



**TUPPER SECONDARY – Weekly Student Bulletin**  
**September 11 – 15, 2023 (Semester 1)**



**Weekly Cafeteria Lunch Menu:**

VSF Food Services is starting a new rotational menu for all VSB schools. We will be posting the weekly menu in the bulletin shortly. Thank you for your patience.

**ROARS - R**espect **O**wnership **A**ttitude **R**esponsibility **S**afety

**Weekly Schedule:**

Monday	Tuesday	Wednesday	Thursday	Friday
FIT (40 min) 8:40-9:20	Block 1 (80 min) 8:40-10:00	Block 1 (80 min) 8:40-10:00	Block 1 (80 min) 8:40-10:00	FIT (40 min) 8:40-9:20
Block 1 (60 min) 9:20-10:20	break (10 min)	break (10 min)	break (10 min)	Block 1 (60 min) 9:20-10:20
break (10 min)	Block 2 (80 min) 10:10-11:30	Block 2 (80 min) 10:10-11:30	Block 2 (80 min) 10:10-11:30	break (10 min)
Block 2 (60 min) 10:30-11:30				Block 2 (60 min) 10:30-11:30
lunch (45 min) 11:30-12:15				
Block 3 (80 min) 12:15-1:35	Block 3 (60 min) 12:15-1:15	Block 3 (80 min) 12:15-1:35	Block 3 (60 min) 12:15-1:15	Block 3 (80 min) 12:15-1:35
break (10 min)	FIT (40 min) 1:15-1:55	break (10 min)	FIT (40 min) 1:15-1:55	break (10 min)
Block 4 (80 min) 1:45-3:05	break (10 min)	Block 4 (80 min) 1:45-3:05	break (10 min)	Block 4 (80 min) 1:45-3:05
	Block 4 (60 min) 2:05-3:05		Block 4 (60 min) 2:05-3:05	

**NEW ITEMS:**

**Grade Assemblies in the Auditorium: September 11, 12, 14 and 15**

**GRADE ASSEMBLIES (during FIT)**

- Grade 8 - September 8
- Grade 9 - September 11
- Grade 12 - September 12
- Grade 10 - September 14
- Grade 11 - September 15

**Cross Country: Monday, September 11**

All those interested in Cross Country, your first meeting is on Monday, Sept 11 at lunch. Please meet in the multipurpose room.

**Atheletics Tryouts/Practices:**

Fall Sports

Gr 8/9 Rugby - Tue Sept 12 & Thur Sept 14 at 3:15

Cross Country - Mon Sept 11 at 11:35am in the Multipurpose Room

SrB Vball - Wed Sept 6 at 5pm / Thu Sept 7 at 5pm / Fri Sept 8 at 3:15pm

JrB Vball - Wed Sept 6 at 3:15pm / Thu Sept 7 at 3:15pm / Fri Sept 8 at 3:15pm

SrG Vball - Thu Sept 7 at 3:15pm / Fri Sept 8 at 7:15am / Mon Sept 11 at 3:15pm

JrG Vball - TBA

Gr 9 Girls Vball - Tue Sept 12 at 3:15pm / Wed Sept 13 at 7:15am / Fri Sept 15 at 3:15pm

Gr 8 Girls Vball - Wed Sept 13 at 7:15am / Thu Sept 14 at 3:15pm / Fri Sept 15 at 7:15am

**Photocopy Training for CS Students: Wednesday, September 13**

Photocopying training for CS students will be on Wednesday (Sept 13) at the beginning of EACH Block. Teachers, please send your CSs to the office after taking their attendance. Thank you.

**Camp High School/Grade 8 Camp: Thursday – Friday, September 21 – 22**

[Camp High School Parent Letter](#)

<https://media.vsb.bc.ca/media/Default/fgg/91/Camp%20High%20School%20Parent%20Letter-1.pdf>

[Camp High School Field Studies Consent Form](#)

<https://media.vsb.bc.ca/media/Default/fgg/91/Camp%20Hichschool%20Field%20Studies%20Consent%20Form-1.pdf>

**Photo Day: Tuesday, October 3**

Students will be called down to the cafeteria. All students will need to be photographed to receive a school ID card (GoCard), for the Yearbook and if they wish to purchase photos from Artona.

PA announcements will be made for the beginning of each grade.

Time	Call Out
8:00am - 8:40am	STAFF
8:40am - 9:05am	Gr 12 Last Name A - K
9:05am - 9:35am	Gr 12 Last Name L- Z
9:35am - 10:00am	Gr 11 Last Name A - K
Break	
10:10am - 10:40am	Gr 11 Last Name L- Z
10:40am - 11:05am	Gr 10 Last Name A - K
11:05am - 11:30am	Gr 10 Last Name L- Z
Lunch	
12:15pm - 12:45pm	Gr 9 Last Name A - K
12:45pm - 1:15pm	Gr 9 Last Name L- Z
1:15pm - 1:40pm	Gr 8 Last Name A - K
1:40pm - 1:55pm	Gr 8 Last Name L- Z
2:05pm - 2:30pm	any missed students.
RETAKES WILL BE IN THE MORNING OF NOVEMBER 7TH	

PLEASE NOTE THESE TIMES ARE ESTIMATES.

**HELPFUL RESOURCES:**

**School Fees:**

School fees can be paid online by visiting <https://vsb.schoolcashionline.com/> If this is your first time using our online fee payment system, please register using your student's name. You can pay for school fees, course fees and workbook fees! Should you have any questions, please email [tupper@vsb.bc.ca](mailto:tupper@vsb.bc.ca).

**General Inquiries:**

Please take a moment to visit and familiarize yourself with our school website, [Tupper.vsb.bc.ca](http://Tupper.vsb.bc.ca) as we update our website daily. Should you have any general inquiries, please feel free to email us at [tupper@vsb.bc.ca](mailto:tupper@vsb.bc.ca) and we will respond to your email as soon as possible.

**Having Problems with MyEd Family Portal:**

Please note that access to the MyEd Family Portal is shared with the student and parents/guardians. If you have forgotten the password, you can reset your password through the below password recovery link. [https://www.vsb.bc.ca/Student\\_Support/General\\_Resources/MyEdBCStudentFamilyPortal/Pages/Account-Management.aspx](https://www.vsb.bc.ca/Student_Support/General_Resources/MyEdBCStudentFamilyPortal/Pages/Account-Management.aspx)

Please send an email to [tupper@vsb.bc.ca](mailto:tupper@vsb.bc.ca) if your MyEd account is disable.

**Having Problems with Office 365:**

Students are able to reset their own Office 365 passwords by clicking [here](#). Please note that you will require your birthday as well as your Personal Education Number (PEN) which you can obtain from your MyEd account or you can find it on a past report card. Should you require assistance logging into your Office365 account after resetting your password, [please click here for a step-by-step guide](#).