



# KITSILANO WEEK AT A GLANCE

## NOVEMBER 6 – 10, 2023

Monday November 6	Tuesday November 7	Wednesday November 8	Thursday November 9	Friday November 10
<b>8:40-3:10</b>	<b>8:40-3:10</b>	<b>8:40-3:10</b>	<b>8:40-3:10</b>	<b>8:40-3:10</b>
<b>2143</b>	<b>2143</b>	<b>2143</b>	<b>2143</b>	<b>2143</b>
<b>FIT PM</b>	<b>FIT AM</b>		<b>FIT PM</b>	<b>FIT AM</b>
<p>Go to the <a href="#">Kitsilano Student Planner</a> to sign up for your FIT periods this week.</p> <p>Make a plan for what you will work on and which learning space you'll be in.</p>	<p>PEER TUTORING 3:15 – 4:15 PM Skills Room</p>	<p><b>INDIGENOUS VETERANS DAY</b></p>		<p>REMEMBRANCE DAY CEREMONY</p>

### EVENTS, ACTIVITIES AND INFORMATION

#### Daylight Savings Time Ends – November 5

Daylight Savings Time ends this Sunday. Remember to set your clocks back one hour.



#### Return Immunization Consent Forms

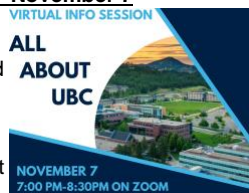
Grade 9 students received their immunization consent forms this past week. Please sign and have your child return their form to the school office. Students who have already received their immunizations will not receive a form. The immunization clinic at Kitsilano will be taking place on November 29.

#### Post Secondary BC Fair – November 7

Representatives from BC post secondary institutions will be at Kitsilano Secondary on **Tuesday, November 7** in the morning. Grades 10-12 students will have the opportunity to learn more about programs offered at post secondary institutions and ask questions from representatives.

#### Kitsilano PAC What's Next: UBCO - November 7

Join us for "All About UBC" to hear about degree options and student life at both UBC's Okanagan campus and Vancouver campus. During the presentation and Q&A, advisors will walk you through the application and admission process. Come learn about the world class education available at UBC on **Tuesday, November 7, 7:00-8:30 PM** on [Zoom](#). Parents please use this [link](#) to access the live presentation. Students have the option to check in via QR code when the session begins.



#### Research Study Invitation for Adolescents and Parents

**Social media and Parent-Adolescent Communication: an Exploratory Study (SPACES)**  
A research study is currently looking for parents of adolescents between the ages of 13 and 18 years old AND/OR adolescents between the ages of 13 and 18 years old to participate in a study about culture, social media and family communication!

This study aims to better understand the different cultural perspectives about how social media may impact the conversations between parents and adolescents. Participants will be asked to share their experiences and thoughts in a 45-minute interview. Parents and adolescents will be interviewed **separately**. Each participant (parent and adolescent) will receive a \$20 gift card to a major Canadian retailer for their participation. For more information, see the attached poster.

### DATES TO REMEMBER:

- November 5** VSB Support Staff Day
- November 5** Daylight Saving Time Ends
- November 11** Remembrance Day
- November 13** Statutory Holiday
- November 22** Collaborative Day 3 (AM)
- November 23** Semester 1 Mid-Reports Published
- November 24** District Indigenous Focus Day
- November 28** PAC Meeting @ 7 PM
- November 29** Immunization Clinic
- November 30** Parent Teacher Conferences, 3–7 PM

#### WorkSafeBC 2024 Student Safety Video Contest

The [2024 WorkSafeBC Student Safety Video Contest](#) is open to all students in grades 8-12. Students are invited to submit their entries any time between now and **April 4, 2024, 5 PM**.

#### Contest Details:

- The theme of this year's contest, *Staying focused at work*, asks students to create a short video on how distractions on the job can result in accidents. It asks youth to think about what they need to stay focused at work and what their employers can do to help.
- 4 x \$2,500 cash prizes to be shared by the students and their teacher/organization sponsors
- There are two categories for entries: Gr. 8-10 and Gr. 11-12
- Entries can be live action, documentary-style, animation, stop motion...whatever creative style your students can imagine!
- Entries are to be submitted by the teacher or youth organization sponsor

#### Homework Help Club

Peer tutoring is available to all students every Tuesday after school, 3:15-4:15 PM in the Skills Room (104/105). Peer tutors provide help to students with their course work in a variety of subject areas, and one-on-one help.

#### Career Centre News

See attached for upcoming post-secondary deadlines and events.

### Kitsilano Secondary School

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Athletics Instagram: [@kitsathletics](#)

# CAREER CENTRE NEWS

## Week of November 6 – 10, 2023

### DEADLINES

November 15	<a href="#">TD Scholarships for Community Leadership</a> Application Deadline
December 1	<a href="#">Terry Fox Humanitarian Award</a> Application Deadline
December 1	<a href="#">UBC Presidential Scholars Awards</a> Deadline (with UBC application)
December 1	<a href="#">UBC Centennial Scholars Entrance Award</a> Deadline
December 1	<a href="#">UBC Tuum Est Experiential Award</a> Deadline (must apply for admission by Dec. 1)
December 1	<a href="#">U of Calgary Entrance Awards - Prestige Awards</a> Application Deadline
December 8	<a href="#">Queens University Major Admission Awards</a> Application Deadline
January 10	<a href="#">U of Alberta Scholastic Distinction Scholarship &amp; Leadership Awards</a> Deadline
January 8	<a href="#">Beedie Luminaries Scholarship</a> Application Deadline
March 13	<a href="#">RE/MAX Canada Quest for Excellence Scholarship</a> Application Deadline
March 15	<a href="#">Horatio Alger Association of Canada Scholarships</a> Application Deadline

### EVENTS

Ongoing	Comprehensive Canadian University Guide (CCUG) Podcast <a href="https://anchor.fm/ccug">https://anchor.fm/ccug</a>
Ongoing	<a href="#">Post Secondary BC Events</a> , various
Ongoing	<a href="#">Creative Pathways</a> , various opportunities - <b>paid work, programs, skills + training, information + knowledge, networking + events</b> within the motion picture industry, Animation, Visual Effects and Post, and Film Adjacent sectors
Sept. - January	<a href="#">Langara Program Information Sessions</a>
November 4	<a href="#">Dalhousie Virtual Open House</a>
November 7	Kitsilano Post Secondary BC Fair, 9:00 – 11:00 AM
November 7	VSB Career Programs Youth Apprenticeship at Tupper Secondary, 6:30 PM
November 7	Kitsilano PAC WHAT'S Next? – UBC @ 7:00 – 8:30 PM <a href="#">Zoom Link</a>
November 7-9	<a href="#">Memorial University Virtual Open House</a> , 6:30 – 9:00 PM
November 18	<a href="#">MedConnect Conference</a> at SFU Burnaby Campus
November 20-23	<a href="#">UBC Faculty of Land and Food Systems Virtual and In-Person Events</a>
November 25	<a href="#">Capilano University Open House</a> , 11:00 AM – 2:00 PM

**For the latest information, regularly check the “All Students @ Kitsilano Secondary” Team, “Career Centre” channel.**

Principal Investigator: Dr. Julie Robillard

# ARE YOU A TEEN ON SOCIAL MEDIA?

## OR THE PARENT OF A TEEN ON SOCIAL MEDIA?

The Neuroscience, Engagement, and Smart Tech (NEST) Lab at UBC is seeking participants for a **NEW** study exploring cultural perspectives on how social media affects teen-parent communication!

### Eligibility

- Teens (aged 13-18) who use social media
- Parents of teens (aged 13-18) on social media

### What's Involved?

You will participate in a ~45 min. Zoom interview about your experiences with social media & family communication. The interview will be audio-recorded for transcription and analysis. **English language interpreters will be available!**

All participants will receive a \$20 gift card as a thank-you!

### To participate or learn more:

Scan the QR code or contact researcher Mallorie Tam at [mallorie.tam@ubc.ca](mailto:mallorie.tam@ubc.ca)



[tinyurl.com/SPACES-Study](https://tinyurl.com/SPACES-Study)



a place of mind

THE UNIVERSITY OF BRITISH COLUMBIA