Pizza Day coordinator to send the pizza ordering reports from MunchaLunch to the pizza vendor.
- Lead the decision-making regarding any changes to the hot lunch vendors or continued use of the online ordering system.

PAC - Spring Extra-Curricular Activities - Register

Spring Extracurriculars

NEWLY ADDED

YogaBuggy¹¹

Thursdays / Apr 18 - Jun 13 / Gr 1 - 3 / 3:03 - 430 / \$146

Complete this interest form¹² ¹³ if you'd like your student to join Yoga.

If returned interest forms exceed allocated spots a lottery will take place, and all successful applicants will be given a link or registration form that will need to be filled out, signed, paid for and returned prior to the program start date.

Questions? Contact Community Schools Coordinator, Travis Klimko at: tklimko@vsb.bc.c¹⁴

LightsUp Theatre¹⁵

Mondays

FULL

WizeAcademy¹⁶

Tuesdays / Apr 23 – Jun 11 / Grades 2 – 7 / 3:05 – 4:30 / \$315

Coding and Modding in Minecraft! Students are challenged to think logically and apply their critical reasoning skills to create mods by learning to write and deploy code in the Minecraft environment. No prior coding experience needed.

Young Rembrandts¹⁷

¹¹https://www.yogabuggy.com/

¹²https://forms.office.com/Pages/ResponsePage.aspx?id=WC6KCzB7CEq6t9dVWeDjpW5YHIZRh2FHjsJIx9dlsFxUNFpVNFkzNlg3Tjc0RjAyVDVIMEIXWEtKNi4u&origin=QRCode

¹³https://forms.office.com/Pages/ResponsePage.aspx?id=WC6KCzB7CEq6t9dVWeDjpW5YHIZRh2FHjsJIx9dlsFxUNFpVNFkzNlg3Tjc0RjAyVDVIMEIXWEtKNi4u&origin=QRCode

¹⁴mailto:tklimko@vsb.bc.c

¹⁵https://lightsuptheatre.ca/afterschool/jq/

¹⁶https://app.amilia.com/store/en/wize-academy-of-vancouver-south-richmond/shop/programs

¹⁷https://www.youngrembrandts.com/metrovancouver/view-classes-enroll/

Wednesdays / Apr 24 - Jun 12 / Grades 1 - 6 / 3:05 - 4:15 / \$176

Your student will draw an array of things, from motorcycles, hummingbirds, a Beethoven portrait, and the butterfly life cycle! Check out the attached flyer for details.

HappyFeet¹⁸ ¹⁹Soccer²⁰

Fridays

FULL

Please email your extracurricular activities questions to jqexcurricular@gmail.com²¹

¹⁸https://www.happyfeetvancouver.ca/jules-quesnel

¹⁹https://www.happyfeetvancouver.ca/jules-quesnel

²⁰https://www.happyfeetvancouver.ca/jules-quesnel

²¹mailto:jqexcurricular@gmail.com

Hot Lunch & Pizza Days Update! Spring Session Coming Soon!



Dear JQ families,

The Spring 2024 Hot Lunch session will be open for ordering starting **Thursday March 15th at noon!** The first Hot Lunch after Spring Break will be Tuesday April 2nd. Please don't forget to place your order before 8 am on April 1st.

Spring 2024 will be the final Hot Lunch session of the school year, so please make sure to use up your credits before the end of June - there will be NO refunds at the end of the year.

Hot Lunch days are still Tuesdays and Thursdays. Pizza Days continue to be on Fridays. The deadline for ordering is still 8 am the day before.

Ordering for both Hot Lunch and Pizza Days is ongoing through our user-friendly online ordering platform www.munchalunch.com

Go to munchalunch.com/schools/julesquesnel to take a look at our menu offerings and to get ordering! Your child will thank you:-)

The Grade 7 Grad Committee would like to thank everyone for their support throughout this school year!!!!

We ask that you please do not send your child to school without lunch if you are unsure that you have ordered for that particular day - we are seeing an increase in the number of kids who come to school on hot lunch or pizza days without lunch and without an order placed.

Sincerely,

Adrienne Lipson

Hot Lunch Coordinator

PS: If you have any questions about Hot Lunch or Pizza Day, or need any assistance, please email jqgradeseven2024@gmail.com.

PLEASE DO NOT CONTACT MUNCHALUNCH SUPPORT DIRECTLY!!! - the JQ HotLunch Coordinator can help with any Munchalunch issues.

NOTE: PLEASE SUPPLY YOUR CHILD WITH CUTLERY ON HOT LUNCH DAYS

Superbes Artistes & Photographes

We are including the winter submissions by our students as a part of the Student Art & Photo/ Superbes Artistes & Photographes contest. A big thanks again to all the children and their families who submitted.

The five-winners for this round, which were all selected at random, are Adri, Alen, Audry, Leona, and Livia. Congratulations to the five! Be sure to check out their work below. The winners have been sent an email as a confirmation. All the submissions we received for the month are at the following link²².

The theme for the SAP contest for the month of March and April will be "The first signs of spring" "Les premiers signes du printemps." Please share this theme with your children. The deadline is April 30, 2024, and we cannot wait to receive your photo or artwork.

²²https://julesquesnelpac.us3.list-manage.com/track/click?u=a8e7c9494cc165c2c2cca7d75&id=e52256aa20&e=afa53965a6











PAC Newsletter

Are you receiving our JQ PAC newsletters? If you are not, and would like to, please subscribe directly at the following link: http://eepurl.com/4Qp2f

The JQ PAC website is www.jqpac.com²³. We aim to keep it up-to-date with the latest information, so it can once again be a resource for our community. Please email any comments to Simon, our treasurer and tech support: jqpac.treasurer@gmail.com²⁴.

Community Links

See below for information regarding community activities, events and programs.

Royal Soccer Club

The Royal Soccer Club, a registered non-profit community organization, is proud to host their 32nd annual grassroots summer day camps. The program is designed to promote personal development, team building and of course, FUN! Uniquely designed to offer a more soccer focused morning with a leisure swim with other organized activities in the afternoon. The program operates during all weeks in July and August for children aged 5 to 13. For more information or to register, visit royalsoccerclub.com²⁵ or call 1-800-427-0536.

²³http://www.jqpac.com/

²⁴mailto:jqpac.treasurer@gmail.com

²⁵https://royalsoccerclub.com/

ELMACON

ELMACON is Vancouver's elementary math contest for grades 5-7 which gives students the opportunity to experience math as an exciting sport. Prizes include: electronics, gadgets, games, and more! The contest will be held on the UBC Campus on Saturday, May 4th, 2024.

For registration and more details visit https://elmacon.org.

Questions: elmacon@pims.math.ca²⁶ or (604) 822-3922

Deadline: April 14, 2024

Fee: \$30

Location: UBC Earth Sciences Building, 2207 Main Mall, Vancouver

Generation Health FREE 10-week healthy lifestyle family program

Generation Health is a **FREE 10-week healthy lifestyle program** for children and their families, delivered through YMCA BC and in partnership with the Childhood Obesity Foundation. Program participants will meet virtually or in person to learn about healthy eating, physical activity, goal setting, body image, self-esteem and more!

We have 2 program days to choose from: Tuesdays & Wednesdays from 6:30-8:30 pm. This program requires prior registration through these details: phone 1-888-650-3141 or send an e-mail to generationhealth@bc.ymca.ca²⁷.

Families who join this program receive a complimentary membership to the YMCA.

²⁶mailto:elmacon@pims.math.ca

²⁷mailto:generationhealth@gv.ymca.ca

Marpole Soccer Club's Spring program



Spring Market - West Point Grey Community Centre



West Point Grey Community Centre Volunteer Opportunity

Looking for a fun way to engage with the community? Develop your leadership skills while having fun with the parents and kids for West Point Grey's Breakfast with Bunny Easter event! Our team is looking for energetic, assertive, outing and responsible assistant leaders to assist with our special events. The event will take place on Saturday March 23rd from 10am-12pm, however you will be scheduled from 9-2pm.

If you are interested in this event or any of our future special events, please fill out the application form. Please note that any applicants who are 16 years or older must obtain a Police Information Check. If you have any questions, please feel free to contact me at leeanne.trieu@vancouver.ca²⁸.

Application Form: https://westpointgrey.org/wp-content/uploads/2022/04/Volunteer-Application-Form.pdf

Let me know if you have any questions, I look forward to hearing from you.

²⁸mailto:leeanne.trieu@vancouver.ca

GIRLsmarts4tech Workshop

This March, GIRLsmarts4tech will be running 4 new Computer Science/Technology workshops over the course of the March 23-24 weekend. There will be both a Saturday program and a Sunday program and open to students in grades 6/7/8. For each program, students will be able to participate in two workshops over the course of the day:

- Saturday March 23: Introduction to Artificial Intelligence and Internet of Things
- Sunday March 24: Programming 101 Video Games and Database

All programs will take place on UBC Campus and lunch will be provided for students. There is a workshop fee of \$35 per program, however, they do offer bursaries to cover registration fee to make their workshops accessible to as many youth as possible.

Registration and other information on the workshops are here²⁹. Poster for this workshop is here³⁰.

Vancouver Minor Softball

The VMSA is a non-profit sports association providing softball programming for young athletes up to 19 years old. Our organization provides opportunities primarily for girls and young women in the City of Vancouver, however, we are inclusive of all gender identifications.

We believe increasing youth participation in softball is extremely important for girls and young women, as it will enhance their physical, mental, emotional, and cognitive development. More specifically, VMSA believes that providing access to softball provides young female athletes opportunities to develop: softball skills (across multiple areas); confidence; leadership; decision making; friendship and camaraderie; and other life skills. You can read more about the VMSA and our vision and philosophies at http://vmsa.ca/page.php?page id=94702³¹.

Our league runs from April to June and we have opened registration for the 2024 season. We have more than five (5) past registrants from your school, however, we would love to build upon that and grow that representation in our Association. Financial assistance is available for families that need it, we want to remove all barriers to playing our sport.

We have also scheduled six clinics, free of charge, to anyone that wants to come out to try softball. These clinics will take place over three Saturdays in February and March. We are planning the first one to be indoors, while we are hopeful we will be able to run the March clinics outdoors (we will

²⁹https://julesquesnelpac.us3.list-

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³⁰https://julesquesnelpac.us3.list-

manage.com/track/click?u=a8e7c9494cc165c2c2cca7d75&id=ff52456c00&e=afa53965a6

³¹https://julesquesnelpac.us3.list-

have an indoor option as a backup). Details on these clinics are located here: https://go.teamsnap.com/forms/417574/signups/new³²

FreeKick Soccer Programs



FreeKick will be running various Soccer Camps throughout Spring and early Summer. Registration is now open. Please visit their website at FreeKickFC.com or email: info@freekickFC.com³³ for more information.

RBL Basketball Spring programs

Registration is online at RBLBasketball.com³⁴.

³²https://julesquesnelpac.us3.list-manage.com/track/click?u=a8e7c9494cc165c2c2cca7d75&id=ec0c28299a&e=afa53965a6

³³mailto:info@freekickFC.com

³⁴http://rblbasketball.com/

BC Family French Camp



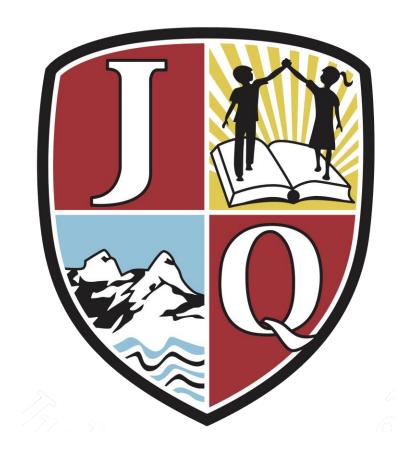
Keep your kids speaking French during the summer - Come join us at one of the BC Family French Camps in Summerland, Gwillim Lake, or Nanaimorun with monitors (councilors) from Quebec. As a JQ family that has been attending BCFFC for the past 9 years, we can definitely attest to the fun and enjoyment at camp, for both kids and parents! And parents don't need to speak French. Please find more details at https://bcffc.com³⁵. If you have any questions about the camp, you can contact me, Anthony (Milena's dad) at treasurer@bcffc.com³⁶.

³⁵https://bcffc.com/

³⁶mailto:treasurer@bcffc.com

Thank you for reading!

Contact Us



3050 Crown Street

Vancouver, BC, V6R 4K9

604-713-4577

 $student record squesnel @vsb.bc.ca^{37}\\$

Visit us on the web at https://www.vsb.bc.ca/jules-quesnel.

 $^{^{37} \}underline{\text{mailto:studentrecordsquesnel@vsb.bc.ca}}$