



TUPPER SECONDARY – Weekly Student Bulletin
December 02 – 06, 2024 (Semester 1)

Weekly Cafeteria Lunch Menu:

DATE		Monday	Tuesday	Wednesday	Thursday	Friday
Biscuit \$2.75	Muffin \$2.50	Morning Glory Muffin	Chocolate Loaf	Cheese Scone	Blueberry Square	Rasbery Scone
Daily Sandwiches \$5.00 Egg Salad ~ Tuna Salad ~ Veggie ~ Ham ~ Turkey ~ Pastrami ~ Roast Beef						
Chef Salad \$7.00		Chicken Caesar	Chef's Salad	Greek Salad	Chicken Caesar	Chef Salad
Wrap \$5.50		Chicken Caesar	Chicken Salad	Chicken Caesar	Chicken Salad	Chicken Caesar
Hoagie \$5.00		Beef	BLT	Pastrami	Pizza	Meat Lover Deli
Hummus Box \$4.50						
Soup \$3.75		Corn Chowder (V)	Tomato Cream Soup (V)	Cream of Mushroom (V)	Potato Leek (V)	Beef Barley
Hot Sandwich \$5.00 Soup & sandwich \$7.25		Grilled Cheese	Grilled Cheese	Grilled Cheese	Tuna Melt	Panini
Entrée \$7.25		Cauliflower Chickpea Curry Rice, Naan (V)	Chicken Pot Pie Caesar Salad	Perogies Smokies	<u>Cheese Burger</u> Fries	Chef's Special
Dessert Individually priced		Rasbery Square	Banana Cream Pie	Vanilla Cake	Cinnamon Buns	Chocolate Cream Tart
Daily Cookies \$2.00 Chocolate Chip ~ Red Velvet ~ Ginger Snap ~ Oatmeal Raison						
V = vegetarian V* = vegetarian option available but limited						

ROARS - Respect Ownership Attitude Responsibility Safety

Weekly Schedule:

Monday	Tuesday	Wednesday	Thursday	Friday
FIT (40 min) 8:40-9:20	Block 1 (80 min) 8:40-10:00	Block 1 (80 min) 8:40-10:00	Block 1 (80 min) 8:40-10:00	FIT (40 min) 8:40-9:20
Block 1 (60 min) 9:20-10:20	break (10 min)	break (10 min)	break (10 min)	Block 1 (60 min) 9:20-10:20
break (10 min)				break (10 min)
Block 2 (60 min) 10:30-11:30	Block 2 (80 min) 10:10- 11:30	Block 2 (80 min) 10:10- 11:30	Block 2 (80 min) 10:10- 11:30	Block 2 (60 min) 10:30-11:30
lunch (45 min) 11:30-12:15				
Block 3 (80 min) 12:15-1:35	Block 3 (60 min) 12:15-1:15	Block 3 (80 min) 12:15-1:35	Block 3 (60 min) 12:15-1:15	Block 3 (80 min) 12:15-1:35
	FIT (40 min) 1:15-1:55		FIT (40 min) 1:15-1:55	
break (10 min)	break (10 min)	break (10 min)	break (10 min)	break (10 min)
Block 4 (80 min) 1:45 -3:05	Block 4 (60 min) 2:05-3:05	Block 4 (80 min) 1:45 -3:05	Block 4 (60 min) 2:05-3:05	Block 4 (80 min) 1:45 -3:05

NEW ITEMS:

End of Grade 8 Rotation 2: Monday, Dec 02

Grade 8 Rotation 3 Begins: Tuesday, Dec 03

Tupper Media Club: Tuesday & Wednesday, Dec 03 & 04

Hey ROARSIES! We have **media club** after school in Studio 409 on **Tuesday, Dec 03**. New media equipment is coming soon!

Jam Band will be in the music room after school on **Wednesday, Dec 04**. We will jam on 7th chords and Holiday Jazz Rockabilly Carols with practice for a foyer lunch performance in the last week before holidays.
Tupper Media: Hear the ROARS.

Attention All Students: Every Wednesday

Reminder that there is Neighborhood Crew **every Wednesday after school** in the Staff room. See you there!

2024-2025 Yearbook GRAD reminder:

Hello Grads of 2025! Thank you for your grad write-ups and toddler pictures for the 2024-2024 yearbook. Don't forget that you can still have your Artona Studio grad portrait and friendship shot included - please be reminded of these upcoming deadlines:

December 20 at Artona - book your friendship shot and late grad portrait, absolutely **no later than December 20, 2024 to still be included in the yearbook and grad composite.**

December 20 through SchoolCash Online, or the school office - guarantee that you get a yearbook in June 2025 and purchase it by December 20, 2024. After this date, a limited number of copies will be available on a first come, first served basis.

Yearbook purchases can be made through this link, or by contacting the office:

<https://vsb.schoolcashionline.com/>

ARTONA Photos Order:

To view and order pictures: [Artona](#), visit <https://artona.com/orders/school-day> to place your order.

An Update on the Canada Post Strike from ARTONA:

An Update on the Canada Post Strike

Due to the recent Canada Post strike, we have made some changes to our services and how we are delivering photo packages. We have included an outline of these changes below, along with answers to some common questions you may get from students and families.

Graduation Photo Orders

We will continue using Purolator as our main shipping provider for graduation packages. Customers can expect the usual 4-6 weeks to receive their graduation photo orders.

Artona Books and Graduation Deposit Refunds

We are no longer producing Artona Books — the proof booklet graduates would receive to preview their photos. All images will continue to be uploaded online for viewing and ordering.

Any students requesting a refund for their graduation deposit can now fill out our Deposit Request Form online. It may take up to 1-2 weeks for our team to process deposit refunds.

School Day Orders

All bulk school deliveries that were due last week were shipped before the strike. All school day orders placed up until November 10th were also shipped. We are hopeful those deliveries made it in time. However, if you are still waiting on a delivery that was due last week, please let your account representative know.


All school day orders placed after November 11th that would normally be shipped to home are being set aside at our studio. Our team will be delivering these packages in batches to your school via Purolator or by us in person. We greatly appreciate your support in helping to distribute these packages to students and families.

Stuck or Missing Orders

If any students or parents have a missing or stuck in transit order, please have them [contact our CS team](#). Our team will work to find a solution — we do not want our families to go without their photos, especially during the holiday season.

We greatly appreciate your support during this time and will be in touch if there are any other changes or updates. Have a question? We're here to help.

Please contact Alysha at alysha@artona.com if you have any other questions.

The Artona Team 

HELPFUL RESOURCES:

School Fees:

School fees can be paid online by visiting <https://vsb.schoolcashonline.com/>. If this is your first time using our online fee payment system, please register using your student's name. You can pay for school fees, course fees and workbook fees! Should you have any questions, please email tupper@vsb.bc.ca.

General Inquiries:

Please take a moment to visit and familiarize yourself with our school website, Tupper.vsb.bc.ca as we update our website daily. Should you have any general inquiries, please feel free to email us at tupper@vsb.bc.ca and we will respond to your email as soon as possible.

Having Problems with MyEd Family Portal:

Please note that access to the MyEd Family Portal is shared with the student and parents/guardians. If you have forgotten the password, you can reset your password through the below password recovery link. [Account Management \(vsb.bc.ca\)](#)

Please send an email to tupper@vsb.bc.ca if your MyEd account is disabled.

Having Problems with Office 365:

Students are able to reset their own Office 365 passwords by clicking [here](#). Please note that you will require your birthday as well as your Personal Education Number (PEN) which you can obtain from your MyEd account or you can find it on a past report card. Should you require assistance logging into your Office365 account after resetting your password, [please click here for a step-by-step guide](#).

Lunch Menu Smart App: NEW!!!



New! Use the VSB lunch smart app to **preorder an entrée and drink**.

Order window times: 6:00 am to 10:30 am (up to 30)

Use VSB lunch card or VSB cash card in the app to pay

Pick up at the table in the cafeteria – have app open to show payment

