



TUPPER SECONDARY – Weekly Student Bulletin
November 11 – 15, 2024 (Semester 1)

Weekly Cafeteria Lunch Menu:

DATE		Monday	Tuesday	Wednesday	Thursday	Friday
Biscuit \$2.75	Muffin \$2.50	Stat Holiday	Cheese Scone	Banana Loaf	Blueberry Muffin	Craisin Scone
Daily Sandwiches \$5.00 Egg Salad ~ Tuna Salad ~ Veggie ~ Ham ~ Turkey ~ Pastrami ~ Roast Beef						
Chef Salad \$7.00		Stat Holiday	Chicken Caesar	Greek Salad	Chicken Caesar	Chef Caesar
Wrap \$5.50		Stat Holiday	Chicken Caesar	Chicken Salad	Chicken Caesar	Chicken Salad
Hoagie \$5.00		Stat Holiday	Beef	BLT	Pastrami	Pizza
Hummus Box \$4.50						
Soup \$3.75		Stat Holiday	Beef Barley	Minestrone (V)	Chicken Noodle	Cream of Mushroom (V)
Hot Sandwich \$5.00 Soup & sandwich \$7.25		Stat Holiday	Grilled Cheese	Grilled Cheese	Tuna Melt	Panini
Entrée \$7.25		Stat Holiday	Veggie Pasta (V)	Tofu Chow Mein (V)	Hunter Chicken Mashed Potato Vegetable	Sweet & Sour Pork Rice
Dessert Individually priced		Stat Holiday	Apple Pie	Blueberry Square	Cinnamon Buns	Chocolate Cake
Daily Cookies \$2.00 Chocolate Chip ~ Red Velvet ~ Ginger Snap ~ Oatmeal Raisin						
V = vegetarian V* = vegetarian option available but limited						

ROARS - Respect Ownership Attitude Responsibility Safety

Weekly Schedule:

Monday	Tuesday	Wednesday	Thursday	Friday
FIT (40 min) 8:40-9:20				FIT (40 min) 8:40-9:20
Block 1 (60 min) 9:20-10:20	Block 1 (80 min) 8:40-10:00	Block 1 (80 min) 8:40-10:00	Block 1 (80 min) 8:40-10:00	Block 1 (60 min) 9:20-10:20
break (10 min)	break (10 min)	break (10 min)	break (10 min)	break (10 min)
Block 2 (60 min) 10:30-11:30	Block 2 (80 min) 10:10- 11:30	Block 2 (80 min) 10:10- 11:30	Block 2 (80 min) 10:10- 11:30	Block 2 (60 min) 10:30-11:30
lunch (45 min) 11:30-12:15				
Block 3 (80 min) 12:15-1:35	Block 3 (60 min) 12:15-1:15	Block 3 (80 min) 12:15-1:35	Block 3 (60 min) 12:15-1:15	Block 3 (80 min) 12:15-1:35
break (10 min)	FIT (40 min) 1:15-1:55	break (10 min)	FIT (40 min) 1:15-1:55	break (10 min)
Block 4 (80 min) 1:45 -3:05	break (10 min)	Block 4 (80 min) 1:45 -3:05	break (10 min)	Block 4 (80 min) 1:45 -3:05
	Block 4 (60 min) 2:05-3:05		Block 4 (60 min) 2:05-3:05	

NEW ITEMS:

Remembrance Day: Monday, Nov 11
Statutory holiday

Lockdown Drill: Tuesday, Nov 12
10:15 to 10:45am

Attention All Students: Every Wednesday

Reminder that there is Neighborhood Crew every Wednesday after school in the Staff room. See you there!

Student ID Cards/Go Cards & Artona Photo Packages Pick Up:

Your Student ID Cards and Artona Photo packages (for both the original photo day and re-take photos) are ready for pick up in the Office. Please drop by the office before or after school, during FIT, break or lunch time. Thank you for your cooperation.

Attention to Anyone Who Has Not Finished CLC at Tupper This Year:

There is a mandatory FIT meeting in the auditorium at 8:40 am on **Friday, November 15th**. Both the grade 11 and grade 12 courses will be explained, the Capstone project will be reviewed in detail, and you will be informed about opportunities to begin your Capstone project now. Attendance will be taken, so put it into your calendar!! Mr. Beaton

ARTONA In-Studio Retake Day: Saturday, November 16, 2024

To view and order pictures: [Artona](#), visit <https://artona.com/orders/school-day> to place your order

For in-studio retake day: [All About Our In-Studio Retake Day \(artona.com\)](#)

Date: **Saturday, November 16, 2024**

Location: Our main studio in Vancouver located at 353 West 7 Avenue

Discover the beauty in celebrating achievement [Artona](#)

Artona



Thanks for having us again!

We'd love to hear your feedback on how Retake Day went.
Please take a few minutes to fill out [our feedback form](#).

Here's what to expect next:

1. **Photos will be online by tomorrow.** We will send an email once images are online for students and families to [view and order](#). All orders placed by **October 28, 2024** will be shipped to your school free of charge.
2. **We'll be in touch when services are shipped.** Our production team is already working on processing your photos for your retake services like school pictorials and ID cards (if applicable). Once they ship, we'll let you know

Do you have any students who missed both photo days, or who need another retake?

We are hosting an [in-studio retake day](#) at our main studio in Vancouver on **November 16, 2024**. All images taken will be for personal orders only — we will not be reproducing additional services like ID cards or pictorials. There is no cost to have photos taken and families can prebook a time slot [on our blog](#).

HELPFUL RESOURCES:

School Fees:

School fees can be paid online by visiting <https://vsb.schoolcashonline.com/>. If this is your first time using our online fee payment system, please register using your student's name. You can pay for school fees, course fees and workbook fees! Should you have any questions, please email tupper@vsb.bc.ca.

General Inquiries:

Please take a moment to visit and familiarize yourself with our school website, Tupper.vsb.bc.ca as we update our website daily. Should you have any general inquiries, please feel free to email us at tupper@vsb.bc.ca and we will respond to your email as soon as possible.

Having Problems with MyEd Family Portal:

Please note that access to the MyEd Family Portal is shared with the student and parents/guardians. If you have forgotten the password, you can reset your password through the below password recovery link. [Account Management \(vsb.bc.ca\)](#)

Please send an email to tupper@vsb.bc.ca if your MyEd account is disabled.

Having Problems with Office 365:

Students are able to reset their own Office 365 passwords by clicking [here](#). Please note that you will require your birthday as well as your Personal Education Number (PEN) which you can obtain from your MyEd account or you can find it on a past report card. Should you require assistance logging into your Office365 account after resetting your password, [please click here for a step-by-step guide](#).

Lunch Menu Smart App: NEW!!!



New! Use the VSB lunch smart app to **preorder an entrée and drink.**

Order window times: 6:00 am to 10:30 am (up to 30)

Use VSB lunch card or VSB cash card in the app to pay

Pick up at the table in the cafeteria – have app open to show payment

