



**TUPPER SECONDARY – Weekly Student Bulletin**  
**April 07 – 11, 2025 (Semester 2: 1-2-3-4)**



**Weekly Cafeteria Lunch Menu:**

DATE		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Biscuit</b> \$2.75	<b>Muffin</b> \$2.50	Morning Glory Muffin	Banana Loaf	Cheese Scone	Blueberry Loaf	Rice Krispy
<b>Daily Sandwiches \$5.00</b> Egg Salad ~ Tuna Salad ~ Veggie ~ Ham ~ Turkey ~ Pastrami ~ Roast Beef						
<b>Chef Salad</b> \$7.00		Chicken Caesar	Chef's Salad	Greek Salad	Chicken Caesar	Chef's Salad
<b>Wrap</b> \$5.50		Chicken Caesar	Chicken Caesar	Chicken Caesar	Chicken Caesar	Chicken Caesar
<b>Hoagie</b> \$5.00		Beef	BLT	Pastrami	Pepperoni Pizza	Beef
<b>Hummus Box \$4.50</b>						
<b>Soup</b> \$3.75		Chicken Noodle	Ginger Carrot (V)	Cream of Tomato (V)	Beef Barley	Clam Chowder
<b>Hot Sandwich</b> \$5.00 <b>Soup &amp; sandwich</b> \$7.25		Grilled Cheese	Grilled Cheese	Grilled Cheese	Tuna Melt	Panini
<b>Entrée</b> \$7.25		Cheese Perogies Smokies Sautéed Onions	Chickpea & Cauliflower Curry Rice, Naan (V)	Cheese Burger Fries	Chicken Pot Pie Caesar Salad	Chef's Special
<b>Dessert</b> Individually priced		Fruit Crumble	Keylime Pie	Vanilla Cream Cake	Cinnamon Buns	Peach Cream Cake
	<b>Daily Cookies \$2.00</b> Chocolate Chip ~ Red Velvet ~ Ginger Snap ~ Oatmeal Raisin					

V = vegetarian V\* = vegetarian option available but limited

**ROARS - Respect Ownership Attitude Responsibility Safety**

**Weekly Schedule:**

Monday	Tuesday	Wednesday	Thursday	Friday
FIT (40 min) 8:40-9:20	Block 1 (80 min) 8:40-10:00	Block 1 (80 min) 8:40-10:00	Block 1 (80 min) 8:40-10:00	FIT (40 min) 8:40-9:20
Block 1 (60 min) 9:20-10:20	break (10 min)	break (10 min)	break (10 min)	Block 1 (60 min) 9:20-10:20
break (10 min)	Block 2 (80 min) 10:10-11:30	Block 2 (80 min) 10:10-11:30	Block 2 (80 min) 10:10-11:30	break (10 min)
Block 2 (60 min) 10:30-11:30				Block 2 (60 min) 10:30-11:30
lunch (45 min) 11:30-12:15				
Block 3 (80 min) 12:15-1:35	Block 3 (60 min) 12:15-1:15	Block 3 (80 min) 12:15-1:35	Block 3 (60 min) 12:15-1:15	Block 3 (80 min) 12:15-1:35
	FIT (40 min) 1:15-1:55	break (10 min)	FIT (40 min) 1:15-1:55	break (10 min)
break (10 min)	break (10 min)		break (10 min)	
Block 4 (80 min) 1:45-3:05	Block 4 (60 min) 2:05-3:05	Block 4 (80 min) 1:45-3:05	Block 4 (60 min) 2:05-3:05	Block 4 (80 min) 1:45-3:05

**NEW ITEMS:**

**Literacy and Numeracy Assessment: Tuesday – Friday, April 08 – 11**

Please check the assessment schedules posted outside of the library.

**Early Dismissal: Thursday, April 10**  
**Classes dismissed at 2:05pm**

## EARLY DISMISSAL SCHEDULE (November 7, 2024 and April 10, 2025)

	Start Time	End Time
Block 1	8:40am	10:00am
Block 2	10:10am	11:30am
Lunch	11:30am	12:15pm
Block 3	12:15pm	1:05pm
Block 4	1:15pm	2:05pm

**Virtual Student Learning Conferences (On Teams): Thursday, April 10, 3 – 7pm**

Appointments registration will be closed on Wednesday, April 09 at 3pm.

Please register your NEW account @ <https://tupper.schoolappointments.com>, the on-line parent/caregiver teacher interview booking system for Sir Charles Tupper Secondary School. To register for an account, click on the "REGISTER" tab.

**IMPORTANT Grad 2025 Information: Due on April 30**

GRADS! It is time to start planning for your ceremony! Please be sure to take 2 minutes out of your day to fill out the Grad 2025 form! Here is the QR code and the link! Please share the information with your classmate! You will only have until April 30th to send me this information!



Grad Rehearsal - FIT PM on June 17th, 2025 in the Cafeteria at Tupper  
Graduation Ceremony - 2pm on June 20th, 2025 at the Chan Centre UBC  
Dinner Dance - 6-11pm on June 24th, 2025 at the Fairmont Hotel Vancouver

## **HELPFUL RESOURCES:**

**Attention All Students: Every Wednesday**

Reminder that there is Neighborhood Crew every Wednesday after school in the Staff room. See you there!

**Message from Student Council:**

Hello All Students. Do you want to have a voice in your education or provide constructive feedback to help bring about positive change in our school district? If so, the **Student Issues Box** is an online platform where students can raise concerns or ask questions, anonymously or openly. Click the link for more information and to access the platform: <https://www.vdscouncil.com/students-issues>.

Let's make a positive impact together! From Student Council

### **School Fees:**

School fees can be paid online by visiting <https://vsb.schoolcashonline.com/> If this is your first time using our online fee payment system, please register using your student's name. You can pay for school fees, course fees and workbook fees! Should you have any questions, please email [tupper@vsb.bc.ca](mailto:tupper@vsb.bc.ca).

### **General Inquiries:**

Please take a moment to visit and familiarize yourself with our school website, [Tupper.vsb.bc.ca](http://Tupper.vsb.bc.ca) as we update our website daily. Should you have any general inquiries, please feel free to email us at [tupper@vsb.bc.ca](mailto:tupper@vsb.bc.ca) and we will respond to your email as soon as possible.

### **Having Problems with MyEd Family Portal:**

Please note that access to the MyEd Family Portal is shared with the student and parents/guardians. If you have forgotten the password, you can reset your password through the below password recovery link. [Account Management \(vsb.bc.ca\)](#)

Please send an email to [tupper@vsb.bc.ca](mailto:tupper@vsb.bc.ca) if your MyEd account is disabled.

### **Having Problems with Office 365:**

Students are able to reset their own Office 365 passwords by clicking [here](#). Please note that you will require your birthday as well as your Personal Education Number (PEN) which you can obtain from your MyEd account or you can find it on a past report card. Should you require assistance logging into your Office365 account after resetting your password, [please click here for a step-by-step guide](#).

### **Lunch Menu Smart App: NEW!!!**



**New!** Use the VSB lunch smart app to **preorder an entrée and drink.**

Order window times: 6:00 am to 10:30 am (up to 30)

Use VSB lunch card or VSB cash card in the app to pay

Pick up at the table in the cafeteria – have app open to show payment

### **ARTONA Photos Order:**

To view and order pictures: [Artona](#), visit <https://artona.com/orders/school-day> to place your order.