



KITSILANO WEEK AT A GLANCE

OCTOBER 5 – 9, 2026

Monday October 5	Tuesday October 6	Wednesday October 7	Thursday October 8	Friday October 9
8:40-3:10	8:40-3:10	8:40-3:10	8:40-3:10	8:40-3:10
1234	1234	1234	1234	1234
FIT PM	FIT AM		FIT PM	FIT AM
Go to the Kitsilano FIT Planner to sign up for your FIT periods this week. Make a plan for what you will work on and which learning space you'll be in.		 Wednesdays after school The Learning Hub Rm 228		

EVENTS | ACTIVITIES | INFORMATION

STUCO Spirit Week: October 5-9

M. October 5	White Lie Monday
T. October 6	Twin Tuesday
W. October 7	Wear Pink
Th. October 8	Soccer Mom vs Barbecue Dad
F. October 9	Neon Friday

SCIENCE LITERACY WEEK: October 5-9

Join us for all sorts of science adventures! See poster attached.

M-F Oct. 5-9	Library Book Display Physics Photo Display
W. October 7	Story Time with Mr. Mullen
W. October 7	Earth Science: Volcanoes and Minerals
Th. October 8	Sport Science in French
F. October 9	Neuroscience Presentation
F. October 9	Chemistry Demo and Trivia

Join a Club!

Did you miss Clubs Day? [Click here](#) to check out the over fifty clubs running this school year. Get involved!

Language Challenge Exam Applications due October 26

The Delta School District is again offering Language Challenge Exams for Grade 11 and 12 Language Courses. This year, Language Challenge Exams will be offered for these courses: ASL 11, Farsi 11/12, French 11/12, Japanese 11/12, Korean 11/12, Mandarin 11/12, Punjabi 11/12 and Spanish 11/12.

Please be sure to download and complete the application form before printing it and submitting the form and cheque (if applicable) to your counsellor. The school application deadline is **Monday, October 26**. For more information, [click here](#).

Homework Help

Peer tutoring is available to all students every Wednesday after school, 3:10-4:00 PM in the Learning Hub (Room 228). Peer tutors, grades 10-12 can provide one-to-one help in a variety of subject areas on a drop-in basis.

Kitsilano Athletics

See attached for the Kitsilano Athletics WAAG. Also, check out what is happening in athletics on Instagram at [@kitsathletics](#).

Career Centre News

See attached for upcoming post-secondary deadlines and events.

DATES TO REMEMBER

October 5-9	Science Literacy Week
October 5	World Teachers' Day
October 12	Thanksgiving Day
October 16	Photo Re-take Day
October 16	Semester 1 Interims Published
October 23	Provincial Pro-D Day
October 27	PAC Meeting @ 7 PM
October 28	Collaborative Day 2 (PM)
October 31	Hallowe'en

Safety Reminders: Electric Scooters and Electric Bikes

Under [provincial legislation](#) and City of Vancouver bylaws, [E-scooters](#) and [E-bikes](#) are permitted under specific conditions:

- Riders must be at least **16 years old** to ride an e-scooter.
- Riders must be **14+ for light e-bikes** and **16+ for standard e-bikes**.
- Helmets are **mandatory for all e-scooter and e-bike riders**.
- Ride on designated roads/bike lanes, **and not on sidewalks**.
- Riders must follow the same rules of the road as cyclists.
- E-scooters are generally limited to **25 km/h**. Light e-bikes must not exceed **25 km/h**, and standard e-bikes must not exceed **32 km/h**.

ROAD SAFETY DURING DROP-OFF/PICK-UP

During the drop-off and pick-up times on school days, the traffic in front of the school (Trafalgar and 11th Avenue) is particularly congested and creates an unsafe situation for our students, cyclists and pedestrians to be on the road and cross the road safely. Parents/Guardians are asked to adhere to the street and traffic regulations around the school perimeter. **Directly in front of the school, there is a no stopping zone on Trafalgar Street and 11th Avenue.** Please arrange to drop off your child or pick up your child on the calmer streets such as 10th Avenue or Larch Street. Additionally, an earlier drop-off and/or later pick-up time is recommended to decrease the amount of traffic in front of the school. Help keep our community safe!



Kitsilano Secondary School

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[Student Council Website](#) • Athletics Instagram: [@kitsathletics](#)

CAREER CENTRE NEWS

Week of October 5 – 9, 2026

DEADLINES

October 15	Loran Scholar Award Application Deadline
October 23	U of T Wolf Scholars Program School Application Deadline
October 28	Ken Michel Memorial Scholarship for Carpentry Application Deadline
November 19	Queens University Chancellors Scholarship School Application Deadline
December 8	Queens University Major Admission Awards Application Deadline
December 16	Schulich Leader Scholarship School Nomination Application Deadline
January 1	Horatio Alger Association of Canada Scholarships Application Opens
January 27	Schulich Leader Scholarship Application Deadline (school nomination required)

EVENTS

Ongoing	Post Secondary BC Events , various
Ongoing	Creative Pathways , various opportunities - paid work, programs, skills + training, information + knowledge, networking + events within the motion picture industry, Animation, Visual Effects and Post, and Film Adjacent sectors
Sept. - January	Langara Program Information Sessions
October 5	Canadian Universities Event at Hilton Metrotown - Burnaby, 6:00 – 8:00 PM
October 5	NCAA Information Evening and Global Fair at St. George's School, 7:00 – 8:30 PM
October 7	University of California Evening at St. George's School, 6:30 – 8:30 PM
October 8	UBC Faculty of Forestry Undergraduate Info. Session , 4:00 – 5:00 PM, Online
October 8	VAIS U.S. College & University Fair at West Point Grey Academy, 5:00 – 6:30 PM
October 8	Applying to UBC Engineering , 5:00 – 6:00 PM Online
October 14-15	Trades Expo at Agriplex Surrey, 9:00 AM – 2:00 PM
October 23	VCH Youth Health Care Careers Fair at Blusson Spinal Cord Centre, 11 AM – 2 PM
October 26	Capilano University at Kitsilano Theatre, FIT – sign up required
October 27	Queens University at Kitsilano Theatre, FIT – sign up required
October 28	VSB Career Programs Information Night at John Oliver Secondary, 6:30 – 8:00 PM
November 6	UBC Engineering Virtual Program Fair , 6:00 – 8:00 PM
November 9	Kitsilano Post Secondary BC Fair, 9:45 – 11:15 AM
November 12	UBC Faculty of Forestry Undergraduate Info. Session , 4:00 – 5:00 PM, Online
November 28	Explore CapU Open House - North Vancouver , 9:30 AM – 1:30 PM
December 17	UBC Faculty of Forestry Undergraduate Info. Session , 4:00 – 5:00 PM, Online

For the latest information, regularly check the “All Students @ Kitsilano Secondary” Team, “Post Secondary” channel.



OCTOBER 5-9

KITSILANO ATHLETICS

OCT
5

- JUVENILE GIRLS VOLLEYBALL 7AM
- GIRLS FIELD HOCKEY 7:15AM
- JUVENILE BOYS SOCCER @KITS VS HAMBER 3:35 PM
- BANTAM GIRLS VOLLEYBALL 3:30 PM
- SENIOR GIRLS VOLLEYBALL 3:30 PM PM
- SENIOR BOYS VOLLEYBALL 5PM

OCT
6

- JUVENILE BOYS SOCCER PRACTICE 715AM
- GRADE 8 BOYS RUGBY 3:30 @ CONNAUGHT PARK
- SR GIRLS FIELD HOCKEY GAME @HAMBER 3:45 PM
- SR BOYS SOCCER @JERICHO VS TUPPER 3:35PM
- BANTAM/JUVENILE GIRLS VOLLEYBALL @MAGEE 4PM
- SENIOR GIRLS AND BOYS VOLLEYBALL @ MAGEE 5:30/7PM
- JUNIOR GIRLS VOLLEYBALL 5:30-7:30 PM

OCT
7

- BOYS AND GIRLS BASKETBALL OPEN GYM 7AM
- JUVENILE BOYS SOCCER @HILLCREST N VS JO 3:35PM
- CROSS COUNTRY RACE #2 @ QUEEN ELIZABETH PARK 4PM
- JUNIOR GIRLS VOLLEYBALL @KITS VS TEMPLETON 6PM
- SWIM TEAM PRACTICE @ ST GEORGES POOL 5PM
- BOYS AND GIRLS BASKETBALL TRAINING SESSIONS 7PM

OCT
8

- GRADE 8 BOYS RUGBY 3:30 PM @ CONNAUGHT PARK
- BANTAM/JUVENILE GIRLS VOLLEYBALL @KITS VS U-HILL 4PM
- SENIOR GIRLS/BOYS VOLLEYBALL @KITS VS U-HILL 5:30/7PM
- JUNIOR GIRLS VOLLEYBALL 5:30-7:30 PM

OCT
9

- BOYS AND GIRLS BASKETBALL OPEN GYM 7AM
- GIRLS FIELD HOCKEY GAME @HAMBER VS VAN TECH

SCIENCE

LITERACY WEEK

★ Monday-Friday-Oct. 5-9, 2026 ★

Your 5-Day Science Adventure!



WEDNESDAY

Oct 7

**GENERAL
SCIENCE**

**EVENT: Story Time with Mr.
Mullen**

TIME: 11:30 – 12:10

LOCATION: Library



THURSDAY

Oct 8

**GENERAL
SCIENCE**

**EVENT: Sport Science in
French!**

TIME: 11:30 – 12:10

LOCATION: Room 322



FRIDAY

Oct 9

CHEMISTRY

**EVENT: Demo and Chemistry
Trivia**

TIME: 11:40-12:10

LOCATION: Room 314

WEDNESDAY Oct 7 Earth Science	EVENT: Volcanoes and Minerals TIME: 11:30 – 12:10 LOCATION: Room 313
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THURSDAY Oct 8 GENERAL SCIENCE	EVENT: Sport Science in French! TIME: 11:30 – 12:10 LOCATION: Room 322
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FRIDAY Oct 9 NEUROSCIENCE	EVENT: UBC Program Student Presentation TIME: TBA (lunch or FIT) LOCATION: Room 317
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FRIDAY Oct 9 CHEMISTRY	EVENT: Demo and Chemistry Trivia TIME: 11:40-12:10 LOCATION: Room 314
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ALSO VISIT ALL WEEK!
BOOK DISPLAY in the library
PHYSICS PHOTO DISPLAY outside the counselling suite