



## JQ eNews - 2025.02.06

JQ eNews, including information about school procedures, activities and events is emailed to families every week. Please also visit the VSB website<sup>1</sup> and the JQ school website<sup>2</sup> for information regarding district and school events.

### eNews Table of Contents

To view a Table of Contents for the eNews, if you click the icon at the bottom right of your screen when looking at the eNews, it will allow you to navigate directly to a section of your choosing.

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<sup>1</sup><https://www.vsb.bc.ca>

<sup>2</sup><https://www.vsb.bc.ca/jules-quesnel>

## Safe Arrival and Reporting Student Absences



To report your child's absence, please call **604-713-5159, Ext. 39**, or email **[jquattendance@vsb.bc.ca](mailto:jquattendance@vsb.bc.ca)**<sup>3</sup> prior to 9:00 AM on the first day of the absence. If your child arrives late to school, they should report to the office and sign-in.

**Please ask your child to check in with the Office if arriving late, this way we know your child is on site. Thank you.**

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<sup>3</sup><mailto:jquattendance@vsb.bc.ca>

## Dressing for the weather



Please have your child dress appropriately for cold weather, rain, or snow. Students are expected to play outside at recess for fresh air and exercise. Having warm and waterproof clothing, boots, and dry socks at school or in a backpack is very helpful and reduces the need for students to call home for these items to be brought to school by parents. Students are required to keep a pair of "inside" shoes at the school, which are also used for PE.

## Come to school with what is needed for the day

To minimize interruptions during class time, parents can help by sending their child to school with what is needed for the day. Please check your child's agenda so that they bring all the necessary supplies and materials for classes that day, i.e., musical instruments, library book bags, swimsuits and towels if applicable, snacks (for recess and after school classes if participating), lunch, water bottle, appropriate clothing for the weather and any assignments or materials specifically requested by teachers. Thank you.

## FREE Parent, Guardian and Caregiver Sessions on Substance Use Prevention, Part 2: Mental Health & Decision-Making

The Ministry of Education and Child Care, in partnership with adolescent clinical psychologist Dr. Hayley Watson, will host three, free virtual sessions for parents, guardians and caregivers that will focus on practical skills you can teach your child and youth (ages 0-19) to prevent substance use and mental health needs. These sessions will build on a previous presentation, which focused on practical conversation tools for speaking about substance use prevention with your children/youth. The previous session<sup>4</sup> is not a pre-requisite for this session.

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<sup>4</sup><https://vimeo.com/915381309?share=copy>

**Key takeaways for participants during this session:**

- Learn the factors that lead to substance use and mental health needs from a trauma-informed lens
- Focus on prevention rather than intervention/response
- Applies to parents, guardians and caregivers of all age groups (youth aged 0-5, 6-10, and 11-18)
- Learn ways that these skills can be applied to yourself and the rest of your family to support the mental health of parents, guardians and caregivers

**Participants must register in advance. Session dates are:**

- February 20, 6:00-7:30 pm PST<sup>5</sup>
- February 25, 6:00-7:30 pm PST<sup>6</sup>
- February 26, 6:00-7:30 pm PST<sup>7</sup>

Substance Use Prevention Webinar.pdf<sup>8</sup>

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<sup>5</sup><https://www.eventbrite.com/e/substance-use-prevention-part-2-mental-health-decision-making-tickets-1145788647689?aff=oddtcreator>

<sup>6</sup><https://www.eventbrite.com/e/substance-use-prevention-part-2-mental-health-decision-making-tickets-1203722810329?aff=oddtcreator>

<sup>7</sup><https://www.eventbrite.com/e/substance-use-prevention-part-2-mental-health-decision-making-tickets-1203728517399?aff=oddtcreator>

<sup>8</sup><https://vsbworld.sharepoint.com/sites/AdminManagementCommunity/Shared Documents/Elementary Administrators/Substance Use Prevention Webinar.pdf>

# Notice of Construction



January 2025

BCH REFERENCE NO: 453-U07-01170  
FTC PROJECT NO: 3864

## NOTICE OF CONSTRUCTION February 6 - February 20, 2025

Dear Neighbour,

We will be working in your area on behalf of BC Hydro and would like to inform you of the upcoming work.

Our work involves installing underground civil infrastructure on public property impacting both sides of Crown St (2900 Block) between W 13th Ave and W 14th Ave.

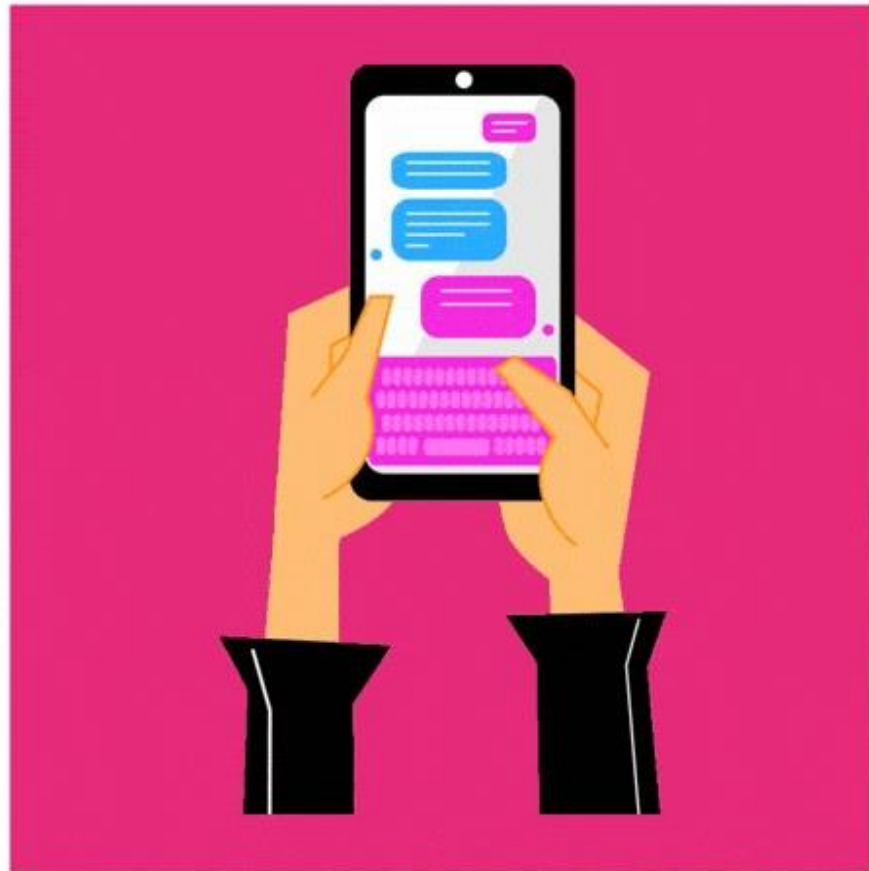
Generally, we will work weekdays between 7:00 a.m. and 8:00 p.m.

To ensure the safety of the public and our employees, temporary disruptions to vehicle and pedestrian traffic may be necessary. Lane and road access will be maintained and directed by traffic control personnel.

Should you have any questions about this project, please contact us at: [projects@bchydro.com](mailto:projects@bchydro.com) or 604-623-4472.

Thank you for your patience and understanding while we complete this project in an efficient and safe manner.

## Personal Digital Device Survey



In July of 2024, as required by the BC Ministry of Education and Child Care, and in order to foster a safe and focused learning environment, the VSB Student Code of Conduct was revised to restrict students' use of personal digital devices (cell phones, tablets, electronic devices).

In elementary schools, students' personal digital devices are to be turned off and out of sight from 9:00 am to 3:00 pm. In secondary schools the same expectation holds during instructional time. The use of personal digital devices is permitted only for educational purposes, when directed by an educator or as outlined in a student's IEP.

This anonymous survey, open until February 28, 2025, aims to assess the impact of this change on students, classrooms, and learning within our school district.

Students and staff are being asked to complete the survey. To complete the survey with your child, scan the QR code below. You may be prompted to sign in using your child's VSB login credentials.



## JQ Parking Lot



The parking lot at Jules Quesnel Elementary School is for the exclusive use of the school from 7:00 AM to 4:00 PM on school days.

Public pay parking in the JQ lot is available on school days from 4:00 PM until 7:00 AM, and 24 hours a day on non-school days.

No student pick up or drop-off is permitted.

Unauthorized vehicles will be ticketed and towed at owner's expense.

Students, staff and families are encouraged to use active, environmentally responsible modes of transportation to get to and from school.

## Basketball Schedule



Two more weeks of games left for Basketball.



- **BOYS TEAM: Games are on Wednesdays after school.** Practices are on Mondays after school (3:00 to 4:30 pm).

Game location: **Feb 12-Queen Mary and Feb 19-Carnarvon.**

Senior Boys Basketball schedules are available on the Vancouver Elementary Physical Activity Association website, [HERE](#)<sup>9</sup>.

- **GIRLS TEAM: Games are on Thursdays after school.** Practices will be on Tuesday mornings before school (7:45 to 9:00 am).

Game Location: Feb 13 -JQ and **Feb 20-Queen Mary.**

Senior Girls Basketball schedules are available on the Vancouver Elementary Physical Activity Association website, [HERE](#)<sup>10</sup>.

## Hot Chocolate Sale - Wed. Feb 12

After-school HOT CHOCOLATE PARTY 2: (Hot, but not 2 hot 2 handle)

**Wednesday February 12, 3:00–3:45pm in front of school, \$2/cup.**

Snacks for \$1.

Bring your own mug.

All proceeds go to the Grade 7 camp.

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<sup>9</sup><https://www.vepaa.ca/leagues/schedules.cfm?leagueID=33703&clientID=6948>

<sup>10</sup><https://www.vepaa.ca/leagues/schedules.cfm?leagueID=33704&clientID=6948>



## Class of 2025 Coffee Fundraiser

We are excited to announce our **Class of 2025 Coffee Fundraiser** to support the grade 7 camp! By purchasing fresh ground premium coffee beans, you're not only getting a delicious brew, but also helping our students achieve their dream of a memorable camp.

### Here's how you can help:

1. Choose from a variety of freshly roasted coffee beans, grinds and hot chocolate (perfect for gifts or your morning pick-me-up). <https://globalcoffeefundraising.ca/julesquesnel/>
2. Place your order today—every bag sold brings us closer to our goal!
3. Enjoy your coffee knowing you've made a difference in our journey.

Let's make this camp unforgettable—one cup at a time!

Don't forget to share this link with your family and friends.

The fundraiser closes on **February 20th, 2025**. When you are ready to checkout, you can choose the shipping option “Ship with group order to JULES QUESNEL SCHOOL (FREE)” and we will GROUP ship your order to JQ. Be sure to name the Student you are supporting at Checkout. Or you can opt to pay shipping direct to your door. Coffee will be available for pick up at school on **February 28th, 2025**.

Thank you for your support!

**GLOBAL COFFEE**  
**FUNDRAISING**

Our coffees are roasted freshly to order in small batches to ensure you get the perfect cup of coffee.  
Organic & ethically sourced. 100% Arabica beans.  
Resealable zip-lock bag for freshness.

Order online at [www.globalcoffeefundraising.ca/julesquesnel](http://www.globalcoffeefundraising.ca/julesquesnel)

<p><b>LIGHT ROAST</b></p>  <p>\$19 454g</p> <p><b>Morning Bell</b></p> <p>This lighter brew will give you a bold flavor that wakes you up, and a smooth flavor that will make you happy you didn't hit that snooze button.</p>	<p><b>MEDIUM ROAST</b></p>  <p>\$19 454g</p> <p><b>Jules Quesnel Brew</b></p> <p>A carefully crafted blend of beans, specially roasted to create a rich, sweet coffee. A favorite all day coffee!</p>	<p><b>DARK ROAST</b></p>  <p>\$19 454g</p> <p><b>Black Velvet</b></p> <p>This is not your average joe. This four bean blend is roasted to perfection and will have you chugging your mug and begging for more.</p>
<p><b>ESPRESSO ROAST</b></p>  <p>\$19 454g</p> <p><b>Kick Start Espresso</b></p> <p>A unique espresso blend with a bold, intense flavor and sweet undertones. This blend makes a superb espresso. Excellent as a drip coffee too!</p>	<p><b>DECAF</b></p>  <p>\$19 454g</p> <p><b>Jitterless Java</b></p> <p>All the flavor of real coffee without the Jitter! This decaf offers a traditional rich, bold cup of coffee.</p>	<p><b>HOT COCOA</b></p>  <p>\$15 454g</p> <p><b>Premium Hot Chocolate</b></p> <p>The kids need something fun! Stock up with a 454 gram bag of specially gourmet hot chocolate.</p>

**Help Support Us!**  
By purchasing any of the products above, you are helping us reach our goal!



**JQ Class of 2025 Graduates**  
**COFFEE FUNDRAISER**

Global Coffee Fundraising | [www.globalcoffeefundraising.ca](http://www.globalcoffeefundraising.ca) | Phone: 604.618.6085

## Dunbar Movie Theatre Fundraiser - Feb 14

Parents of grade 7 students will be hosting a Moana 2 movie fundraiser at Dunbar Theatre on Friday, February 14th from 12:30 pm to 2:30 pm. All proceeds from the ticket sales will go towards the Grade 7 camp.

Tickets will go on sale after school February 11-13th between 3-4 pm. \$10 per ticket. This event is open to everyone so please bring your family and friends.

Any questions, please feel free to email: [doc168@hotmail.com](mailto:doc168@hotmail.com)<sup>11</sup>

This is a parent-sponsored event. It is not sponsored by Jules Quesnel Elementary School staff or the Vancouver School District.



## Will you be returning to JQ in September 2025?

Dear JQ Families,

The District is currently working to confirm registration numbers for the 2025/2026 school year. To assist the District, we ask that you please inform us by **Friday, February 14, 2025** if you already know that you will be moving before September 2025 and are planning to attend another school in the fall. If you are unsure of your future plans or if your situation changes before the end of the school year, please contact the office directly via email to let us know of your updated plans. Thank you.

## Choir Members - Save the Date!

The JQ choir will be participating in the Vancouver School District Elementary Choir Festival.

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<sup>11</sup><mailto:doc168@hotmail.com>

We will be performing with a number of district school choirs.

**DATE: TUESDAY MARCH 4th**

**LOCATION: JOHN OLIVER SECONDARY SCHOOL AUDITORIUM (41st & Fraser)**

**EVENT SCHEDULE:**

-ARRIVE at 6:15 pm and head to the Cafeteria

- 6:30 Mass Choir rehearsal (We will be singing two pieces as a mass choir)

-7:00pm Concert starts

-8:45 to 9:00pm Expected finish time (There are 6 schools performing + the two group pieces)

More information will come from Mme Young.

## Severe weather and school closures



**Be in the know, winter is coming!**

Follow VSB on social media to stay updated about school closures due to severe weather.

During extreme weather conditions (heavy snowfall, extreme cold, freezing rain, extreme heat, etc.) VSB schools will remain open if possible.

If a District-wide closure is necessary, it will be announced by 6:30 a.m.

Stay updated:  
Facebook: Vancouver School Board  
Instagram: @vsb39  
X: @vsb39  
VSB website: vsb.bc.ca

**VSB** Vancouver School Board

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X: @VSB39 <sup>14</sup>

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<sup>12</sup><https://www.facebook.com/VancouverSchoolBoard/>

<sup>13</sup><https://www.instagram.com/vsb39/>

<sup>14</sup>[https://twitter.com/VSB39?ref\\_src=twsrc^google|twcamp^serp|twgr^author](https://twitter.com/VSB39?ref_src=twsrc^google|twcamp^serp|twgr^author)

## Lost and Found



The Lost and Found rack is filling up with hoodies and a few winter jackets. If your child is missing any clothing items, please check the rack located at the north entrance to the gym on the main floor of the school.

We are also looking for a few items that students are missing:

**Apple AirTag** - a student has lost an AirTag marked "R". Please return to the office if found.

**Black Columbia jacket** with silver lining and faux fur lining the hood.

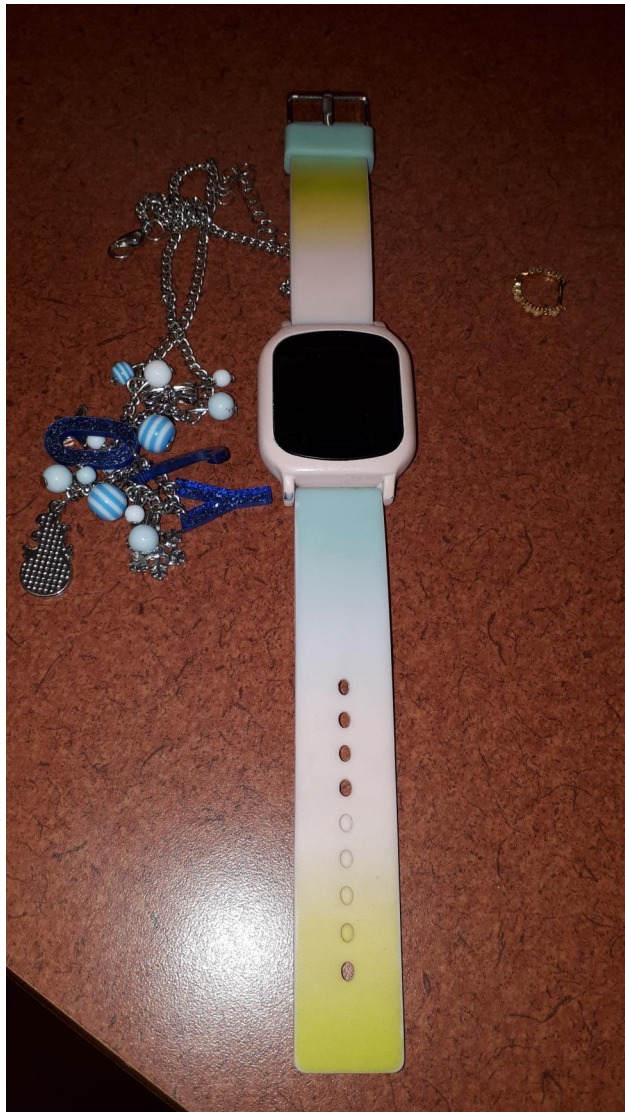
**Grey jacket** with pink fleece lining with hoodie

Thank you.

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<sup>15</sup><https://www.vsb.bc.ca/>





## School Calendar & Upcoming Dates





The **2023-2024 School Calendar and other information is available on our school website**<sup>16</sup>.

Please visit the school website regularly for the most up to date information regarding JQ activities and events.

Upcoming events are listed on the school website homepage and on the Calendar<sup>17</sup> page. Click the List View tab on the Calendar page for list of upcoming events.

## Dates to Note



**Wednesday, February 12:** Hot Chocolate sale after school

**Friday, February 14:** Professional Development Day - no school for students

**Monday, February 17:** Family Day Statutory Holiday

**Wednesday, February 19:** PAC Meeting from 7:00 to 8:00 pm

**Friday, February 20:** Last day to order coffee for the Grade 7 fundraiser

**Wednesday, February 26:** Pink Shirt Day

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<sup>16</sup><https://www.vsb.bc.ca/jules-quesnel>

<sup>17</sup><https://www.vsb.bc.ca/jules-quesnel/page/2257/calendar?tab=monthview>

Art in the Hallways







## JQ PAC Updates



## Active First Friday



This **Friday, February 7th** will be our second Active Friday of 2025! It may not be ideal weather for biking or arriving by scooter but we know that many of you are walking due to the snowy weather this week. What could be better than a hot chocolate waiting to warm you up when you arrive at school in tomorrow's chilly weather. See you there!

## Upcoming PAC Meeting Dates

The next PAC meetings are scheduled on the following dates:

Wednesday, February 19

Wednesday, April 23

Wednesday, May 21 (AGM)

The meetings are scheduled to run between 7pm to 8pm. We will continue to have free child care for in person attendees.

Meeting will be in hybrid form and a link will be sent closer to the date and time. For those wishing to attend in person, the meetings will take place in Room 206.

## JQ Salmon Stream - walking school bus



We are excited to announce the launch of our Walking School Bus (WSB) initiative, also known as the JQ Salmon Stream! (Thank you to Barend for coming up with this great name at our PAC meeting!) This program aims to encourage active and safe transportation to school while fostering a sense of community and fun among our students and families.

The idea for the Walking School Bus was discussed during a PAC meeting last year, with representatives from the Society for Children and Youth of BC present to address questions and concerns. For more details, you can review the meeting minutes here<sup>18</sup> and the accompanying presentation here<sup>19</sup>.

### How It Works

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<sup>18</sup><https://julesquesnelpac.us3.list-manage.com/track/click?u=a8e7c9494cc165c2c2cca7d75&id=e4a06cbc36&e=afa53965a6>

<sup>19</sup><https://julesquesnelpac.us3.list-manage.com/track/click?u=a8e7c9494cc165c2c2cca7d75&id=e847c0982f&e=afa53965a6>

We aim to kickstart the JQ Salmon Stream with all participants walking together, which helps to build community spirit while promoting active and safe transportation to school. Currently, two parents **Valerie Balaski and Nafisa Fera**, both parents of Grade 4 and Grade 2 students have volunteered to lead the initial routes. Each leader will walk one morning a week starting at a designated meeting point. **Over time, we hope more parents will volunteer to expand the number of walking routes and days.**

### **Current Routes**

1. **Nafisa's Route:** Meeting at the bus stop at 10th and Trimble (Shell station) at 8:30 am every Thursday. This route will proceed along 11th to 15th Avenue, with opportunities to meet families along the way.
2. **Valerie's Route:** Meeting at 10th and Blenheim St. at 8:25 am every Friday. This route will proceed along 10th Ave., Alma St, 12th Ave., Wallace St. JQ along 14th Ave.

### **Joining and Communication**

Families interested in joining the JQ Salmon Stream can connect via this dedicated WhatsApp community:

WhatsApp community<sup>20</sup>

The group features subgroups for each route, allowing for streamlined communication and updates on meeting times and routes.

### **Liability and Safety**

The program follows best practices outlined in active school travel initiatives. Volunteers accompanying children are not assuming additional liability, provided they act responsibly. For more details, we encourage you to review this document, which addresses common concerns:

Ontario Active School Travel Liability Guidelines<sup>21</sup>.

Key excerpt:

"By volunteering to accompany children on their walk to and from school, parents are not assuming responsibility for anything that may happen during the trip. Parents are expected to act responsibly... Unless they have acted in a negligent manner and that negligence caused the injury, they have nothing to fear."

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<sup>20</sup><https://julesquesnelpac.us3.list-manage.com/track/click?u=a8e7c9494cc165c2c2cca7d75&id=b18e0e4e23&e=afa53965a6>

<sup>21</sup><https://julesquesnelpac.us3.list-manage.com/track/click?u=a8e7c9494cc165c2c2cca7d75&id=cb892685ea&e=afa53965a6>

## Get Involved!

We look forward to seeing our community come together to support the JQ Salmon Stream! If you are interested in joining or volunteering, please let us know. Together, we can make this a successful and enjoyable initiative for our students

## Hot Lunch Program

Hot lunch is offered on Tuesdays and Thursdays and pizza lunch on Fridays. Ordering is now open at [munchalunch.com](http://munchalunch.com)<sup>22</sup>. If you don't have an account set up, you will need to create one to order food for your student. **Orders must be in by 9am for the following day's hot lunch meal.**

If you have any questions, please direct them to the hot lunch & pizza lunch coordinators (Helene, Kate & Annie) at [jqhotlunchpizza@gmail.com](mailto:jqhotlunchpizza@gmail.com)<sup>23</sup>

## PAC Newsletter

If you are not receiving the PAC Newsletter and you would like to:

Add us to your address book<sup>24</sup>

Want to change how you receive these emails?

You can update your preferences<sup>25</sup> or unsubscribe<sup>26</sup>

JQ Parent Advisory Council

3050 Crown Street, Vancouver, BC, Canada

Vancouver, BC V6R4K9

Canada

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<sup>22</sup><https://julesquesnelpac.us3.list-manage.com/track/click?u=a8e7c9494cc165c2c2cca7d75&id=4cf65b4a26&e=afa53965a6>

<sup>23</sup><mailto:jqhotlunchpizza@gmail.com>

<sup>24</sup><https://julesquesnelpac.us3.list-manage.com/vcard?u=a8e7c9494cc165c2c2cca7d75&id=cf68741d5b>

<sup>25</sup><https://julesquesnelpac.us3.list-manage.com/profile?u=a8e7c9494cc165c2c2cca7d75&id=cf68741d5b&e=afa53965a6&c=a3093351af>

<sup>26</sup><https://julesquesnelpac.us3.list-manage.com/unsubscribe?u=a8e7c9494cc165c2c2cca7d75&id=cf68741d5b&t=b&e=afa53965a6&c=a3093351af>



## Community Links

See below for information regarding community activities, events and programs.

### UN International Day for Women and Girls in Science - February 11

ICORD is hosting a celebration in honour of the UN International Day for Women and Girls in Science on February 11 from 3:30 to 5:30 at the Blusson Spinal Cord Centre. Scientists and future scientists of all ages and genders are invited to celebrate women and girls in science, enjoy light refreshments, and have fun with science, technology, engineering, and math-related demonstrations and displays.

Special guests include Science World, Ethós Lab, and Geering Up! Engineering Outreach. There will also be displays/demos by the Gynecologic Cancer Initiative, STEMCELL Technologies, seed2STEM, and the UBC MRI Centre.

Here's the registration link: <https://www.eventbrite.ca/e/1090094083749?aff=oddtcreator>

icord special event:

Current and future scientists of all ages and genders (and their parents / caregivers) are invited to celebrate women and girls in science, enjoy light refreshments, and have fun with science, technology, engineering, and math-related demonstrations and displays!

*Celebrate the United Nations'*  
**International Day for  
Women & Girls in Science**

Tuesday February 11, 3:30-5:30pm

Blusson Spinal Cord Centre Atrium  
818 W. 10th Avenue (@ Willow), Vancouver



**Free! Everyone welcome!**  
Scan the code to register.

For more information, email [admin@icord.org](mailto:admin@icord.org) or call 604-675-8844.

With special guests:



## BC Family French Camp

Keep your kids speaking French during the summer - Come join us at one of the BC Family French Camps in Summerland, Gwillim Lake, or Nanaimo run with moniteurs (councillors) from Quebec. As a JQ family that has been attending BCFFC for the past 10 years, we can definitely attest to the fun and enjoyment at camp, for both kids and parents! And parents don't need to speak French. Please find more details in the attached flyer, or at <https://bcffc.com>. If you have any questions about the camp, you can contact me, Anthony Lee (Milena's dad) at [treasurer@bcffc.com](mailto:treasurer@bcffc.com)<sup>27</sup>



**Summer Dates**

BC Family French Camp is offered in three different locations across the province. Activities at each location are unique and tailored to the local geography.

**Okanagan**  
(Summerland)  
July 5 - 12, 2025

**Gwillim Lake**  
(between Chetwynd and Tumbler Ridge)  
July 19-26, 2025

**Vancouver Island**  
(Nanaimo)  
Week 1: August 9-16, 2025  
Week 2: August 16-23, 2025

**Camp Registration**  
Returning campers: February 16, 2025  
New campers: February 23, 2025

**BCFFC.com**

BC Family French Camp is proudly supported by:



Canadian Parents for French  
BRITISH COLUMBIA  
& YUKON

All campers are required to be members of CPF in good standing. CPF memberships are now FREE! Sign up using your email address as proof of membership before registration opens: CPF.ca



BRITISH COLUMBIA  
Supported by the Province of British Columbia



Canada

*At BC Family French Camp, French Immersion and Francophone students bring their families along to camp!*

Families camp in their own tents or trailers during the week. Together we form a tight community surrounded by the sounds of children playing and singing in French led by their energetic and engaging Francophone counsellors!

- ★ Parents don't need to be able to speak French!
- ★ Programs are available for children entering kindergarten all the way to teens completing high school
- ★ Dynamic and capable Francophone moniteurs (counsellors) keep children highly motivated all week
- ★ Parents enjoy a rewarding blend of leisure time and active participation in the camp
- ★ Evening activities are fun for the whole family!



**BCFFC.com**  [bcfamilyfrenchcamp/](https://www.instagram.com/bcfamilyfrenchcamp/)  [facebook.com/bcffc007/](https://www.facebook.com/bcffc007/)

<sup>27</sup><mailto:treasurer@bcffc.com>

## Jericho Baseball

### JB Logo



### **Jericho Little League Baseball**

Registration is open for this spring's Little League Baseball season with Jericho Baseball. It's a fantastic opportunity for your child to learn teamwork, build confidence, and have a great time on the field.

**Who:** All kids ages 3-12.

**Where:** Practices and games at Trimble Park, Carnarvon Park and Locarno Park.

**Cost:** Varies by age level. See fees for more information<sup>28</sup>.

**📅📅 When:** April to June. Registration ends February 4th. Register here.<sup>29</sup>

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<sup>28</sup><https://julesquesnelpac.us3.list-manage.com/track/click?u=a8e7c9494cc165c2c2cca7d75&id=0939d16e28&e=afa53965a6>

<sup>29</sup><https://julesquesnelpac.us3.list-manage.com/track/click?u=a8e7c9494cc165c2c2cca7d75&id=68e6a98750&e=afa53965a6>

We want to ensure that everyone who wants to play, can play - regardless of their financial situation. Funding may be available through Kidsport. Please visit their site for more information.

<sup>30</sup>**Jules Quesnel is in Jericho's boundaries making all students of JQ eligible to play Jericho Baseball.** We hope to see you out on the field!

## Pink Shirt Art Contest

Here is some exciting news to share something we received from Pink Shirt Day Canada:

We're thrilled to invite young artists to share their creativity for **Pink Shirt Day 2025!** Thanks to our presenting partner, **Fortis BC** we are offering one lucky artist a chance to win a **\$500 OPUS gift card.**

This year's theme, **"Let Kindness Grow"** celebrates the power of kindness to bring people together. Your artwork could inspire others across Canada—and perhaps even beyond!

Selected pieces may be featured on our social media channels and website as part of this year's campaign.

You can check it out here: Submit Your Artwork<sup>31</sup>. **Deadline for submissions is February 26 and draw date is February 27.**

Thank you for helping us spread kindness and creativity!



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<sup>30</sup><https://julesquesnelpac.us3.list-manage.com/track/click?u=a8e7c9494cc165c2c2cca7d75&id=da3002d85f&e=afa53965a6>

<sup>31</sup><https://julesquesnelpac.us3.list-manage.com/track/click?u=a8e7c9494cc165c2c2cca7d75&id=8cd13947e1&e=afa53965a6>

## RBL 2025 Winter Basketball Programs

<https://rblbasketball.com/>

## YMCA Generation Health Program

### **Free Winter Program for Families**

*Generation Health is a **FREE 10-week healthy lifestyle program** for children and their families, delivered through YMCA BC and in partnership with the Childhood Healthy Living Foundation. Program participants will meet virtually or in person to learn about healthy eating, physical activity, goal setting, body image, self-esteem and more!*

*We have 4 program days to choose from: Starting in February- Tuesdays (In Person at the Tong Louie YMCA) or Wednesdays, Thursdays, or Fridays Virtually from 6:30-8:30 pm. This program requires prior registration through these details: phone 1-888-650-3141 or send an e-mail to [generationhealth@bc.ymca.ca](mailto:generationhealth@bc.ymca.ca)<sup>32</sup> .*

***Families who join this program receive a complimentary membership to the YMCA.***

## Dunbar Little League

Dunbar Little League has been the focal point of the Dunbar community by providing baseball for girls and boys ages 4-12. The season runs from April to June and all games are played at Memorial Park West and Balaclava Park.

Registration is NOW OPEN!

<https://dunbarbaseball.ca/registration/>

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<sup>32</sup><mailto:generationhealth@gv.ymca.ca>

**Thank you for reading!**

## **Contact Us**



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Visit us on the web at <https://www.vsb.bc.ca/jules-quesnel>.

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