



TUPPER SECONDARY – Weekly Student Bulletin
December 09 – 13, 2024 (Semester 1)



Weekly Cafeteria Lunch Menu:

DATE		Monday	Tuesday	Wednesday	Thursday	Friday
Biscuit \$2.75	Muffin \$2.50	Carrot Muffin	Cheese Scone	Rice Krispy	Blueberry Muffin	Zucchini Loaf
Daily Sandwiches \$5.00 Egg Salad ~ Tuna Salad ~ Veggie ~ Ham ~ Turkey ~ Pastrami ~ Roast Beef						
Chef Salad \$7.00		Chicken Caesar	Chicken Caesar	Greek Salad	Chef's Salad	Chicken Caesar
Wrap \$5.50		Chicken Caesar	Chicken Salad	Chicken Caesar	Chicken Salad	Chicken Caesar
Hoagie \$5.00		Beef	BLT	Pastrami	Pizza	Meat Lover Deli
Hummus Box \$4.50						
Soup \$3.75		Ginger Carrot (V)	Seafood Chowder	Cream of Spinach (V)	Potato Leek (V)	Chicken Noodle
Hot Sandwich \$5.00 Soup & sandwich \$7.25		Grilled Cheese	Grilled Cheese	Grilled Cheese	Tuna Melt	Panini
Entrée \$7.25		Salmon and Broccoli Rotini	Veggie Fried Rice Veggie Spring Rolls (V)	Turkey Lunch	Korean Chicken Burger Pickled Veggie	Shepherd's Pie
Dessert Individually priced		Pumpkin Cake	Chocolate Cake	Apple Cake	Cinnamon Buns	Brownie
Daily Cookies \$2.00 Chocolate Chip ~ Red Velvet ~ Ginger Snap ~ Oatmeal Raisin						

V = vegetarian V* = vegetarian option available but limited

ROARS - Respect **O**wnership **A**ttitude **R**esponsibility **S**afety

Weekly Schedule:

Monday	Tuesday	Wednesday	Thursday	Friday
FIT (40 min) 8:40-9:20	Block 1 (80 min) 8:40-10:00	Block 1 (80 min) 8:40-10:00	Block 1 (80 min) 8:40-10:00	FIT (40 min) 8:40-9:20
Block 1 (60 min) 9:20-10:20	break (10 min)	break (10 min)	break (10 min)	Block 1 (60 min) 9:20-10:20
break (10 min)				break (10 min)
Block 2 (60 min) 10:30-11:30	Block 2 (80 min) 10:10- 11:30	Block 2 (80 min) 10:10- 11:30	Block 2 (80 min) 10:10- 11:30	Block 2 (60 min) 10:30-11:30
lunch (45 min) 11:30-12:15				
Block 3 (80 min) 12:15-1:35	Block 3 (60 min) 12:15-1:15	Block 3 (80 min) 12:15-1:35	Block 3 (60 min) 12:15-1:15	Block 3 (80 min) 12:15-1:35
break (10 min)	FIT (40 min) 1:15-1:55	break (10 min)	FIT (40 min) 1:15-1:55	break (10 min)
	break (10 min)		break (10 min)	
Block 4 (80 min) 1:45 -3:05	Block 4 (60 min) 2:05-3:05	Block 4 (80 min) 1:45 -3:05	Block 4 (60 min) 2:05-3:05	Block 4 (80 min) 1:45 -3:05

NEW ITEMS:

Tupper Winter Music Concert: Wednesday, Dec 11 @ 7pm

Admission by cash donation in the auditorium. The whole show will probably be about 1 hour.



Grade 8 Holiday PJ Breakfast: Friday, Dec 13

On Friday, December 13 at 8:15 AM, LINK CREW will be hosting the grade 8 breakfast

Where: Cafeteria

When: 8:15 am

Pajamas, photos, a visit from Santa, prizes, karaoke and more.



Attention All Students: Every Wednesday

Reminder that there is Neighborhood Crew **every Wednesday after school** in the Staff room. See you there!

2024-2025 Yearbook GRAD reminder:

Hello Grads of 2025! Thank you for your grad write-ups and toddler pictures for the 2024-2024 yearbook. Don't forget that you can still have your Artona Studio grad portrait and friendship shot included - please be reminded of these upcoming deadlines:

December 20 at Artona - book your friendship shot and late grad portrait, absolutely **no later than December 20, 2024 to still be included in the yearbook and grad composite.**

December 20 through SchoolCash Online, or the school office - guarantee that you get a yearbook in June 2025 and purchase it by December 20, 2024. After this date, a limited number of copies will be available on a first come, first served basis.

Yearbook purchases can be made through this link, or by contacting the office:

<https://vsb.schoolcashionline.com/>

ARTONA Photos Order:

To view and order pictures: [Artona](#), visit <https://artona.com/orders/school-day> to place your order.

An Update on the Canada Post Strike from ARTONA:

An Update on the Canada Post Strike *Artona*

Due to the recent Canada Post strike, we have made some changes to our services and how we are delivering photo packages. We have included an outline of these changes below, along with answers to some common questions you may get from students and families.

Graduation Photo Orders

We will continue using Purolator as our main shipping provider for graduation packages. Customers can expect the usual 4-6 weeks to receive their graduation photo orders.

Artona Books and Graduation Deposit Refunds

We are no longer producing Artona Books — the proof booklet graduates would receive to preview their photos. All images will continue to be uploaded online for viewing and ordering.

Any students requesting a refund for their graduation deposit can now fill out our Deposit Request Form online. It may take up to 1-2 weeks for our team to process deposit refunds.

School Day Orders

All bulk school deliveries that were due last week were shipped before the strike. All school day orders placed up until November 10th were also shipped. We are hopeful those deliveries made it in time. However, if you are still waiting on a delivery that was due last week, please let your account representative know.

All school day orders placed after November 11th that would normally be shipped to home are being set aside at our studio. Our team will be delivering these packages in batches to your school via Purolator or


by us in person. We greatly appreciate your support in helping to distribute these packages to students and families.

Stuck or Missing Orders

If any students or parents have a missing or stuck in transit order, please have them [contact our CS team](#). Our team will work to find a solution — we do not want our families to go without their photos, especially during the holiday season.

We greatly appreciate your support during this time and will be in touch if there are any other changes or updates. Have a question? We're here to help.

Please contact Alysha at alysha@artona.com if you have any other questions.

The Artona Team 

HELPFUL RESOURCES:

School Fees:

School fees can be paid online by visiting <https://vsb.schoolcashionline.com/>. If this is your first time using our online fee payment system, please register using your student's name. You can pay for school fees, course fees and workbook fees! Should you have any questions, please email tupper@vsb.bc.ca.

General Inquiries:

Please take a moment to visit and familiarize yourself with our school website, Tupper.vsb.bc.ca as we update our website daily. Should you have any general inquiries, please feel free to email us at tupper@vsb.bc.ca and we will respond to your email as soon as possible.

Having Problems with MyEd Family Portal:

Please note that access to the MyEd Family Portal is shared with the student and parents/guardians. If you have forgotten the password, you can reset your password through the below password recovery link. [Account Management \(vsb.bc.ca\)](#)

Please send an email to tupper@vsb.bc.ca if your MyEd account is disable.

Having Problems with Office 365:

Students are able to reset their own Office 365 passwords by clicking [here](#). Please note that you will require your birthday as well as your Personal Education Number (PEN) which you can obtain from your MyEd account or you can find it on a past report card. Should you require assistance logging into your Office365 account after resetting your password, [please click here for a step-by-step guide](#).

Lunch Menu Smart App: NEW!!!



New! Use the VSB lunch smart app to **preorder an entrée and drink**.

Order window times: 6:00 am to 10:30 am (up to 30)

Use VSB lunch card or VSB cash card in the app to pay

Pick up at the table in the cafeteria – have app open to show payment

