

JQ eNews - 2025.02.21

JQ eNews, including information about school procedures, activities and events is emailed to families every week. Please also visit the VSB website¹ and the JQ school website² for information regarding district and school events.

eNews Table of Contents

To view a Table of Contents for the eNews, if you click the icon at the bottom right of your screen when looking at the eNews, it will allow you to navigate directly to a section of your choosing.

¹<https://www.vsb.bc.ca>

²<https://www.vsb.bc.ca/jules-quesnel>

Safe Arrival and Reporting Student Absences



To report your child's absence, please call **604-713-5159, Ext. 39**, or email jquattendance@vsb.bc.ca³ prior to 9:00 AM on the first day of the absence. If your child arrives late to school, they should report to the office and sign-in.

Please ask your child to check in with the Office if arriving late, this way we know your child is on site. Thank you.

Stranger awareness and safety at school

Please remember and practice the following stranger awareness and safety procedures to help keep the school community safe.

If you are entering the building, please remember to sign in and sign out upon leaving. If your child is arriving late to school, please check your child in at the front office and leave through the front doors. As a reminder, we have staff supervision before and after school from 8:40 – 8:55 a.m. and 2:58 – 3:13 p.m.

³<mailto:jquattendance@vsb.bc.ca>

The safety of our students and staff is our top priority. We will also continue speaking with students about stranger awareness and things they can do to be safe. We also encourage you to reinforce these safety tips with your child.

- **Stranger awareness:** Encourage your child to be aware of their surroundings and to remember that not everyone they encounter is trustworthy. Emphasize the importance of maintaining a safe distance from strangers, especially when unaccompanied by a trusted adult.
- **Safe routes:** Establish clear, designated routes to and from school and encourage them to walk together with friends and others they know. Ensure that your child knows the safest places to seek help if they ever feel uncomfortable.
- **Seek assistance:** Encourage them to have open communication with teachers, school staff or other trusted adults, especially when faced with uncomfortable situations. Remind them that seeking help is a sign of strength and maturity.
- **Information sharing:** Remind them not to disclose personal information, such as their address or contact details, to people they do not know and trust.
- **Role-play:** Engage in role-playing exercises at home to help your child understand how to respond if approached by a stranger. Practicing these scenarios can help them to react appropriately in real-life situations.

By equipping students both at school and at home with necessary knowledge and skills, we can support them to make informed decisions and help protect their safety and well-being.

Fresh to You Spring Fundraiser

JQ is making a healthy choice in fundraising by selling top quality fruits and vegetables from BC.

Help us:

- Meet our school's fundraising goals (**proceeds will help pay for this year's grade 7 camp**)
- Support healthy choices
- Support local growers and producers

40% of sales go to the school.

Here's what's in the \$25 bundle:

- 2lb carrots

- 3lb apples
- 5lb beets
- 5lb potatoes

One or more bundles can be purchased on School Cash Online (<https://vsb.schoolcashionline.com/>) until Wednesday, March 12.

Bundles will be available in April - date to be advised.



FRESH TO YOU
FUNDRAISER

SCHOOL FRUIT
AND VEGETABLE
NUTRITIONAL
PROGRAM

The Fresh to You Fundraiser is a great way to fundraise with healthy food choices while making a 40% profit for your school.

Here's
What's in
the Bundles



We love to eat fresh
fruits and vegetables!



Basic bundle \$25

2 lb Carrots
3lb Ambrosia Apples
5lb Golden BC Beets
5lb Russet Potatoes

Our school is making a healthy choice in fundraising by selling top quality fruits and vegetables from BC.

Help us:

- 🍎 **meet our school's fundraising goals**
- All proceeds to support grade 7 camp
- 🍎 **support healthy choices**
- 🍎 **support local growers and producers**

Fundraising Dates: February 18 - March 13, 2025

Fundraising Coordinator: Monsieur D & Monsieur Sankey

Revised January 2025



Westside Wrestling Program

Next week, all JQ students will participate in the Westside Wrestling Program during class gym period. This program was originally scheduled for December but had to be postponed.


Westside Wrestling Club is a not for profit society that was born out of the combination of all the high schools on the West side of Vancouver training together as one team. It has now grown to include a program for children 5-12 years old and adults of all ages.

For all ages the main goal is to have fun and get more kids playing sports. The Program offers a combination of gymnastics with games and wrestling techniques to develop physical literacy.

Coaches are all past University and Olympic wrestlers with a deep knowledge and love for the sport.

It is hoped that skills learned will help develop self-confidence, self-discipline, fitness and physical literacy for students.

Notice of Construction Extension



February 2025 BCH REFERENCE NO: 453-U07-01170
FTC PROJECT NO: 3864

NOTICE OF CONSTRUCTION
Extension: Feb 15 to March 1

Dear Neighbour,

We will be working in your area on behalf of BC Hydro and would like to inform you of the upcoming work.

Our work involves installing underground civil infrastructure on public property impacting both sides of Crown St (2900 Block) between West 13th Avenue and West 14th Avenue.

Note: there will also be construction work on February 15th, 22nd and March 1st (Saturdays) between the hours of 7:00 a.m. and 8:00 p.m.

Generally, we will work weekdays between 9:30 a.m. and 2:30 p.m.

To ensure the safety of the public and our employees, temporary disruptions to vehicle and pedestrian traffic may be necessary. Lane and road access will be maintained and directed by traffic control personnel.

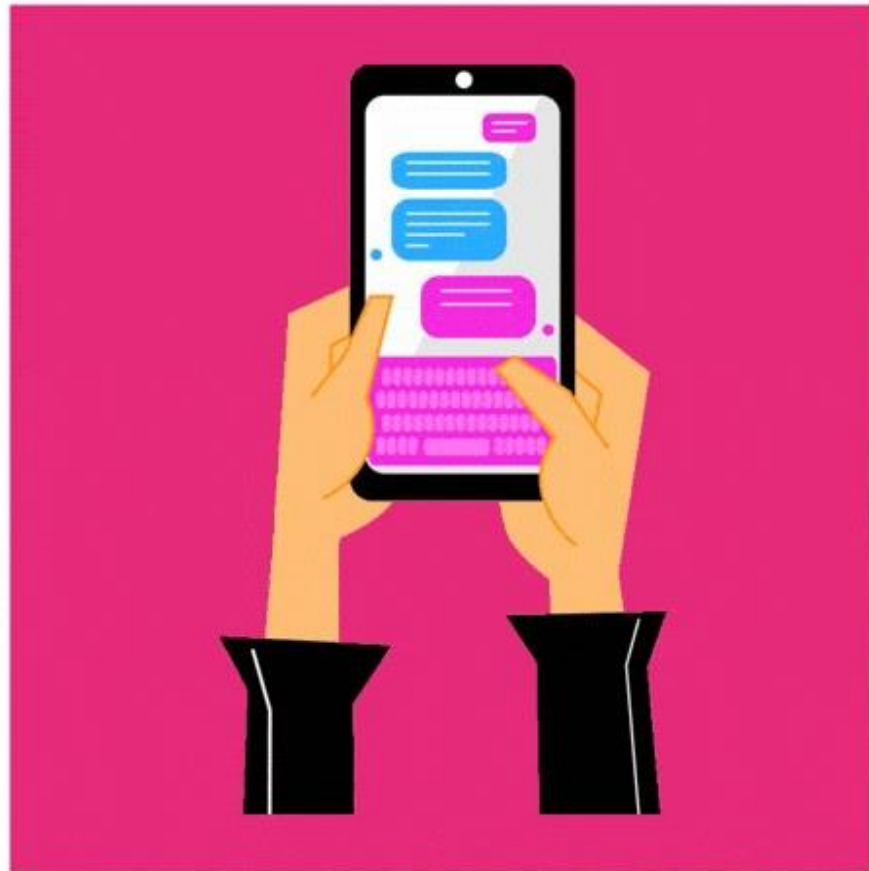
Should you have any questions about this project, please contact us at: projects@bchydro.com or 604-623-4472.

Thank you for your patience and understanding while we complete this project in an efficient and safe manner.

Lunches and snacks

A friendly reminder to send your child with enough food and snacks for the day. A snack is needed on hot lunch days and we suggest sending an extra snack if your child is participating in an after school program. Your child may be going through a growth-spurt and is a little more hungrier than usual.

Personal Digital Device Survey



In July of 2024, as required by the BC Ministry of Education and Child Care, and in order to foster a safe and focused learning environment, the VSB Student Code of Conduct was revised to restrict students' use of personal digital devices (cell phones, tablets, electronic devices).

In elementary schools, students' personal digital devices are to be turned off and out of sight from 9:00 am to 3:00 pm. In secondary schools the same expectation holds during instructional time. The use of personal digital devices is permitted only for educational purposes, when directed by an educator or as outlined in a student's IEP.

This anonymous survey, open until February 28, 2025, aims to assess the impact of this change on students, classrooms, and learning within our school district.

Students and staff are being asked to complete the survey. To complete the survey with your child, scan the QR code below. You may be prompted to sign in using your child's VSB login credentials.



Pink Shirt Day - February 26



This year's Pink Shirt Day is **Wednesday, February 26th**.

In BC, Day of Pink (aka Pink Shirt Day, No Bullying Day) is celebrated annually on the last Wednesday in February. A day where communities and schools across the province, can unite in celebrating diversity and raising awareness to stop homophobic, transphobic and all other forms of bullying.

JQ students and staff are invited to wear a pink shirt or other clothing/accessories in pink. Students who do not wish to dress in pink or do not own pink clothing items, are invited to dress in their favourite colour.

Will you be returning to JQ in September 2025?

Please continue to inform us if you will be moving before September 2025 and are planning to attend another school in the fall. If you are unsure of your future plans or if your situation changes before the end of the school year, please contact the office directly via email to let us know of your updated plans. Thank you.

Elementary Choral Festival - Tuesday, March 4

The JQ choir will be participating in the Vancouver School District Elementary Choir Festival.

We will be performing with a number of district school choirs.

DATE: TUESDAY MARCH 4th

LOCATION: JOHN OLIVER SECONDARY SCHOOL AUDITORIUM (41st & Fraser)

EVENT SCHEDULE:

-ARRIVE at 6:15 pm and head to the Cafeteria

- 6:30 Mass Choir rehearsal (We will be singing two pieces as a mass choir)

-7:00pm Concert starts

-8:45 to 9:00pm Expected finish time (There are 6 schools performing + the two group pieces)

More information will come from Mme Young.

If you have not already done so, please return the permission slip to Mme Young next week.
Thank you.

Lost and Found



The Lost and Found rack is filling up with hoodies and a few winter jackets. If your child is missing any clothing items, please check the rack located at the north entrance to the gym on the main floor of the school.

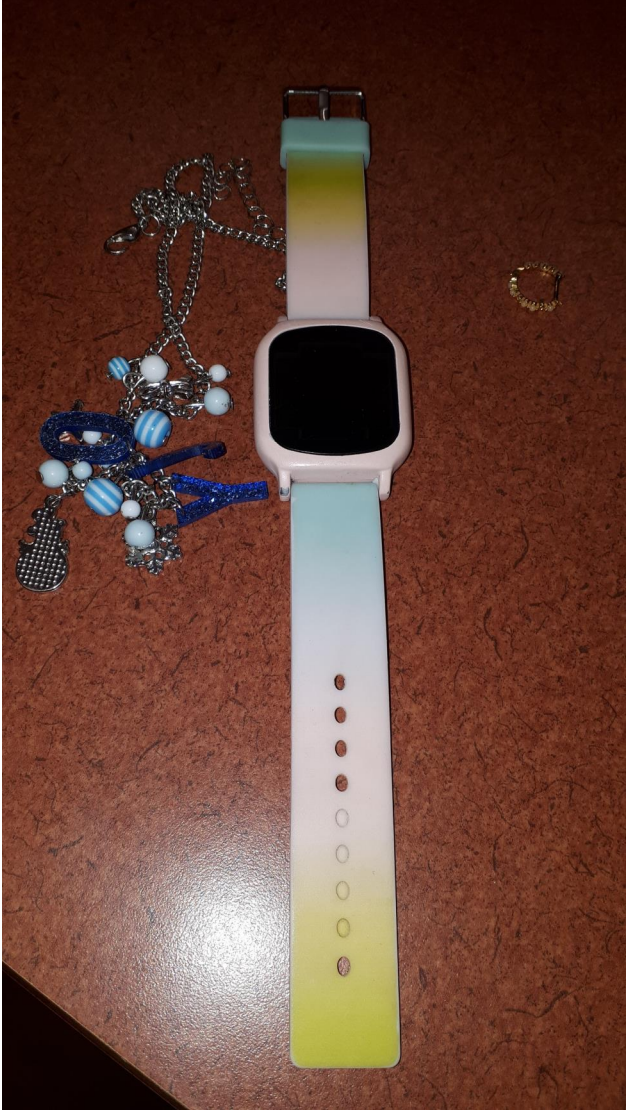
We are also looking for a few items that students are missing:

Apple AirTag - a student has lost an AirTag marked "R". Please return to the office if found.

Black Columbia jacket with silver lining and faux fur lining the hood.

Grey jacket with pink fleece lining with hoodie

Thank you.



School Calendar & Upcoming Dates



The 2023-2024 School Calendar and other information is available on our school website⁴.

Please visit the school website regularly for the most up to date information regarding JQ activities and events.

Upcoming events are listed on the school website homepage and on the Calendar⁵ page. Click the List View tab on the Calendar page for list of upcoming events.

Dates to Note



⁴<https://www.vsb.bc.ca/jules-quesnel>

⁵<https://www.vsb.bc.ca/jules-quesnel/page/2257/calendar?tab=monthview>

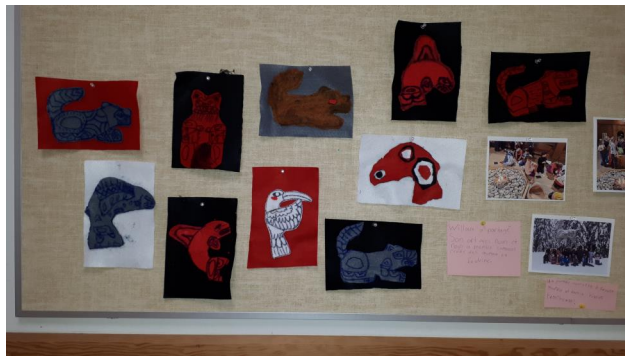
Wednesday, February 26: Pink Shirt Day

Monday, March 10: Class Photo Day

Monday, March 17 to Friday, March 28: Spring Break

Art in the Hallways











JQ PAC Updates



Spring Party for grades 4 to 7

JQ PAC and Grade 7 Committee is pleased to invite intermediate students to join this amazing community event!

Who: Jules Quesnel Intermediate Students (Grades 4-7)

When: Wednesday, March 5th from 6-8pm

Where: Kitsilano Neighbourhood House - 2305 W 7th Ave (@ Vine Street)

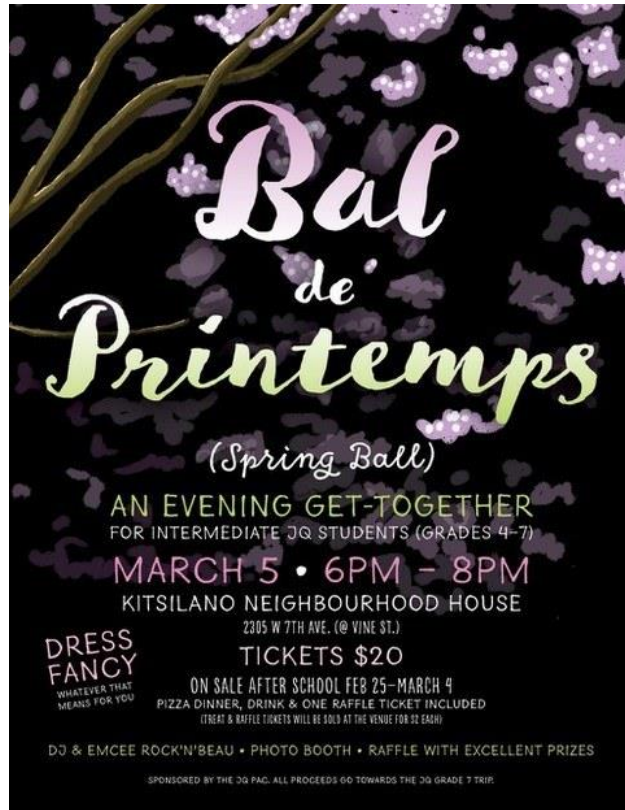
Get ready for an amazing time with delicious pizza, a live DJ & EMCEE Rock'n'Beau, Photo Booth, and excellent raffle prizes! Dress fancy or however springtime fancy looks to you—just be ready to party!

Tickets: \$20 (includes pizza dinner, drink, photo booth and 1 raffle ticket).

Tickets will go on sale after school from Tuesday, February 25 to Tuesday, March 4th.

Children are welcomed to purchase extra raffle tickets and treats for 2 dollars each.

This is a parent-sponsored event. It is not sponsored by Jules Quesnel Elementary School staff or the Vancouver School District.



Call for volunteers - Bal de Printemps

We are still looking for volunteers to support the **Bal de Printemps** on **March 5, 2025**. We would love volunteers to bake or purchase treats and snacks to sell at the event, volunteers to source raffle items or volunteers to chaperone or help on the evening of the event. This is going to be a fun event for grades 4-7 as well as being an important fundraiser.

This is a parent-sponsored event. It is not sponsored by Jules Quesnel Elementary School staff or the Vancouver School District.

https://docs.google.com/spreadsheets/d/1SmwGumkrA_xPNyqwkm8BAXwBF6_Ta_iBTKaSxdQgFMQ/edit?gid=247290350#gid=247290350

Upcoming PAC Meeting Dates

The next PAC meetings are scheduled on the following dates:

Wednesday, April 23

Wednesday, May 21 (AGM)

The meetings are scheduled to run between 7pm to 8pm. We will continue to have free child care for in person attendees.

Meeting will be in hybrid form and a link will be sent closer to the date and time. For those wishing to attend in person, the meetings will take place in Room 206.

Spring Extracurricular Activities - Registration open

REGISTER TODAY

The following programs take place after school this Spring. Don't miss out!

Mondays - Lights Up⁶ - Apr 7 to Jun 23 - 3 to 5:15 pm - Gr K to 7 - \$365

This season's production will be "Magic School Bus". Watch your students recreate Ms Frizzle's adventures in the season's show!

Tuesdays - Petit Architect⁷ - Apr 8 to Jun 17 - 3 to 4:35 pm - Gr 1 to 5 - \$352

This very popular program returns for a second time with all new activities. Don't miss your spot!

Wednesdays - STEAM4KIDS⁸ - Apr 9 to Jun 11 - 3 to 4:05 pm - Gr K to 7 - \$187.50

New to JQ! The discovery SCIENCE program offers exciting hands-on science-based activities, demonstrations, individual & group experiments, and amazing take-homes.

Thursdays - Yoga Buggy⁹ - Apr 10 - 3 to 4:30 pm - Gr K to 3

Interest form to come through students via Community School Coordinator. Namaste!

⁶<https://lightsuptheatre.ca/afterschool/jq/>

⁷<https://campscui.active.com/orgs/PetitArchitectDesignforKids?season=3550631&session=65830046>

⁸https://docs.google.com/forms/d/e/1FAIpQLSdgrP6zxHLT9otE-g_1BCUWixcm7OrbfHAX1ZDD0jUtD3sbGQ/viewform

⁹<https://www.yogabuggy.com/>

Fridays - Pedal Head Soccer^{10 11}(formerly Happy Feet Soccer) - Apr 4 to Jun 20 - 3 to 4 pm - K to 7 - \$195.50

Hang out in the gym after school to practice soccer skills with a new mascot ball!

Please send any questions to Talia (parent) at jqexcurricular@gmail.com¹²

JQ Salmon Stream - walking school bus



¹⁰[https://pedalheads.com/en/camp?region=1&cities=3&locationName=\[{"name"%3A"Point+Grey+-+Jules+Quesnel+Elementary"%2C"locationIds"%3A\["1723"\]}\]}&programs=1012&seasons=0&vh=true&ph_search=true#camp-list](https://pedalheads.com/en/camp?region=1&cities=3&locationName=[{)

¹¹[https://pedalheads.com/en/camp?region=1&cities=3&locationName=\[{"name"%3A"Point+Grey+-+Jules+Quesnel+Elementary"%2C"locationIds"%3A\["1723"\]}\]}&programs=1012&seasons=0&vh=true&ph_search=true#camp-list](https://pedalheads.com/en/camp?region=1&cities=3&locationName=[{)

¹²<mailto:jqexcurricular@gmail.com>

We are excited to announce the launch of our Walking School Bus (WSB) initiative, also known as the JQ Salmon Stream! (Thank you to Barend for coming up with this great name at our PAC meeting!) This program aims to encourage active and safe transportation to school while fostering a sense of community and fun among our students and families.

The idea for the Walking School Bus was discussed during a PAC meeting last year, with representatives from the Society for Children and Youth of BC present to address questions and concerns. For more details, you can review the meeting minutes here¹³ and the accompanying presentation here¹⁴.

How It Works

We aim to kickstart the JQ Salmon Stream with all participants walking together, which helps to build community spirit while promoting active and safe transportation to school. Currently, two parents **Valerie Balaski and Nafisa Fera**, both parents of Grade 4 and Grade 2 students have volunteered to lead the initial routes. Each leader will walk one morning a week starting at a designated meeting point. **Over time, we hope more parents will volunteer to expand the number of walking routes and days.**

Current Routes

1. **Nafisa's Route:** Meeting at the bus stop at 10th and Trimble (Shell station) at 8:30 am every Thursday. This route will proceed along 11th to 15th Avenue, with opportunities to meet families along the way.
2. **Valerie's Route:** Meeting at 10th and Blenheim St. at 8:25 am every Friday. This route will proceed along 10th Ave., Alma St, 12th Ave., Wallace St. JQ along 14th Ave.

Joining and Communication

Families interested in joining the JQ Salmon Stream can connect via this dedicated WhatsApp community:

WhatsApp community¹⁵

The group features subgroups for each route, allowing for streamlined communication and updates on meeting times and routes.

¹³<https://julesquesnelpac.us3.list-manage.com/track/click?u=a8e7c9494cc165c2c2cca7d75&id=e4a06cbc36&e=afa53965a6>

¹⁴<https://julesquesnelpac.us3.list-manage.com/track/click?u=a8e7c9494cc165c2c2cca7d75&id=e847c0982f&e=afa53965a6>

¹⁵<https://julesquesnelpac.us3.list-manage.com/track/click?u=a8e7c9494cc165c2c2cca7d75&id=b18e0e4e23&e=afa53965a6>

Liability and Safety

The program follows best practices outlined in active school travel initiatives. Volunteers accompanying children are not assuming additional liability, provided they act responsibly. For more details, we encourage you to review this document, which addresses common concerns:

Ontario Active School Travel Liability Guidelines¹⁶.

Key excerpt:

"By volunteering to accompany children on their walk to and from school, parents are not assuming responsibility for anything that may happen during the trip. Parents are expected to act responsibly... Unless they have acted in a negligent manner and that negligence caused the injury, they have nothing to fear."

Get Involved!

We look forward to seeing our community come together to support the JQ Salmon Stream! If you are interested in joining or volunteering, please let us know. Together, we can make this a successful and enjoyable initiative for our students

Hot Lunch Program

Hot lunch is offered on Tuesdays and Thursdays and pizza lunch on Fridays. Ordering is now open at munchalunch.com¹⁷. If you don't have an account set up, you will need to create one to order food for your student. **Orders must be in by 9am for the following day's hot lunch meal.**

If you have any questions, please direct them to the hot lunch & pizza lunch coordinators (Helene, Kate & Annie) at jqhotlunchpizza@gmail.com¹⁸

PAC Newsletter

If you are not receiving the PAC Newsletter and you would like to:

Add us to your address book¹⁹

Want to change how you receive these emails?

¹⁶<https://julesquesnelpac.us3.list-manage.com/track/click?u=a8e7c9494cc165c2c2cca7d75&id=cb892685ea&e=afa53965a6>

¹⁷<https://julesquesnelpac.us3.list-manage.com/track/click?u=a8e7c9494cc165c2c2cca7d75&id=4cf65b4a26&e=afa53965a6>

¹⁸<mailto:jqhotlunchpizza@gmail.com>

¹⁹<https://julesquesnelpac.us3.list-manage.com/vcard?u=a8e7c9494cc165c2c2cca7d75&id=cf68741d5b>

You can update your preferences²⁰ or unsubscribe²¹

JQ Parent Advisory Council

3050 Crown Street, Vancouver, BC, Canada

Vancouver, BC V6R4K9

Canada

Community Links

See below for information regarding community activities, events and programs.

Free Spring Break Track & Field Camps for Kids - Register Now!

We are excited to announce that the Vancouver Thunderbirds Track & Field Club is hosting their annual FREE Spring Break Camps! This is an incredible opportunity for kids ages 7-14 of all abilities to get active, learn new skills, and have a great time.

Camp Highlights:

- Track & Field Events: Sprints, hurdles, relays, throws
- Fun Activities: Games, team-building exercises, mini-meets
- Focus on Fitness: Develop strength, speed, and coordination

Camp Locations & Dates:

- Vancouver: Lord Byng Secondary (gymnasium)
 - Dates: March 17 – 19, 2025
 - Time: 9:00 AM – 12:00 PM
- Vancouver/Burnaby: Killarney Secondary School (gymnasium)
 - Dates: March 24 – 26, 2025

²⁰<https://julesquesnelpac.us3.list-manage.com/profile?u=a8e7c9494cc165c2c2cca7d75&id=cf68741d5b&e=afa53965a6&c=a3093351af>

²¹<https://julesquesnelpac.us3.list-manage.com/unsubscribe?u=a8e7c9494cc165c2c2cca7d75&id=cf68741d5b&t=b&e=afa53965a6&c=a3093351af>

- Time: 9:00 AM – 12:00 PM
- Surrey: North Surrey Secondary School (track)
 - Dates: March 17 – 19, 2025
 - Time: 9:00 AM – 12:00 PM

These camps are designed to help kids build confidence, learn the fundamentals of track and field, and enjoy various activities in a supportive and fun environment.

Click the link below to register for one of these Spring Break Camps.

Free Spring Break Camp Registration Page²²

We look forward to seeing your child at the camp!

Warm regards,

Blake

UBC Virtual Family Math Fair

UBC Faculty of Education is hosting a virtual family math fair on Saturday February 22, 2025 10:00am - 11:30am. The event is free but registration is required.²³

²²<https://www.thunderbirdstrack.org/spring-break>

²³<https://docs.google.com/forms/d/e/1FAIpQLScwhvv9NDpyla3e0ZDpTnL3c9dTmDXGZodvyyv2eaIDevnLiYg/viewform>



For Curious and Inquiring Minds



Photo credits left and right: Paul Joseph/UBC Brand and Marketing

Virtual Family Math Fair

Saturday Feb 22, 2025, 10:00am - 11:30am PT

Virtual through Zoom with

UBC Faculty of Education Graduate Students and Teacher Candidates



Photo credits above: Janice Nowakowski

Sat Feb 22, 2025
10:00am-11:30am PT



**Hands-on Minds-on
Math Activities for all Ages!**

All Welcome: Families, Teachers, Parents

Event FREE! | Registration Required

For more info and to register:
<https://tinyurl.com/UBCFamilyMathFair2025>

BC Family French Camp

Keep your kids speaking French during the summer - Come join us at one of the BC Family French Camps in Summerland, Gwillim Lake, or Nanaimo run with moniteurs (councillors) from Quebec. As a JQ family that has been attending BCFFC for the past 10 years, we can definitely attest to the fun and enjoyment at camp, for both kids and parents! And parents don't need to speak French. Please find more details in the attached flyer, or at <https://bcffc.com>. If you have any questions about the camp, you can contact me, Anthony Lee (Milena's dad) at treasurer@bcffc.com²⁴

²⁴<mailto:treasurer@bcffc.com>




Summer Dates

BC Family French Camp is offered in three different locations across the province. Activities at each location are unique and tailored to the local geography.

Okanagan (Summerland)
July 5 - 12, 2025

Gwiliim Lake (between Chetwynd and Tumbler Ridge)
July 19-26, 2025

Vancouver Island (Nanaimo)
Week 1: August 9-16, 2025
Week 2: August 16-23, 2025

Camp Registration
Returning campers: February 16, 2025
New campers: February 23, 2025

BCFFC.com

BC Family French Camp is proudly supported by:



Canadian Parents for French
BRITISH COLUMBIA & YUKON

All campers are required to be members of CPF in good standing. CPF memberships are now FREE! Sign up using your email address as proof of membership before registration opens: CPF.ca



BRITISH COLUMBIA
Supported by the Province of British Columbia



Canada

At BC Family French Camp, French Immersion and Francophone students bring their families along to camp!

Families camp in their own tents or trailers during the week. Together we form a tight community surrounded by the sounds of children playing and singing in French led by their energetic and engaging Francophone counsellors!

- Parents don't need to be able to speak French!
- Programs are available for children entering kindergarten all the way to teens completing high school
- Dynamic and capable Francophone moniteurs (counsellors) keep children highly motivated all week
- Parents enjoy a rewarding blend of leisure time and active participation in the camp
- Evening activities are fun for the whole family!





BCFFC.com  [bcfamilyfrenchcamp/](https://www.instagram.com/bcfamilyfrenchcamp/)  [facebook.com/bcffc007/](https://www.facebook.com/bcffc007/)

Jericho Baseball



Jericho Little League Baseball

Registration is open for this spring's Little League Baseball season with Jericho Baseball. It's a fantastic opportunity for your child to learn teamwork, build confidence, and have a great time on the field.

Who: All kids ages 3-12.

Where: Practices and games at Trimble Park, Carnarvon Park and Locarno Park.

Cost: Varies by age level. See fees for more information²⁵.

  **When:** April to June. Registration ends February 4th. Register here.²⁶

We want to ensure that everyone who wants to play, can play - regardless of their financial situation. Funding may be available through Kidsport. Please visit their site for more information.

²⁷**Jules Quesnel is in Jericho's boundaries making all students of JQ eligible to play Jericho Baseball.** We hope to see you out on the field!

Thank you for reading!

Contact Us



École Jules Quesnel Elementary School

3050 Crown Street

²⁵<https://julesquesnelpac.us3.list-manage.com/track/click?u=a8e7c9494cc165c2c2cca7d75&id=0939d16e28&e=afa53965a6>

²⁶<https://julesquesnelpac.us3.list-manage.com/track/click?u=a8e7c9494cc165c2c2cca7d75&id=68e6a98750&e=afa53965a6>

²⁷<https://julesquesnelpac.us3.list-manage.com/track/click?u=a8e7c9494cc165c2c2cca7d75&id=da3002d85f&e=afa53965a6>

Vancouver, BC, V6R 4K9

604-713-4577

studentrecordsquesnel@vsb.bc.ca²⁸

Visit us on the web at <https://www.vsb.bc.ca/jules-quesnel>.

²⁸<mailto:studentrecordsquesnel@vsb.bc.ca>