



# Grade 7 Parent Information

## Session January 14, 2026

### 5:00pm-5:45pm



# Indigenous Acknowledgement

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*With deep gratitude and respect,  
we are honoured to be learning  
and unlearning on the ancestral  
and unceded lands of the  
xʷməθkʷəy̓əm (Musqueam),  
Sḵwxwú7mesh Úxwumixw  
(Squamish) & səlilwətaɬ (Tsleil-  
Waututh) Nations.*



# Welcome & Bienvenue!



**Paul Godfrey**  
Vice-Principal



**Benita Kwon**  
Principal



**George  
Kanavos**  
Vice-Principal

# **Kitsilano Partner Family of Schools\* and “Feeder” Schools**

## **English and French Immersion**

Bayview*	Henry Hudson*
Carnarvon	Trafalgar
False Creek*	Jules Quesnel
General Gordon*	Lord Tennyson*
L'Ecole Bilingue	

# Agenda

- Articulation: Timeline and Process
- Life at Kitsilano
- Student Services
- What's Next

# Articulation Timeline

<b>January 14</b>	<b>Kitsilano Grade 7 Information Night</b>
<b>January 30</b>	<b>Deadline: Grade 7 In-Catchment Enrolment Forms due at Kitsilano Main Office (sent by Elementary School)</b>
<b>February 2</b>	<b>Cross Boundary Applications Open (You must register at your English Catchment School FIRST)</b>
<b>February</b>	*Possible Kitsilano LINK Visits to Elementary Schools (Teams)
<b>February 27</b>	<b>Deadline: Cross Boundary Applications due at Kitsilano Main Office by 3:30pm (sent by Elementary School)</b>
<b>March 31</b>	Offers of Acceptance for Cross-Boundary Applicants – mailed out
<b>April (tbc)</b>	<b>French Placement Interviews</b> for students exiting French Immersion – By appointment via Teams
<b>Late August</b>	Grade 7 students will receive a Kitsilano newsletter over the summer explaining the start up procedure for the first week at Kitsilano.

# The Grade 8 Program

## English

1. English
2. Math
3. Social Studies
4. Science
5. French
6. Physical and Health Education
7. Fine Arts Rotation (pick a pair):
  - Drama / Art
  - Art / Music
8. Applied Design Rotation (pick a pair)
  - Entrepreneurship and Marketing / Home Economics
  - Home Economics / Technical Studies
  - Technical Studies / Entrepreneurship and Marketing

## French Immersion

1. English
2. Math
3. Sciences Humaines
4. Sciences
5. Français Langue
6. Physical and Health Education
7. Les Arts Rotation (pick a pair)
  - Arts Dramatique / Arts Visuels
  - Arts Visuels / Music
8. Applied Design Rotation (pick a pair)
  - Entrepreneurship and Marketing / Home Economics
  - Home Economics / Technical Studies
  - Technical Studies / Entrepreneurship and Marketing

# The school day

	M/Th	T/F	W
<b>Period 1</b>	8:40 – 10:00	8:40 – 9:40	8:40 – 10:00
<b>Break</b>	10:00 – 10:10	9:40 – 9:45	10:00 – 10:10
<b>FIT</b>		9:45 – 10:25	
<b>Break</b>		10:25 – 10:30	
<b>Period 2</b>	10:10 – 11:30	10:30 – 11:30	10:10 – 11:30
<b>Lunch</b>	11:30 – 12:20	11:30 – 12:20	11:30 – 12:20
<b>Period 3</b>	12:20 – 1:20	12:20 – 1:40	12:20 – 1:40
<b>Break</b>	1:20 – 1:25	1:40 – 1:50	1:40 – 1:50
<b>FIT</b>	1:25 – 2:05		
<b>Break</b>	2:05 – 2:10		
<b>Period 4</b>	2:10 – 3:10	1:50 – 3:10	1:50 – 3:10

# Flexible Instruction Time (FIT)

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- Mondays (pm), Tuesdays (am), Thursday (pm) and Fridays (am) (40 mins per session)
- During this time, students sign up (using the Weekly planner app) and can go to any classroom where staff will provide supervised study sessions. Students can go to any class, providing the teachers room has space.
- Students will be able to access the Learning Hub, if they have a Learning Hub block or need additional supports.
- On occasion the school will host grade wide assemblies and other information sessions throughout the year during FIT
- All students in Grade 8 are required to be signed up and in a classroom space during FIT

# LIFE AT KITSILANO



# History



- The school was founded in 1917
- The school was named after Chief August Jack Khahtsahlano (a Musquem First Nations Leader)
- Our school colours are royal blue and gold
- Our school motto is “Fiat Lux” which means “Let there be light”



Senior Rugby Team



# Clubs

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1. AP Calculus Club	14. Gaming and Esports Club	27. Senior Programming Club
2. Best Buddies Club	15. Girl Fit	28. Peer Tutoring Club
3. Kitsilano Blood Club	16. Greek Dancing Club	29. Reach for the Top
4. Blue Youth Alliance Club	17. Improv Club	30. Robotics and Engineering
5. Business Club	18. Jazz Band	31. Scale Models Club
6. Cards Club	19. Junior Achievement – Company Program at Kits	32. Science Fair
7. Chemistry Club	20. KNN (Kitsilano News Network)	33. Ski / Snowboarding Club
8. Chess Tea & Heavy Metal Club	21. Leo Club	34. Sustainability Club
9. Climate, Action & Awareness Club	22. Kitsilano Mathematics Club	35. Tearrific Tuesdays
10. Club d'Art Oratoire	23. Model UN	36. Tennis Club
11. Creative Writing Club	24. Physics (Fermi) Club	37. We Club
12. Debate Team	25. Pride Club	38. Yu-Gi-Oh! Club
13. Environmental Activism	26. Junior Programming Club	

# Athletics

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## Fall Sports

- Volleyball: Senior Boys, Junior Boys, Senior Girls, Junior Girls, Juvenile Girls, Bantam Girls
- Soccer: Senior Boys, Junior Boys, Juvenile Boys, Bantam Boys
- Field Hockey: Senior Girls
- Cross-Country: Co-ed Senior, Junior, Juvenile, Bantam

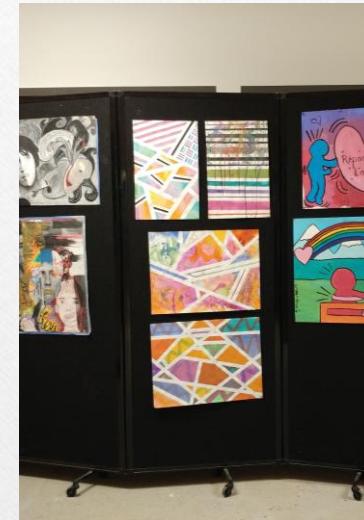
## Winter Sports

- Basketball: Senior Boys, Junior Boys, Juvenile Boys, Bantam Boys
- Basketball: Senior Girls, Junior Girls, Juvenile Girls, Bantam Girls
- Wrestling: Co-ed Senior, Junior, Juvenile, Bantam
- Table Tennis: Boys and Girls - Senior, Junior, Juvenile, Bantam

## Spring Sports

- Volleyball: Bantam Boys, Juvenile Boys
- Badminton: Co-ed Senior, Junior, Juvenile, Bantam
- Track and Field: Co-ed Senior, Junior, Juvenile, Bantam
- Tennis: Co-ed Senior, Junior, Juvenile, Bantam
- Ultimate: Co-ed Senior, Junior, Juvenile, Bantam
- Rugby: Junior and Senior Boys
- Girls Soccer: Premier, Senior, Junior, Juvenile, Bantam

# And so much more!!!



# Department Heads



**Colin Kam**  
Applied Skills



**Jennifer Ng Davis**  
ELL



**Carissa Lindsay**  
English



**Sharon Fritz**  
Fine Arts



**Lukas Morel**  
French Immersion



**Sarah Paulsen**  
Library



**David Lubin**  
Math



**Sheena Falconer**  
Modern Languages



**Kris Polonijo**  
Physical Education



**Joe Silvestre**  
Science



**Stefano Pella**  
Social Studies

# Kitsilano Student Services

## Counsellors



**Ms. Jacobs**

Gr. 8

**Mr. Gummow**

Gr. 9

**Ms. DeYoung**

Gr. 10

**Ms. Gordon**

Gr. 11

**Ms. Leslie**

Gr. 12

# Inclusion Support Team

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**Tanaz Dhanani**



**Jennifer Ng (Davis)**



**Nimaya Fernando**

# Student Services (counselling)

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- Parents are welcome to use the resources of the Counselling Suite and meet with their child's counsellor by scheduling an appointment.
- Counsellors can act as a liaison between students, parents, teachers, administrators and community resources and are happy to help students with educational, career, or personal-emotional concerns.

# Inclusion support

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- Inclusion support – students with IEPs or any identified learning barriers may receive or request support from our Inclusion Support teachers.
- The Inclusion Support teachers will also act as your child's case manager if they have an IEP and will contact you and the student about reviewing IEP goals.

# Inclusion Support (Learning Hub)

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- Learning Hub block – some students may require a Learning Hub block on their schedule in consultation with your Gr 7 teacher and resource teacher and the Kitsilano Inclusion Support team.
- However, even without a Learning Hub block, all students can access the Learning Hub during FIT time and can drop in for support with permission from their class teacher.

## Additional Supports



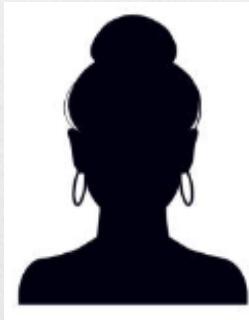
**Wes Lefsrud**  
Athletic Director



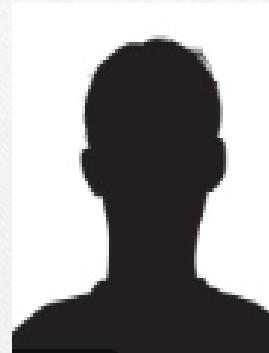
**Kassie Kartar**  
Leadership Resiliency Program (LRP)



**Trent Gauthier**  
Indigenous Education  
Enhancement Worker



**Sandie Rai**  
SACY



**Andrew Lichtenfels**  
VPD SLO (School Liaison Officer)



**Travis Klimko**  
Community Schools  
Team

# What's Next

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- Receive forms from your elementary school
- Complete and return forms back to elementary school

# Still Have Questions?

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- Ask your child's elementary Teachers and Administrators

