

JQ eNews - 2025.03.06

JQ eNews, including information about school procedures, activities and events is emailed to families every week. Please also visit the VSB website¹ and the JQ school website² for information regarding district and school events.

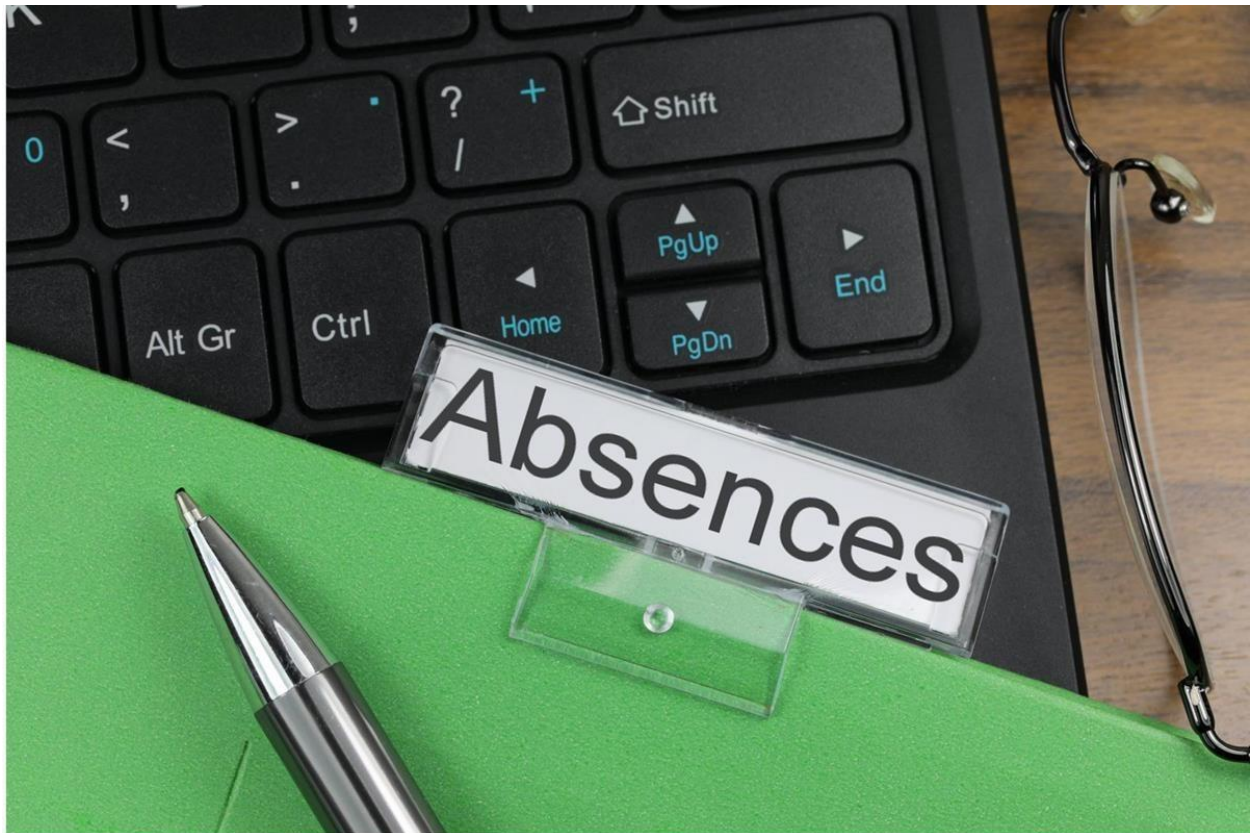
eNews Table of Contents

To view a Table of Contents for the eNews, if you click the icon at the bottom right of your screen when looking at the eNews, it will allow you to navigate directly to a section of your choosing.

¹<https://www.vsb.bc.ca>

²<https://www.vsb.bc.ca/jules-quesnel>

Safe Arrival and Reporting Student Absences



To report your child's absence, please call **604-713-5159, Ext. 39**, or email **jquattendance@vsb.bc.ca**³ prior to 9:00 AM on the first day of the absence. If your child arrives late to school, they should report to the office and sign-in.

Please ask your child to check in with the Office if arriving late, this way we know your child is on site. Thank you.

Class Photo Day - Monday, March 10

A reminder that class photo day will take place this coming **Monday, March 10th**. Photos will be taken during the morning.

Parents will be able to download a complimentary high-resolution digital class photo.

³<mailto:jquattendance@vsb.bc.ca>

GROUP PHOTO DAY IS APPROACHING



Showcase Your Best Smile

- Students will be photographed at school.
- A flyer including a complimentary high-resolution digital group photo download code will be provided once your group photos have been processed.
- Our digital groups promote environmental sustainability and provide enhanced security for all students
- Love your group photo? Your group image is also available to purchase online with ease!



DON'T FORGET

School photos are a Canadian tradition to capture the school year and preserve your continued growth.



GET REMINDERS

Sign up for notifications at edgeimaging.ca/photoday to get real-time updates about your photo day and stay in the know with Edge. Each group photo style is at the discretion of individual schools and dependent upon public health regulations.



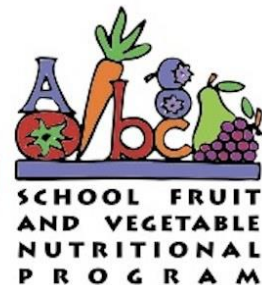
1 (866) 707-3343

edgeimaging.ca

[edgeimaging](https://edgeimaging.ca)

Fresh to You Spring Fundraiser - Order deadline, Wednesday, March 12.
Veggies will arrive after Spring Break

FRESH TO YOU FUNDRAISER



Please help support this year's grade 7 camp by ordering a Fresh to You fruit and vegetable bundle. JQ needs to sell a minimum of 40 bundles by Wednesday March 12 to be eligible. Thank you for your support!

JQ is making a healthy choice in fundraising by selling top quality fruits and vegetables from BC.

Help us:

- Meet our school's fundraising goals (**proceeds will help pay for this year's grade 7 camp**)
- Support healthy choices
- Support local growers and producers

40% of sales go to the school.

Here's what's in the \$25 bundle:

- 2lb carrots
- 3lb apples
- 5lb beets
- 5lb potatoes

One or more bundles can be purchased on School Cash Online (<https://vsb.schoolcashonline.com/>) until Wednesday, March 12.

Bundles will be available in April - date to be advised.

FRESH TO YOU FUNDRAISER



The Fresh to You Fundraiser is a great way to fundraise with healthy food choices while making a 40% profit for your school.

Here's
What's in
the Bundles



We love to eat fresh
fruits and vegetables!



Our school is making a healthy choice in fundraising by selling top quality fruits and vegetables from BC.

Help us:

- 🍎 meet our school's fundraising goals
- All proceeds to support grade 7 camp
- 🍎 support healthy choices
- 🍎 support local growers and producers

Fundraising Dates: February 18 - March 13, 2025

Fundraising Coordinator: Monsieur D & Monsieur Sankey

Revised January 2025



VSB After the Bell: Live – an online learning series for families



VSB
After the Bell: LIVE!
A LEARNING SERIES FOR FAMILIES

DATE: March 11, 2025, 6:00 - 7:00 p.m.

TOPIC: Helping kids navigate social media, AI and online safety

GUESTS: Christina Walker,
Digital Literacy Mentor Teacher
Jeff Spence,
District Principal for Learning and Information Technology

SUBMIT QUESTIONS DURING THE LIVE BROADCAST!

Introducing VSB After the Bell: Live, a new series of information sessions designed to provide families with direct access to educators and experts on key topics affecting student learning and well-being.

As an extension of our podcast, After the Bell⁴, the learning series is designed to be accessible and informative, featuring education subject matter experts, live Q&A and practical takeaways for families. For March, we will be exploring how to navigate social media, AI and online safety.

VSB After the Bell: Live

Topic: Helping kids navigate social media, AI and online safety

Date: March 11, 2025 from 6:00 - 7:00 p.m.

Who: Jeff Spence, VSB District Principal of Information technology and Christina Walker, VSB Digital Literacy Mentor Teacher

In an increasingly digital world, understanding how to be a responsible and informed online citizen is more important than ever. Join VSB After the Bell: Live for an engaging session on digital literacy, where we'll explore how students can safely and responsibly navigate the online space.

⁴<https://www.vsb.bc.ca/page/60332/podcast>

Join experts in the field to discuss key topics including navigating social media platforms (Snapchat, Discord, Instagram, TikTok), the impact of Generative AI (Copilot, ChatGPT) and essential student online safety strategies. Learn how VSB is supporting both students and educators on this journey and gain practical insights to help your child thrive in the digital age.

Have questions? Ask ahead of time to get them answered live. Submit questions here⁵.

A link to the information will be sent a day before the event.

⁵<https://statics.teams.cdn.office.net/evergreen-assets/safelinks/1/atp-safelinks.html>

Div 2 Book/Games Fair - March 12th



On the afternoon of **Wednesday March 12th**, Division 2 (M. Sankey) will be holding a Book and Games Fair in classroom 305.

- Donations of books and/or games (board games, card games, etc.) are welcome to room 305 on March 10th & 11th.
- Prices will be \$1 to \$10.
- Parents may wish to send their child with some small change next Wednesday.

Stranger awareness and safety at school

Please remember and practice the following stranger awareness and safety procedures to help keep the school community safe.

If you are entering the building, please remember to sign in and sign out upon leaving. If your child is arriving late to school, please check your child in at the front office and leave through the front doors. As a reminder, we have staff supervision before and after school from 8:40 – 8:55 a.m. and 2:58 – 3:13 p.m.

The safety of our students and staff is our top priority. We will also continue speaking with students about stranger awareness and things they can do to be safe. We also encourage you to reinforce these safety tips with your child.

- **Stranger awareness:** Encourage your child to be aware of their surroundings and to remember that not everyone they encounter is trustworthy. Emphasize the importance of maintaining a safe distance from strangers, especially when unaccompanied by a trusted adult.
- **Safe routes:** Establish clear, designated routes to and from school and encourage them to walk together with friends and others they know. Ensure that your child knows the safest places to seek help if they ever feel uncomfortable.
- **Seek assistance:** Encourage them to have open communication with teachers, school staff or other trusted adults, especially when faced with uncomfortable situations. Remind them that seeking help is a sign of strength and maturity.
- **Information sharing:** Remind them not to disclose personal information, such as their address or contact details, to people they do not know and trust.
- **Role-play:** Engage in role-playing exercises at home to help your child understand how to respond if approached by a stranger. Practicing these scenarios can help them to react appropriately in real-life situations.

By equipping students both at school and at home with necessary knowledge and skills, we can support them to make informed decisions and help protect their safety and well-being.

Yoga Buggy Spring Program - Kindergarten to Grade 3

Yoga Buggy will return to JQ shortly after Spring Break.

Building body positivity, confidence, strength, flexibility, balance, resilience, and social emotional awareness through yoga.

Location: Jules Quesnel Elementary School

When: Thursdays April 10 – June 12 (No class May 1),

Time: 3:00pm - 4:30 pm

Grades K-3 Cost: \$188 - \$20.8/class (9 Classes)

Location: Room 206

Limited Spaces

Please fill out the online form linked here: Yoga Buggy Interest Form⁶

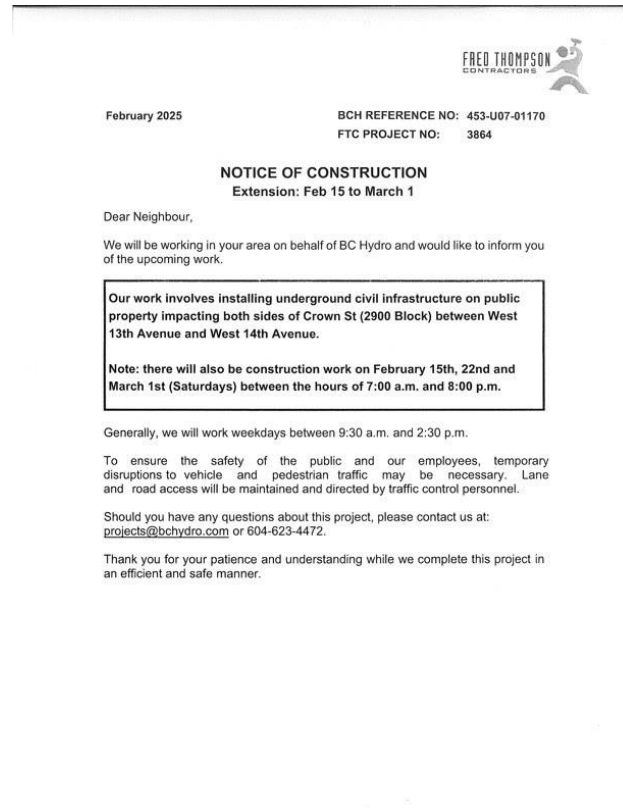
(Filling out the form does not guarantee a spot)

Please reach out to the office or Travis 604 250 6039 for a hard copy form if needed.
Questions?



⁶<https://forms.office.com/r/EFJE7u1Zwe>

Notice of Construction Extension



Lunches and snacks

A friendly reminder to send your child with enough food and snacks for the day. A snack is needed on hot lunch days and we suggest sending an extra snack if your child is participating in an after school program. Your child may be going through a growth-spurt and is a little more hungrier than usual.

Will you be returning to JQ in September 2025?

Please continue to inform us if you will be moving before September 2025 and are planning to attend another school in the fall. If you are unsure of your future plans or if your situation changes before the end of the school year, please contact the office directly via email to let us know of your updated plans. Thank you.

Lost and Found



The Lost and Found rack is full of hoodies and winter jackets. Please check the rack before Spring Break to reclaim any of your child's missing items.

Thank you.



School Calendar & Upcoming Dates



The 2023-2024 School Calendar and other information is available on our school website⁷.

Please visit the school website regularly for the most up to date information regarding JQ activities and events.

Upcoming events are listed on the school website homepage and on the Calendar⁸ page. Click the List View tab on the Calendar page for list of upcoming events.

Dates to Note



⁷<https://www.vsb.bc.ca/jules-quesnel>

⁸<https://www.vsb.bc.ca/jules-quesnel/page/2257/calendar?tab=monthview>

Friday, March 7th: Active First Friday and Maple Man Visit

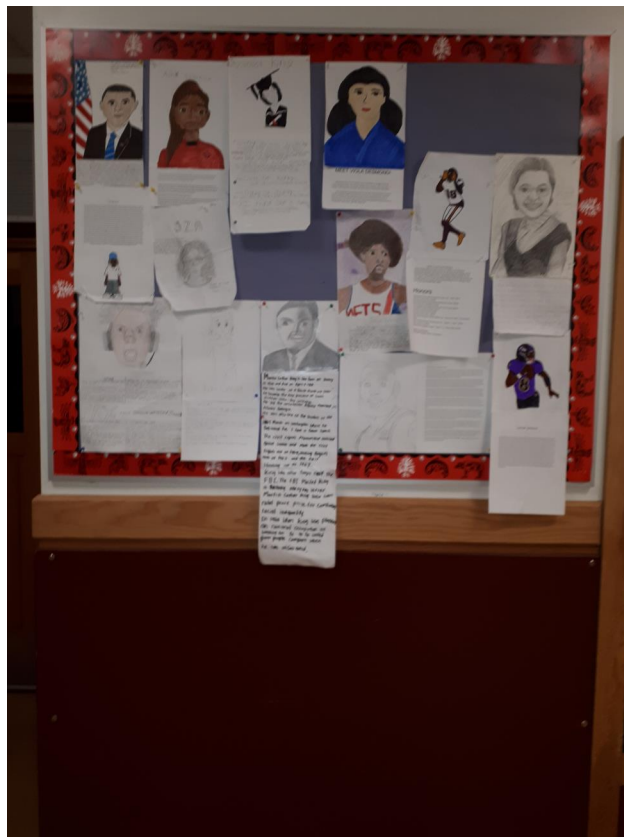
Monday, March 10: Written Learning Update No. 2 shared with families

Monday, March 17 to Friday, March 28: Spring Break

Monday, March 31: First day of school after Spring Break

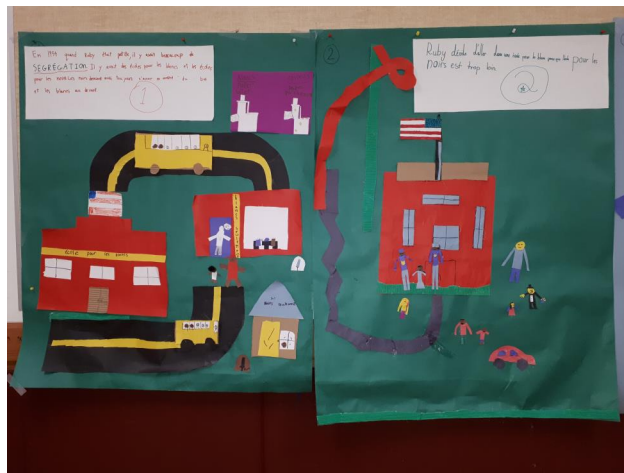
Art in the Hallways



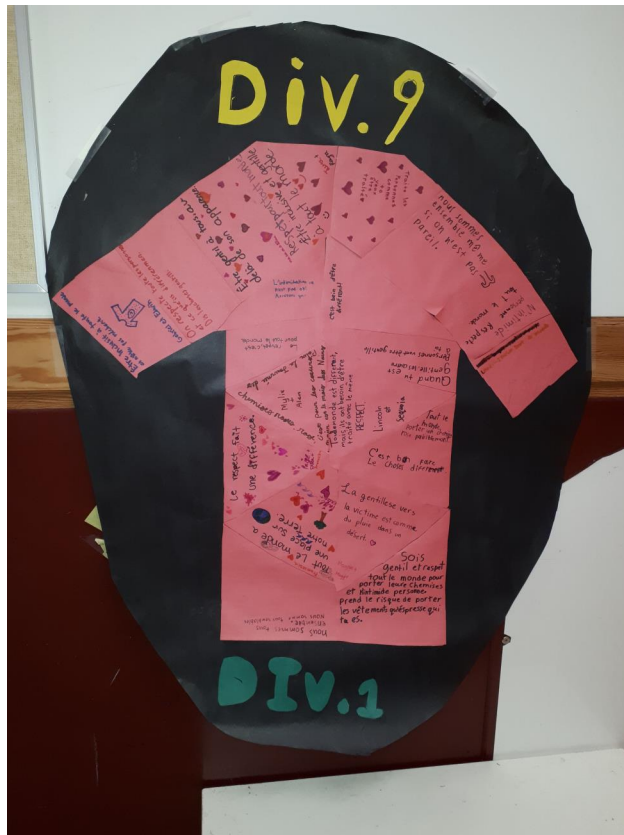


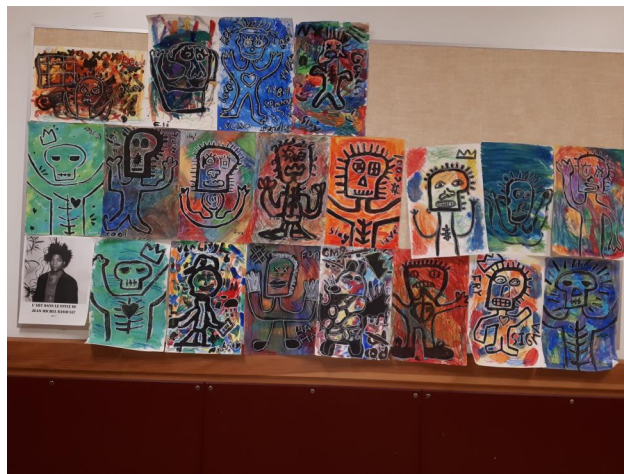


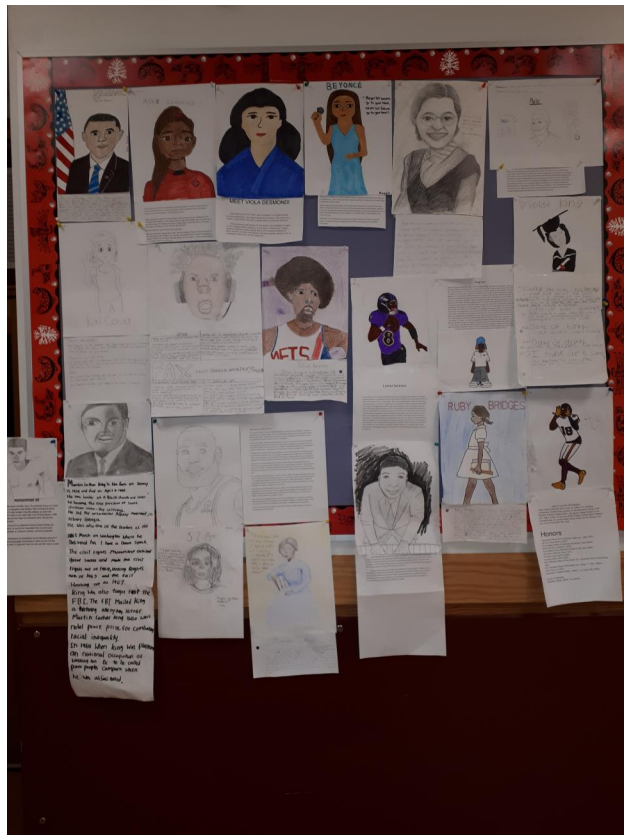
















JQ PAC Updates



Active First Friday - March 7

Spring is in the air, and your commute to school will be easier and more enjoyable. Every first Friday of the month, we encourage our students and families to arrive on foot, bike, scooter or public transportation.

We will have music 🎵 and hot chocolate ☕ waiting by the bike racks on 14th Avenue. Let us aim to fill those bike racks. Join us for a little exercise, a lot of smiles, and a strong sense of community. See you there!

Upcoming PAC Meeting Dates

The next PAC meetings are scheduled on the following dates:

Wednesday, April 23

Wednesday, May 21 (AGM)

The meetings are scheduled to run between 7pm to 8pm. We will continue to have free child care for in person attendees.

Meeting will be in hybrid form and a link will be sent closer to the date and time. For those wishing to attend in person, the meetings will take place in Room 206.

Minutes of previous meetings can be found at the following link: <https://jqpac.com/meeting-minutes/>.

Spring Extracurricular Activities - Registration open

REGISTER TODAY

The following programs take place after school this Spring. Don't miss out!

Mondays - Lights Up⁹ - Apr 7 to Jun 23 - 3 to 5:15 pm - Gr K to 7 - \$365

This season's production will be "Magic School Bus". Watch your students recreate Ms Frizzle's adventures in the season's show!

Tuesdays - Petit Architect¹⁰ - Apr 8 to Jun 17 - 3 to 4:35 pm - Gr 1 to 5 - \$352

This very popular program returns for a second time with all new activities. Don't miss your spot!

Wednesdays - STEAM4KIDS¹¹ - Apr 9 to Jun 11 - 3 to 4:05 pm - Gr K to 7 - \$187.50

New to JQ! The discovery SCIENCE program offers exciting hands-on science-based activities, demonstrations, individual & group experiments, and amazing take-homes.

Wednesdays - Smash Volleyball^{12 13} - Apr 30 to Jun 4 - 3 to 4:30pm - Apr 30 to Jun 4 - \$240

⁹<https://lightsuptheatre.ca/afterschool/jq/>

¹⁰<https://campscui.active.com/orgs/PetitArchitectDesignforKids?season=3550631&session=65830046>

¹¹https://docs.google.com/forms/d/e/1FAIpQLSdgrP6zxHLT9otE-g_1BCUWixcm7OrbfHAX1ZDD0jUtD3sbGQ/viewform

¹²<https://smashvball.sportngin.com/register/form/155183634>

¹³<https://smashvball.sportngin.com/register/form/155183634>

See you in the gym for spikes, serves and bumps.

Thursdays - Yoga Buggy¹⁴ - Apr 10 - 3 to 4:30 pm - Gr K to 3

Interest form to come through students via Community School Coordinator. Namaste!

Fridays - Pedal Head Soccer^{15 16} (formerly Happy Feet Soccer) - Apr 4 to Jun 20 - 3 to 4 pm - K to 7 - \$195.50

Hang out in the gym after school to practice soccer skills with a new mascot ball!

Please send any questions to Talia (parent) at jqexcurricular@gmail.com¹⁷

Hot Lunch Program

Hot lunch is offered on Tuesdays and Thursdays and pizza lunch on Fridays. Ordering is now open at munchalunch.com¹⁸. If you don't have an account set up, you will need to create one to order food for your student. **Orders must be in by 9am for the following day's hot lunch meal.**

If you have any questions, please direct them to the hot lunch & pizza lunch coordinators (Helene, Kate & Annie) at jqhotlunchpizza@gmail.com¹⁹

Hot Lunch Cancellations

¹⁴<https://www.yogabuggy.com/>

¹⁵[https://pedalheads.com/en/camp?region=1&cities=3&locationName=\[{"name"%3A"Point+Grey+-+Jules+Quesnel+Elementary"%2C"locationIds"%3A\["1723"\]}\]\]&programs=1012&seasons=0&vh=true&ph_search=true#camp-list](https://pedalheads.com/en/camp?region=1&cities=3&locationName=[{)

¹⁶[https://pedalheads.com/en/camp?region=1&cities=3&locationName=\[{"name"%3A"Point+Grey+-+Jules+Quesnel+Elementary"%2C"locationIds"%3A\["1723"\]}\]\]&programs=1012&seasons=0&vh=true&ph_search=true#camp-list](https://pedalheads.com/en/camp?region=1&cities=3&locationName=[{)

¹⁷<mailto:jqexcurricular@gmail.com>

¹⁸<https://julesquesnelpac.us3.list-manage.com/track/click?u=a8e7c9494cc165c2c2cca7d75&id=4cf65b4a26&e=afa53965a6>

¹⁹<mailto:jqhotlunchpizza@gmail.com>

If your child is going on a field trip and you need to cancel their hot lunch order, please remember to do so by **6:00 PM the night before** to receive a credit.

- For **Tuesday meals**, cancellations must be made by **6:00 PM on Sunday**.
- For **Thursday meals**, cancellations must be made by **6:00 PM on Tuesday**.

This ensures the lunch provider has time to adjust orders accordingly. Thank you for your cooperation!

Remember you must place your order by 9am the morning before the following day's hot lunch meal. Please email Helene, Kate or Annie at jqhotlunchpizza@gmail.com²⁰ if you have any questions.

A Huge Thank You! We also want to extend a heartfelt thank you to all the families who have supported the hot lunch program. Your participation has made this a highly successful fundraiser, directly benefiting our school community. We appreciate your continued support! We are grateful to Annie/Kate/Helene.

²⁰<mailto:jqhotlunchpizza@gmail.com>

JQ Salmon Stream - walking school bus



We are excited to announce the launch of our Walking School Bus (WSB) initiative, also known as the JQ Salmon Stream! (Thank you to Barend for coming up with this great name at our PAC meeting!) This program aims to encourage active and safe transportation to school while fostering a sense of community and fun among our students and families.

The idea for the Walking School Bus was discussed during a PAC meeting last year, with representatives from the Society for Children and Youth of BC present to address questions and concerns. For more details, you can review the meeting minutes here²¹ and the accompanying presentation here²².

How It Works

²¹<https://julesquesnelpac.us3.list-manage.com/track/click?u=a8e7c9494cc165c2c2cca7d75&id=e4a06cbc36&e=afa53965a6>

²²<https://julesquesnelpac.us3.list-manage.com/track/click?u=a8e7c9494cc165c2c2cca7d75&id=e847c0982f&e=afa53965a6>

We aim to kickstart the JQ Salmon Stream with all participants walking together, which helps to build community spirit while promoting active and safe transportation to school. Currently, two parents **Valerie Balaski and Nafisa Fera**, both parents of Grade 4 and Grade 2 students have volunteered to lead the initial routes. Each leader will walk one morning a week starting at a designated meeting point. **Over time, we hope more parents will volunteer to expand the number of walking routes and days.**

Current Routes

1. **Nafisa's Route:** Meeting at the bus stop at 10th and Trimble (Shell station) at 8:30 am every Thursday. This route will proceed along 11th to 15th Avenue, with opportunities to meet families along the way.
2. **Valerie's Route:** Meeting at 10th and Blenheim St. at 8:25 am every Friday. This route will proceed along 10th Ave., Alma St, 12th Ave., Wallace St. JQ along 14th Ave.

Joining and Communication

Families interested in joining the JQ Salmon Stream can connect via this dedicated WhatsApp community:

WhatsApp community²³

The group features subgroups for each route, allowing for streamlined communication and updates on meeting times and routes.

Liability and Safety

The program follows best practices outlined in active school travel initiatives. Volunteers accompanying children are not assuming additional liability, provided they act responsibly. For more details, we encourage you to review this document, which addresses common concerns:

Ontario Active School Travel Liability Guidelines²⁴.

Key excerpt:

"By volunteering to accompany children on their walk to and from school, parents are not assuming responsibility for anything that may happen during the trip. Parents are expected to act responsibly... Unless they have acted in a negligent manner and that negligence caused the injury, they have nothing to fear."

²³<https://julesquesnelpac.us3.list-manage.com/track/click?u=a8e7c9494cc165c2c2cca7d75&id=b18e0e4e23&e=afa53965a6>

²⁴<https://julesquesnelpac.us3.list-manage.com/track/click?u=a8e7c9494cc165c2c2cca7d75&id=cb892685ea&e=afa53965a6>

Get Involved!

We look forward to seeing our community come together to support the JQ Salmon Stream! If you are interested in joining or volunteering, please let us know. Together, we can make this a successful and enjoyable initiative for our students

PAC Newsletter

If you are not receiving the PAC Newsletter and you would like to:

Add us to your address book²⁵

Want to change how you receive these emails?

You can update your preferences²⁶ or unsubscribe²⁷

JQ Parent Advisory Council

3050 Crown Street, Vancouver, BC, Canada

Vancouver, BC V6R4K9

Canada

Community Links

See below for information regarding community activities, events and programs.

TREK Presents Dr. David Suzuki Mar 6 @ PW

TREK Presents Dr. David Suzuki on March 6

The title of his talk is:

Humans are an Invasive Species: Why TREK Matters

²⁵<https://julesquesnelpac.us3.list-manage.com/vcard?u=a8e7c9494cc165c2c2cca7d75&id=cf68741d5b>

²⁶<https://julesquesnelpac.us3.list-manage.com/profile?u=a8e7c9494cc165c2c2cca7d75&id=cf68741d5b&e=afa53965a6&c=a3093351af>

²⁷<https://julesquesnelpac.us3.list-manage.com/unsubscribe?u=a8e7c9494cc165c2c2cca7d75&id=cf68741d5b&t=b&e=afa53965a6&c=a3093351af>

March 6th, 2025

Doors open at 6:00pm

Talk and Q&A at 7:00pm

Concession, Door Prizes, Book Sales and Signing

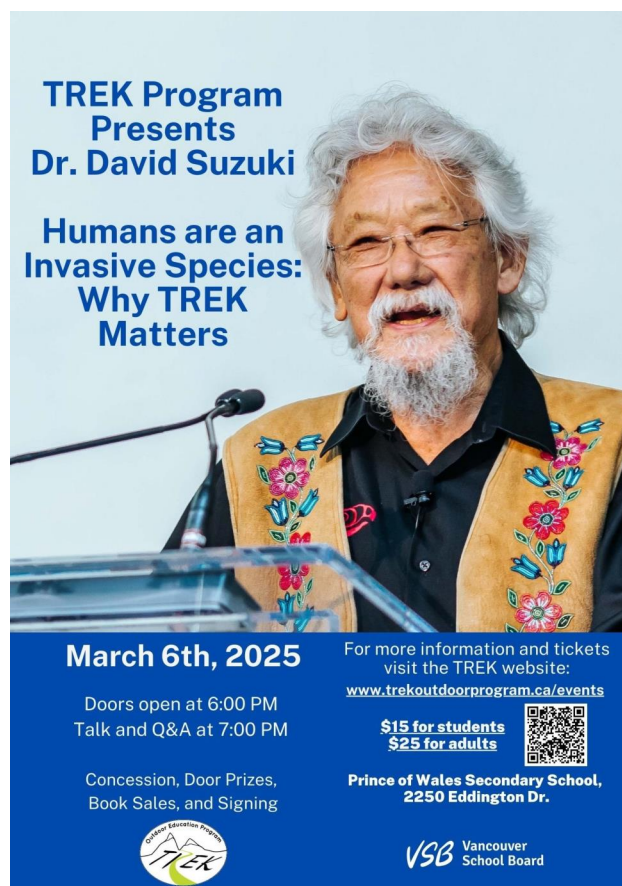
For more details, see TREK's

website <https://www.trekoutdoorprogram.ca/events/2025/1/29/trek-program-presents-david-suzuki> or the attached poster.

Tickets: <https://vsb.schoolcashonline.com/Fee/Details/153264/196/False/True>

Students \$15

Adults \$25



**TREK Program
Presents
Dr. David Suzuki**

**Humans are an
Invasive Species:
Why TREK
Matters**

March 6th, 2025



Doors open at 6:00 PM
Talk and Q&A at 7:00 PM

Concession, Door Prizes,
Book Sales, and Signing

For more information and tickets
visit the TREK website:
www.trekoutdoorprogram.ca/events

**\$15 for students
\$25 for adults**

**Prince of Wales Secondary School,
2250 Eddington Dr.**

VSB Vancouver
School Board

Westside Wrestling Info. Brochure



WESTSIDER
Wrestling

2024/2025 SCHEDULE

WE OFFER ELEMENTARY (K-7) & HIGH SCHOOL (GR8-12) CLASSES AT BOTH OF OUR LOCATIONS!

NORTH SHORE 1110 GLADWIN DR, NORTH VANCOUVER, BC V7R 1A2	KERRISDALE 2490 W 37TH AVE, VANCOUVER, BC V6M 1P5
THURSDAY ELEMENTARY: 4:00PM - 5:15PM HIGH SCHOOL: 5:30PM - 7:00PM	TUESDAY HIGH SCHOOL: 4:15PM - 5:45PM ELEMENTARY: 5:45PM - 6:45PM
SATURDAY HIGH SCHOOL: 8:30AM - 10:00AM ELEMENTARY: 10:00AM - 11:00AM	FRIDAY ELEMENTARY: 4:15PM - 5:15PM HIGH SCHOOL: 5:15PM - 6:45PM
	SATURDAY ELEMENTARY: 3:15PM - 4:15PM HIGH SCHOOL: 4:15PM - 5:45PM

REGISTRATION & INFO: [WESTSIDERWRESTLING.COM](https://www.westsiderwrestling.com) [WESTSIDER_WRESTLING](https://www.instagram.com/westsider_wrestling)
CALL/TEXT: 604-551-6990

Summer Music Camp for Young Musicians

Dear Vancouver Elementary School students and families,

We are excited to share a magical summer camp opportunity for students at the Vancouver Academy of Music! This year, young musicians can step into the world of cinematic storytelling and experience the joy of playing music from Harry Potter in an engaging and supportive setting.

Music from Harry Potter – A Cinematic Summer Camp

Recommended for: Ages 7-12 | RCM 1+ / Suzuki 2+

Dates: July 7-11, 2025 | 10:00AM – 3:00PM

Location: Vancouver Academy of Music

Camp Fee: \$490

This camp introduces young musicians to the magic of orchestral music through a fun and interactive program, culminating in a special performance featuring music from the films.

What Campers Will Experience:

- 🧙♂️ Movie-Themed Games & Outdoor Activities – A magical adventure every day!
- 🎵 Ear Training & Music Theory Games – Strengthen musical skills in a fun way.
- 🗣️ Speech Arts & Drama – Public speaking, improvisation, and storytelling through music.
- 🎸 Ensemble Playing – Build confidence and teamwork while playing with peers.

This is a wonderful opportunity for young musicians to grow their skills, build friendships, and experience the joy of music in an exciting and inspiring setting.





Summer Popcorn Orchestra

MUSIC FROM HARRY POTTER

RECOMMENDED FOR: Ages 7-12

CAMP SCHEDULE: July 7-11 | 10:00AM - 3:00PM

CAMP FEE: \$490 per session

Summer Popcorn Orchestra

MUSIC FROM THE AVENGERS

RECOMMENDED FOR: Ages 10-15

CAMP SCHEDULE: July 21-25 | 10:00AM - 3:00PM

CAMP FEE: \$490 per session



REGISTER HERE



Summer Popcorn Orchestra

CAMP OVERVIEW

Cinematic sounds come to life as VAM's acclaimed Orchestral Program brings the big screen to the stage! This summer camp offers young musicians an unforgettable journey into the magical world of storytelling through music, culminating in a performance of music from the films.

What your child will enjoy at camp:

- **Movie-Themed Games & Outdoor Activities** for a magical, adventure-filled experience.
- **Ear Training Activities** to develop listening and musicality.
- **Speech Arts & Drama:** Learn the art of speaking through literature and drama, with training in public speaking and improvisation.
- **Music Theory Games** to explore music fundamentals in a fun and interactive way.

**Daily camp activities is subject to change*



Free Spring Break Track & Field Camps for Kids - Register Now!

We are excited to announce that the Vancouver Thunderbirds Track & Field Club is hosting their annual FREE Spring Break Camps! This is an incredible opportunity for kids ages 7-14 of all abilities to get active, learn new skills, and have a great time.

Camp Highlights:

- Track & Field Events: Sprints, hurdles, relays, throws
- Fun Activities: Games, team-building exercises, mini-meets
- Focus on Fitness: Develop strength, speed, and coordination

Camp Locations & Dates:

- Vancouver: Lord Byng Secondary (gymnasium)
 - Dates: March 17 – 19, 2025

- Time: 9:00 AM – 12:00 PM
- Vancouver/Burnaby: Killarney Secondary School (gymnasium)
 - Dates: March 24 – 26, 2025
 - Time: 9:00 AM – 12:00 PM
- Surrey: North Surrey Secondary School (track)
 - Dates: March 17 – 19, 2025
 - Time: 9:00 AM – 12:00 PM

These camps are designed to help kids build confidence, learn the fundamentals of track and field, and enjoy various activities in a supportive and fun environment.

Click the link below to register for one of these Spring Break Camps.

Free Spring Break Camp Registration Page²⁸

We look forward to seeing your child at the camp!

Warm regards,

Blake

Meraloma Cricket Club

Play cricket with the Meraloma Cricket Club juniors!

Meraloma Junior Cricket is looking for enthusiastic kids who want to learn how to play cricket, as well as those who already have some experience but want to improve their skills. We have age groups from 5 years all the way to 17 year olds. Meraloma Junior Cricket is coached by former Canadian National Team member Iain Dixon, along with other experienced, qualified cricket coaches from Canada, India, Australia and New Zealand.

The Junior Cricket season runs from mid April until the end of July, with weekly games and practices.

2025 Fees

- Minis 5-8y/o: \$125
- Kangas 8-10y/o: \$125

²⁸<https://www.thunderbirdstrack.org/spring-break>

- Hardball U14 and U17 \$210

Check out www.meralomacricicket.com/juniors²⁹ or email juniors@meralomacricicket.com³⁰ to find out more!

Vancouver Hawks Field Hockey

Junior Spring Season is the Hawks' flagship program. Its goal is to bring field hockey to a wide and inclusive group while having as much fun as possible. The program is open to girls and boys of age groups U5 to U18, and it runs from April to June. Field hockey is one of the most played team sports worldwide, with strong participation across Europe, Asia, and Oceania.

JUNIOR SEASON – starts Saturday April 5, ends the weekend of June 21, 22.

REGISTRATION CONTINUES FOR THE 2025 JUNIOR SPRING SEASON. REGISTER TODAY AS SOME AGE GROUPS ARE FILLING UP!

More information at Hawks³¹.

BC Family French Camp

Keep your kids speaking French during the summer - Come join us at one of the BC Family French Camps in Summerland, Gwillim Lake, or Nanaimo run with moniteurs (councillors) from Quebec. As a JQ family that has been attending BCFFC for the past 10 years, we can definitely attest to the fun and enjoyment at camp, for both kids and parents! And parents don't need to speak French. Please find more details in the attached flyer, or at <https://bcffc.com>. If you have any questions about the camp, you can contact me, Anthony Lee (Milena's dad) at treasurer@bcffc.com³²

²⁹<https://julesquesnelpac.us3.list-manage.com/track/click?u=a8e7c9494cc165c2c2cca7d75&id=bb673b937d&e=afa53965a6>

³⁰<mailto:juniors@meralomacricicket.com>

³¹<https://julesquesnelpac.us3.list-manage.com/track/click?u=a8e7c9494cc165c2c2cca7d75&id=11dd2d9943&e=afa53965a6>

³²<mailto:treasurer@bcffc.com>




Summer Dates

BC Family French Camp is offered in three different locations across the province. Activities at each location are unique and tailored to the local geography.

Okanagan
(Summerland)
July 5 - 12, 2025

Gwiliim Lake
(between Chetwynd and Tumbler Ridge)
July 19-26, 2025

Vancouver Island
(Nanaimo)
Week 1: August 9-16, 2025
Week 2: August 16-23, 2025

Camp Registration

Returning campers: February 16, 2025
New campers: February 23, 2025

BCFFC.com

BC Family French Camp is proudly supported by:



BRITISH COLUMBIA & YUKON

All campers are required to be members of CPF in good standing. CPF memberships are now FREE! Sign up using your email address as proof of membership before registration opens: CPF.ca



Sponsored by the Province of British Columbia



At BC Family French Camp, French Immersion and Francophone students bring their families along to camp!

Families camp in their own tents or trailers during the week. Together we form a tight community surrounded by the sounds of children playing and singing in French led by their energetic and engaging Francophone counsellors!

- ★ Parents don't need to be able to speak French!
- ★ Programs are available for children entering kindergarten all the way to teens completing high school
- ★ Dynamic and capable Francophone moniteurs (counsellors) keep children highly motivated all week
- ★ Parents enjoy a rewarding blend of leisure time and active participation in the camp
- ★ Evening activities are fun for the whole family!






BCFFC.com

 [bcfamilyfrenchcamp/](https://www.instagram.com/bcfamilyfrenchcamp/)  [facebook.com/bcffc007/](https://www.facebook.com/bcffc007/)

Royal City Soccer Club



Since 1993... **SOCCER DAY CAMPS** ...more than just a soccer camp! **2025**

QR code: [QR code]

Unlock Amazing Savings if you sign up by **June 1, 2025** **DON'T MISS OUT!** *for a limited time only

Get ready for an unforgettable summer adventure!

- * July & August weeks
- * ages 5 to 13
- * morning & full day sessions
- * before & after care available

Mornings starting from **\$179***
Full Days starting from **\$284***
*limited time offer, see website for details

royalsoccerclub.com
800-427-0536

For location & registration details, visit our website.

FreeKick Soccer Program

FreeKick are offering various soccer programs this Spring.

FreeKick

SPRING WORLD CUP SOCCER

TRY 8X FLEX PASS

SOCCER CAMPS

PLUS BALL HOCKEY

For those who want to PLAY!

Boys & Girls AGES 6 - 12

FULL & HALF DAY

9 am - Noon \$385

1 pm - 4 pm \$385

FULL DAY \$735

SPRING BREAK

SHAUGHNESSY

MARCH 17 - 21

MARCH 24 - 28

EARLY BIRD SAVE \$15 BEFORE MARCH 1

SUMMER CAMPS

SHAUGHNESSY

JULY 7 - 11

AUGUST 25 - 29

EARLY BIRD SAVE \$15 BEFORE MAY 15

FreeKickFC.com

info@freekickfc.com

604-551-7006

FreeKick

TRY 8X FLEX PASS

SOCCER CAMPS

PLUS BALL HOCKEY

For those who want to PLAY!

Boys & Girls AGES 6 - 12

FULL & HALF DAY

9 am - Noon \$385

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SHAUGHNESSY

JULY 7 - 11

AUGUST 25 - 29

EARLY BIRD SAVE \$15 BEFORE MAY 15

FreeKickFC.com

info@freekickfc.com

604-551-7006

REGISTER NOW

Jericho Baseball



Jericho Little League Baseball

Registration is open for this spring's Little League Baseball season with Jericho Baseball. It's a fantastic opportunity for your child to learn teamwork, build confidence, and have a great time on the field.

Who: All kids ages 3-12.

Where: Practices and games at Trimble Park, Carnarvon Park and Locarno Park.

Cost: Varies by age level. See fees for more information³³.

 **When:** April to June. Registration ends February 4th. Register here.³⁴

We want to ensure that everyone who wants to play, can play - regardless of their financial situation. Funding may be available through Kidsport. Please visit their site for more information.

³⁵**Jules Quesnel is in Jericho's boundaries making all students of JQ eligible to play Jericho Baseball.** We hope to see you out on the field!

Thank you for reading!

Contact Us



École Jules Quesnel Elementary School

3050 Crown Street

Vancouver, BC, V6R 4K9

604-713-4577

³³<https://julesquesnelpac.us3.list-manage.com/track/click?u=a8e7c9494cc165c2c2cca7d75&id=0939d16e28&e=afa53965a6>

³⁴<https://julesquesnelpac.us3.list-manage.com/track/click?u=a8e7c9494cc165c2c2cca7d75&id=68e6a98750&e=afa53965a6>

³⁵<https://julesquesnelpac.us3.list-manage.com/track/click?u=a8e7c9494cc165c2c2cca7d75&id=da3002d85f&e=afa53965a6>

studentrecordsquesnel@vsb.bc.ca³⁶

Visit us on the web at <https://www.vsb.bc.ca/jules-quesnel>.

³⁶<mailto:studentrecordsquesnel@vsb.bc.ca>