

JQ eNews - 2025.03.13

JQ eNews, including information about school procedures, activities and events is emailed to families every week. Please also visit the VSB website¹ and the JQ school website² for information regarding district and school events.

eNews Table of Contents

To view a Table of Contents for the eNews, if you click the icon at the bottom right of your screen when looking at the eNews, it will allow you to navigate directly to a section of your choosing.

¹<u>https://www.vsb.bc.ca</u>

²https://www.vsb.bc.ca/jules-quesnel



Safe Arrival and Reporting Student Absences

To report your child's absence, please call **604-713-5159**, **Ext. 39**, **or email jquattendance@vsb.bc.ca**³ prior to 9:00 AM on the first day of the absence. If your child arrives late to school, they should report to the office and sign-in.

Please ask your child to check in with the Office if arriving late, this way we know your child is on site. Thank you.

Fresh To You - Thank You!

A huge thank you to everyone who ordered vegetable bundles from Fresh To You. We reached our target! Bundles will be available sometime after April 6th, and we will let you know the exact date after Spring Break.

³mailto:jquattendance@vsb.bc.ca

Stranger awareness and safety at school

Please remember and practice the following stranger awareness and safety procedures to help keep the school community safe.

If you are entering the building, please remember to sign in and sign out upon leaving. If your child is arriving late to school, please check your child in at the front office and leave through the front doors. As a reminder, we have staff supervision before and after school from 8:40 – 8:55 a.m. and 2:58 – 3:13 p.m.

The safety of our students and staff is our top priority. We will also continue speaking with students about stranger awareness and things they can do to be safe. We also encourage you to reinforce these safety tips with your child.

- Stranger awareness: Encourage your child to be aware of their surroundings and to remember that not everyone they encounter is trustworthy. Emphasize the importance of maintaining a safe distance from strangers, especially when unaccompanied by a trusted adult.
- Safe routes: Establish clear, designated routes to and from school and encourage them to walk together with friends and others they know. Ensure that your child knows the safest places to seek help if they ever feel uncomfortable.
- Seek assistance: Encourage them to have open communication with teachers, school staff or other trusted adults, especially when faced with uncomfortable situations. Remind them that seeking help is a sign of strength and maturity.
- Information sharing: Remind them not to disclose personal information, such as their address or contact details, to people they do not know and trust.
- Role-play: Engage in role-playing exercises at home to help your child understand how to respond if approached by a stranger. Practicing these scenarios can help them to react appropriately in real-life situations.

By equipping students both at school and at home with necessary knowledge and skills, we can support them to make informed decisions and help protect their safety and well-being.

Yoga Buggy Spring Program - Kindergarten to Grade 3

Yoga Buggy will return to JQ shortly after Spring Break.

Building body positivity, confidence, strength, flexibility, balance, resilience, and social emotional awareness through yoga.

Location: Jules Quesnel Elementary School

When: Thursdays April 10 – June 12 (No class May 1),

Time: 3:00pm - 4:30 pm

Grades K-3 Cost: \$188 - \$20.8/class (9 Classes)

Location: Room 206

Limited Spaces

Please fill out the online form linked here: Yoga Buggy Interest Form⁴

(Filling out the form does not guarantee a spot)

Please reach out to the office or Travis 604 250 6039 for a hard copy form if needed. Questions?



Will you be returning to JQ in September 2025?

Please continue to inform us if you will be moving before September 2025 and are planning to attend another school in the fall. If you are unsure of your future plans or if your situation changes before the end of the school year, please contact the office directly via email to let us know of your updated plans. Thank you.

⁴https://forms.office.com/r/EFJE7u1Zwe

Lost and Found



The Lost and Found rack is full of hoodies and winter jackets. Please check the rack before Spring Break to reclaim any of your child's missing items.

Thank you.



School Calendar & Upcoming Dates



The 2023-2024 School Calendar and other information is available on our school website⁵.

Please visit the school website regularly for the most up to date information regarding JQ activities and events.

Upcoming events are listed on the school website homepage and on the Calendar⁶ page. Click the List View tab on the Calendar page for list of upcoming events.

Dates to Note in March & April



⁵https://www.vsb.bc.ca/jules-quesnel

⁶https://www.vsb.bc.ca/jules-quesnel/page/2257/calendar?tab=monthview

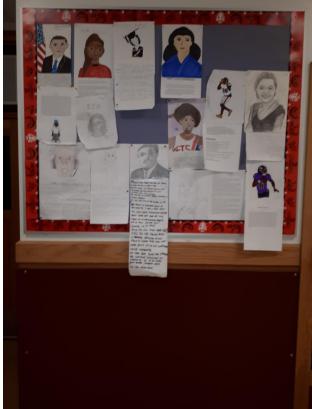
Monday, March 17 to Friday, March 28: Spring Break Monday, March 31: First day of school after Spring Break Monday, April 14 to Thursday, May1st: Gymnastics Program at JQ Friday, April 18: Good Friday - school closed Monday, April 21: Easter Monday - school closed Monday, April 28: District Indigenous Focus Day - no school for students Wednesday, April 30: Early Dismissal at 2 pm for Conferences Thursday, May 1: Early Dismissal at 2 pm for Conferences

Art in the Hallways





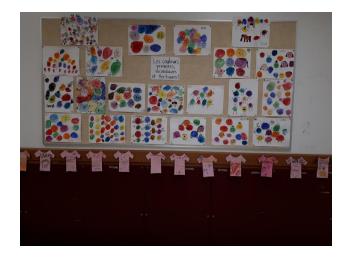
















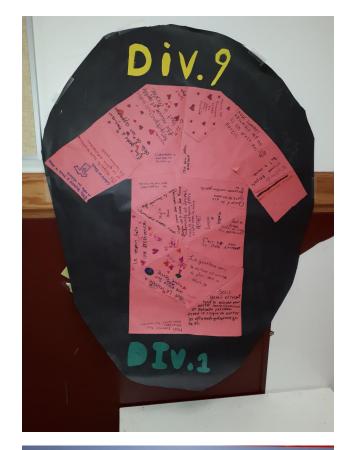






























JQ PAC Updates



Upcoming PAC Meeting Dates

The next PAC meetings are scheduled on the following dates:

Wednesday, April 23

Wednesday, May 21 (AGM)

The meetings are scheduled to run between 7pm to 8pm. We will continue to have free child care for in person attendees.

Meeting will be in hybrid form and a link will be sent closer to the date and time. For those wishing to attend in person, the meetings will take place in Room 206.

Minutes of previous meetings can be found at the following link: <u>https://jqpac.com/meeting-minutes/</u>.

Spring Extracurricular Activities - Registration open

REGISTER TODAY

The following programs take place after school this Spring. Don't miss out!

Mondays - Lights Up⁷ - Apr 7 to Jun 23 - 3 to 5:15 pm - Gr K to 7 - \$365

This season's production will be "Magic School Bus". Watch your students recreate Ms Frizzle's adventures in the season's show!

Tuesdays - Petit Architect⁸ - Apr 8 to Jun 17 - 3 to 4:35 pm - Gr 1 to 5 - \$352

This very popular program returns for a second time with all new activities. Don't miss your spot!

Wednesdays - STEAM4KIDS⁹ - Apr 9 to Jun 11 - 3 to 4:05 pm - Gr K to 7 - \$187.50

New to JQ! The discovery SCIENCE program offers exciting hands-on science-based activities, demonstrations, individual & group experiments, and amazing take-homes.

Wednesdays - Smash Volleyball^{10 11}- Apr 30 to Jun 4 - 3 to 4:30pm - Apr 30 to Jun 4 - \$240

See you in the gym for spikes, serves and bumps.

Thursdays - Yoga Buggy¹² - Apr 10 - 3 to 4:30 pm - Gr K to 3

Interest form to come through students via Community School Coordinator. Namaste!

⁷https://lightsuptheatre.ca/afterschool/jq/

⁸<u>https://campscui.active.com/orgs/PetitArchitectDesignforKids?season=3550631&session=65830046</u>
⁹<u>https://docs.google.com/forms/d/e/1FAIpQLSdgrP6zxHLT9otE-</u>

g 1BCUWixcm7OrbfHAx1ZDD0jUtD3sbGQ/viewform

¹⁰<u>https://smashvball.sportngin.com/register/form/155183634</u>

¹¹<u>https://smashvball.sportngin.com/register/form/155183634</u>

¹²<u>https://www.yogabuggy.com/</u>

Fridays - Pedal Head Soccer¹³ ¹⁴(formerly Happy Feet Soccer) - Apr 4 to Jun 20 - 3 to 4 pm - K to 7 - \$195.50

Hang out in the gym after school to practice soccer skills with a new mascot ball!

Please send any questions to Talia (parent) at jqexcurricular@gmail.com¹⁵

Hot Lunch Program

Hot lunch is offered on Tuesdays and Thursdays and pizza lunch on Fridays. Ordering is now open at munchalunch.com¹⁶. If you don't have an account set up, you will need to create one to order food for your student. **Orders must be in by 9am for the following day's hot lunch meal.**

If you have any questions, please direct them to the hot lunch & pizza lunch coordinators (Helene, Kate & Annie) at jqhotlunchpizza@gmail.com¹⁷

Hot Lunch Cancellations

If your child is going on a field trip and you need to cancel their hot lunch order, please remember to do so by **6:00 PM the night before** to receive a credit.

- For Tuesday meals, cancellations must be made by 6:00 PM on Sunday.
- For Thursday meals, cancellations must be made by 6:00 PM on Tuesday.

This ensures the lunch provider has time to adjust orders accordingly. Thank you for your cooperation!

¹⁴<u>https://pedalheads.com/en/camp?region=1&cities=3&locationName=[{"name"%3A"Point+Grey+-</u> +Jules+Quesnel+Elementary"%2C"locationIds"%3A["1723"]}]&programs=1012&seasons=0&vh=true&ph_search=tr ue#camp-list

¹³https://pedalheads.com/en/camp?region=1&cities=3&locationName=[{"name"%3A"Point+Grey+-

⁺Jules+Quesnel+Elementary"%2C"locationIds"%3A["1723"]}]&programs=1012&seasons=0&vh=true&ph_search=true#camp-list

¹⁵mailto:jqexcurricular@gmail.com

¹⁶<u>https://julesquesnelpac.us3.list-</u>

manage.com/track/click?u=a8e7c9494cc165c2c2cca7d75&id=4cf65b4a26&e=afa53965a6

¹⁷mailto:jqhotlunchpizza@gmail.com

Remember you must place your order by 9am the morning before the following day's hot lunch meal. Please email Helene, Kate or Annie at jqhotlunchpizza@gmail.com¹⁸ if you have any questions.

A Huge Thank You! We also want to extend a heartfelt thank you to all the families who have supported the hot lunch program. Your participation has made this a highly successful fundraiser, directly benefiting our school community. We appreciate your continued support! We are grateful to Annie/Kate/Helene.



JQ Salmon Stream - walking school bus

We are excited to announce the launch of our Walking School Bus (WSB) initiative, also known as the JQ Salmon Stream! (Thank you to Barend for coming up with this great name at our PAC meeting!) This program aims to encourage active and safe transportation to school while fostering a sense of community and fun among our students and families.

¹⁸mailto:jqhotlunchpizza@gmail.com

The idea for the Walking School Bus was discussed during a PAC meeting last year, with representatives from the Society for Children and Youth of BC present to address questions and concerns. For more details, you can review the meeting minutes here¹⁹ and the accompanying presentation here²⁰.

How It Works

We aim to kickstart the JQ Salmon Stream with all participants walking together, which helps to build community spirit while promoting active and safe transportation to school. Currently, two parents **Valerie Balaski and Nafisa Fera**, both parents of Grade 4 and Grade 2 students have volunteered to lead the initial routes. Each leader will walk one morning a week starting at a designated meeting point. **Over time, we hope more parents will volunteer to expand the number of walking routes and days.**

Current Routes

- 1. **Nafisa's Route:** Meeting at the bus stop at 10th and Trimble (Shell station) at 8:30 am every Thursday. This route will proceed along 11th to 15th Avenue, with opportunities to meet families along the way.
- 2. **Valerie's Route:** Meeting at 10th and Blenheim St. at 8:25 am every Friday. This route will proceed along 10th Ave., Alma St, 12th Ave., Wallace St. JQ along 14th Ave.

Joining and Communication

Families interested in joining the JQ Salmon Stream can connect via this dedicated WhatsApp community:

WhatsApp community²¹

The group features subgroups for each route, allowing for streamlined communication and updates on meeting times and routes.

Liability and Safety

The program follows best practices outlined in active school travel initiatives. Volunteers accompanying children are not assuming additional liability, provided they act responsibly. For more details, we encourage you to review this document, which addresses common concerns:

¹⁹<u>https://julesquesnelpac.us3.list-</u>

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Ontario Active School Travel Liability Guidelines²².

Key excerpt:

"By volunteering to accompany children on their walk to and from school, parents are not assuming responsibility for anything that may happen during the trip. Parents are expected to act responsibly... Unless they have acted in a negligent manner and that negligence caused the injury, they have nothing to fear."

Get Involved!

We look forward to seeing our community come together to support the JQ Salmon Stream! If you are interested in joining or volunteering, please let us know. Together, we can make this a successful and enjoyable initiative for our students

PAC Newsletter

If you are not receiving the PAC Newsletter and you would like to:

Add us to your address book²³

Want to change how you receive these emails?

You can update your preferences²⁴ or unsubscribe²⁵

JQ Parent Advisory Council

3050 Crown Street, Vancouver, BC, Canada

Vancouver, BC V6R4K9

Canada

Community Links

See below for information regarding community activities, events and programs.

²²<u>https://julesquesnelpac.us3.list-</u>

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²³https://julesquesnelpac.us3.list-manage.com/vcard?u=a8e7c9494cc165c2c2cca7d75&id=cf68741d5b

²⁴<u>https://julesquesnelpac.us3.list-</u>

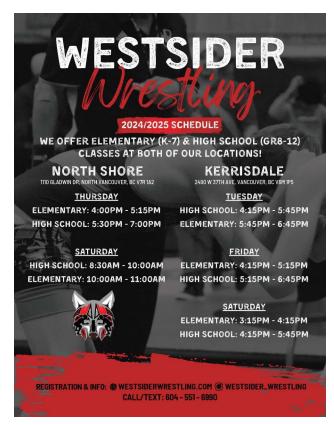
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manage.com/unsubscribe?u=a8e7c9494cc165c2c2cca7d75&id=cf68741d5b&t=b&e=afa53965a6&c=a3093351af

Spring Camps at Pear Tree Education



Westside Wrestling Info. Brochure



Summer Music Camp for Young Musicians

Dear Vancouver Elementary School students and families,

We are excited to share a magical summer camp opportunity for students at the Vancouver Academy of Music! This year, young musicians can step into the world of cinematic storytelling and experience the joy of playing music from Harry Potter in an engaging and supportive setting.

Music from Harry Potter – A Cinematic Summer Camp

Recommended for: Ages 7-12 | RCM 1+ / Suzuki 2+

Dates: July 7-11, 2025 | 10:00AM - 3:00PM

Location: Vancouver Academy of Music

Camp Fee: \$490

This camp introduces young musicians to the magic of orchestral music through a fun and interactive program, culminating in a special performance featuring music from the films.

What Campers Will Experience:

- 🙍 矿 Movie-Themed Games & Outdoor Activities A magical adventure every day!
- Ear Training & Music Theory Games Strengthen musical skills in a fun way.
- Speech Arts & Drama Public speaking, improvisation, and storytelling through music.
- Ensemble Playing Build confidence and teamwork while playing with peers.

This is a wonderful opportunity for young musicians to grow their skills, build friendships, and experience the joy of music in an exciting and inspiring setting.





Summer Popcorn Orchestra MUSIC FROM HARRY POTTER

RECOMMENDED FOR: Ages 7-12 CAMP SCHEDULE: July 7-11 | 10:00AM - 3:00PM CAMP FEE: \$490 per session

Summer Popcorn Orchestra MUSIC FROM THE AVENGERS

RECOMMENDED FOR: Ages 10-15 CAMP SCHEDULE: July 21-25 | 10:00AM - 3:00PM CAMP FEE: \$490 per session



REGISTER HERE



Summer Popcorn Orchestra

Cinematic sounds come to life as VAM's acclaimed Orchestral Program brings the big screen to the stage! This summer camp offers young musicians an unforgettable journey into the magical world of storytelling through music, culminating in a performance of music from the films.

What your child will enjoy at camp:

- Movie-Themed Games & Outdoor Activities for a magical, adventurefilled experience.
- Ear Training Activities to develop listening and musicality.
- Speech Arts & Drama: Learn the art of speaking through literature and drama, with training in public speaking and improvisation.
- Music Theory Games to explore music fundamentals in a fun and interactive way.

*Daily camp activities is subject to change



Free Spring Break Track & Field Camps for Kids - Register Now!

We are excited to announce that the Vancouver Thunderbirds Track & Field Club is hosting their annual FREE Spring Break Camps! This is an incredible opportunity for kids ages 7-14 of all abilities to get active, learn new skills, and have a great time.

Camp Highlights:

- Track & Field Events: Sprints, hurdles, relays, throws
- Fun Activities: Games, team-building exercises, mini-meets
- Focus on Fitness: Develop strength, speed, and coordination

Camp Locations & Dates:

- Vancouver: Lord Byng Secondary (gymnasium)
 - Dates: March 17 19, 2025

- Time: 9:00 AM 12:00 PM
- Vancouver/Burnaby: Killarney Secondary School (gymnasium)
 - Dates: March 24 26, 2025
 - Time: 9:00 AM 12:00 PM
- Surrey: North Surrey Secondary School (track)
 - Dates: March 17 19, 2025
 - Time: 9:00 AM 12:00 PM

These camps are designed to help kids build confidence, learn the fundamentals of track and field, and enjoy various activities in a supportive and fun environment.

Click the link below to register for one of these Spring Break Camps.

Free Spring Break Camp Registration Page²⁶

We look forward to seeing your child at the camp!

Warm regards,

Blake

Meraloma Cricket Club 💅

Play cricket with the Meraloma Cricket Club juniors!

Meraloma Junior Cricket is looking for enthusiastic kids who want to learn how to play cricket, as well as those who already have some experience but want to improve their skills. We have age groups from 5 years all the way to 17 year olds. Meraloma Junior Cricket is coached by former Canadian National Team member Iain Dixon, along with other experienced, qualified cricket coaches from Canada, India, Australia and New Zealand.

The Junior Cricket season runs from mid April until the end of July, with weekly games and practices.

2025 Fees

- Minis 5-8y/o: \$125
- Kangas 8-10y/o: \$125

²⁶https://www.thunderbirdstrack.org/spring-break

• Hardball U14 and U17 \$210

Check out www.meralomacricket.com/juniors²⁷ or email juniors@meralomacricket.com²⁸ to find out more!

Vancouver Hawks Field Hockey 🚀

Junior Spring Season is the Hawks' flagship program. Its goal is to bring field hockey to a wide and inclusive group while having as much fun as possible. The program is open to girls and boys of age groups U5 to U18, and it runs from April to June. Field hockey is one of the most played team sports worldwide, with strong participation across Europe, Asia, and Oceania.

JUNIOR SEASON – starts Saturday April 5, ends the weekend of June 21, 22.

REGISTRATION CONTINUES FOR THE 2025 JUNIOR SPRING SEASON. REGISTER TODAY AS SOME AGE GROUPS ARE FILLING UP!

More information at Hawks²⁹.

BC Family French Camp

Keep your kids speaking French during the summer - Come join us at one of the BC Family French Camps in Summerland, Gwillim Lake, or Nanaimo run with moniteurs (councillors) from Quebec. As a JQ family that has been attending BCFFC for the past 10 years, we can definitely attest to the fun and enjoyment at camp, for both kids and parents! And parents don't need to speak French. Please find more details in the attached flyer, or at <u>https://bcffc.com</u>. If you have any questions about the camp, you can contact me, Anthony Lee (Milena's dad) at treasurer@bcffc.com³⁰

²⁷<u>https://julesquesnelpac.us3.list-</u>

manage.com/track/click?u=a8e7c9494cc165c2c2cca7d75&id=bb673b937d&e=afa53965a6 ²⁸mailto:juniors@meralomacricket.com

²⁹https://julesquesnelpac.us3.list-

manage.com/track/click?u=a8e7c9494cc165c2c2cca7d75&id=11dd2d9943&e=afa53965a6 ³⁰mailto:treasurer@bcffc.com



BC Family French Camp is offered in three different locations across the province. Activities at each location are unique and tailored to the local geography.

Gwillim Lake (between Chetwynd and Tumbler Ridge) July 19-26, 2025

Returning campers: February 16, 2025 New campers: February 23, 2025



(B)

BCFFC.com

Royal City Soccer Club



FreeKick Soccer Program

FreeKick are offering various soccer programs this Spring.



Jericho Baseball



Jericho Little League Baseball

Registration is open for this spring's Little League Baseball season with Jericho Baseball. It's a fantastic opportunity for your child to learn teamwork, build confidence, and have a great time on the field.

Who: All kids ages 3-12.

Where: Practices and games at Trimble Park, Carnarvon Park and Locarno Park.

Cost: Varies by age level. See fees for more information³¹.

April to June. Registration ends February 4th. Register here.³²

We want to ensure that everyone who wants to play, can play - regardless of their financial situation. Funding may be available through Kidsport. Please visit their site for more information. ³³Jules Quesnel is in Jericho's boundaries making all students of JQ eligible to play Jericho Baseball. We hope to see you out on the field!

Thank you for reading!

Contact Us



École Jules Quesnel Elementary School

3050 Crown Street

Vancouver, BC, V6R 4K9

604-713-4577

³¹<u>https://julesquesnelpac.us3.list-</u>

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studentrecordsquesnel@vsb.bc.ca³⁴

Visit us on the web at <u>https://www.vsb.bc.ca/jules-quesnel</u>.

³⁴mailto:studentrecordsquesnel@vsb.bc.ca