



Grade 7 Parent Information
Session January 14, 2026
5:00pm-5:45pm



Indigenous Acknowledgement

*With deep gratitude and respect,
we are honoured to be learning
and unlearning on the ancestral
and unceded lands of the
xʷməθkʷə́yəm (Musqueam),
Skwxwú7mesh Úxwumixw
(Squamish) & səlilwətał (Tsleil-
Waututh) Nations.*



Welcome & Bienvenue!



Paul Godfrey
Vice-Principal



Benita Kwon
Principal



**George
Kanavos**
Vice-Principal

**Kitsilano Partner Family of Schools* and
“Feeder” Schools
English and French Immersion**

Bayview*	Henry Hudson*
Carnarvon	Trafalgar
False Creek*	Jules Quesnel
General Gordon*	Lord Tennyson*
L'Ecole Bilingue	

Agenda

- **Articulation: Timeline and Process**
- **Life at Kitsilano**
- **Student Services**
- **What's Next**

Articulation Timeline

January 14	Kitsilano Grade 7 Information Night
January 30	Deadline: Grade 7 In-Catchment Enrolment Forms due at Kitsilano Main Office (sent by Elementary School)
February 2	Cross Boundary Applications Open (You must register at your English Catchment School FIRST)
February	*Possible Kitsilano LINK Visits to Elementary Schools (Teams)
February 27	Deadline: Cross Boundary Applications due at Kitsilano Main Office by 3:30pm (sent by Elementary School)
March 31	Offers of Acceptance for Cross-Boundary Applicants – mailed out
April (tbc)	French Placement Interviews for students exiting French Immersion – By appointment via Teams
Late August	Grade 7 students will receive a Kitsilano newsletter over the summer explaining the start up procedure for the first week at Kitsilano.

The Grade 8 Program

English

1. English
2. Math
3. Social Studies
4. Science
5. French
6. Physical and Health Education
7. Fine Arts Rotation (pick a pair):
 - Drama / Art
 - Art / Music
8. Applied Design Rotation (pick a pair)
 - Entrepreneurship and Marketing / Home Economics
 - Home Economics / Technical Studies
 - Technical Studies / Entrepreneurship and Marketing

French Immersion

1. English
2. Math
3. Sciences Humaines
4. Sciences
5. Français Langue
6. Physical and Health Education
7. Les Arts Rotation (pick a pair)
 - Arts Dramatique / Arts Visuels
 - Arts Visuels / Music
8. Applied Design Rotation (pick a pair)
 - Entrepreneurship and Marketing / Home Economics
 - Home Economics / Technical Studies
 - Technical Studies / Entrepreneurship and Marketing

The school day

	M/Th	T/F	W
Period 1	8:40 – 10:00	8:40 – 9:40	8:40 – 10:00
Break	10:00 – 10:10	9:40 – 9:45	10:00 – 10:10
FIT		9:45 – 10:25	
Break		10:25 – 10:30	
Period 2	10:10 – 11:30	10:30 – 11:30	10:10 – 11:30
Lunch	11:30 – 12:20	11:30 – 12:20	11:30 – 12:20
Period 3	12:20 – 1:20	12:20 – 1:40	12:20 – 1:40
Break	1:20 – 1:25	1:40 – 1:50	1:40 – 1:50
FIT	1:25 – 2:05		
Break	2:05 – 2:10		
Period 4	2:10 – 3:10	1:50 – 3:10	1:50 – 3:10

Flexible Instruction Time (FIT)

- Mondays (pm), Tuesdays (am), Thursday (pm) and Fridays (am) (40 mins per session)
- During this time, students sign up (using the Weekly planner app) and can go to any classroom where staff will provide supervised study sessions. Students can go to any class, providing the teachers room has space.
- Students will be able to access the Learning Hub, if they have a Learning Hub block or need additional supports.
- On occasion the school will host grade wide assemblies and other information sessions throughout the year during FIT
- All students in Grade 8 are required to be signed up and in a classroom space during FIT

LIFE AT KITSILANO

History



- The school was founded in 1917
- The school was named after Chief August Jack Khahtsahlano (a Musqueam First Nations Leader)
- Our school colours are royal blue and gold
- Our school motto is “Fiat Lux” which means “Let there be light”



Seniors Rugby 1918



Clubs

- | | | |
|-------------------------------------|--|------------------------------|
| 1. AP Calculus Club | 14. Gaming and Esports Club | 27. Senior Programming Club |
| 2. Best Buddies Club | 15. Girl Fit | 28. Peer Tutoring Club |
| 3. Kitsilano Blood Club | 16. Greek Dancing Club | 29. Reach for the Top |
| 4. Blue Youth Alliance Club | 17. Improv Club | 30. Robotics and Engineering |
| 5. Business Club | 18. Jazz Band | 31. Scale Models Club |
| 6. Cards Club | 19. Junior Achievement – Company Program at Kits | 32. Science Fair |
| 7. Chemistry Club | 20. KNN (Kitsilano News Network) | 33. Ski / Snowboarding Club |
| 8. Chess Tea & Heavy Metal Club | 21. Leo Club | 34. Sustainability Club |
| 9. Climate, Action & Awareness Club | 22. Kitsilano Mathematics Club | 35. Terrific Tuesdays |
| 10. Club d'Art Oratoire | 23. Model UN | 36. Tennis Club |
| 11. Creative Writing Club | 24. Physics (Fermi) Club | 37. We Club |
| 12. Debate Team | 25. Pride Club | 38. Yu-Gi-Oh! Club |
| 13. Environmental Activism | 26. Junior Programming Club | |

Athletics

Fall Sports

- Volleyball: Senior Boys, Junior Boys, Senior Girls, Junior Girls, Juvenile Girls, Bantam Girls
- Soccer: Senior Boys, Junior Boys, Juvenile Boys, Bantam Boys
- Field Hockey: Senior Girls
- Cross-Country: Co-ed Senior, Junior, Juvenile, Bantam

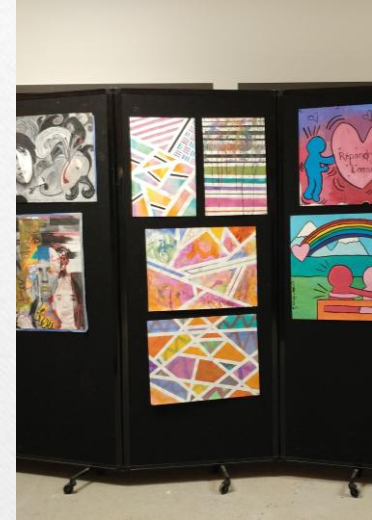
Winter Sports

- Basketball: Senior Boys, Junior Boys, Juvenile Boys, Bantam Boys
- Basketball: Senior Girls, Junior Girls, Juvenile Girls, Bantam Girls
- Wrestling: Co-ed Senior, Junior, Juvenile, Bantam
- Table Tennis: Boys and Girls - Senior, Junior, Juvenile, Bantam

Spring Sports

Volleyball: Bantam Boys, Juvenile Boys
Badminton: Co-ed Senior, Junior, Juvenile, Bantam
Track and Field: Co-ed Senior, Junior, Juvenile, Bantam
Tennis: Co-ed Senior, Junior, Juvenile, Bantam
Ultimate: Co-ed Senior, Junior, Juvenile, Bantam
Rugby: Junior and Senior Boys
Girls Soccer: Premier, Senior, Junior, Juvenile, Bantam

And so much
more!!!



Department Heads



Colin Kam
Applied Skills



Jennifer Ng Davis
ELL



Carissa Lindsay
English



Sharon Fritz
Fine Arts



Lukas Morel
French Immersion



Sarah Paulsen
Library



David Lubin
Math



Sheena Falconer
Modern Languages



Kris Polonijo
Physical Education



Joe Silvestre
Science



Stefano Pella
Social Studies

Kitsilano Student Services

Counsellors



Ms. Jacobs

Gr. 8



Mr. Gummow

Gr. 9



Ms. DeYoung

Gr. 10



Ms. Gordon

Gr. 11



Ms. Leslie

Gr. 12

Inclusion Support Team



Tanaz Dhanani



Jennifer Ng (Davis)



Nimaya Fernando

Student Services (counselling)

- Parents are welcome to use the resources of the Counselling Suite and meet with their child's counsellor by scheduling an appointment.
- Counsellors can act as a liaison between students, parents, teachers, administrators and community resources and are happy to help students with educational, career, or personal-emotional concerns.

Inclusion support

- Inclusion support – students with IEPs or any identified learning barriers may receive or request support from our Inclusion Support teachers.
- The Inclusion Support teachers will also act as your child's case manager if they have an IEP and will contact you and the student about reviewing IEP goals.

Inclusion Support (Learning Hub)

- Learning Hub block – some students may require a Learning Hub block on their schedule in consultation with your Gr 7 teacher and resource teacher and the Kitsilano Inclusion Support team.
- However, even without a Learning Hub block, all students can access the Learning Hub during FIT time and can drop in for support with permission from their class teacher.

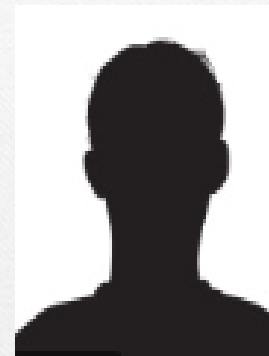
Additional Supports



Wes Lefsrud
Athletic Director



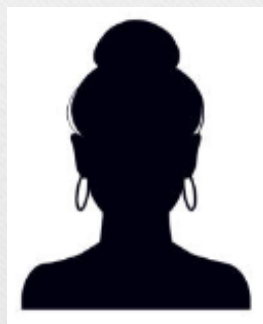
Trent Gauthier
Indigenous Education
Enhancement Worker



Andrew Lichtenfels
VPD SLO (School Liaison Officer)



Kassie Kartar
Leadership Resiliency Program (LRP)



Sandie Rai
SACY



Travis Klimko
Community Schools
Team

What's Next

- Receive forms from your elementary school
- Complete and return forms back to elementary school

Still Have Questions?

- Ask you child's elementary Teachers and Administrators

