



**TUPPER SECONDARY – Weekly Student Bulletin**  
**January 13 – 17, 2025 (Semester 1)**



**Weekly Cafeteria Lunch Menu:**

DATE		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Biscuit</b> \$2.75	<b>Muffin</b> \$2.50	Chocolate Chips Muffin	Banana Loaf	Cheese Scone	Carrot Muffin	Chocolate Pound Cake
<b>Daily Sandwiches \$5.00</b> Egg Salad ~ Tuna Salad ~ Veggie ~ Ham ~ Turkey ~ Pastrami ~ Roast Beef						
<b>Chef Salad</b> \$7.00		Chicken Caesar	Chef's Salad	Greek Salad	Chicken Caesar	TBD
<b>Wrap</b> \$5.50		Chicken Caesar	Chicken Salad	Chicken Caesar	Chicken Salad	Chicken Caesar
<b>Hoagie</b> \$5.00		Beef	BLT	Pastrami	Pizza	Pepperoni Pizza
<b>Hummus Box \$4.50</b>						
<b>Soup</b> \$3.75		Cream of Spinach (V)	Minestrone (V)	Beef Barley	Corn Chowder(V)	Chicken Noodle
<b>Hot Sandwich</b> \$5.00 <b>Soup &amp; sandwich</b> \$7.25		Grilled Cheese	Grilled Cheese	Grilled Cheese	Tuna Melt	Panini
<b>Entrée</b> \$7.25		Cheese Tortellini Rose Sauce Garlic Toast	Fish and Chips Cole Slaw	Beef Stew French Baguette	Tandoori Chicken Basmati Rice Pickled Onion	Chef's Special
<b>Dessert</b> Individually priced		Fruit Crumble	Keylime Pie	Vanilla Custard Cake	Cinnamon Buns	Peach Short Cake
<b>Daily Cookies \$2.00</b> Chocolate Chip ~ Red Velvet ~ Ginger Snap ~ Oatmeal Raisin						

V = vegetarian V\* = vegetarian option available but limited

**ROARS - Respect Ownership Attitude Responsibility Safety**

**Weekly Schedule:**

Monday	Tuesday	Wednesday	Thursday	Friday
FIT (40 min) 8:40-9:20	Block 1 (80 min) 8:40-10:00	Block 1 (80 min) 8:40-10:00	Block 1 (80 min) 8:40-10:00	FIT (40 min) 8:40-9:20
Block 1 (60 min) 9:20-10:20	break (10 min)	break (10 min)	break (10 min)	Block 1 (60 min) 9:20-10:20
break (10 min)	Block 2 (80 min) 10:10-11:30	Block 2 (80 min) 10:10-11:30	Block 2 (80 min) 10:10-11:30	break (10 min)
Block 2 (60 min) 10:30-11:30				Block 2 (60 min) 10:30-11:30
lunch (45 min) 11:30-12:15				
Block 3 (80 min) 12:15-1:35	Block 3 (60 min) 12:15-1:15	Block 3 (80 min) 12:15-1:35	Block 3 (60 min) 12:15-1:15	Block 3 (80 min) 12:15-1:35
break (10 min)	FIT (40 min) 1:15-1:55	break (10 min)	FIT (40 min) 1:15-1:55	break (10 min)
	break (10 min)		break (10 min)	
Block 4 (80 min) 1:45-3:05	Block 4 (60 min) 2:05-3:05	Block 4 (80 min) 1:45-3:05	Block 4 (60 min) 2:05-3:05	Block 4 (80 min) 1:45-3:05

**NEW ITEMS:**

**Grade 10 Provincial Assessments: Monday to Friday, January 13 - 17**

We are doing Literacy 10 and Numeracy 10 assessments for the week of Jan 13 in the library, Monday thru Wednesday. Students that are doing these assessments have already been informed by their classroom teachers. There are lists of students and assessment times posted outside of the library.

**Grad Spirit Week: Monday to Friday, January 13 - 17**

Attention all Grade 12s! Next week is grad spirit week! The themes are:

1. Snowed-In Monday: wear white clothes in the spirit of winter!
2. Tunes Tuesday: dress like your favourite album cover or wear a band tee!
3. Wednesdays We Wear Pink: inspired by the Mean Girls movie, wear any pink clothes!
4. Throwback Thursday: wear an outfit inspired by your favourite throwback decade, for example '90s or '00s.
5. Mismatched Friday: wear mismatched socks, shoes, clothing patterns, or more!

Show your ROARsy attitude by dressing **up!**

**GRAD SPIRIT WEEK**  
**January 13 - 17**

**JAN 13: SNOWED-IN MONDAY**  
#WinterWhiteout  
Wear all white!

**JAN 14: TUNES TUESDAY**  
Dress as your favourite album cover  
or wear a band tee!

**JAN 15: ON WEDNESDAYS  
WE WEAR PINK**  
Inspired by Mean Girls! Wear any  
pink clothes.

**JAN 16: THROWBACK  
THURSDAY**  
Wear an outfit inspired by  
your favourite decade! (Ex:  
'90s, '00s)

**JAN 17: MISMATCH FRIDAY**  
Wear mismatched shoes, clothing  
patterns, and more!

**Attention All Students: Every Wednesday**

Reminder that there is Neighborhood Crew **every Wednesday after school** in the Staff room. See you there!

**Attention CLC 12 Students:**

Hey CLC12 students. Do you need help editing any multimedia in your Capstone Projects? Well, we have Tupper Media Club volunteers ready to assist you with photos, videos, or sound production. We also have a newly upgraded audio and video studio with a green screen.

Drop us a DM @tuppertigermedia or email [scoderre@vsb.bc.ca](mailto:scoderre@vsb.bc.ca) (Mr. S Coderre)

**Winter Fusion 2025: Thursday, Jan 16, 2025 @ 7pm**

All are welcome! Please join us the evening of Thursday, January 16, 2025. Tupper Fine Arts is hosting Winter Fusion 2025. Art! Dance! Drama! Music! Please see the attached poster for full details. Thank you for your support.

# Winter Fusion

TUPPER FINE ARTS Presents Winter Fusion on  
**Thursday, January 16, 2025**

Sir Charles Tupper Secondary  
419 East 24th Ave

Art Gallery at 6:30 PM  
(Front Foyer)

Show Begins at 7:00 PM  
**NO LATECOMERS  
(AUDITORIUM)**

Tickets are \$5 in advance, or \$10 at the door

Please contact the school office at 604-713-8233 before Wednesday,  
January 15 to purchase your ticket in advance

All proceeds go to Fine Arts programs



## **Message from Student Council:**

Hello All Students. Do you want to have a voice in your education or provide constructive feedback to help bring about positive change in our school district? If so, the **Student Issues Box** is an online platform where students can raise concerns or ask questions, anonymously or openly. Click the link for more information and to access the platform: <https://www.vdscouncil.com/students-issues>.

Let's make a positive impact together! From Student Council

## **2025 WorkSafeBC Student Safety Video Contest: Due on Tuesday, April 1 at 5 PM**

Hey ROARSies. If you are in grade 12 and looking for a Capstone Project this would be great. If you are in other grades and looking for a media project that has prizes this might be for you. There's a total of \$10,000 in prize money.

## **2025 WorkSafeBC Student Safety Video Contest**

The theme for the 2025 Student Safety Video Contest is **Show up, speak up for safety**. When you are new to work, some things may feel beyond your control. Show up and speak up when something feels unsafe. Tell us how young workers can do more than just show up at work.

It's a two minute video. You can use any media: live action, animation, hybrid, stop motion, slide show, or mashup. Media Club students can help you edit. We have professional video making equipment in Studip 409. But you can also do this on your own phone.

The deadline for entries is **Tuesday, April 1, 2025 at 5 p.m**

See Mr. Coderre at any FIT in studio 409 for more details and sponsorship if you plan to enter.

<https://www.worksafebc.com/en/health-safety/education-training-certification/young-new-worker/student-safety-video-contest>

**IMPORTANT Grad 2025 Information: Due on April 30**

GRADS! It is time to start planning for your ceremony! Please be sure to take 2 minutes out of your day to fill out the Grad 2025 form! Here is the QR code and the link! Please share the information with your classmate! You will only have until April 30th to send me this information!



Grad Rehearsal - FIT PM on June 17th, 2025 in the Cafeteria at Tupper  
Graduation Ceremony - 2pm on June 20th, 2025 at the Chan Centre UBC  
Dinner Dance - 6-11pm on June 24th, 2025 at the Fairmont Hotel Vancouver

**HELPFUL RESOURCES:**

**School Fees:**

School fees can be paid online by visiting <https://vsb.schoolcashionline.com/> If this is your first time using our online fee payment system, please register using your student's name. You can pay for school fees, course fees and workbook fees! Should you have any questions, please email [tupper@vsb.bc.ca](mailto:tupper@vsb.bc.ca).

**General Inquiries:**

Please take a moment to visit and familiarize yourself with our school website, [Tupper.vsb.bc.ca](http://Tupper.vsb.bc.ca) as we update our website daily. Should you have any general inquiries, please feel free to email us at [tupper@vsb.bc.ca](mailto:tupper@vsb.bc.ca) and we will respond to your email as soon as possible.

**Having Problems with MyEd Family Portal:**

Please note that access to the MyEd Family Portal is shared with the student and parents/guardians. If you have forgotten the password, you can reset your password through the below password recovery link. [Account Management \(vsb.bc.ca\)](#)

Please send an email to [tupper@vsb.bc.ca](mailto:tupper@vsb.bc.ca) if your MyEd account is disable.

**Having Problems with Office 365:**

Students are able to reset their own Office 365 passwords by clicking [here](#). Please note that you will require your birthday as well as your Personal Education Number (PEN) which you can obtain from your MyEd account or you can find it on a past report card. Should you require assistance logging into your Office365 account after resetting your password, [please click here for a step-by-step guide](#).

**Lunch Menu Smart App: NEW!!!**



**New!** Use the VSB lunch smart app to **preorder an entrée and drink.**

Order window times: 6:00 am to 10:30 am (up to 30)

Use VSB lunch card or VSB cash card in the app to pay

Pick up at the table in the cafeteria – have app open to show payment



**ARTONA Photos Order:**

To view and order pictures: [Artona](#), visit <https://artona.com/orders/school-day> to place your order.