



TUPPER SECONDARY – Weekly Student Bulletin
March 10 – 14, 2025 (Semester 2: 1-2-3-4)



Weekly Cafeteria Lunch Menu:

DATE		Monday	Tuesday	Wednesday	Thursday	Friday
Biscuit \$2.75	Muffin \$2.50	Apple Cinnamon Muffin	Cheese Scone	Rice Krispy	Zucchini Loaf	Banana Loaf
Daily Sandwiches \$5.00 Egg Salad ~ Tuna Salad ~ Veggie ~ Ham ~ Turkey ~ Pastrami ~ Roast Beef						
Chef Salad \$7.00		Chicken Caesar	Chef's Salad	Greek Salad	Chicken Caesar	Chef's Salad
Wrap \$5.50		Chicken Caesar	Chicken Caesar	Chicken Caesar	Chicken Caesar	Chicken Caesar
Hoagie \$5.00		Beef	BLT	Pastrami	Pepperoni Pizza	Beef
Hummus Box \$4.50						
Soup \$3.75		Chicken Noodle	Bortsch (V)	Cream of Mushroom (V)	Beef Goulash	Cream of Tomato(V)
Hot Sandwich \$5.00 Soup & sandwich \$7.25		Grilled Cheese	Grilled Cheese	Grilled Cheese	Tuna Melt	Panini
Entrée \$7.25		Beef Meat Balls Pene Pasta Caesar Salad	Chili Nacho Sour Cream (V)	Pulled Pork S/W Cole Slaw Fries	Lemongrass Chicken Rice, Vegetable	Chef's Special
Dessert Individually priced		Apple Cake	Banana Cream Pie	Vanilla Cream Cake	Cinnamon Buns	Chocolate Cream Tart
	Daily Cookies \$2.00 Chocolate Chip ~ Red Velvet ~ Ginger Snap ~ Oatmeal Raison					
V = vegetarian V* = vegetarian option available but limited						

ROARS - Respect **O**wnership **A**ttitude **R**esponsibility **S**afety

Weekly Schedule:

Monday	Tuesday	Wednesday	Thursday	Friday
FIT (40 min) 8:40-9:20	Block 1 (80 min) 8:40-10:00	Block 1 (80 min) 8:40-10:00	Block 1 (80 min) 8:40-10:00	FIT (40 min) 8:40-9:20
Block 1 (60 min) 9:20-10:20	break (10 min)	break (10 min)	break (10 min)	Block 1 (60 min) 9:20-10:20
break (10 min)				break (10 min)
Block 2 (60 min) 10:30-11:30	Block 2 (80 min) 10:10- 11:30	Block 2 (80 min) 10:10- 11:30	Block 2 (80 min) 10:10- 11:30	Block 2 (60 min) 10:30-11:30
lunch (45 min) 11:30-12:15				
Block 3 (80 min) 12:15-1:35	Block 3 (60 min) 12:15-1:15	Block 3 (80 min) 12:15-1:35	Block 3 (60 min) 12:15-1:15	Block 3 (80 min) 12:15-1:35
break (10 min)	FIT (40 min) 1:15-1:55	break (10 min)	FIT (40 min) 1:15-1:55	break (10 min)
	break (10 min)		break (10 min)	
Block 4 (80 min) 1:45 -3:05	Block 4 (60 min) 2:05-3:05	Block 4 (80 min) 1:45 -3:05	Block 4 (60 min) 2:05-3:05	Block 4 (80 min) 1:45 -3:05

NEW ITEMS:

Spring Forward this weekend: Sunday, March 09

Don't forget to turn your clocks forward at 2am this Sunday, March 09



Grad Spirit Week: Monday to Friday, March 10 – 14

Attention all Grade 12s!! March 10th to 14th is going to be a grad spirit week!

Monday is Mathletes vs. Athletes: dress up in athletic wear or a studious outfit!

Tuesday is Tacky Tourist: Wear a Hawaiian shirt or other touristy clothes in the spirit of spring break!

Wednesday is Grad Sweats Day: Wear your new Grad Hoodies and Sweatpants! **Make sure to pick them up the day before, on Tuesday March 11 in the foyer at FIT**

Thursday is Soccer Mom vs. BBQ Dad: Wear your best soccer mom outfit or wear an apron, slides, etc. to represent the BBQ dads!

Lastly, Friday is PJ Day: Wear your comfy pjs for the last day before spring break! Seniors who dress up will have the opportunity for a reward.

Grade 12s, show your school spirit in your last year at Tupper by participating!



Grade 8 Rotation 1 Ends: Wednesday, March 12

TIP PM: Wednesday, March 12

Classes dismissed @ 1:45pm

TIP PM Schedule

	Start Time	End Time
Block 1	8:40am	10:00am
Break	10:00am	10:10am
Block 2	10:10am	11:30am
<i>Lunch</i>	11:30am	12:15pm
Block 3	12:15pm	12:55pm
Break	12:55pm	1:05pm
Block 4 – Students dismissed for the day	1:05pm	1:45pm
TIP Time – Students do not attend, dismissed at 1:45pm	1:45pm	3:05pm

Grade 8 Rotation 2 Begins: Thursday, March 13

S2 Interims Published @ 3pm: Thursday, March 13

Log into the MyEducation Portal to access your marks after 3pm. Please remember to download a copy of your all learning updates as they will be deleted during the reporting period.

If you are having problems logging in, please email tupper@vsb.bc.ca for assistance.

Artona Grad Makeup Event! Deadline is Monday, March 31

Graduates of 2025: There's still time to get your grad photos at Artona! You will be included on the class composite if you are photographed **by March 31**. Please book now by scanning the QR code or visiting artona.com/bookings



When: Today until March 31, 2025

Location: Artona Vancouver Studio - 353 West 7th Avenue, Vancouver

If you need any assistance in booking your appointment please contact our customer service team here: artona.com/contact-us
See you soon!

2025 WorkSafeBC Student Safety Video Contest: Due on Tuesday, April 1 at 5 PM

Hey ROARSies. If you are in grade 12 and looking for a Capstone Project this would be great. If you are in other grades and looking for a media project that has prizes this might be for you. There's a total of \$10,000 in prize money.

2025 WorkSafeBC Student Safety Video Contest

The theme for the 2025 Student Safety Video Contest is **Show up, speak up for safety**. When you are new to work, some things may feel beyond your control. Show up and speak up when something feels unsafe. Tell us how young workers can do more than just show up at work.

It's a two minute video. You can use any media: live action, animation, hybrid, stop motion, slide show, or mashup. Media Club students can help you edit. We have professional video making equipment in Studip 409. But you can also do this on your own phone.

The deadline for entries is **Tuesday, April 1, 2025 at 5 p.m**

See Mr. Coderre at any FIT in studio 409 for more details and sponsorship if you plan to enter.

<https://www.worksafebc.com/en/health-safety/education-training-certification/young-new-worker/student-safety-video-contest>

IMPORTANT Grad 2025 Information: Due on April 30

GRADS! It is time to start planning for your ceremony! Please be sure to take 2 minutes out of your day to fill out the Grad 2025 form! Here is the QR code and the link! Please share the information with your classmate! You will only have until April 30th to send me this information!



Grad Rehearsal - FIT PM on June 17th, 2025 in the Cafeteria at Tupper
Graduation Ceremony - 2pm on June 20th, 2025 at the Chan Centre UBC
Dinner Dance - 6-11pm on June 24th, 2025 at the Fairmont Hotel Vancouver

HELPFUL RESOURCES:

Attention All Students: Every Wednesday

Reminder that there is Neighborhood Crew **every Wednesday after school** in the Staff room. See you there!

Message from Student Council:

Hello All Students. Do you want to have a voice in your education or provide constructive feedback to help bring about positive change in our school district? If so, the **Student Issues Box** is an online platform where students can raise concerns or ask questions, anonymously or openly. Click the link for more information and to access the platform: <https://www.vdscouncil.com/students-issues>.

Let's make a positive impact together! From Student Council

School Fees:

School fees can be paid online by visiting <https://vsb.schoolcashionline.com/>. If this is your first time using our online fee payment system, please register using your student's name. You can pay for school fees, course fees and workbook fees! Should you have any questions, please email tupper@vsb.bc.ca.

General Inquiries:

Please take a moment to visit and familiarize yourself with our school website, Tupper.vsb.bc.ca as we update our website daily. Should you have any general inquiries, please feel free to email us at tupper@vsb.bc.ca and we will respond to your email as soon as possible.

Having Problems with MyEd Family Portal:

Please note that access to the MyEd Family Portal is shared with the student and parents/guardians. If you have forgotten the password, you can reset your password through the below password recovery link. [Account Management \(vsb.bc.ca\)](http://Account Management (vsb.bc.ca))

Please send an email to tupper@vsb.bc.ca if your MyEd account is disabled.

Having Problems with Office 365:

Students are able to reset their own Office 365 passwords by clicking [here](#). Please note that you will require your birthday as well as your Personal Education Number (PEN) which you can obtain from your MyEd account or you can find it on a past report card. Should you require assistance logging into your Office365 account after resetting your password, [please click here for a step-by-step guide](#).

Lunch Menu Smart App: NEW!!!



New! Use the VSB lunch smart app to **preorder an entrée and drink.**

Order window times: 6:00 am to 10:30 am (up to 30)

Use VSB lunch card or VSB cash card in the app to pay

Pick up at the table in the cafeteria – have app open to show payment



ARTONA Photos Order:

To view and order pictures: [Artona](https://artona.com/orders/school-day), visit <https://artona.com/orders/school-day> to place your order.