



# TUPPER SECONDARY – Weekly Student Bulletin

## June 09 – 13, 2025 (Semester 2: 2-1-4-3)



### Weekly Cafeteria Lunch Menu:

DATE		Monday	Tuesday	Wednesday	Thursday	Friday
Biscuit \$2.75	Muffin \$2.50	Chocolate Chips Muffin	Cheese Scone	Rice Krispy	Zucchini Loaf	Banana Loaf
Daily Sandwiches \$5.00 Egg Salad ~ Tuna Salad ~ Veggie ~ Ham ~ Turkey ~ Pastrami ~ Roast Beef						
Chef Salad \$7.00		Chicken Caesar	Chef’s Salad	Greek Salad	Chicken Caesar	Chicken Caesar
Wrap \$5.50		Chicken Caesar	Chicken Caesar	Chicken Caesar	Chicken Caesar	Chicken Caesar
Hoagie \$5.00		Beef	BLT	Beef	Pepperoni Pizza	Beef
Hummus Box \$4.50						
Soup \$3.75		Cream of Mushroom (V)	Tomato Cream (V)	Corn Chowder (V)	Curried Lentil (V)	Chicken Noodle
Hot Sandwich \$5.00 Soup & sandwich \$7.25		Grilled Cheese	Grilled Cheese	Grilled Cheese	Tuna Melt	Panini
Entrée \$7.25		Cheese Perogies Smokies Sour Cream	Chickpea Cauliflower Curry Rice, Naan (V)	Cheese Burger Fries	Chicken Pot Pie Caesar Salad	Chef’s Special
Dessert Individually priced		Fruit Crumble Pie	Chocolate Pumpkin Cal	Rasbery Square	Cinnamon Buns	Chocolate Cake
		Daily Cookies \$2.00 Chocolate Chip ~ Red Velvet ~ Ginger Snap ~ Oatmeal Raison				
V = vegetarian V* = vegetarian option available but limited						



### Weekly Schedule:

Monday	Tuesday	Wednesday	Thursday	Friday
<b>FIT (40 min) 8:40-9:20</b>	Block 1 (80 min) 8:40-10:00	Block 1 (80 min) 8:40-10:00	Block 1 (80 min) 8:40-10:00	<b>FIT (40 min) 8:40-9:20</b>
Block 1 ( 60 min) 9:20-10:20	break (10 min)	break (10 min)	break (10 min)	Block 1 ( 60 min) 9:20-10:20
break (10 min)				break (10 min)
Block 2 (60 min) 10:30-11:30	Block 2 (80 min) 10:10- 11:30	Block 2 (80 min) 10:10- 11:30	Block 2 (80 min) 10:10- 11:30	Block 2 (60 min) 10:30-11:30
lunch (45 min) 11:30-12:15				
Block 3 (80 min) 12:15-1:35	Block 3 (60 min) 12:15-1:15	Block 3 (80 min) 12:15-1:35	Block 3 (60 min) 12:15-1:15	Block 3 (80 min) 12:15-1:35
break (10 min)	<b>FIT (40 min) 1:15-1:55</b>	break (10 min)	<b>FIT (40 min) 1:15-1:55</b>	break (10 min)
Block 4 (80 min) 1:45 -3:05	break (10 min)	Block 4 (80 min) 1:45 -3:05	break (10 min)	Block 4 (80 min) 1:45 -3:05
	Block 4 (60 min) 2:05-3:05		Block 4 (60 min) 2:05-3:05	

RESPECT

OWNERSHIP

ATTITUDE

RESPONSIBILITY

SAFETY



## New Items :

Tupper Thrift: **Monday – Thursday, June 09 – 12 in the Tupper Foyer**

### Yearbook Distribution During FIT

Students with prepaid copies will be called to the foyer during FIT. Please see the attached memo. Thank you for your support! To add your name to the waitlist, please email <lfoell@vsb.bc.ca>

**Grade 11** Students ONLY: Monday, June 09 @ FIT

**Grade 10** Students ONLY: Tuesday, June 10 @ FIT

**Grade 9** Students ONLY: Thursday, June 12 @ FIT

**Grade 8** Students ONLY: Friday, June 13 @ FIT

## **Tupper 2024-2025 Yearbook Distribution: June 5-16, 2025**



Cover Art: Kayla Naldoza

Thank you to everyone who has paid for a yearbook this year! Please see the following important details to claim your copy. If you have any further questions, or cannot attend in-person to pick-up, please do not hesitate to call the office at 604-713-8233, or email <lfoell@vsb.bc.ca>

We are nearly sold out of all yearbooks! Students are invited to claim their pre-paid copy in the foyer and add their name to the waitlist for additional copies at the beginning of FIT on the following days:

- ✓ *Thursday, June 5* – all **grade 12** students
- ✓ *Monday, June 9* – all **grade 11** students, and grade 12 students with unclaimed copies
- ✓ *Tuesday, June 10* – all **grade 10** students, and grade 11-12 students with unclaimed copies
- ✓ *Thursday, June 12* – all **grade 9** students, and grade 10-12 students with unclaimed copies
- ✓ *Friday, June 13* – all **grade 8** students, and grade 9-12 students with unclaimed copies
- ✓ *Monday, June 16* – waitlisted copies for all grade 8-12 students will become available for purchase and pick-up



**Spring Fusion: Thursday, June 12 @ 7 PM**

Come celebrate Tupper arts, drama, dance, music and visual arts.  
Spring Fusion is June 12 @ 7PM. Tickets are \$5 in advance, or \$10 at the door.

**Japanese Summer Festival in the Foyer: Friday, June 13**



**Grad Breakfast in Tupper Cafeteria: Friday, June 13 @ 8 AM**



**Senior Spirit week: Monday, June 9- Friday, June 13**

# SENIOR SPIRIT WEEK

See @tuppergrads2025 or the Grade 12 Teams for more info.

**MON 09**

**MERCH DAY**  
Wear your Grade 8 Tupper shirt, or if you don't have it, any Tupper merch and/or colors!

**TUES 10**

**SENIORS RULE DAY**  
Show your senior royalty during one of our last weeks ruling the school by wearing a crown or tiara!

**WED 11**

**DECISIONS DAY**  
Wear merch representing your post-secondary decision!  
For example, UBC hoodie, BCIT shirt, GAP hoodie...

**THU 12**

**T-SHIRT SIGNING DAY**  
Wear a white t-shirt and bring a marker! Have your fellow seniors sign your shirt!

**FRI 13**

**PJ DAY**  
Wear your cozy PJs for Grad Breakfast!

# Spring Fusion

TUPPER FINE ARTS Presents Spring Fusion on

**Thursday, June 12, 2025**

Sir Charles Tupper Secondary  
419 East 24th Ave

Art Gallery + Music at 6:30 PM  
(Front Foyer)

Show Begins at 7:00 PM  
NO LATECOMERS  
(AUDITORIUM)

Tickets are \$5 in advance, or \$10 at the door

Please contact the school office at 604-713-8233 before  
Wednesday, June 11 to purchase your ticket in advance

All proceeds go to Fine Arts programs

**VSB Summer School Registration:**

<https://www.vsb.bc.ca/page/5211/summer-school>

Summer School Registration Opens on April 30 at noon.

Spots in Math and Science classes will be tight. Make sure you register early this year. Portal for registration has been opened. They will keep a waiting list for their full classes. All students have to register online and a credit card is required. If you need assistance or have questions, please see your counsellor or have your parents call us. Grade 12 students who require summer school courses see Mr. Lee, there is a separate registration for you.

**PEN # Request:**

In preparation for summer school registration, parents will need their child's PEN number (Personal Education Number) to register. Just a reminder that we have a PEN locator for our VSB students and parents can locate their child's PEN via our self-serve portal. <https://kchoice.vsb.bc.ca/penrequest.aspx>





## **IMPORTANT Grad 2025 Information: JUNE, 2025**

**Tuesday, June 17:** Grad Rehearsal - FIT PM in the Cafeteria at Tupper

**Friday, June 20:** Graduation Ceremony @ 2pm at the Chan Centre UBC

**Tuesday, June 24:** Dinner Dance from 6 to 11pm at the Fairmont Hotel Vancouver



## **HELPFUL RESOURCES:**

Attention All Students: Every Wednesday

Reminder that there is Neighborhood Crew every Wednesday after school in the Staff room. See you there!

## **Message from Student Council:**

Hello All Students. Do you want to have a voice in your education or provide constructive feedback to help bring about positive change in our school district? If so, the Student Issues Box is an online platform where students can raise concerns or ask questions, anonymously or openly. Click the link for more information and to access the platform: <https://www.vdscouncil.com/students-issues>. Let's make a positive impact together! From Student Council

## **School Fees:**

School fees can be paid online by visiting <https://vsb.schoolcashonline.com/>. If this is your first time using our online fee payment system, please register using your student's name. You can pay for school fees, course fees and workbook fees! Should you have any questions, please email [tupper@vsb.bc.ca](mailto:tupper@vsb.bc.ca).

## **General Inquiries:**

Please take a moment to visit and familiarize yourself with our school website, [Tupper.vsb.bc.ca](http://Tupper.vsb.bc.ca) as we update our website daily. Should you have any general inquiries, please feel free to email us at [tupper@vsb.bc.ca](mailto:tupper@vsb.bc.ca) and we will respond to your email as soon as possible.

## **Having Problems with MyEd Family Portal:**

Please note that access to the MyEd Family Portal is shared with the student and parents/guardians. If you have forgotten the password, you can reset your password through the below password recovery link. [Account Management \(vsb.bc.ca\)](#).

Please send an email to [tupper@vsb.bc.ca](mailto:tupper@vsb.bc.ca) if your MyEd account is disabled.

## **Having Problems with Office 365:**

Students are able to reset their own Office 365 passwords by clicking [here](#). Please note that you will require your birthday as well as your Personal Education Number (PEN) which you can obtain from your MyEd account or you can find it on a past report card. Should you require assistance logging into your Office365 account after resetting your password, [please click here for a step-by-step guide](#).

## **ARTONA Photos Order:**

To view and order pictures: [Artona](#), visit <https://artona.com/orders/school-day> to place your order.

### Tupper - Blue Tray Pilot Project:

Food services will be running a pilot project for the remainder of the school year and will be using the Blue Trays to serve food. Tupper contributes 21,000 paper plates per year and the goal is to reduce the amount of waste that we generate. We ask all staff and students who use these trays (or see them laying around) to return them to their allocated collection bins stationed in the cafeteria. Collectively, let's work together to reduce our environmental footprint and build a more sustainable school community.

#### Tupper is Reducing Waste

The blue cafeteria trays will help keep **195,000** paper plates out of the landfill every year!



Please return your tray to the bins provided

foodservices@vsb.bc.ca

**OUR VSB**

foodservices@vsb.bc.ca

**OUR VSB**

foodservices@vsb.bc.ca

**OUR VSB**

**Cafeteria trays here please!**



**Cafeteria trays here please!**

