



**TUPPER SECONDARY – Weekly Student Bulletin**  
**January 27 – 31, 2025 (Semester 2: 1-2-3-4)**



**Weekly Cafeteria Lunch Menu:**

DATE		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Biscuit</b> \$2.75	<b>Muffin</b> \$2.50	Cheese Scone	Blueberry Lemon Loaf	Craisin Muffin	Chocolate Zucchini Loaf	Blueberry Square
<b>Daily Sandwiches \$5.00</b> Egg Salad ~ Tuna Salad ~ Veggie ~ Ham ~ Turkey ~ Pastrami ~ Roast Beef						
<b>Chef Salad</b> \$7.00		Chicken Caesar	Chef's Salad	Greek Salad	Chicken Caesar	Chef's Salad
<b>Wrap</b> \$5.50		Chicken Caesar	Chicken Salad	Chicken Caesar	Chicken Salad	Chicken Caesar
<b>Hoagie</b> \$5.00		Beef	BLT	Pastrami	Pepperoni Pizza	Beef
<b>Hummus Box \$4.50</b>						
<b>Soup</b> \$3.75		Beef Goulash Soup	Cream of Spinach (V)	Clam Chowder	Minestrone (V)	Curried Lentil Soup (V)
<b>Hot Sandwich</b> \$5.00 <b>Soup &amp; sandwich</b> \$7.25		Grilled Cheese	Grilled Cheese	Grilled Cheese	Tuna Melt	Panini
<b>Entrée</b> \$7.25		Meatballs Pene w/ Tomato Sauce	Fried Rice	Chef's Special	Korean Chicken Burger Asian Pickle	Shepherd's Pie Green Salad
<b>Dessert</b> Individually priced		Pumpkin Cake	Tiramisu	Brownie	Cinnamon Buns	Apple Pie
<b>Daily Cookies</b> \$2.00 Chocolate Chip ~ Red Velvet ~ Ginger Snap ~ Oatmeal Raisin						

V = vegetarian V\* = vegetarian option available but limited

**ROARS - Respect Ownership Attitude Responsibility Safety**

**Weekly Schedule:**

Monday	Tuesday	Wednesday	Thursday	Friday
FIT (40 min) 8:40-9:20	Block 1 (80 min) 8:40-10:00	Block 1 (80 min) 8:40-10:00	Block 1 (80 min) 8:40-10:00	FIT (40 min) 8:40-9:20
Block 1 (60 min) 9:20-10:20	break (10 min)	break (10 min)	break (10 min)	Block 1 (60 min) 9:20-10:20
break (10 min)				break (10 min)
Block 2 (60 min) 10:30-11:30	Block 2 (80 min) 10:10-11:30	Block 2 (80 min) 10:10-11:30	Block 2 (80 min) 10:10-11:30	Block 2 (60 min) 10:30-11:30
lunch (45 min) 11:30-12:15				
Block 3 (80 min) 12:15-1:35	Block 3 (60 min) 12:15-1:15	Block 3 (80 min) 12:15-1:35	Block 3 (60 min) 12:15-1:15	Block 3 (80 min) 12:15-1:35
	FIT (40 min) 1:15-1:55		FIT (40 min) 1:15-1:55	
break (10 min)	break (10 min)	break (10 min)	break (10 min)	break (10 min)
Block 4 (80 min) 1:45-3:05	Block 4 (60 min) 2:05-3:05	Block 4 (80 min) 1:45-3:05	Block 4 (60 min) 2:05-3:05	Block 4 (80 min) 1:45-3:05



**NEW ITEMS:**

**Semester Turnaround/ IE/ Credit Capture Days: Monday and Tuesday, Jan 27 & 28**

End of Semester and Final Report January 27th and 28th are semester turnaround days for secondary schools, identified by the VSB District. These days are to allow teachers to wrap up semester one and prepare for semester two. Teachers will use these days to collect outstanding textbooks/materials, prepare for the start of semester two,

and invite students in who may need more time for completion activities/credit capture. **Classes will not be in session** as usual; however, the school is open, and students can attend if they wish. **Attendance will not be taken on MyEd.** Teachers will be available in their classrooms during their regularly scheduled classes, but no formal instruction will be planned. All District special education programs will be in session. If you have a question regarding a District special education program class, please contact the program teacher directly for more information.

**Parent/Student Course Planning Presentation: Monday, Jan 27, 4:30 - 6PM in the Tupper Auditorium**

Dear Class of 2026/2027 Students and Caregivers,

We want to extend an invitation to all **Grade 10 and 11 students and parents to attend an in-person Course Planning Night** this coming **Monday, January 27 at 4:30 PM** in the Tupper auditorium.

This is an opportunity to:

- Meet the counsellors
- Learn about the graduation program
- Review the courses that all grade 11 and 12 students need in order to graduate
- Learn about the elective options that are available at the grade 11 and 12 level
- Learn about the career program offerings in the VSB for grade 11 and 12 students
- Get answers to questions about post secondary planning, graduation and scholarships
- We will take questions at the end and will be available for brief conversations and can book follow up meetings as needed.

Can't make it? fear not! We will have Course Planning assemblies booked in the Auditorium:

**February 4:** FIT TIME (1:15 -2PM), Grade 10 into 11 Course Planning Assembly

**February 6:** FIT TIME (1:15 – 2PM), Grade 11 into 12 Course Planning Assembly

After the course planning session on Feb 4 & 6, Grade 11 into 12 students will have access to an online form to make course choices. Grade 10 to 11 will be given instructions on course input during their assembly.

## Course Planning Dates (current grade 8-11)

Grade	Date	Time	Location
8	February 13	FIT 1:15 PM – 1:55 PM	Auditorium
9	February 11	FIT 1:15 PM – 1:55 PM	Auditorium
10	February 4	FIT 1:15 PM – 1:55 PM	Auditorium
11	February 6	FIT 1:15 PM – 1:55 PM	Auditorium

All info and documents, including next year's COURSE PLANNING GUIDE will be posted on our Tupper website under > Guidance and Support> Course Planning, or by clicking here [Course Planning](#)  
Ms. Higenbottam and Ms Rebane

**Parent/Student Course Planning Presentation: Tuesday, Jan 28, 3 – 4PM Online (will be recorded)**

This **ONLINE** event is for current Grade 8 to 9 students and caregivers/parents.

Can't make it? fear not! We will have Course Planning assemblies booked in the Auditorium:

**February 11:** FIT TIME (1:15 -2PM), Grade 9 into 10 Course Planning Assembly

**February 13:** FIT TIME (1:15 – 2PM), Grade 8 into 9 Course Planning Assembly

**Semester 2 Begins: Wednesday, January 29**

Semester two will begin on Wednesday, January 29th and classes will resume as normal. Student schedules are found on MyEd. Please visit our website for support on accessing MyEd.

**Semester 1 Final Marks Published: Thursday, January 30 @ 3PM**

Log into the student/family MyEducationBC portal to access your marks after 3pm.

**Please remember to download a copy of all learning updates as they will be deleted during the next reporting period.** If you are having problems logging in, please email [tupper@vsb.bc.ca](mailto:tupper@vsb.bc.ca) for assistance.

**Attention All Students: Every Wednesday**

Reminder that there is Neighborhood Crew every Wednesday after school in the Staff room. See you there!

**Message from Student Council:**

Hello All Students. Do you want to have a voice in your education or provide constructive feedback to help bring about positive change in our school district? If so, the **Student Issues Box** is an online platform where students can raise concerns or ask questions, anonymously or openly. Click the link for more information and to access the platform: <https://www.vdscouncil.com/students-issues>.

Let's make a positive impact together! From Student Council

**2025 WorkSafeBC Student Safety Video Contest: Due on Tuesday, April 1 at 5 PM**

Hey ROARSies. If you are in grade 12 and looking for a Capstone Project this would be great. If you are in other grades and looking for a media project that has prizes this might be for you. There's a total of \$10,000 in prize money.

**2025 WorkSafeBC Student Safety Video Contest**

The theme for the 2025 Student Safety Video Contest is **Show up, speak up for safety**. When you are new to work, some things may feel beyond your control. Show up and speak up when something feels unsafe. Tell us how young workers can do more than just show up at work.

It's a two minute video. You can use any media: live action, animation, hybrid, stop motion, slide show, or mashup. Media Club students can help you edit. We have professional video making equipment in Studip 409. But you can also do this on your own phone.

The deadline for entries is **Tuesday, April 1, 2025 at 5 p.m**

See Mr. Coderre at any FIT in studio 409 for more details and sponsorship if you plan to enter.

<https://www.worksafebc.com/en/health-safety/education-training-certification/young-new-worker/student-safety-video-contest>

**IMPORTANT Grad 2025 Information: Due on April 30**

GRADS! It is time to start planning for your ceremony! Please be sure to take 2 minutes out of your day to fill out the Grad 2025 form! Here is the QR code and the link! Please share the information with your classmate! You will only have until April 30th to send me this information!



Grad Rehearsal - FIT PM on June 17th, 2025 in the Cafeteria at Tupper  
Graduation Ceremony - 2pm on June 20th, 2025 at the Chan Centre UBC  
Dinner Dance - 6-11pm on June 24th, 2025 at the Fairmont Hotel Vancouver

## **HELPFUL RESOURCES:**

### **School Fees:**

School fees can be paid online by visiting <https://vsb.schoolcashonline.com/>. If this is your first time using our online fee payment system, please register using your student's name. You can pay for school fees, course fees and workbook fees! Should you have any questions, please email [tupper@vsb.bc.ca](mailto:tupper@vsb.bc.ca).

### **General Inquiries:**

Please take a moment to visit and familiarize yourself with our school website, [Tupper.vsb.bc.ca](http://Tupper.vsb.bc.ca) as we update our website daily. Should you have any general inquiries, please feel free to email us at [tupper@vsb.bc.ca](mailto:tupper@vsb.bc.ca) and we will respond to your email as soon as possible.

### **Having Problems with MyEd Family Portal:**

Please note that access to the MyEd Family Portal is shared with the student and parents/guardians. If you have forgotten the password, you can reset your password through the below password recovery link. [Account Management \(vsb.bc.ca\)](http://Account Management (vsb.bc.ca))

Please send an email to [tupper@vsb.bc.ca](mailto:tupper@vsb.bc.ca) if your MyEd account is disabled.

### **Having Problems with Office 365:**

Students are able to reset their own Office 365 passwords by clicking [here](#). Please note that you will require your birthday as well as your Personal Education Number (PEN) which you can obtain from your MyEd account or you can find it on a past report card. Should you require assistance logging into your Office365 account after resetting your password, [please click here for a step-by-step guide](#).

### **Lunch Menu Smart App: NEW!!!**



**New!** Use the VSB lunch smart app to **preorder an entrée and drink.**

Order window times: 6:00 am to 10:30 am (up to 30)

Use VSB lunch card or VSB cash card in the app to pay

Pick up at the table in the cafeteria – have app open to show payment

### **ARTONA Photos Order:**

To view and order pictures: [Artona](http://Artona), visit <https://artona.com/orders/school-day> to place your order.