



TUPPER SECONDARY – Weekly Student Bulletin
May 25 – 29, 2026 (Semester 2)
Block Rotation 2 – 1, 4 – 3

Weekly Cafeteria Lunch Menu:

Hungry Tigers Cafe

DATE:		Monday	Tuesday	Wednesday	Thursday	Friday
Scone \$2.75	Muffin \$2.50	Raspberry Muffin	Cheese Scone	Banana Loaf	Rice Krispy	Zucchini Loaf
Daily Sandwiches \$5.00 Egg Salad ~ Tuna Salad ~ Veggie ~ Ham ~ Turkey						
Rotating Hoagies \$5.00 Roast Beef ~ BLT ~ Pizza Sub ~ Tomato Bocconcini						
Chicken Caesar Wrap \$5.50						
Daily Salad \$7.50		Ceasar Salad	Chef Salad	Greek Salad	Ceasar Salad	Chef Salad
Hummus Box \$4.50						
Soup of the Day \$3.75		Tomato Cream	Chicken Mulligatawny	Cream of Vegetable	Carrot Ginger	TBD
Toasted Sandwich & Soup \$7.50 Grilled Cheese ~ Tuna Melt ~ Panini						
Hot Entrée - \$7.50		Mac & Cheese, Garlic Toast, Spring Mix	Tofu Chow mein	Beef Burrito, Salad	Chicken Curry, Rice, Naan	Pizza & Caesar Salad
Dessert Individually priced		Apple Cake	Tiramisu	Chocolate Cake	Cinnamon Bread	Brownie
Daily Cookies \$2.00 Chocolate Chip ~ Red Velvet ~ Ginger Snap ~ Oatmeal Raisin						
Daily Dessert Cup \$1.75 - \$2.50 Mango Pudding ~ Chocolate Pudding ~ Jello ~ Yoghurt Parfait ~ Fruit Salad						

ROARS - Respect Ownership Attitude Responsibility Safety

Weekly Schedule:

Monday	Tuesday	Wednesday	Thursday	Friday
FIT (40 min) 8:40-9:20	Block 1 (80 min) 8:40-10:00	Block 1 (80 min) 8:40-10:00	Block 1 (80 min) 8:40-10:00	FIT (40 min) 8:40-9:20
Block 1 (60 min) 9:20-10:20	break (10 min)	break (10 min)	break (10 min)	Block 1 (60 min) 9:20-10:20
break (10 min)	Block 2 (80 min) 10:10- 11:30	Block 2 (80 min) 10:10- 11:30	Block 2 (80 min) 10:10- 11:30	break (10 min)
Block 2 (60 min) 10:30-11:30				Block 2 (60 min) 10:30-11:30
lunch (45 min) 11:30-12:15				
Block 3 (80 min) 12:15-1:35	Block 3 (60 min) 12:15-1:15	Block 3 (80 min) 12:15-1:35	Block 3 (60 min) 12:15-1:15	Block 3 (80 min) 12:15-1:35
break (10 min)	FIT (40 min) 1:15-1:55	break (10 min)	FIT (40 min) 1:15-1:55	break (10 min)
Block 4 (80 min) 1:45 -3:05	break (10 min)	Block 4 (80 min) 1:45 -3:05	break (10 min)	Block 4 (80 min) 1:45 -3:05
	Block 4 (60 min) 2:05-3:05		Block 4 (60 min) 2:05-3:05	

NEW ITEMS:

Fire Drill POSTPONE (from Monday) until Wednesday: Wednesday, May 27 @ 11:15 AM

The weather forecast for Monday is 70% chance of showers with 5 to 10 mm of rain. The H&S Committee decided to move the drill to the end of P2 on Wednesday, May 27.

Grade 12 Students – Grads of 2026:

Your graduation ceremony is on **June 24th at 11am at the Chan Centre UBC.**

You must get your tickets through the Chan Centre. Please Read below and share with your caregivers!

Round 1: Guaranteed Complimentary & Additional Tickets

Tuesday, May 12 at 10:00 AM – Thursday June 11 at 11:59 PM

[Please click here to order tickets.](#) Students with no outstanding graduation fees may book:

- Up to 2 complimentary guest tickets (guaranteed in Round 1 only)
- Up to 2 additional paid tickets, subject to availability

Important Notes:

- Students will be prompted to enter a one-time-use access code (26SCT followed by their student number, e.g. 26SCT123456).
- Students need to check their e-mail for the 6-digit or 7-digit confirmation code. They must enter this code in order to complete their order and receive their tickets.
- Complimentary tickets are only guaranteed during this round.
- Students who do not book in Round 1 lose their complimentary guest tickets. All unclaimed tickets from Round 1 will be transferred to the next round for redistribution.
- This round is not first come, first served but booking early is recommended. If any difficulty with booking arises, **it is the student's responsibility to contact the Chan Centre ticket office for assistance (Tues to Fri, 10AM - 2PM) before June 11.**



HELPFUL RESOURCES:

LunchSmart Program:

Are you interested in joining the LunchSmart program? If you do, follow these steps:

1. Get the application form in the office, and have it filled out and signed by your parent/guardian
2. Submit the signed application form in the office, and if there is nothing else that we need, download the QR code at the back of the form and we will give you a permanent number to be attached electronically to the App.
3. Submit the Lunch payment every 1st week of the month using a special envelope you can get in the office.

School Fees:

School fees can be paid online by visiting <https://vsb.schoolcashionline.com/>. If this is your first time using our online fee payment system, please register using your student's name. You can pay for school fees, course fees and workbook fees! Should you have any questions, please email tupper@vsb.bc.ca.

General Inquiries:

Please take a moment to visit and familiarize yourself with our school website, Tupper.vsb.bc.ca as we update our website daily. Should you have any general inquiries, please feel free to email us at tupper@vsb.bc.ca and we will respond to your email as soon as possible.

Having Problems with MyEd Family Portal:

What if I forgot my password?

1. Please use this link to log onto the MyEducation Family Portal <https://myeducation.gov.bc.ca/aspen/logon.do> and click on the "Trouble Logging in" link.

- 2. A response should come to the email that is associated with the account.
- 3. If you do not recall the email associated with the account, please send an email to tupper@vsb.bc.ca to request assistance.

What if my MyEducation BC account is disabled?
Please send an email to tupper@vsb.bc.ca to request assistance.

Please note that access to the MyEd Family Portal is shared with the student and parents/guardians. More information can be found here: [Account Management \(vsb.bc.ca\)](https://vsb.bc.ca/Account-Management)

Having Problems with Office 365 (Teams):
Students are able to reset their own Office 365 (Teams) passwords with the Self Serve Password Reset link [Student Office365\(TEAMS\) Self Serve Password Reset](#). Please note that you will require your birthday as well as your Personal Education Number (PEN) which you can obtain from your MyEd account or you can find it on a past report card. Should you require assistance logging into your Office365 account after resetting your password, [please click here for a step-by-step guide](#).

TUPPER CLUBS ARE RUNNING!
Please check out the [Tupper Clubs List 2025-2026.pdf](#) which has been posted on the school website or click here [Clubs](#)



Terry Fox Run:
Our Terry Fox Run takes place in all PE classes for semester one Oct. 1st. We will do again for our semester two PE classes, but if you can donate now to the cause, that would be great. Please see the link to donate. Cash donations may also be given to the PE teachers. Thank you so much for supporting this cause.
<https://schools.terryfox.ca/99257>
Please see the link to donate [Sir Charles Tupper Secondary - Vancouver, BC | Terry Fox School Run](#)



Viewing and Ordering Your Artona Photos Online:
Students should have received an Artona card with a QR code when they had their photos taken on the school Photo Day. If you CANNOT find the Artona card, please use the link below to view and order photos without the access code. <https://artona.com/orders/find>
Discover the beauty in celebrating achievement. Artona: Since 1909



Artona Grade Groups Photo 2025-26:
The group images have now been added to the students' individual school photo galleries to view and order. Parents and students now can log in on our website here to view: <https://artona.com/orders/school-day>.
You can also find the high-resolution images using the following link: <https://artona.egnyte.com/dl/DTvt4wQdDmgR>
If anyone has trouble getting access, please contact our customer service team here: <https://artona.com/contact-us>
Thank you and we hope you enjoy the photos! Artona Team [View this on Basecamp](#)