



TUPPER SECONDARY – Weekly Student Bulletin
April 06 – 10, 2026 (Semester 2)

Weekly Cafeteria Lunch Menu:

Hungry Tigers Cafe

DATE:		Monday	Tuesday	Wednesday	Thursday	Friday
Scone \$2.75	Muffin \$2.50	Easter Monday – No School	Carrot Muffin	Cheese Scone	Banana Loaf	Zucchini Loaf
Daily Sandwiches \$5.00 Egg Salad ~ Tuna Salad ~ Veggie ~ Ham ~ Turkey						
Rotating Hoagies \$5.00 Roast Beef ~ BLT ~ Pizza Sub ~ Tomato Bocconcini						
Chicken Caesar Wrap \$5.50						
Daily Salad \$7.50	Easter Monday – No School	Chef's Salad	Greek Salad	Caesar Salad	Chef's Salad	
Hummus Box \$4.50						
Soup of the Day \$3.75	Easter Monday – No School	Chicken Noodle	Beef Barley	Tomato Cream	TBD	
Toasted Sandwich & Soup \$7.50 Grilled Cheese ~ Tuna Melt ~ Panini						
Hot Entrée - \$7.50	Easter Monday – No School	Tortellini, Spinach Alfredo & Salad	Pizza & Salad	Salisbury Steak, Mash, Veggies, Gravy	Teriyaki Chicken, Broccoli, Rice	
Dessert Individually priced	Easter Monday – No School	Chocolate Cream Tart	Chocolate Cake	Cinnamon Bun	Brownie	
Daily Cookies \$2.00 Chocolate Chip ~ Red Velvet ~ Ginger Snap ~ Oatmeal Raisin						
Daily Dessert Cup \$1.75 - \$2.50 Mango Pudding ~ Chocolate Pudding ~ Jello ~ Yoghurt Parfait ~ Fruit Salad						

ROARS - Respect **O**wnership **A**ttitude **R**esponsibility **S**afety

Weekly Schedule:

Monday	Tuesday	Wednesday	Thursday	Friday
FIT (40 min) 8:40-9:20	Block 1 (80 min) 8:40-10:00	Block 1 (80 min) 8:40-10:00	Block 1 (80 min) 8:40-10:00	FIT (40 min) 8:40-9:20
Block 1 (60 min) 9:20-10:20	break (10 min)	break (10 min)	break (10 min)	Block 1 (60 min) 9:20-10:20
break (10 min)				break (10 min)
Block 2 (60 min) 10:30-11:30	Block 2 (80 min) 10:10- 11:30	Block 2 (80 min) 10:10- 11:30	Block 2 (80 min) 10:10- 11:30	Block 2 (60 min) 10:30-11:30
lunch (45 min) 11:30-12:15				
Block 3 (80 min) 12:15-1:35	Block 3 (60 min) 12:15-1:15	Block 3 (80 min) 12:15-1:35	Block 3 (60 min) 12:15-1:15	Block 3 (80 min) 12:15-1:35
break (10 min)	FIT (40 min) 1:15-1:55	break (10 min)	FIT (40 min) 1:15-1:55	break (10 min)
Block 4 (80 min) 1:45 -3:05	break (10 min)	Block 4 (80 min) 1:45 -3:05	break (10 min)	Block 4 (80 min) 1:45 -3:05
	Block 4 (60 min) 2:05-3:05		Block 4 (60 min) 2:05-3:05	

NEW ITEMS:

Easter Monday: Monday, April 06, (School is Closed)

Statutory Holiday

GRADE GROUP PHOTO DAY: TUESDAY, April 07

We have booked the grade group photos on **TUESDAY, APRIL 7** in FIRST AND SECOND BLOCK as per schedule below:

09:45 Grade 8

10:15 Grade 9

10:35 Grade 10

10:55 Grade 11

11:15 Grade 12

11:45 Staff

Lockdown Drill: Thursday, April 09, (8:45 – 9 AM)

Attention: Students who have signed up with Debbie to volunteer for the upcoming Professional Day, please attend an information session during **FIT time on Friday, April 10th**, to meet with the event organizers. Please meet in the office by **8:40 AM**. Thank you!!! - Debbie

Want to try out your fashion photography / video skills?

Vancouver Fashion Week is April 8 to 12 at the David Lam Cultural Centre in Chinatown. It's the second largest international fashion show in Canada. Contact scoderre@vsb.bc.ca or join the Tiger Media Club for registration details for photographers n videographers. Mr. Coderre can provide fashion video n photo tips and training to small student groups.

Tiger Media: Flash your ROARS

ATTENTION Grads: PROM REGISTRATION IS HAPPENING NOW

Your final formal, sendoff celebration ❤️

Our prom is at **The Roof (15th floor), Fairmont Hotel Vancouver on Fri, May 22.**

Address: 900 West Georgia St.

Prom Registration and Table Signup details

Dates: Forms picked up in person from Mon, March 30 to Fri, April 10.

If you are planning on joining us at prom, you need to fill out and submit a registration form by April 10.

Time: Lunch

Where: Foyer

Prom table limit: 10 ppl per table

****You don't need to sign up as a table of 10! You can sign up as 1 person all the way up to 10 ppl.**

On the guestlist: Tupper grads only – sorry, no external guests. It's a cozy venue with just enough capacity for our grads only.

Details:

Reason for timeline: The Fairmont requires final head count numbers in April based on your registration forms. Fairmont then bases how much food to order and chairs & table settings to put out based on these numbers. **Which means no late sign-ups.**

Big (BIG) reminder: You must have paid your \$120 Grad Dinner Dance fee (or gotten it waived by Ms. H) in order to register to attend. It also means that if anyone at your table has not paid yet, no one at that table is confirmed to attend yet either.

- You probably paid these fees early in September with your initial grad fees.
- If you have not paid yet, please pay School Cash Online by April 10.

Second big reminder: The form will also ask you to state any urgent dietary restrictions or allergies, and whether you need a separate plate due to these dietary restrictions. I personally will not have any of your medical history on hand so please make this info is very clear on the form.

If there are any questions, please come see Ms. Lau in Room 413 or my amazing Prom Committee helpers at the registration table!

Thanks, grads!



Hello Grade 12 Students, Grads of 2026!



**Class of
2026**



HELPFUL RESOURCES:

LunchSmart Program:

Are you interested in joining the LunchSmart program? If you do, follow these steps:

1. Get the application form in the office, and have it filled out and signed by your parent/guardian
2. Submit the signed application form in the office, and if there is nothing else that we need, download the QR code at the back of the form and we will give you a permanent number to be attached electronically to the App.
3. Submit the Lunch payment every 1st week of the month using a special envelope you can get in the office.

School Fees:

School fees can be paid online by visiting <https://vsb.schoolcashionline.com/>. If this is your first time using our online fee payment system, please register using your student's name. You can pay for school fees, course fees and workbook fees! Should you have any questions, please email tupper@vsb.bc.ca.

General Inquiries:

Please take a moment to visit and familiarize yourself with our school website, Tupper.vsb.bc.ca as we update our website daily. Should you have any general inquiries, please feel free to email us at tupper@vsb.bc.ca and we will respond to your email as soon as possible.

Having Problems with MyEd Family Portal:

What if I forgot my password?

1. Please use this link to log onto the MyEducation Family Portal <https://myeducation.gov.bc.ca/aspden/logon.do> and click on the "Trouble Logging in" link.
2. A response should come to the email that is associated with the account.
3. If you do not recall the email associated with the account, please send an email to tupper@vsb.bc.ca to request assistance.

What if my MyEducation BC account is disabled?

Please send an email to tupper@vsb.bc.ca to request assistance.

Please note that access to the MyEd Family Portal is shared with the student and parents/guardians. More information can be found here: [Account Management \(vsb.bc.ca\)](http://Account Management (vsb.bc.ca))

Having Problems with Office 365 (Teams):

Students are able to reset their own Office 365 (Teams) passwords with the Self Serve Password Reset link [Student Office365\(TEAMS\) Self Serve Password Reset](#). Please note that you will require your birthday as well as your Personal Education Number (PEN) which you can obtain from your MyEd account or you can find it on a past report

card. Should you require assistance logging into your Office365 account after resetting your password, [please click here for a step-by-step guide](#).

TUPPER CLUBS ARE RUNNING!

Please check out the [Tupper Clubs List 2025-2026.pdf](#) which has been posted on the school website or click here [Clubs](#)



Terry Fox Run:

Our Terry Fox Run takes place in all PE classes for semester one Oct. 1st. We will do again for our semester two PE classes, but if you can donate now to the cause, that would be great. Please see the link to donate. Cash donations may also be given to the PE teachers. Thank you so much for supporting this cause.

<https://schools.terryfox.ca/99257>

Please see the link to donate [Sir Charles Tupper Secondary - Vancouver, BC | Terry Fox School Run](#)



Viewing and Ordering Your Artona Photos Online:

Students should have received an Artona card with a QR code when they had their photos taken on the school Photo Day. If you CANNOT find the Artona card, please use the link below to view and order photos without the access code. <https://artona.com/orders/find>

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