



SIR CHARLES TUPPER SECONDARY SCHOOL

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tupper.vsb.bc.ca

Important Information – Please Translate

這是一份重要資訊 — 請找人為您翻譯 這是一份重要信息 — 請找人為您翻譯

Mahalagang Impormasyon - Paki salin sa sariling wika

Thông tin quan trọng - Xin tìm phiên dịch

ਮਹੱਤਵਪੂਰਨ ਜਾਣਕਾਰੀ-ਮਿਹਰਬਾਨੀ ਕਰਕੇ ਅਨੁਵਾਦ ਕਰੋ/ਕਰਵਾਓ

महत्वपूर्ण जानकारी - कृपया अनुवाद करें

중요한 정보 - 번역 부탁드립니다

Información importante - Por favor traducir

معلومات مهمة - الرجاء الترجمة

重要な情報-翻訳してください

اطلاعات مهم - لطفا ترجمه کنید

February 14, 2025

Dear Tupper School Community,

As we head into the latter half of February, we would like to highlight some important updates for our school community. Please take a moment to review this information carefully.

[S1 Learning Update](#)

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S1 Learning Update

Semester 1 learning updates were published in the MyEducation family portal on January 30th, 2025. Please log into MyEducation to download and view a copy of your child(ren)'s learning update.

Course Planning

The Counselling Department would like to remind all students and their caregivers to submit course selections by **February 18**. Current grades 8, 9, and 11s will complete their course selections on the MS survey forms posted on the Grade teams channel; current grade 10s will complete a course selection sheet and submit to Ms. Rebane directly. Please see your grade counsellor if you have any questions.

Grade 12 Grads

Reminder to Grads and their families: Please [complete this form](#) to ensure the name on your Graduation Certificate is correct, a gown is ordered for you and to submit your one-liners.

Caregiver Seminar: Keeping Kids Safe Online (Children of the Street)

Upcoming Caregiver Seminar:

Topic: Keeping Kids Safe Online
(Children of the Street)

Date: Thursday - February 20th

Time: 5:30pm-6:45pm

Location: Tupper Library or Auditorium

Workshop Content - Some of the topics covered throughout the workshop include:

- Online sexual exploitation
- Red flags of luring and grooming
- Sextortion
- Child sexual abuse materials (CSAM)
- Peer to peer exploitation
- App literacy, including a review of today's most popular kids' platforms
- How to talk to children about online sexual exploitation Safety tips
- Local resources
- How to seek help

Caregiver Sessions: Substance Use Prevention – Part 2 (Mental Health & Decision)

The Ministry of Education and Child Care, in partnership with adolescent clinical psychologist Dr. Hayley Watson, will host three free virtual sessions for parents, guardians and caregivers that will focus on practical skills you can teach your child and youth (ages 0-19) to prevent substance use and mental health needs. These sessions will build on a previous presentation, which focused on practical conversation tools for speaking about substance use prevention with your children/youth. The [previous session](#) is not a pre-requisite for this session.

Key takeaways for participants during this session:

- Learn the factors that lead to substance use and mental health needs from a trauma-informed lens
- Focus on prevention rather than intervention/response
- Applies to parents, guardians and caregivers of all age groups (youth aged 0-5, 6-10, and 11-18)
- Learn ways that these skills can be applied to yourself and the rest of your family to support the mental health of parents, guardians and caregivers

Participants must register in advance. Session dates are:

- [February 20, 6:00-7:30 pm PST](#)
- [February 25, 6:00-7:30 pm PST](#)
- [February 26, 6:00-7:30 pm PST](#)

SUBSTANCE USE PREVENTION:
MENTAL HEALTH & DECISION-MAKING

A COMPLIMENTARY WEBINAR FOR PARENTS, GUARDIANS & CAREGIVERS

Join leading adolescent Clinical Psychologist **Dr. Hayley Watson** for an online event that aims to help parents, guardians and caregivers gain a **deeper understanding** of substance use prevention and learn **practical tools** for supporting youth mental health.

Key Takeaways:

- Learn the factors that contribute to youth mental health/substance use
- Understand the skills that youth need to overcome these needs
- Acquire practical tools for empowering your child and youth to make positive choices
- Increase your ability to support your own mental health

Time: 6-7:30pm PST
Date: 20th, 25th, 26th Feb 2025

Scan the QR Code to Register

REGISTER NOW

We acknowledge the financial support of the Province of British Columbia through the Ministry of Education and Child Care

Free and Low-Cost Food Programs

Please see the link, in a print friendly map – [Free and Low-Cost Food Map](#) (updated January 29, 2025) produced by the City of Vancouver identifying free and low-cost food programs across the city. Program updates are published on a rolling basis and there is also an online version – [Free and Low-Cost Food Programs in Vancouver](#).

Acceptable Use Policy

This is a reminder to all families to fill out the Acceptable Use Policy (AUP) form. The AUP gives guidance on the responsible use of technology in our school and community, to help protect our students and ensure that all community members are safe and respected. The AUP form gives families an excellent opportunity to review and discuss important issues around social media with their children.

<https://myforms.vsb.bc.ca/>

2024/25 Student Learning Survey for Students in Grades 10, 11 and 12

The Vancouver School Board is once again participating in the Ministry of Education’s Student Learning Survey (SLS). The intention of this survey is to provide a more comprehensive view of the student experience in secondary schools.

Parents/Guardians of students in **grades 10, 11 or 12** are invited to complete a parent-specific anonymous survey **up until Friday, May 2nd, 2025**. Your participation is an important contribution to improving the educational experiences of your child(ren). You may complete a survey for each child in the targeted grades.

To complete the survey:

1. Go to any device that has an up-to-date internet browser access at home, work, or school.
2. Go to [Student Learning Survey - Province of British Columbia](#)
3. Click on the **PARENTS** section and complete the fields:
 - District : 39 Vancouver
 - School : Sir Charles Tupper Secondary
 - Language : Select the language of your choice.

Parent Logon

- Please complete one survey for each child.
- Direct (logon-free) Access (please select one of the options below).

District	[Blank]	▼
School	Please Select District First	▼
Language	English	▼

Logon

4. Click the **LOG ON** button.
5. Complete the survey by clicking on the “radio buttons” for each question. Move to the next set of questions by clicking on NEXT in the bottom right corner of the screen.
6. When you are finished the survey, you will get a message “Submit my answers and close”.
7. If you feel you made a mistake, repeat the procedure above.

Important Dates

DATE	DETAILS
February 17	Family Day – No school
February 19	Tupper Instructional Planning Day (TIP) Classes start at 10:00 AM
February 26	Pink Shirt Day
March 12	Tupper Instructional Planning Day (TIP) Classes end at 1:45 PM
March 13	Interims published in MyEd (4:00 PM)
March 17 – 28	Spring Break – No school

Click [HERE](#) to see our Tupper school calendar.

Parent Advisory Council Information and Contact (PAC)

For more information about Tupper 's PAC, including events and contacts, click [HERE](#).

Getting Help with Accessing MyEducation BC

How to access your student's report card on the MyEducation BC Family Portal

Mid-point reports will be found on the MyEducation BC Family Portal. Please follow the instructions below to locate your child's report:

1. Go to the MyEd Website (<https://www.myeducation.gov.bc.ca/aspen/logon.do>)
2. Type in the student number as the login ID
3. The password is the one that you and your student have already been using.
4. You will find the report card under "Published Reports" on the right-hand side.
5. **Please note** reports are deleted when new reports are generated. You may wish to save a copy for your records.

What if I forgot my password?

1. Click on the "I forgot my password" link.
2. A response should come to the email that is associated with the account.
3. If you do not recall the email associated with the account, please send an email tupper@vsb.bc.ca to request assistance.

What if my MyEducation BC account is disabled?

Please send an email to tupper@vsb.bc.ca to request assistance.

Thank you for your attention to the above update as well as your continued support of our students.

Questions?

For general inquiries please contact us through our general email address: tupper@vsb.bc.ca

Staff contact information is also available on our school website tupper.vsb.bc.ca

Thank you for your attention to the above update as well as your continued support of our students.

Sincerely,

The Administration Team of Sir Charles Tupper Secondary
Brent Schieman, Doug Smith, and Persis Hui