



TUPPER SECONDARY – Weekly Student Bulletin

June 16 – 20, 2025 (Semester 2: 2-1-4-3)



Weekly Cafeteria Lunch Menu:

DATE		Monday	Tuesday	Wednesday	Thursday	Friday
Biscuit \$2.75	Muffin \$2.50	Pineapple Walnut Muffin	Cheese Scone	Banana Loaf	Rice Krispy	Zucchini Loaf
Daily Sandwiches \$5.00 Egg Salad ~ Tuna Salad ~ Veggie ~ Ham ~ Turkey ~ Pastrami ~ Roast Beef						
Chef Salad \$7.00		Chicken Caesar	Chef's Salad	Greek Salad	Chicken Caesar	Chicken Caesar
Wrap \$5.50		Chicken Caesar	Chicken Caesar	Chicken Caesar	Chicken Caesar	Chicken Caesar
Hoagie \$5.00		Beef	BLT	Beef	Pepperoni Pizza	Beef
Hummus Box \$4.50						
Soup \$3.75		Cream of Mushroom (V)	Beef Barley	Cream of Spinach (V)	Chicken Noodle	Minestrone (V)
Hot Sandwich \$5.00 Soup & sandwich \$7.25		Grilled Cheese	Grilled Cheese	Grilled Cheese	Tuna Melt	Panini
Entrée \$7.25		Salmon Broccoli Pasta, Garlic Toast	Veggie Fried Rice and Spring rolls (V)	Korean Chicken Burger, Fries	Shepherd's Pie, Salad	Chef's Special
Dessert Individually priced		Vanilla Cupcake	Apple Pie	Chocolate Cream Cake	Cinnamon Buns	Peach Mousse Cake
		Daily Cookies \$2.00 Chocolate Chip ~ Red Velvet ~ Ginger Snap ~ Oatmeal Raison				

V = vegetarian V* = vegetarian option available but limited



Weekly Schedule:

Monday	Tuesday	Wednesday	Thursday	Friday
FIT (40 min) 8:40-9:20	Block 1 (80 min) 8:40-10:00	Block 1 (80 min) 8:40-10:00	Block 1 (80 min) 8:40-10:00	FIT (40 min) 8:40-9:20
Block 1 (60 min) 9:20-10:20	break (10 min)	break (10 min)	break (10 min)	Block 1 (60 min) 9:20-10:20
break (10 min)	Block 2 (80 min) 10:10- 11:30	Block 2 (80 min) 10:10- 11:30	Block 2 (80 min) 10:10- 11:30	break (10 min)
Block 2 (60 min) 10:30-11:30				Block 2 (60 min) 10:30-11:30
lunch (45 min) 11:30-12:15				
Block 3 (80 min) 12:15-1:35	Block 3 (60 min) 12:15-1:15	Block 3 (80 min) 12:15-1:35	Block 3 (60 min) 12:15-1:15	Block 3 (80 min) 12:15-1:35
break (10 min)	FIT (40 min) 1:15-1:55	break (10 min)	FIT (40 min) 1:15-1:55	break (10 min)
Block 4 (80 min) 1:45 -3:05	break (10 min)	Block 4 (80 min) 1:45 -3:05	break (10 min)	Block 4 (80 min) 1:45 -3:05
	Block 4 (60 min) 2:05-3:05		Block 4 (60 min) 2:05-3:05	



OWNERSHIP

ATTITUDE

RESPONSIBILITY

SAFETY

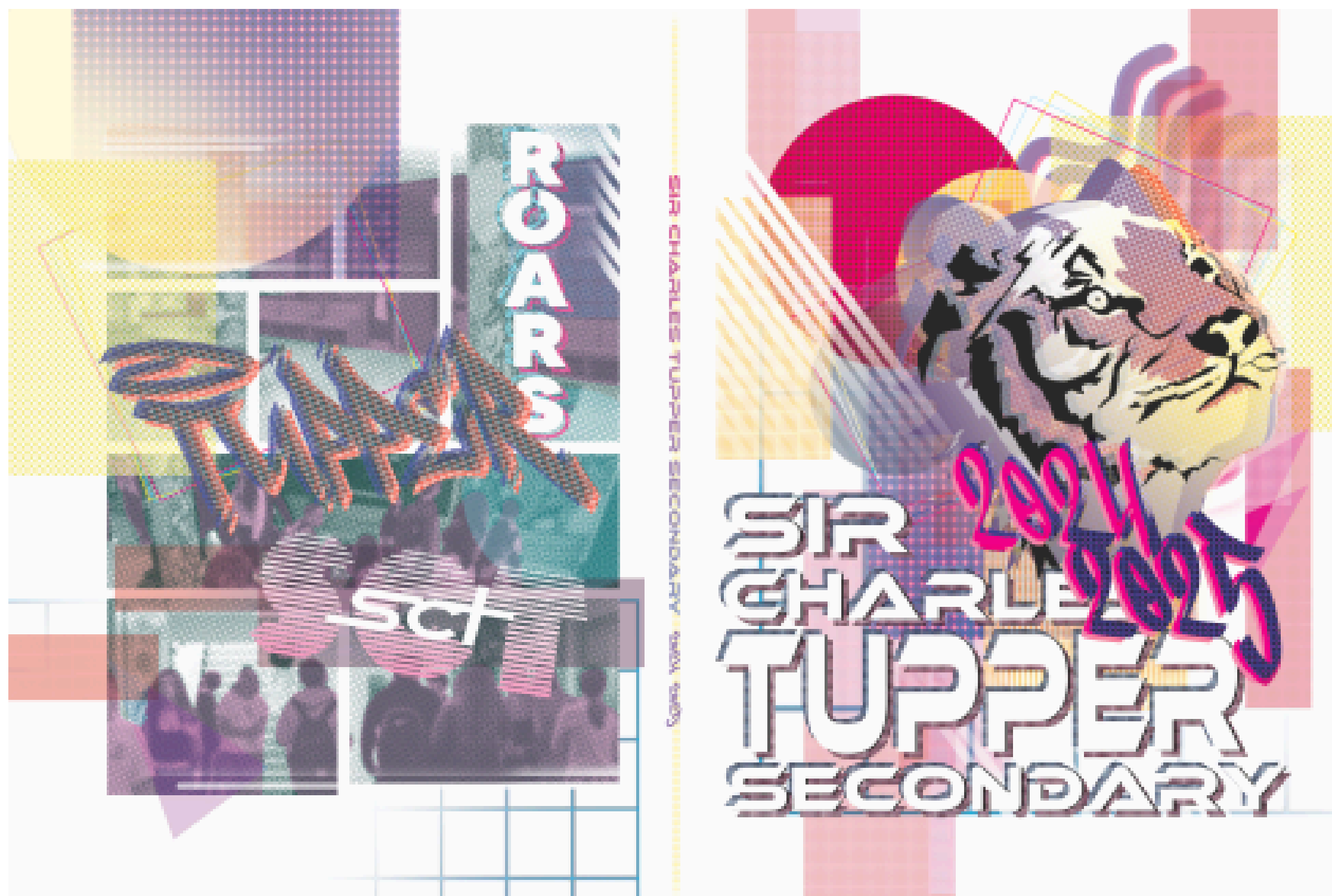


New Items :

Yearbook Distribution – Waitlisted Copies: **Monday, June 16 @ FIT**

Waitlisted copies for all Grade 8-12 students will become available for purchase and pick up on June 16.

Tupper 2024-2025 Yearbook Distribution: June 5-16, 2025



Cover Art: Kayla Naldoza

Thank you to everyone who has paid for a yearbook this year! Please see the following important details to claim your copy. If you have any further questions, or cannot attend in-person to pick-up, please do not hesitate to call the office at 604-713-8233, or email <lfoell@vsb.bc.ca>

We are nearly sold out of all yearbooks! Students are invited to claim their pre-paid copy in the foyer and add their name to the waitlist for additional copies at the beginning of FIT on the following days:

- ✓ *Thursday, June 5* – all **grade 12** students
- ✓ *Monday, June 9* – all **grade 11** students, and grade 12 students with unclaimed copies
- ✓ *Tuesday, June 10* – all **grade 10** students, and grade 11-12 students with unclaimed copies
- ✓ *Thursday, June 12* – all **grade 9** students, and grade 10-12 students with unclaimed copies
- ✓ *Friday, June 13* – all **grade 8** students, and grade 9-12 students with unclaimed copies
- ✓ *Monday, June 16* – waitlisted copies for all grade 8-12 students will become available for purchase and pick-up

Grad Rehearsal: Tuesday, June 17, @ FIT (PM) & P4 in the Cafeteria and Auditorium at Tupper

Reviewing ceremony information and protocol. Distribution of 2 complimentary grad tickets, dinner dance tickets, and cap/ gowns.

Youth for Hope Fundraising: Tuesday, June 17

The annual refugee fundraising event is coming back. It is starting Tuesday, June 17, in the foyer during lunchtime and after school. There will be watermelon eating contest. Henna station, snacks, popsicles, and accessories sale.



Attention to Grade 11s – "Everything you need to know about Grade 12": Thursday, June 19 at FIT

June 19th Ms. Higenbottam will host an important assembly for ALL grade 11's. After, I will post the slide deck here and share with your caregivers as well.

Topics:

- where you should be at with credits if you intend to graduate next June
- what you can expect for Grade 12 / grad and social events
- Prom/ Grade ceremony
- post-secondary tips and info
- scholarship tips and info
- transcripts and records
- things you can do over summer
- Grade 12 schedules
- how we can have a smooth start up in the fall and how you can reach me

See you then, Ms. H

Graduation of 2025

Grad Early Dismissal: Friday, June 20, Classes dismissed @ 11:30 AM

Grade 12 students – dismissed at 11:30 AM

Grade 8-11 students – FIT session for review and credit recovery in the afternoon if you choose to stay at school.

GRAD EARLY DISMISSAL SCHEDULE JUNE 20, 2025

	Start Time	End Time
Block 1	8:40am	9:15am
Block 2	9:20am	9:55am
Break	9:55am	10:15am
Block 3	10:15am	10:50am
Block 4	10:55am	11:30am

Class of 2025 Graduation Ceremony: Friday, June 20 @ 2 PM

Graduation Ceremony at the Chan Centre, UBC

Ceremony begins promptly at 2pm.

ATTENTION TO ALL GRADE 12 – IMPORTANT YEAREND INFORMATION REGARDING OFFICE365/OUTLOOK AND MYED ACCESS:

Grade12s, after **Friday August 8, 2025**, all grade 12 graduates will no longer have access to MyEd and Outlook. therefore, if YOU have any attachments left in Outlook or if you have not yet downloaded all learning updates from the year, you should do so on or before August 8, 2025.

Grad 2025 Dinner Dance: Tuesday, June 24

Dinner Dance from 6 to 11pm at the Fairmont Hotel Vancouver

Lost & Found Items: Claim before Tuesday, June 24

All Lost and Found items, both in the Office and outside of the big gym WILL be donated if NOT PICKED UP BY Tuesday, June 24th

VSB Summer School Registration:

<https://www.vsb.bc.ca/page/5211/summer-school>

Summer School Registration Opens on April 30 at noon.

Spots in Math and Science classes will be tight. Make sure you register early this year. Portal for registration has been opened. They will keep a waiting list for their full classes. All students have to register online and a credit card is required. If you need assistance or have questions, please see your counsellor or have your parents call us. Grade 12 students who require summer school courses see Mr. Lee, there is a separate registration for you.

PEN # Request:

In preparation for summer school registration, parents will need their child's PEN number (Personal Education Number) to register. Just a reminder that we have a PEN locator for our VSB students and parents can locate their child's PEN via our self-serve portal. <https://kchoice.vsb.bc.ca/penrequest.aspx>

Helpful Resources:

Attention All Students: Every Wednesday

Reminder that there is Neighborhood Crew every Wednesday after school in the Staff room. See you there!

Message from Student Council:

Hello All Students. Do you want to have a voice in your education or provide constructive feedback to help bring about positive change in our school district? If so, the Student Issues Box is an online platform where students can raise concerns or ask questions, anonymously or openly. Click the link for more information and to access the platform: <https://www.vdscouncil.com/students-issues>.

Let's make a positive impact together! From Student Council

School Fees:

School fees can be paid online by visiting <https://vsb.schoolcashonline.com/> If this is your first time using our online fee payment system, please register using your student’s name. You can pay for school fees, course fees and workbook fees! Should you have any questions, please email tupper@vsb.bc.ca.

General Inquiries:

Please take a moment to visit and familiarize yourself with our school website, Tupper.vsb.bc.ca as we update our website daily. Should you have any general inquiries, please feel free to email us at tupper@vsb.bc.ca and we will respond to your email as soon as possible.

Having Problems with MyEd Family Portal:

Please note that access to the MyEd Family Portal is shared with the student and parents/guardians. If you have forgotten the password, you can reset your password through the below password recovery link. [Account Management \(vsb.bc.ca\)](#)

Please send an email to tupper@vsb.bc.ca if your MyEd account is disable.

Having Problems with Office 365:

Students are able to reset their own Office 365 passwords by clicking [here](#). Please note that you will require your birthday as well as your Personal Education Number (PEN) which you can obtain from your MyEd account or you can find it on a past report card. Should you require assistance logging into your Office365 account after resetting your password, [please click here for a step-by-step guide](#).

ARTONA Photos Order:

To view and order pictures: [Artona](#), visit <https://artona.com/orders/school-day> to place your order.

Tupper - Blue Tray Pilot Project:

Food services will be running a pilot project for the remainder of the school year and will be using the Blue Trays to serve food. Tupper contributes 21,000 paper plates per year and the goal is to reduce the amount of waste that we generate. We ask all staff and students who use these trays (or see them laying around) to return them to their allocated collection bins stationed in the cafeteria. Collectively, let’s work together to reduce our environmental footprint and build a more sustainable school community.

Tupper is Reducing Waste

The blue cafeteria trays will help keep **195,000** paper plates out of the landfill every year!



Please return your tray to the bins provided

Cafeteria trays here please! Cafeteria trays here please!

