



TUPPER SECONDARY – Weekly Student Bulletin
June 22 – 26, 2026 (Semester 2)
Block Rotation 2 – 1, 4 – 3

Weekly Cafeteria Lunch Menu:

Hungry Tigers Cafe

DATE:		Monday	Tuesday	Wednesday	Thursday	Friday
Scone \$2.75	Muffin \$2.50	Banana Muffin	Zucchini Loaf	Limited Service	Limited Service	Limited Service
Daily Sandwiches \$5.00 Egg Salad ~ Tuna Salad ~ Veggie ~ Ham ~ Turkey						
Rotating Hoagies \$5.00 Roast Beef ~ BLT ~ Pizza Sub ~ Tomato Bocconcini						
Chicken Caesar Wrap \$5.50						
Daily Salad \$7.50		Chicken Caesar	Chef's Salad	Limited Cold Service	Limited Cold Service	Limited Cold Service
Hummus Box \$4.50						
Soup of the Day \$3.75		Turkey Soup	Cream of Broccoli	Limited Cold Service	Limited Cold Service	Limited Cold Service
Toasted Sandwich & Soup \$7.50 Grilled Cheese ~ Tuna Melt ~ Panini						
Hot Entrée - \$7.50		Salmon Pasta with Tomato Cream Sauce	Pierogies with Smokies	None	None	None
Dessert Individually priced		Cheesecake Square	Brownie	Limited Service	Limited Service	Limited Service
Daily Cookies \$2.00 Chocolate Chip ~ Red Velvet ~ Ginger Snap ~ Oatmeal Raisin						
Daily Dessert Cup \$1.75 - \$2.50 Mango Pudding ~ Chocolate Pudding ~ Jello ~ Yoghurt Parfait ~ Fruit Salad						

ROARS - Respect Ownership Attitude Responsibility Safety

Weekly Schedule:

Monday	Tuesday	Wednesday	Thursday	Friday
FIT (40 min) 8:40-9:20	Block 1 (80 min) 8:40-10:00	Block 1 (80 min) 8:40-10:00	Block 1 (80 min) 8:40-10:00	FIT (40 min) 8:40-9:20
Block 1 (60 min) 9:20-10:20	break (10 min)	break (10 min)	break (10 min)	Block 1 (60 min) 9:20-10:20
break (10 min)				break (10 min)
Block 2 (60 min) 10:30-11:30	Block 2 (80 min) 10:10- 11:30	Block 2 (80 min) 10:10- 11:30	Block 2 (80 min) 10:10- 11:30	Block 2 (60 min) 10:30-11:30
lunch (45 min) 11:30-12:15				
Block 3 (80 min) 12:15-1:35	Block 3 (60 min) 12:15-1:15	Block 3 (80 min) 12:15-1:35	Block 3 (60 min) 12:15-1:15	Block 3 (80 min) 12:15-1:35
break (10 min)	FIT (40 min) 1:15-1:55	break (10 min)	FIT (40 min) 1:15-1:55	break (10 min)
	break (10 min)		break (10 min)	
Block 4 (80 min) 1:45 -3:05	Block 4 (60 min) 2:05-3:05	Block 4 (80 min) 1:45 -3:05	Block 4 (60 min) 2:05-3:05	Block 4 (80 min) 1:45 -3:05

NEW ITEMS:

Locker Clean-Up: Monday & Tuesday June 22 & 23

GRAD EVENTS RUNDOWN: Monday & Tuesday June 22 & 23

- Monday June 22, Decision Day Theme Day
- Monday June 22, lunch / foyer. Grad sign out video, all can participate
- Tuesday June 23, Yearbook and t-shirt signing. Wear a white t-short, grads will sign each others yearbooks and t-shirts

Carnival: Monday June 22, 2 PM – 6 PM (Tupper Breezeway and Fields)



Core Competency Self-Assessment: Tuesday, June 23 @ FIT

Tuesday, June 23rd, is when our students will be doing their third and final Core Competency Self-Reflection for the school year. Students will stay in their Period 3 classes during FIT. Each student will be given a Core Competency handout with space where they can write down their reflection and self-assessment.

On June 23rd:

- Students will stay in the Period 3 classroom during FIT on the 19th.
- Some students will need to reset their VSB password. Visit <https://passwords.vsb.bc.ca> to reset passwords. Go the url, search their student number, and have them enter in their new password.

After June 23rd:

- Families/parents will be emailed a link where they can view the student's reflection / self-assessment.

Semester 2 Ends: Tuesday, June 23

Last day of instruction.

Semester Turn Around Day: Wednesday and Thursday, June 24 – 25

Grad Ceremony: Wednesday, June 24, (@ 11 AM, UBC Chan Centre)



Wednesday June 24, Grad Ceremony at Chan Centre.

Link and info to tickets <https://www.vsb.bc.ca/sir-charles-tupper/grad-2026-information>

DON'T BE LATE on June 24th at the Chan Centre ... 9:30am at the latest



Final Semester 2 Marks Published in MyEd: Thursday, June 25, (By 4 PM)

HELPFUL RESOURCES:

LunchSmart Program:

Are you interested in joining the LunchSmart program? If you do, follow these steps:

1. Get the application form in the office, and have it filled out and signed by your parent/guardian
2. Submit the signed application form in the office, and if there is nothing else that we need, download the QR code at the back of the form and we will give you a permanent number to be attached electronically to the App.
3. Submit the Lunch payment every 1st week of the month using a special envelope you can get in the office.

School Fees:

School fees can be paid online by visiting <https://vsb.schoolcashonline.com/>. If this is your first time using our online fee payment system, please register using your student's name. You can pay for school fees, course fees and workbook fees! Should you have any questions, please email tupper@vsb.bc.ca.

General Inquiries:

Please take a moment to visit and familiarize yourself with our school website, Tupper.vsb.bc.ca as we update our website daily. Should you have any general inquiries, please feel free to email us at tupper@vsb.bc.ca and we will respond to your email as soon as possible.

Having Problems with MyEd Family Portal:

What if I forgot my password?

1. Please use this link to log onto the MyEducation Family Portal <https://myeducation.gov.bc.ca/aspen/logon.do> and click on the "Trouble Logging in" link.
2. A response should come to the email that is associated with the account.
3. If you do not recall the email associated with the account, please send an email to tupper@vsb.bc.ca to request assistance.

What if my MyEducation BC account is disabled?

Please send an email to tupper@vsb.bc.ca to request assistance.

Please note that access to the MyEd Family Portal is shared with the student and parents/guardians. More information can be found here: [Account Management \(vsb.bc.ca\)](http://Account Management (vsb.bc.ca))

Having Problems with Office 365 (Teams):

Students are able to reset their own Office 365 (Teams) passwords with the Self Serve Password Reset link [Student Office365\(TEAMS\) Self Serve Password Reset](#). Please note that you will require your birthday as well as your Personal Education Number (PEN) which you can obtain from your MyEd account or you can find it on a past report card. Should you require assistance logging into your Office365 account after resetting your password, [please click here for a step-by-step guide](#).

TUPPER CLUBS ARE RUNNING!

Please check out the [Tupper Clubs List 2025-2026.pdf](#) which has been posted on the school website or click here [Clubs](#)



Terry Fox Run:

Our Terry Fox Run takes place in all PE classes for semester one Oct. 1st. We will do again for our semester two PE classes, but if you can donate now to the cause, that would be great. Please see the link to donate. Cash donations may also be given to the PE teachers. Thank you so much for supporting this cause.

<https://schools.terryfox.ca/99257>

Please see the link to donate [Sir Charles Tupper Secondary - Vancouver, BC | Terry Fox School Run](#)



Viewing and Ordering Your Artona Photos Online:

Students should have received an Artona card with a QR code when they had their photos taken on the school Photo Day. If you CANNOT find the Artona card, please use the link below to view and order photos without the access code. <https://artona.com/orders/find>

Discover the beauty in celebrating achievement. Artona: Since 1909



Artona Grade Groups Photo 2025-26:

The group images have now been added to the students' individual school photo galleries to view and order. Parents and students now can log in on our website here to view: <https://artona.com/orders/school-day>.

You can also find the high-resolution images using the following link: <https://artona.egnyte.com/dl/DTvt4wQdDmgR>

If anyone has trouble getting access, please contact our customer service team here: <https://artona.com/contact-us>

Thank you and we hope you enjoy the photos! Artona Team [View this on Basecamp](#)