



TUPPER SECONDARY – Weekly Student Bulletin  
May 01 – 05, 2023 (Semester 2)



Weekly Cafeteria Lunch Menu:

Menu is subject to change with the vagaries of food deliveries and student creativity.

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>QUICK BREAD</b> 8:15 and 11:30	Chocolate Orange	Pear Nutmeg	Apple Cinnamon	Blueberry Lemon	Banana Walnut
<b>Wrap \$4.50</b>	Chicken Caesar	Chicken Pesto	Chicken Caesar	Chicken Pesto	Chicken Caesar
<b>Hoagie \$4.50</b>	Beef	Pastrami	Ham	Turkey	Meat lovers
<b>Chef Salad \$6.00      Hummus Box \$4.50</b>					
<b>Soup \$3.50</b>			Broccoli Cream	Corn chowder	Chicken Cream
<b>Students' Special</b> \$5.25    *Limited			Ham and Swiss Cheese	Veggie Quesadillas	Turkey and Monterrey Jack Cheese
<b>Entrée \$6.50</b>	Cheese Tortellini with Rose Sauce and Caesar Salad	Beef Burger with Fries and Garden Salad	Mediterranean Chicken with Greek Salad and Basmati Rice	Thai Curried Beef Jasmine Rice and Tossed Salad	Scrambled Egg with Hashbrown, Sausage and Fresh Fruit
<b>Drop Cookie \$1.75</b> <b>Cookie Special</b>	Chocolate Chip Oatmeal Sugar Cookie	Double Chocolate Vanilla Sugar Cookie	Chocolate Chip Oatmeal Sugar Cookie	Double Chocolate Vanilla Sugar Cookie	Chocolate Chip Oatmeal Sugar Cookie
<b>Dessert</b> <small>individually priced</small>	Fruit Crumble	Chocolate Pudding	Lemon Meringue Pie	Raspberry Turnover	Chocolate Cake
V = vegetarian V* = vegetarian option available but limited					

**ROARS - R**espect **O**wnership **A**ttitude **R**esponsibility **S**afety

FIT Schedule:

Tuesday FIT 1	Tuesday FIT 2	Thursday FIT 3	Thursday FIT 4
BLOCK 1 8:41AM - 9:37AM	BLOCK 2 FIT 9:44M -10:34 AM	BLOCK 3 12:15PM - 1:11PM	BLOCK 4 FIT 1:18PM - 2:08PM
BLOCK 1 FIT 9:37AM - 10:27AM	BLOCK 2 10:34AM - 11:30AM	BLOCK 3 FIT 1:11PM - 2:01PM	BLOCK 4 2:08PM - 3:04PM

NEW ITEMS:

Mid Semester Marks Publish in MyEd: **Monday, May 1 by 2pm**

**FIT 1: Tuesday, May 02**  
Block 1 FIT

**Early dismissal @ 2:04pm: Wednesday, May 03**

Tupper staff will be conducting parent-teacher conferences online via Microsoft Teams. There will be an early dismissal on that day and **classes will end for the day at 2:04 pm**. The bell schedule for the day will be as follows:

	Start Time	End Time
Period 1	8:41am	10:02am
Period 2	10:09am	11:30am
Lunch	11:30am	12:15pm
Period 3	12:15pm	1:06pm
Period 4	1:13pm	2:04pm

**Parent Teacher Interviews: Wednesday, May 03 (from 3 to 7pm)**

Tupper staff will be conducting parent-teacher conferences online via Microsoft Teams from 3 to 7 pm.

**FIT 3: Thursday, May 04**

Block 3 FIT

**The BIG One (Earthquake Drill): Thursday, May 04 @ 2pm**

**Tupper Media Club:**

Hey ROARSies:

1. **Jam Club** is back Thursday after school in Studio 102 across from the weight room.
2. Do you want to help out with editing the **Ramadan Rugby 2022 video** to enter into the upcoming **VAMPT VSB Video Festival this June**? Send an email to **Mr. Coderre** at [scoderre@vsb.bc.ca](mailto:scoderre@vsb.bc.ca) or drop by Wednesday after school to join in the edit.
3. The CLE10 *SafeNote* video is up with several other entries on the **WorkSafe video contest website** waiting for your votes:

Go and vote for your favourites at <https://www.worksafebc.com/en/health-safety/education-training-certification/young-new-worker/student-safety-video-contest/submissions>

Tiger Media: Show your ROARS.

**Math Contest for Grade 8: Tuesday, May 23**

Hi, Grade 8 mathletes...the math contest this year will be happening on **May 23rd, 2023**. If you are interested, you must email Ms. Wong at [whwong@vsb.bc.ca](mailto:whwong@vsb.bc.ca) to let her know. In the email, identify:

1. your full name
2. your grade level
3. your math teacher for this year

Once you get a reply back from Ms. Wong, it will signify that you are registered. We will register up to 15 students per grade level, and then start a waitlist if more students are interested. This will be a first reply by email, first served process (you do not need to go to Ms. Wong's room)! Deadline to register will be April 24th, 2023. Thanks!

**Math Contests' Results:**

Hi Mathletes,

The results are in for the Grades 9 - 11 math contests for this year 2023...please see Ms. Wong in Room 400 if you want to know your results. And a big congratulations to the following students for achieving a distinction award (ranking in the top 25% of the contests overall):

Grade 9 Pascal Contest:  
Anders Hrushowy  
Ben Gomez Duran  
Hannah Okeane  
Magda Holmes  
Lex McNeill

Grade 10 Cayley Contest:  
Armaan Syed

Grade 11 Fermat Contest:  
Sacha Lyall  
Cooper Brosgall  
Tim Qiu

And a final congratulation for contest distinction awards to students from last year 2022 (due to the late arrival of the awards...I am announcing them now):

Pascal Contest:  
Charlotte Molyneaux

Cayley Contest:  
Sacha Lyall  
Tim Qiu



\*\*\*Everyone who participated in the math contests from last year and this year, please come to Room 400 Ms. Wong's room at 11:45am (lunch) on Wed. April 26th, 2023 to pick up all your certificates and awards! Thank you!!

Drum Across the World: **Wednesday, June 21, 2023**



# DRUMS ACROSS THE WORLD



INVITATION TO K-12 STUDENTS, STAFF, ELDERS, DRUM AND DANCE GROUPS FROM AROUND THE GLOBE

To be viewed on June 21, 2023 at the VSB Education Centre



**A COLLECTIVE SHARING OF DRUMS, RATTLES, AND SONGS FROM ALL OVER THE WORLD!**

This event will be pre-recorded so please send an Indigenous song, story, dance, or a teaching that is appropriate for others to witness and use for future Indigenous Education Initiatives.



HOST: Vancouver School Board  
Indigenous Education  
Department

RSVP with video submission  
**by JUNE 1st**



One VIDEO Submission  
by **WeTransfer**  
or **pCloud**

\*\*\*Filming Student  
Consent Form  
**CLICK HERE**

**REGISTER  
HERE**

A gift will be provided  
for the Elder's talk.  
Click this link to enter




**QUESTIONS?**  
Contact — Davita Marsden  
[dmarsden@vsb.bc.ca](mailto:dmarsden@vsb.bc.ca)



VPD Cadets Sign Up:

**RISE TO THE CHALLENGE  
BECOME A VPD CADET**



**APPLICATIONS FOR THE 2023-2024 CLASS 10  
NOW BEING ACCEPTED UNTIL MAY 26!**

TO BE ELIGIBLE, APPLICANTS MUST MEET THE FOLLOWING REQUIREMENTS:

- CURRENTLY IN GRADE 9, 10 OR 11 AT A VANCOUVER SCHOOL OR RESIDE IN VANCOUVER
- A STUDENT WITH GOOD ATTENDANCE AND GOALS OF GRADUATING
- A DESIRE TO LEARN NEW SKILLS AND FURTHER DEVELOP THEMSELVES IN THE AREAS OF LEADERSHIP, TEAMWORK, AND COMMUNICATION
- SOMEONE WHO WANTS TO MAKE THEIR COMMUNITY A BETTER PLACE
- SOMEONE WHO WANTS TO BE CHALLENGED AND IS WILLING TO STEP OUTSIDE THEIR COMFORT ZONE


**MORE INFORMATION:**

- ▶ EMAIL: [CADETS@VPD.CA](mailto:CADETS@VPD.CA)
- ▶ WEBSITE: [VPD.CA](http://VPD.CA) > JOIN US > VPD CADET PROGRAM

[@VPDCadets](#) [fVPDCadetCorps](#) [vpdcadets](#)

WITH SUPPORT FROM VANCOUVER POLICE FOUNDATION

**RISE TO THE CHALLENGE  
JOIN THE VPD CADET FAMILY**



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**WORK EXPERIENCE:**

<b>Work Experience:</b> Please see Ms. Ma in Room 303D during the afternoons or email me at <a href="mailto:ssma@vsb.bc.ca">ssma@vsb.bc.ca</a> for details and/or help.	
<b>The 58th Annual Mel Zajac International Swim Meet at UBC:</b>	Volunteers needed. Read more info and apply at <a href="https://www.swimzajac.com/volunteer/sponsorship">https://www.swimzajac.com/volunteer/sponsorship</a> . Many fun positions available such as Awards Assistant, Runner, Checkpoint, Time Keeper, etc. Sign-up early to get the spots and times you want. A letter will be provided to document your hours of participation and tasks performed. <b>Deadline:</b> May 26th.
<b>Moresports:</b>	Volunteers needed from April to June to assist with 1) Multi Sport, Volleyball, & Basketball at VSB Elementary Schools after school 2) Soccer, Ultimate, & Flag Football at Robson Park or Memorial Artificial Turf Field on weekends. Email: <a href="mailto:malcolm.lee@moresports.org">malcolm.lee@moresports.org</a>
<b>Homework Club at Brock Elementary:</b>	Volunteers needed Tuesdays and Thursdays from 3:04 - 4:30 pm. Contact Stephanie at <a href="mailto:stephanie_feng@lmnhs.bc.ca">stephanie_feng@lmnhs.bc.ca</a> (Little Mountain Neighborhood House), and pick-up an application form on Ms. Ma's door Room 303D.
<b>Dragon Boat BC:</b>	Volunteers needed June 23 - 25, 2023 Read more info at <a href="https://dragonboatbc.ca/volunteer/">https://dragonboatbc.ca/volunteer/</a> before you apply. Various locations available. You will get a letter for volunteer hours, t-shirt, food/beverage for volunteer shifts, chances to win prizes, and an invitation to the Thank you BBQ.
<b>Pedalheads:</b>	Paid swim instructors or volunteers needed. Apply at <a href="https://pedalheads-bike-camps.breezy.hr/p/33ac73b3e85a-swim-instructor">https://pedalheads-bike-camps.breezy.hr/p/33ac73b3e85a-swim-instructor</a>
<b>SFU Summer Camps:</b>	Volunteers needed. Go to this link to apply and check camp activities <a href="https://www.sfu.ca/camps/opportunities/volunteer-opportunities.html">https://www.sfu.ca/camps/opportunities/volunteer-opportunities.html</a> <b>Requirements:</b> 1) Apply online <b>Deadline:</b> April 17, 2023 at 11:59 pm 2) Interview in late April 3) Attend training June 28 or 29.
<b>Cypress Mountain:</b>	Hiring for paid positions for the remainder of the season. Check perks at <a href="https://cypressmountain.com/employment">https://cypressmountain.com/employment</a> and apply at <a href="https://form.jotform.com/92321351177250">https://form.jotform.com/92321351177250</a>

**OLD ITEMS:**

**Neighbourhood Small Grants:**

The Neighbourhood Small Grants (NSG) program helps residents of any age, experience, or background take part in building community. More information can be found in the link below about the grants.  
<https://neighbourhoodsmallgrants.ca/>

**Semester 1 Final Marks (Report Cards):**

Semester 1 Final report cards have been posted in MyEd on Thursday, February 9. Please use the MyEd Family Portal Login <https://myeducation.gov.bc.ca/aspen/logon.do> to access report cards. Please download the most updated PDF file on your own devices as the newest report card will override the previous one.

**CST After School Programs:**

***Homework Club:***

In partnerships with Little Mountain Neighborhood House Tupper Homework Club is back. The program will run with staff, Stephanie and Isabella on **Tuesdays and Thursdays, 3:00-5:00pm in the cafeteria every week** throughout the school year. Come to the first day of program or the Community Schools Office for a registration form.

***Neighborhood Crew:***

In partnership with Mount Pleasant Neighbourhood House Neighbourhood Crew is back. Program will run on **Wednesdays, 3:00-4:30pm in the Staff Room every week** throughout the school year. Come say hello to Danielle, Laura and Shayan. Pick up your registration form in the Community Schools Office or during program.



## **HELPFUL RESOURCES:**

### **Tupper Clubs List:**

Tupper Clubs are running. Please see the complete clubs list on the school website.

<https://www.vsb.bc.ca/schools/sir-charles-tupper/Extracurricular/Clubs/Pages/default.aspx>

### **School Fees:**

School fees can be paid online by visiting <https://vsb.schoolcashonline.com/> If this is your first time using our online fee payment system, please register using your student's name. You can pay for school fees, course fees and workbook fees! Should you have any questions, please email [tupper@vsb.bc.ca](mailto:tupper@vsb.bc.ca).

### **General Inquiries:**

Please take a moment to visit and familiarize yourself with our school website, [Tupper.vsb.bc.ca](http://Tupper.vsb.bc.ca) as we update our website daily. Should you have any general inquiries, please feel free to email us at [tupper@vsb.bc.ca](mailto:tupper@vsb.bc.ca) and we will respond to your email as soon as possible.

### **Having Problems with MyEd Family Portal:**

Please note that access to the MyEd Family Portal is shared with the student and parents/guardians. If you have forgotten the password, you can reset your password through the below password recovery link. [https://www.vsb.bc.ca/Student\\_Support/General\\_Resources/MyEdBCStudentFamilyPortal/Pages/Account-Management.aspx](https://www.vsb.bc.ca/Student_Support/General_Resources/MyEdBCStudentFamilyPortal/Pages/Account-Management.aspx)

Please send an email to [tupper@vsb.bc.ca](mailto:tupper@vsb.bc.ca) if your MyEd account is disabled.

### **Having Problems with Office 365:**

Students are able to reset their own Office 365 passwords by clicking [here](#). Please note that you will require your birthday as well as your Personal Education Number (PEN) which you can obtain from your MyEd account or you can find it on a past report card. Should you require assistance logging into your Office365 account after resetting your password, [please click here for a step-by-step guide](#).